

Ogólnopolski Sprawdzian Wytrzymałości i Wszechstronności Stylowej 11-12 lat  
Szczecin, 23-11-2018

Konkurencja 4  
2018-11-23 - 12:11

Chłopców, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.		
1.	BIEGASIEWICZ Franciszek		07	MKP Szczecin				<b>5:34.05</b>	256		
	50m:	36.45 36.45	150m:	2:00.74	42.64	250m:	3:27.24	43.86	350m:	4:52.55	42.66
	100m:	1:18.10 41.65	200m:	2:43.38	42.64	300m:	4:09.89	42.65	400m:	5:34.05	41.50
2.	FILINOWICZ Piotr		07	MKP Szczecin				<b>5:44.93</b>	232		
	50m:	37.83 37.83	150m:	2:03.97	43.86	250m:	3:32.24	44.54	350m:	5:02.77	45.44
	100m:	1:20.11 42.28	200m:	2:47.70	43.73	300m:	4:17.33	45.09	400m:	5:44.93	42.16
3.	KOWAL Maciej		07	MKP Szczecin				<b>6:00.93</b>	203		
	50m:	45.35 45.35	150m:	2:19.30	46.30	250m:	3:50.74	45.94	350m:	5:20.29	44.16
	100m:	1:33.00 47.65	200m:	3:04.80	45.50	300m:	4:36.13	45.39	400m:	6:00.93	40.64
4.	PI TKA Miłosz		07	MKP Szczecin				<b>6:01.61</b>	202		
	50m:	39.63 39.63	150m:	2:13.31	48.24	250m:	3:49.45	46.92	350m:	5:20.05	44.20
	100m:	1:25.07 45.44	200m:	3:02.53	49.22	300m:	4:35.85	46.40	400m:	6:01.61	41.56
5.	MAJDA SKI Borys		07	MKP Szczecin				<b>6:10.87</b>	187		
	50m:	39.52 39.52	150m:	2:14.90	48.25	250m:	3:51.96	48.32	350m:	5:27.42	47.18
	100m:	1:26.65 47.13	200m:	3:03.64	48.74	300m:	4:40.24	48.28	400m:	6:10.87	43.45
6.	KOŁCZYK Hubert		07	MKP Szczecin				<b>6:12.96</b>	184		
	50m:	42.53 42.53	150m:	2:17.95	47.45	250m:	3:52.33	47.34	350m:	5:29.06	47.89
	100m:	1:30.50 47.97	200m:	3:04.99	47.04	300m:	4:41.17	48.84	400m:	6:12.96	43.90
7.	TUROWSKI Aleksander		07	MKP Szczecin				<b>6:23.18</b>	169		
	50m:	42.40 42.40	150m:	2:22.36	49.69	250m:	4:01.34	50.00	350m:	5:39.21	47.33
	100m:	1:32.67 50.27	200m:	3:11.34	48.98	300m:	4:51.88	50.54	400m:	6:23.18	43.97
8.	KUKIER Jan		07	MKP Szczecin				<b>6:29.65</b>	161		
	50m:	45.35 45.35	150m:	2:26.47	50.92	250m:	4:56.57	49.68	350m:		
	100m:	1:35.55 50.20	200m:	4:06.89	1:40.42	300m:	5:44.91	48.34	400m:	6:29.65	
9.	SOLIS Mateusz		07	MKP Szczecin				<b>6:33.05</b>	157		
	50m:	44.67 44.67	150m:	2:25.04	50.41	250m:	4:05.49	48.42	350m:	5:47.44	51.86
	100m:	1:34.63 49.96	200m:	3:17.07	52.03	300m:	4:55.58	50.09	400m:	6:33.05	45.61
10.	BERA Witold		07	MKP Szczecin				<b>6:34.13</b>	156		
	50m:	43.01 43.01	150m:	2:22.58	50.39	250m:	4:05.83	51.04	350m:	5:47.42	50.34
	100m:	1:32.19 49.18	200m:	3:14.79	52.21	300m:	4:57.08	51.25	400m:	6:34.13	46.71
11.	ŁYSIAK Igor		07	MKP Szczecin				<b>6:40.73</b>	148		
	50m:	43.80 43.80	150m:	2:26.35	51.45	250m:	4:09.44	51.02	350m:	5:51.36	51.17
	100m:	1:34.90 51.10	200m:	3:18.42	52.07	300m:	5:00.19	50.75	400m:	6:40.73	49.37
12.	KOZIOŁ Kacper		07	MKP Szczecin				<b>6:50.90</b>	137		
	50m:	43.74 43.74	150m:	2:28.48	52.63	250m:	4:15.15	52.99	350m:	6:00.83	53.30
	100m:	1:35.85 52.11	200m:	3:22.16	53.68	300m:	5:07.53	52.38	400m:	6:50.90	50.07
13.	KONIECZNY Jakub		07	MKP Szczecin				<b>7:09.56</b>	120		
	50m:	51.99 51.99	150m:	2:54.28	1:03.56	250m:	5:00.95	1:03.20	350m:	7:07.33	1:02.41
	100m:	1:50.72 58.73	200m:	3:57.75	1:03.47	300m:	6:04.92	1:03.97	400m:	7:09.56	2.23
14.	BORATY SKI Dawid		07	MKP Szczecin				<b>7:25.57</b>	108		
	50m:	49.41 49.41	150m:	2:42.42	57.16	250m:	4:37.61	57.59	350m:	6:31.25	56.11
	100m:	1:45.26 55.85	200m:	3:40.02	57.60	300m:	5:35.14	57.53	400m:	7:25.57	54.32
15.	MICHALAK Szymon		07	MKP Szczecin				<b>7:26.08</b>	107		
	50m:	49.11 49.11	150m:	2:41.41	56.79	250m:	4:36.48	58.16	350m:	6:31.18	55.46
	100m:	1:44.62 55.51	200m:	3:38.32	56.91	300m:	5:35.72	59.24	400m:	7:26.08	54.90
16.	WASILEWSKI Igor		07	MKP Szczecin				<b>7:27.66</b>	106		
	50m:	51.75 51.75	150m:	2:51.23	59.41	250m:	4:49.35	59.38	350m:	6:38.02	53.66
	100m:	1:51.82 1:00.07	200m:	3:49.97	58.74	300m:	5:44.36	55.01	400m:	7:27.66	49.64
17.	WIERZKO Tomasz		07	MKP Szczecin				<b>7:40.02</b>	98		
	50m:	51.51 51.51	150m:	2:44.90	56.80	250m:	4:45.96	1:02.62	350m:	6:44.90	59.71
	100m:	1:48.10 56.59	200m:	3:43.34	58.44	300m:	5:45.19	59.23	400m:	7:40.02	55.12

Ogólnopolski Sprawdzian Wytrzymała ci i Wszechstronno ci Stylowej 11-12 lat  
Szczecin, 23-11-2018

Konkurencja 4, Chłopców, 400m dowolny, 11 lat

Pozycja		Rok ur.						Czas	Pkt.
18.	SMUNIEWSKI Szymon	07	MKP Szczecin					<b>7:40.52</b>	97
	50m: 50.61 50.61	150m: 2:47.45 59.20	250m: 4:48.52 59.60	350m: 6:47.16 59.38					
	100m: 1:48.25 57.64	200m: 3:48.92 1:01.47	300m: 5:47.78 59.26	400m: 7:40.52 53.36					
19.	GAJEWSKI Maciej	07	MKP Szczecin					<b>7:47.96</b>	93
	50m: 49.71 49.71	150m: 2:48.89 1:01.05	250m: 4:49.88 1:01.03	350m: 6:51.73 1:01.57					
	100m: 1:47.84 58.13	200m: 3:48.85 59.96	300m: 5:50.16 1:00.28	400m: 7:47.96 56.23					
20.	WÓJCIK Marcel	07	MKP Szczecin					<b>7:48.30</b>	93
	50m: 51.09 51.09	150m: 2:50.56 1:01.62	250m: 4:51.49 1:00.58	350m: 6:51.95 1:00.84					
	100m: 1:48.94 57.85	200m: 3:50.91 1:00.35	300m: 5:51.11 59.62	400m: 7:48.30 56.35					
21.	MAJCHROWSKI Wiktor	07	MKP Szczecin					<b>7:57.36</b>	87
	50m: 51.61 51.61	150m: 2:53.10 1:02.28	250m: 4:54.23 1:01.54	350m: 6:55.97 59.40					
	100m: 1:50.82 59.21	200m: 3:52.69 59.59	300m: 5:56.57 1:02.34	400m: 7:57.36 1:01.39					
22.	RYCHTARSKI Aleksander	07	MKP Szczecin					<b>8:15.80</b>	78
	50m: 53.95 53.95	150m: 2:58.22 1:03.44	250m: 5:07.69 1:05.86	350m:					
	100m: 1:54.78 1:00.83	200m: 4:01.83 1:03.61	300m: 6:12.82 1:05.13	400m: 8:15.80					
23.	BACHTA Antoni	07	MKP Szczecin					<b>8:45.54</b>	65
	50m: 56.29 56.29	150m: 3:09.62 1:07.79	250m: 5:29.12 1:10.30	350m: 7:45.70 1:09.38					
	100m: 2:01.83 1:05.54	200m: 4:18.82 1:09.20	300m: 6:36.32 1:07.20	400m: 8:45.54 59.84					
24.	AFTEWICZ Szymon	07	MKP Szczecin					<b>8:48.71</b>	64
	50m: 58.86 58.86	150m: 3:12.57 1:07.31	250m: 5:32.22 1:12.02	350m: 7:44.12 1:05.24					
	100m: 2:05.26 1:06.40	200m: 4:20.20 1:07.63	300m: 6:38.88 1:06.66	400m: 8:48.71 1:04.59					