

Klubowy Puchar Polski w pływaniu w płetwach - II runda
Ko cierzyna, 7- - 8-4-2018

Konkurencja 12
2018-04-07 - 17:56

M cyczn, 400m BF

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	
KAT. E										
1.	MARKIEWICZ Karol		07	UKS Delfin Wladyslawowo				4:53.48		
	50m:	31.97 31.97	150m:	1:47.21	38.83	250m:	3:04.41	38.53	350m:	4:19.50 37.52
	100m:	1:08.38 36.41	200m:	2:25.88	38.67	300m:	3:41.98	37.57	400m:	4:53.48 33.98
2.	CIESZY SKI Aleksander		07	UKS Rekin Wrocław				5:04.74		
	50m:	32.55 32.55	150m:	1:50.00	39.24	250m:	3:09.07	39.02	350m:	4:27.45 39.07
	100m:	1:10.76 38.21	200m:	2:30.05	40.05	300m:	3:48.38	39.31	400m:	5:04.74 37.29
3.	BUCHLA Michał		07	UKS Rekin Wrocław				5:30.26		
	50m:	34.72 34.72	150m:	1:57.00	42.12	250m:	3:23.63	43.90	350m:	4:49.79 42.01
	100m:	1:14.88 40.16	200m:	2:39.73	42.73	300m:	4:07.78	44.15	400m:	5:30.26 40.47
4.	SKORUPSKI Maciej		07	UKS Aurus Warszawa				5:33.60		
	50m:	32.21 32.21	150m:	1:56.42	43.98	250m:	3:28.09	46.36	350m:	4:56.63 44.46
	100m:	1:12.44 40.23	200m:	2:41.73	45.31	300m:	4:12.17	44.08	400m:	5:33.60 36.97
5.	CZAJKOWSKI Maciej		07	UKS Wodniacy Garczyn				6:23.31		
	50m:	37.93 37.93	150m:	2:16.61	49.50	250m:	3:57.73	51.01	350m:	5:37.20 49.64
	100m:	1:27.11 49.18	200m:	3:06.72	50.11	300m:	4:47.56	49.83	400m:	6:23.31 46.11
KAT. D										
1.	MARKIEWICZ Jaroslaw		05	UKS Delfin Wladyslawowo				3:56.56		
	50m:	26.00 26.00	150m:	1:27.30	30.88	250m:	2:28.29	30.22	350m:	3:27.88 29.48
	100m:	56.42 30.42	200m:	1:58.07	30.77	300m:	2:58.40	30.11	400m:	3:56.56 28.68
2.	GRABOWSKI Radosław		05	UKS Delfinek SP1 Chodzie				4:11.68		
	50m:	27.68 27.68	150m:	1:32.67	32.32	250m:	2:38.23	32.44	350m:	3:42.47 31.34
	100m:	1:00.35 32.67	200m:	2:05.79	33.12	300m:	3:11.13	32.90	400m:	4:11.68 29.21
3.	ENDA Wiktor		05	OSN Amfiprion Olecko				4:12.79		
	50m:	27.92 27.92	150m:	1:31.68	32.75	250m:	2:37.93	32.75	350m:	3:42.28 32.00
	100m:	58.93 31.01	200m:	2:05.18	33.50	300m:	3:10.28	32.35	400m:	4:12.79 30.51
4.	PELACZYK Jakub		05	KS Nautilus Jastrz bie				4:21.21		
	50m:	27.58 27.58	150m:	1:34.80	34.15	250m:	2:42.89	34.18	350m:	3:51.06 33.97
	100m:	1:00.65 33.07	200m:	2:08.71	33.91	300m:	3:17.09	34.20	400m:	4:21.21 30.15
5.	MIK Miłosz		05	KS Nautilus Jastrz bie				4:31.69		
	50m:	28.62 28.62	150m:	1:36.33	34.66	250m:	2:48.49	36.43	350m:	3:57.85 34.64
	100m:	1:01.67 33.05	200m:	2:12.06	35.73	300m:	3:23.21	34.72	400m:	4:31.69 33.84
6.	SZAJTER Jakub		05	KS Nautilus Jastrz bie				4:32.74		
	50m:	28.48 28.48	150m:	1:35.21	34.08	250m:	2:47.22	36.13	350m:	3:58.18 35.89
	100m:	1:01.13 32.65	200m:	2:11.09	35.88	300m:	3:22.29	35.07	400m:	4:32.74 34.56
7.	WITKOWSKI Antonii		06	OSN Amfiprion Olecko				4:38.95		
	50m:	29.87 29.87	150m:	1:40.53	36.38	250m:	2:53.32	36.38	350m:	4:06.02 36.45
	100m:	1:04.15 34.28	200m:	2:16.94	36.41	300m:	3:29.57	36.25	400m:	4:38.95 32.93
8.	FRANKOWSKI Miłosz		05	UKS Rekin Wrocław				4:39.73		
	50m:	30.75 30.75	150m:	1:41.79	36.31	250m:	2:53.86	35.98	350m:	4:06.14 36.44
	100m:	1:05.48 34.73	200m:	2:17.88	36.09	300m:	3:29.70	35.84	400m:	4:39.73 33.59
9.	JANCZAK Samuel		05	Laguna 24 Toru				4:46.82		
	50m:	30.18 30.18	150m:	1:42.35	36.53	250m:	2:58.07	38.20	350m:	4:12.43 36.77
	100m:	1:05.82 35.64	200m:	2:19.87	37.52	300m:	3:35.66	37.59	400m:	4:46.82 34.39
10.	KACPRZYK Hubert		05	UKS Delfin Wladyslawowo				4:53.76		
	50m:	30.99 30.99	150m:	1:43.18	37.05	250m:	3:00.10	38.55	350m:	4:17.86 38.67
	100m:	1:06.13 35.14	200m:	2:21.55	38.37	300m:	3:39.19	39.09	400m:	4:53.76 35.90
11.	SPORYSZ Aleksander		06	UKS Delfinek SP1 Chodzie				4:56.21		
	50m:	30.10 30.10	150m:	1:44.25	39.27	250m:	3:03.68	39.61	350m:	4:21.90 38.92
	100m:	1:04.98 34.88	200m:	2:24.07	39.82	300m:	3:42.98	39.30	400m:	4:56.21 34.31

Klubowy Puchar Polski w pływaniu w płetwach - II runda
Ko cierzyna, 7- - 8-4-2018

Konkurencja 12, Chłopców, 400m BF, KAT. D

Pozycja	Rok ur.	Czas	Pkt.
12. BANASZEWSKI Kacper	06 GKP Neptun Gda sk	5:02.38	
50m: 34.18 34.18	150m: 1:51.86 39.69	250m: 3:11.13 39.39	350m: 4:28.74 37.70
100m: 1:12.17 37.99	200m: 2:31.74 39.88	300m: 3:51.04 39.91	400m: 5:02.38 33.64
13. KRYZEL Mateusz	06 UKS Wodniacy Garczyn	5:19.90	
50m: 32.25 32.25	150m: 1:54.77 41.68	250m: 3:17.50 41.27	350m: 4:41.03 41.99
100m: 1:13.09 40.84	200m: 2:36.23 41.46	300m: 3:59.04 41.54	400m: 5:19.90 38.87
DYSKW. KREFT Szymon	06 UKS BŁYSKAWICA SP 39 Gdynia	5:36.81	
<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i>			
50m: 32.91 32.91	150m: 1:55.13 42.67	250m: 3:20.87 42.78	350m: 4:52.57 46.04
100m: 1:12.46 39.55	200m: 2:38.09 42.96	300m: 4:06.53 45.66	400m: 5:36.81 44.24
NIE UK. SZYMKOWIAK Sergiusz	06 UKS Delfinek SP1 Chodzie		
50m: 32.12 32.12	150m: 1:47.72 39.01	250m: 3:07.91 40.61	350m: 4:21.72 35.35
100m: 1:08.71 36.59	200m: 2:27.30 39.58	300m: 3:46.37 38.46	400m:

KAT. C

1. MITIN Dawid	03 OSN Amfiprion Olecko	3:53.32	
50m: 25.76 25.76	150m: 1:24.19 29.56	250m: 2:25.04 31.10	350m: 3:25.47 29.85
100m: 54.63 28.87	200m: 1:53.94 29.75	300m: 2:55.62 30.58	400m: 3:53.32 27.85
2. KOLI SKI Michał	03 UKS MANTA Ko cierzyna	3:53.55	
50m: 26.73 26.73	150m: 1:25.82 30.11	250m: 2:27.15 30.49	350m: 3:27.04 29.50
100m: 55.71 28.98	200m: 1:56.66 30.84	300m: 2:57.54 30.39	400m: 3:53.55 26.51
3. JESIOŁOWSKI Oliwier	03 UKS Delfinek SP1 Chodzie	4:02.02	
50m: 25.64 25.64	150m: 1:24.58 30.12	250m: 2:27.99 31.90	350m: 3:32.08 32.16
100m: 54.46 28.82	200m: 1:56.09 31.51	300m: 2:59.92 31.93	400m: 4:02.02 29.94
4. DULNIAK Ryszard	04 GKP Neptun Gda sk	4:16.13	
50m: 27.41 27.41	150m: 1:31.42 32.60	250m: 2:37.38 32.75	350m: 3:43.53 32.71
100m: 58.82 31.41	200m: 2:04.63 33.21	300m: 3:10.82 33.44	400m: 4:16.13 32.60
5. MAZURKIEWICZ Daniel	04 Laguna 24 Toru	4:35.70	
50m: 29.71 29.71	150m: 1:39.13 35.03	250m: 2:51.90 37.15	350m: 4:01.63 34.01
100m: 1:04.10 34.39	200m: 2:14.75 35.62	300m: 3:27.62 35.72	400m: 4:35.70 34.07
6. BYSTRON Franciszek	04 UKS MANTA Ko cierzyna	4:41.94	
50m: 29.44 29.44	150m: 1:40.46 36.10	250m: 2:53.28 36.07	350m: 4:00.92 32.52
100m: 1:04.36 34.92	200m: 2:17.21 36.75	300m: 3:28.40 35.12	400m: 4:41.94 41.02
7. PALKA Kasper	04 UKS Delfin Wladyslawowo	4:57.50	
50m: 29.82 29.82	150m: 1:43.63 38.16	250m: 3:03.63 40.38	350m: 4:22.20 38.41
100m: 1:05.47 35.65	200m: 2:23.25 39.62	300m: 3:43.79 40.16	400m: 4:57.50 35.30

KAT. B

1. DRA BA Filip	02 OSN Amfiprion Olecko	3:49.89	
50m: 25.82 25.82	150m: 1:22.57 29.55	250m: 2:22.30 30.81	350m: 3:23.39 31.58
100m: 53.02 27.20	200m: 1:51.49 28.92	300m: 2:51.81 29.51	400m: 3:49.89 26.50
2. ALBRECHT Krystian	02 KS Nautilus Jastrz bie	3:51.04	
50m: 25.43 25.43	150m: 1:23.22 29.36	250m: 2:23.43 30.19	350m: 3:23.13 29.80
100m: 53.86 28.43	200m: 1:53.24 30.02	300m: 2:53.33 29.90	400m: 3:51.04 27.91
3. SAŁATA Adam	02 UKS Delfinek SP1 Chodzie	3:52.92	
50m: 25.13 25.13	150m: 1:22.93 29.24	250m: 2:22.86 29.99	350m: 3:24.33 30.66
100m: 53.69 28.56	200m: 1:52.87 29.94	300m: 2:53.67 30.81	400m: 3:52.92 28.59
4. KROPIDŁOWSKI Szymon	02 UKS MANTA Ko cierzyna	4:04.56	
50m: 26.25 26.25	150m: 1:26.74 30.61	250m: 2:29.55 31.53	350m: 3:33.57 32.31
100m: 56.13 29.88	200m: 1:58.02 31.28	300m: 3:01.26 31.71	400m: 4:04.56 30.99
5. BOLDT Konrad	01 Laguna 24 Toru	4:14.30	
50m: 26.82 26.82	150m: 1:28.52 31.38	250m: 2:34.15 33.16	350m: 3:42.43 34.43
100m: 57.14 30.32	200m: 2:00.99 32.47	300m: 3:08.00 33.85	400m: 4:14.30 31.87

Klubowy Puchar Polski w pływaniu w płetwach - II runda
Ko cierzyna, 7- - 8-4-2018

Konkurencja 12, M czyzn, 400m BF

KAT. A

1.	ELECHOWSKI Rafał		96	UKS Aurus Warszawa		3:44.54						
	50m:	24.55	24.55	150m:	1:20.17	28.48	250m:	2:17.14	28.78	350m:	3:15.97	29.15
	100m:	51.69	27.14	200m:	1:48.36	28.19	300m:	2:46.82	29.68	400m:	3:44.54	28.57