

Klubowy Puchar Polski w pływaniu w płetwach - II runda
Ko cierzyna, 7- - 8-4-2018

Konkurencja 23
2018-04-08 - 11:32

Kobiet, 400m SF

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.			
KAT. E												
1.	KLASA Kinga		07	UKS Wodniacy Garczyn				4:56.64				
	50m:	31.60	31.60	150m:	1:45.62	38.10	250m:	3:04.31	39.45	350m:	4:20.52	38.35
	100m:	1:07.52	35.92	200m:	2:24.86	39.24	300m:	3:42.17	37.86	400m:	4:56.64	36.12
KAT. D												
1.	KILISZEWSKA Sonia		06	KS Nautilus Jastrz bie				4:13.65				
	50m:	28.15	28.15	150m:	1:30.99	32.02	250m:	2:37.00	33.20	350m:	3:43.18	32.80
	100m:	58.97	30.82	200m:	2:03.80	32.81	300m:	3:10.38	33.38	400m:	4:13.65	30.47
2.	SAŁATA Anna		05	UKS Delfinek SP1 Chodzie				4:18.91				
	50m:	27.82	27.82	150m:	1:32.14	32.63	250m:	2:39.43	33.91	350m:	3:47.20	33.96
	100m:	59.51	31.69	200m:	2:05.52	33.38	300m:	3:13.24	33.81	400m:	4:18.91	31.71
3.	JANKA Maria		05	UKS Delfinek SP1 Chodzie				4:23.16				
	50m:	27.94	27.94	150m:	1:32.49	33.24	250m:	2:41.81	35.02	350m:	3:50.66	34.65
	100m:	59.25	31.31	200m:	2:06.79	34.30	300m:	3:16.01	34.20	400m:	4:23.16	32.50
4.	NECEL Maja		06	UKS Delfin Wladyslawowo				4:38.95				
	50m:	31.46	31.46	150m:	1:42.71	36.04	250m:	2:55.56	36.85	350m:	4:07.15	35.48
	100m:	1:06.67	35.21	200m:	2:18.71	36.00	300m:	3:31.67	36.11	400m:	4:38.95	31.80
5.	OSZKIEL Tatiana		06	KS Nautilus Jastrz bie				4:43.91				
	50m:	31.29	31.29	150m:	1:40.53	36.02	250m:	2:56.12	38.08	350m:	4:10.33	36.73
	100m:	1:04.51	33.22	200m:	2:18.04	37.51	300m:	3:33.60	37.48	400m:	4:43.91	33.58
6.	GUZI SKA Olga		06	UKS MANTA Ko cierzyna				4:46.16				
	50m:	30.73	30.73	150m:	1:40.59	35.63	250m:	2:54.76	36.86	350m:	4:10.55	38.62
	100m:	1:04.96	34.23	200m:	2:17.90	37.31	300m:	3:31.93	37.17	400m:	4:46.16	35.61
7.	TUSK Weronika		05	UKS Delfin Wladyslawowo				4:47.49				
	50m:	32.78	32.78	150m:	1:44.18	36.30	250m:	2:59.51	37.84	350m:	4:14.12	37.34
	100m:	1:07.88	35.10	200m:	2:21.67	37.49	300m:	3:36.78	37.27	400m:	4:47.49	33.37
8.	NECEL Izabela		06	UKS Delfin Wladyslawowo				5:25.33				
	50m:	34.20	34.20	150m:	1:55.02	41.86	250m:	3:19.44	41.21	350m:	4:44.45	42.01
	100m:	1:13.16	38.96	200m:	2:38.23	43.21	300m:	4:02.44	43.00	400m:	5:25.33	40.88
KAT. C												
1.	WOLNIEWICZ Weronika		04	UKS Delfinek SP1 Chodzie				3:57.94				
	50m:	25.27	25.27	150m:	1:23.73	30.15	250m:	2:25.09	30.90	350m:	3:27.57	31.15
	100m:	53.58	28.31	200m:	1:54.19	30.46	300m:	2:56.42	31.33	400m:	3:57.94	30.37
2.	OSZKIEL Wiktoria		04	KS Nautilus Jastrz bie				4:00.43				
	50m:	26.32	26.32	150m:	1:26.52	30.87	250m:	2:29.13	31.46	350m:	3:31.24	31.00
	100m:	55.65	29.33	200m:	1:57.67	31.15	300m:	3:00.24	31.11	400m:	4:00.43	29.19
3.	GRONOWSKA Agata		03	Laguna 24 Toru				4:00.89				
	50m:	26.58	26.58	150m:	1:26.34	30.67	250m:	2:28.95	31.18	350m:	3:32.05	31.62
	100m:	55.67	29.09	200m:	1:57.77	31.43	300m:	3:00.43	31.48	400m:	4:00.89	28.84
4.	SZWICHTENBERG Wiktoria		03	UKS MANTA Ko cierzyna				4:24.48				
	50m:	29.33	29.33	150m:	1:36.80	34.30	250m:	2:45.96	34.63	350m:	3:54.09	33.69
	100m:	1:02.50	33.17	200m:	2:11.33	34.53	300m:	3:20.40	34.44	400m:	4:24.48	30.39
5.	ŁAPUCKA Ewa		04	OSN Amfiprion Olecko				4:52.55				
	50m:	28.32	28.32	150m:	1:37.95	36.34	250m:	2:54.08	38.12	350m:	4:12.72	39.40
	100m:	1:01.61	33.29	200m:	2:15.96	38.01	300m:	3:33.32	39.24	400m:	4:52.55	39.83

Klubowy Puchar Polski w pływaniu w płetwach - II runda
Ko cierzyna, 7- - 8-4-2018

Konkurencja 23, Kobiet, 400m SF

KAT. B

1.	PŁAZI SKA Wiktoria		01	OSN Amfiprion Olecko		3:41.64													
	50m:	23.55	23.55	150m:	1:17.73	27.95	250m:	2:15.02	28.75	350m:	3:13.18	29.27							
	100m:	49.78	26.23	200m:	1:46.27	28.54	300m:	2:43.91	28.89	400m:	3:41.64	28.46							
2.	NOWAK Julia		01	UKS Delfinek SP1 Chodzie		3:50.05													
	50m:	24.07	24.07	150m:	1:19.97	29.29	250m:	2:20.03	29.86	350m:	3:20.70	29.94							
	100m:	50.68	26.61	200m:	1:50.17	30.20	300m:	2:50.76	30.73	400m:	3:50.05	29.35							
3.	POKWICKA Małgorzata		02	Laguna 24 Toru		4:04.34													
	50m:	28.54	28.54	150m:	1:29.34	30.90	250m:	2:31.38	31.17	350m:	3:34.40	31.28							
	100m:	58.44	29.90	200m:	2:00.21	30.87	300m:	3:03.12	31.74	400m:	4:04.34	29.94							
4.	RUSAK Anna		02	UKS Delfin Władysławowo		4:21.55													
	50m:	28.21	28.21	150m:	1:34.78	33.97	250m:	2:43.65	34.63	350m:	3:50.98	33.31							
	100m:	1:00.81	32.60	200m:	2:09.02	34.24	300m:	3:17.67	34.02	400m:	4:21.55	30.57							