

Otwarte Mistrzostwa MKP Szczecin
Szczecin, 7-12-2017

Konkurencja 22
2017-12-07 - 17:59

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	GRYZ Dawid		99	MKP Szczecin				4:06.77	636
	50m:	28.14 28.14	150m:	1:29.36 30.98	250m:	2:32.25 31.42	350m:	3:35.93 31.80	
	100m:	58.38 30.24	200m:	2:00.83 31.47	300m:	3:04.13 31.88	400m:	4:06.77 30.84	
2.	KRY Jarosław		02	MKP Szczecin				4:12.94	590
	50m:	29.49 29.49	150m:	1:31.69 31.83	250m:	2:36.69 32.69	350m:	3:42.10 32.66	
	100m:	59.86 30.37	200m:	2:04.00 32.31	300m:	3:09.44 32.75	400m:	4:12.94 30.84	
3.	NALE NIK JAKUB SSz		01	MKP Szczecin				4:13.55	586
	50m:	28.48 28.48	150m:	1:32.30 32.58	250m:	2:38.19 32.80	350m:	3:42.83 32.14	
	100m:	59.72 31.24	200m:	2:05.39 33.09	300m:	3:10.69 32.50	400m:	4:13.55 30.72	
4.	GÓRAL Mateusz		02	MKP Szczecin				4:21.54	534
	50m:	29.41 29.41	150m:	1:35.04 33.14	250m:	2:42.17 33.73	350m:	3:49.84 33.79	
	100m:	1:01.90 32.49	200m:	2:08.44 33.40	300m:	3:16.05 33.88	400m:	4:21.54 31.70	
5.	GORRA Mikołaj		03	MKP Szczecin				4:24.68	515
	50m:	29.22 29.22	150m:	1:35.99 33.38	250m:	2:44.26 34.09	350m:	3:52.53 33.88	
	100m:	1:02.61 33.39	200m:	2:10.17 34.18	300m:	3:18.65 34.39	400m:	4:24.68 32.15	
6.	KLISZ Krystian		02	MKP Szczecin				4:24.93	514
	50m:	31.79 31.79	150m:	1:40.51 34.29	250m:	2:47.34 33.31	350m:	3:53.49 32.84	
	100m:	1:06.22 34.43	200m:	2:14.03 33.52	300m:	3:20.65 33.31	400m:	4:24.93 31.44	
7.	KOWALCZYK Łukasz		98	MKP Szczecin				4:26.26	506
	50m:	30.82 30.82	150m:	1:37.78 33.62	250m:	2:45.78 33.91	350m:	3:53.50 33.74	
	100m:	1:04.16 33.34	200m:	2:11.87 34.09	300m:	3:19.76 33.98	400m:	4:26.26 32.76	
8.	MODRZY SKI Hubert		02	MKP Szczecin				4:27.01	502
	50m:	29.79 29.79	150m:	1:37.11 34.07	250m:	2:46.29 34.76	350m:	3:53.87 33.45	
	100m:	1:03.04 33.25	200m:	2:11.53 34.42	300m:	3:20.42 34.13	400m:	4:27.01 33.14	
9.	GOZDYRA Rafał		01	MKP Szczecin				4:28.53	493
	50m:	30.72 30.72	150m:	1:38.38 34.21	250m:	2:47.09 34.35	350m:	3:55.67 34.22	
	100m:	1:04.17 33.45	200m:	2:12.74 34.36	300m:	3:21.45 34.36	400m:	4:28.53 32.86	
10.	MY LIWIEC Bartosz		04	MKP Szczecin				4:35.65	456
	50m:	30.46 30.46	150m:	1:39.03 34.53	250m:	2:49.63 35.31	350m:	4:00.85 35.89	
	100m:	1:04.50 34.04	200m:	2:14.32 35.29	300m:	3:24.96 35.33	400m:	4:35.65 34.80	
11.	GAWEŁ Jakub		03	MKP Szczecin				4:36.51	452
	50m:	31.99 31.99	150m:	1:41.27 34.72	250m:	2:52.35 35.45	350m:	4:02.96 35.35	
	100m:	1:06.55 34.56	200m:	2:16.90 35.63	300m:	3:27.61 35.26	400m:	4:36.51 33.55	
12.	KUREK Alan		04	MKP Szczecin				4:37.04	449
	50m:	30.65 30.65	150m:	1:38.93 34.61	250m:	2:49.91 35.56	350m:	4:02.74 36.66	
	100m:	1:04.32 33.67	200m:	2:14.35 35.42	300m:	3:26.08 36.17	400m:	4:37.04 34.30	
13.	ALEKSANDER Jakub		02	MKP Szczecin				4:37.64	446
	50m:	31.39 31.39	150m:	1:42.05 35.91	250m:	2:55.33 36.86	350m:	4:08.59 36.17	
	100m:	1:06.14 34.75	200m:	2:18.47 36.42	300m:	3:32.42 37.09	400m:	4:37.64 29.05	
14.	BRONIKOWSKI Bruno		02	MKP Szczecin				4:38.10	444
	50m:	30.56 30.56	150m:	1:40.78 35.67	250m:	2:53.66 36.48	350m:	4:05.00 35.02	
	100m:	1:05.11 34.55	200m:	2:17.18 36.40	300m:	3:29.98 36.32	400m:	4:38.10 33.10	
15.	STANISZEWSKI Maksymilian		02	MKP Szczecin				4:38.41	443
	50m:	30.14 30.14	150m:	1:37.79 34.65	250m:	2:51.51 37.28	350m:	4:06.88 37.60	
	100m:	1:03.14 33.00	200m:	2:14.23 36.44	300m:	3:29.28 37.77	400m:	4:38.41 31.53	
16.	CIE LAK Alexander		02	MKP Szczecin				4:39.47	438
	50m:	31.31 31.31	150m:	1:40.58 35.26	250m:	2:52.98 36.41	350m:	4:06.69 37.03	
	100m:	1:05.32 34.01	200m:	2:16.57 35.99	300m:	3:29.66 36.68	400m:	4:39.47 32.78	
17.	WIECHETEK Daniel		02	MKP Szczecin				4:39.56	437
	50m:	30.67 30.67	150m:	1:40.43 35.54	250m:	2:53.89 37.22	350m:	4:06.46 35.74	
	100m:	1:04.89 34.22	200m:	2:16.67 36.24	300m:	3:30.72 36.83	400m:	4:39.56 33.10	

Otwarte Mistrzostwa MKP Szczecin
Szczecin, 7-12-2017

Konkurencja 22, M czynn, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.		
18.	BETKA Stanisław		05	MKP Szczecin				4:48.15	399		
	50m:	33.44 33.44	150m:	1:47.35	37.28	250m:	3:02.05	37.20	350m:	4:14.28	36.07
	100m:	1:10.07 36.63	200m:	2:24.85	37.50	300m:	3:38.21	36.16	400m:	4:48.15	33.87
19.	JANKOWSKI Adrian		01	MKP Szczecin				4:52.99	380		
	50m:	32.60 32.60	150m:	1:44.71	36.44	250m:	2:59.65	37.88	350m:	4:16.01	38.26
	100m:	1:08.27 35.67	200m:	2:21.77	37.06	300m:	3:37.75	38.10	400m:	4:52.99	36.98
20.	DOBOSZ Ksawery		05	MKP Szczecin				4:58.01	361		
	50m:	33.28 33.28	150m:	1:48.26	38.00	250m:	3:05.25	38.22	350m:	4:21.70	37.85
	100m:	1:10.26 36.98	200m:	2:27.03	38.77	300m:	3:43.85	38.60	400m:	4:58.01	36.31
21.	SZCZEPANIAK Kacper		04	MKP Szczecin				5:06.47	332		
	50m:	34.12 34.12	150m:	1:51.33	39.65	250m:	3:09.97	39.21	350m:	4:28.97	39.50
	100m:	1:11.68 37.56	200m:	2:30.76	39.43	300m:	3:49.47	39.50	400m:	5:06.47	37.50
22.	JANOWSKI Damian		05	MKP Szczecin				5:12.55	313		
	50m:	33.22 33.22	150m:	1:49.56	39.15	250m:	3:11.47	41.48	350m:	4:33.69	41.02
	100m:	1:10.41 37.19	200m:	2:29.99	40.43	300m:	3:52.67	41.20	400m:	5:12.55	38.86
23.	SZUKAJŁO Kacper		05	MKP Szczecin				5:12.72	312		
	50m:	35.24 35.24	150m:	1:55.14	40.13	250m:	3:15.21	39.23	350m:	4:34.31	40.05
	100m:	1:15.01 39.77	200m:	2:35.98	40.84	300m:	3:54.26	39.05	400m:	5:12.72	38.41
24.	CIERESZKO Mateusz		05	MKP Szczecin				5:32.15	260		
	50m:	36.71 36.71	150m:	2:00.67	42.62	250m:	3:26.76	42.83	350m:	4:52.11	42.66
	100m:	1:18.05 41.34	200m:	2:43.93	43.26	300m:	4:09.45	42.69	400m:	5:32.15	40.04
25.	URBICH Antoni		05	MKP Szczecin				5:33.56	257		
	50m:	37.99 37.99	150m:	2:02.87	42.70	250m:	3:28.32	43.30	350m:	4:53.88	43.12
	100m:	1:20.17 42.18	200m:	2:45.02	42.15	300m:	4:10.76	42.44	400m:	5:33.56	39.68
26.	MILANOWSKI Jan		05	MKP Szczecin				5:34.85	254		
	50m:	37.27 37.27	150m:	2:02.16	43.09	250m:	3:28.76	43.57	350m:	4:54.57	42.39
	100m:	1:19.07 41.80	200m:	2:45.19	43.03	300m:	4:12.18	43.42	400m:	5:34.85	40.28
27.	GRZELCZYK Filip		05	MKP Szczecin				5:35.46	253		
	50m:	38.53 38.53	150m:	2:04.09	42.83	250m:	3:30.50	43.64	350m:	4:55.27	42.33
	100m:	1:21.26 42.73	200m:	2:46.86	42.77	300m:	4:12.94	42.44	400m:	5:35.46	40.19

17 - 18 lat

1.	GRYZ Dawid		99	MKP Szczecin				4:06.77	636		
	50m:	28.14 28.14	150m:	1:29.36	30.98	250m:	2:32.25	31.42	350m:	3:35.93	31.80
	100m:	58.38 30.24	200m:	2:00.83	31.47	300m:	3:04.13	31.88	400m:	4:06.77	30.84

16 lat

1.	NALE NIK JAKUB SSz		01	MKP Szczecin				4:13.55	586		
	50m:	28.48 28.48	150m:	1:32.30	32.58	250m:	2:38.19	32.80	350m:	3:42.83	32.14
	100m:	59.72 31.24	200m:	2:05.39	33.09	300m:	3:10.69	32.50	400m:	4:13.55	30.72
2.	GOZDYRA Rafał		01	MKP Szczecin				4:28.53	493		
	50m:	30.72 30.72	150m:	1:38.38	34.21	250m:	2:47.09	34.35	350m:	3:55.67	34.22
	100m:	1:04.17 33.45	200m:	2:12.74	34.36	300m:	3:21.45	34.36	400m:	4:28.53	32.86
3.	JANKOWSKI Adrian		01	MKP Szczecin				4:52.99	380		
	50m:	32.60 32.60	150m:	1:44.71	36.44	250m:	2:59.65	37.88	350m:	4:16.01	38.26
	100m:	1:08.27 35.67	200m:	2:21.77	37.06	300m:	3:37.75	38.10	400m:	4:52.99	36.98

Otwarte Mistrzostwa MKP Szczecin
Szczecin, 7-12-2017

Konkurencja 22, M czynn, 400m dowolny

15 lat

1.	KRY Jarosław		02	MKP Szczecin					4:12.94	590		
	50m:	29.49	29.49	150m:	1:31.69	31.83	250m:	2:36.69	32.69	350m:	3:42.10	32.66
	100m:	59.86	30.37	200m:	2:04.00	32.31	300m:	3:09.44	32.75	400m:	4:12.94	30.84
2.	GÓRAL Mateusz		02	MKP Szczecin					4:21.54	534		
	50m:	29.41	29.41	150m:	1:35.04	33.14	250m:	2:42.17	33.73	350m:	3:49.84	33.79
	100m:	1:01.90	32.49	200m:	2:08.44	33.40	300m:	3:16.05	33.88	400m:	4:21.54	31.70
3.	KLISZ Krystian		02	MKP Szczecin					4:24.93	514		
	50m:	31.79	31.79	150m:	1:40.51	34.29	250m:	2:47.34	33.31	350m:	3:53.49	32.84
	100m:	1:06.22	34.43	200m:	2:14.03	33.52	300m:	3:20.65	33.31	400m:	4:24.93	31.44
4.	MODRZY SKI Hubert		02	MKP Szczecin					4:27.01	502		
	50m:	29.79	29.79	150m:	1:37.11	34.07	250m:	2:46.29	34.76	350m:	3:53.87	33.45
	100m:	1:03.04	33.25	200m:	2:11.53	34.42	300m:	3:20.42	34.13	400m:	4:27.01	33.14
5.	ALEKSANDER Jakub		02	MKP Szczecin					4:37.64	446		
	50m:	31.39	31.39	150m:	1:42.05	35.91	250m:	2:55.33	36.86	350m:	4:08.59	36.17
	100m:	1:06.14	34.75	200m:	2:18.47	36.42	300m:	3:32.42	37.09	400m:	4:37.64	29.05
6.	BRONIKOWSKI Bruno		02	MKP Szczecin					4:38.10	444		
	50m:	30.56	30.56	150m:	1:40.78	35.67	250m:	2:53.66	36.48	350m:	4:05.00	35.02
	100m:	1:05.11	34.55	200m:	2:17.18	36.40	300m:	3:29.98	36.32	400m:	4:38.10	33.10
7.	STANISZEWSKI Maksymilian		02	MKP Szczecin					4:38.41	443		
	50m:	30.14	30.14	150m:	1:37.79	34.65	250m:	2:51.51	37.28	350m:	4:06.88	37.60
	100m:	1:03.14	33.00	200m:	2:14.23	36.44	300m:	3:29.28	37.77	400m:	4:38.41	31.53
8.	CIE LAK Alexander		02	MKP Szczecin					4:39.47	438		
	50m:	31.31	31.31	150m:	1:40.58	35.26	250m:	2:52.98	36.41	350m:	4:06.69	37.03
	100m:	1:05.32	34.01	200m:	2:16.57	35.99	300m:	3:29.66	36.68	400m:	4:39.47	32.78
9.	WIECHETEK Daniel		02	MKP Szczecin					4:39.56	437		
	50m:	30.67	30.67	150m:	1:40.43	35.54	250m:	2:53.89	37.22	350m:	4:06.46	35.74
	100m:	1:04.89	34.22	200m:	2:16.67	36.24	300m:	3:30.72	36.83	400m:	4:39.56	33.10

14 lat

1.	GORRA Mikołaj		03	MKP Szczecin					4:24.68	515		
	50m:	29.22	29.22	150m:	1:35.99	33.38	250m:	2:44.26	34.09	350m:	3:52.53	33.88
	100m:	1:02.61	33.39	200m:	2:10.17	34.18	300m:	3:18.65	34.39	400m:	4:24.68	32.15
2.	GAWEŁ Jakub		03	MKP Szczecin					4:36.51	452		
	50m:	31.99	31.99	150m:	1:41.27	34.72	250m:	2:52.35	35.45	350m:	4:02.96	35.35
	100m:	1:06.55	34.56	200m:	2:16.90	35.63	300m:	3:27.61	35.26	400m:	4:36.51	33.55

13 lat

1.	MY LIWIEC Bartosz		04	MKP Szczecin					4:35.65	456		
	50m:	30.46	30.46	150m:	1:39.03	34.53	250m:	2:49.63	35.31	350m:	4:00.85	35.89
	100m:	1:04.50	34.04	200m:	2:14.32	35.29	300m:	3:24.96	35.33	400m:	4:35.65	34.80
2.	KUREK Alan		04	MKP Szczecin					4:37.04	449		
	50m:	30.65	30.65	150m:	1:38.93	34.61	250m:	2:49.91	35.56	350m:	4:02.74	36.66
	100m:	1:04.32	33.67	200m:	2:14.35	35.42	300m:	3:26.08	36.17	400m:	4:37.04	34.30
3.	SZCZEPANIAK Kacper		04	MKP Szczecin					5:06.47	332		
	50m:	34.12	34.12	150m:	1:51.33	39.65	250m:	3:09.97	39.21	350m:	4:28.97	39.50
	100m:	1:11.68	37.56	200m:	2:30.76	39.43	300m:	3:49.47	39.50	400m:	5:06.47	37.50

Otwarte Mistrzostwa MKP Szczecin
Szczecin, 7-12-2017

Konkurencja 22, M czynn, 400m dowolny

12 lat

1.	BETKA Stanisław		05	MKP Szczecin					4:48.15	399		
	50m:	33.44	33.44	150m:	1:47.35	37.28	250m:	3:02.05	37.20	350m:	4:14.28	36.07
	100m:	1:10.07	36.63	200m:	2:24.85	37.50	300m:	3:38.21	36.16	400m:	4:48.15	33.87
2.	DOBOSZ Ksawery		05	MKP Szczecin					4:58.01	361		
	50m:	33.28	33.28	150m:	1:48.26	38.00	250m:	3:05.25	38.22	350m:	4:21.70	37.85
	100m:	1:10.26	36.98	200m:	2:27.03	38.77	300m:	3:43.85	38.60	400m:	4:58.01	36.31
3.	JANOWSKI Damian		05	MKP Szczecin					5:12.55	313		
	50m:	33.22	33.22	150m:	1:49.56	39.15	250m:	3:11.47	41.48	350m:	4:33.69	41.02
	100m:	1:10.41	37.19	200m:	2:29.99	40.43	300m:	3:52.67	41.20	400m:	5:12.55	38.86
4.	SZUKAJŁO Kacper		05	MKP Szczecin					5:12.72	312		
	50m:	35.24	35.24	150m:	1:55.14	40.13	250m:	3:15.21	39.23	350m:	4:34.31	40.05
	100m:	1:15.01	39.77	200m:	2:35.98	40.84	300m:	3:54.26	39.05	400m:	5:12.72	38.41
5.	CIERESZKO Mateusz		05	MKP Szczecin					5:32.15	260		
	50m:	36.71	36.71	150m:	2:00.67	42.62	250m:	3:26.76	42.83	350m:	4:52.11	42.66
	100m:	1:18.05	41.34	200m:	2:43.93	43.26	300m:	4:09.45	42.69	400m:	5:32.15	40.04
6.	URBICH Antoni		05	MKP Szczecin					5:33.56	257		
	50m:	37.99	37.99	150m:	2:02.87	42.70	250m:	3:28.32	43.30	350m:	4:53.88	43.12
	100m:	1:20.17	42.18	200m:	2:45.02	42.15	300m:	4:10.76	42.44	400m:	5:33.56	39.68
7.	MILANOWSKI Jan		05	MKP Szczecin					5:34.85	254		
	50m:	37.27	37.27	150m:	2:02.16	43.09	250m:	3:28.76	43.57	350m:	4:54.57	42.39
	100m:	1:19.07	41.80	200m:	2:45.19	43.03	300m:	4:12.18	43.42	400m:	5:34.85	40.28
8.	GRZELCZYK Filip		05	MKP Szczecin					5:35.46	253		
	50m:	38.53	38.53	150m:	2:04.09	42.83	250m:	3:30.50	43.64	350m:	4:55.27	42.33
	100m:	1:21.26	42.73	200m:	2:46.86	42.77	300m:	4:12.94	42.44	400m:	5:35.46	40.19