

Puchar Prezesa MKP Szczecin
Szczecin, 22- - 23-2-2019

Konkurencja 19
2019-02-22 - 17:16

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	RODA Dominika		02	MKP Szczecin				4:30.00	655
	50m:	31.38 31.38	150m:	1:39.39 34.47	250m:	2:47.62 33.91	350m:	3:56.73 34.75	
	100m:	1:04.92 33.54	200m:	2:13.71 34.32	300m:	3:21.98 34.36	400m:	4:30.00 33.27	
2.	BAKUNIAK Hanna		96	MKP Szczecin				4:30.66	650
	50m:	31.49 31.49	150m:	1:39.67 34.46	250m:	2:48.46 34.32	350m:	3:58.70 35.16	
	100m:	1:05.21 33.72	200m:	2:14.14 34.47	300m:	3:23.54 35.08	400m:	4:30.66 31.96	
3.	MRO EK Weronika		04	MKP Kołobrzeg				4:35.16	619
	50m:	31.62 31.62	150m:	1:40.23 34.24	250m:	2:50.20 35.42	350m:	4:01.37 35.44	
	100m:	1:05.99 34.37	200m:	2:14.78 34.55	300m:	3:25.93 35.73	400m:	4:35.16 33.79	
4.	GARBARCZYK Weronika		03	MKP Szczecin				4:41.20	580
	50m:	31.77 31.77	150m:	1:41.58 35.21	250m:	2:53.26 36.11	350m:	4:06.04 36.31	
	100m:	1:06.37 34.60	200m:	2:17.15 35.57	300m:	3:29.73 36.47	400m:	4:41.20 35.16	
5.	FIGAS Alicja		04	MKP Szczecin				4:48.98	534
	50m:	33.00 33.00	150m:	1:45.27 36.34	250m:	2:59.03 37.10	350m:	4:13.42 37.23	
	100m:	1:08.93 35.93	200m:	2:21.93 36.66	300m:	3:36.19 37.16	400m:	4:48.98 35.56	
6.	KAWCZY SKA Zuzanna		03	MKP Szczecin				4:51.22	522
	50m:	32.39 32.39	150m:	1:46.75 37.89	250m:	3:01.83 37.89	350m:	4:16.26 37.24	
	100m:	1:08.86 36.47	200m:	2:23.94 37.19	300m:	3:39.02 37.19	400m:	4:51.22 34.96	
7.	SKOWRON Maja		02	MKP Szczecin				4:54.56	504
	50m:	32.09 32.09	150m:	1:45.13 37.11	250m:	3:01.53 38.06	350m:	4:18.67 38.45	
	100m:	1:08.02 35.93	200m:	2:23.47 38.34	300m:	3:40.22 38.69	400m:	4:54.56 35.89	
8.	KOWALCZYK Katarzyna		05	MKP Szczecin				4:54.77	503
	50m:	33.99 33.99	150m:	1:48.26 37.67	250m:	3:04.18 37.86	350m:	4:19.22 37.68	
	100m:	1:10.59 36.60	200m:	2:26.32 38.06	300m:	3:41.54 37.36	400m:	4:54.77 35.55	
9.	R P Apolonia		06	MKS Znicz Koszalin				4:56.43	495
	50m:	33.21 33.21	150m:	1:47.92 37.84	250m:	3:04.26 38.00	350m:	4:21.63 38.52	
	100m:	1:10.08 36.87	200m:	2:26.26 38.34	300m:	3:43.11 38.85	400m:	4:56.43 34.80	
10.	HAŁAWCZAK Marcelina		02	MKP Szczecin				4:57.63	489
	50m:	34.71 34.71	150m:	1:49.73 37.82	250m:	3:05.50 37.72	350m:	4:20.91 37.39	
	100m:	1:11.91 37.20	200m:	2:27.78 38.05	300m:	3:43.52 38.02	400m:	4:57.63 36.72	
11.	DOBRZELEWSKA Nina		04	MKP Szczecin				5:14.13	416
	50m:	35.67 35.67	150m:	1:53.55 39.45	250m:	3:13.51 39.68	350m:	4:34.88 40.54	
	100m:	1:14.10 38.43	200m:	2:33.83 40.28	300m:	3:54.34 40.83	400m:	5:14.13 39.25	
12.	SZYDŁOWSKA Zuzanna		06	MKS Znicz Koszalin				5:20.87	390
	50m:	36.33 36.33	150m:	1:57.86 41.10	250m:	3:20.61 40.49	350m:	4:42.93 41.13	
	100m:	1:16.76 40.43	200m:	2:40.12 42.26	300m:	4:01.80 41.19	400m:	5:20.87 37.94	

17 - 18 lat

1.	RODA Dominika		02	MKP Szczecin				4:30.00	655
	50m:	31.38 31.38	150m:	1:39.39 34.47	250m:	2:47.62 33.91	350m:	3:56.73 34.75	
	100m:	1:04.92 33.54	200m:	2:13.71 34.32	300m:	3:21.98 34.36	400m:	4:30.00 33.27	
2.	SKOWRON Maja		02	MKP Szczecin				4:54.56	504
	50m:	32.09 32.09	150m:	1:45.13 37.11	250m:	3:01.53 38.06	350m:	4:18.67 38.45	
	100m:	1:08.02 35.93	200m:	2:23.47 38.34	300m:	3:40.22 38.69	400m:	4:54.56 35.89	
3.	HAŁAWCZAK Marcelina		02	MKP Szczecin				4:57.63	489
	50m:	34.71 34.71	150m:	1:49.73 37.82	250m:	3:05.50 37.72	350m:	4:20.91 37.39	
	100m:	1:11.91 37.20	200m:	2:27.78 38.05	300m:	3:43.52 38.02	400m:	4:57.63 36.72	

Puchar Prezesa MKP Szczecin
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Konkurencja 19, Kobiet, 400m dowolny

15 - 16 lat

1.	MRO EK Weronika	04	MKP Kołobrzeg	4:35.16	619	
	50m: 31.62 31.62	150m: 1:40.23	34.24 250m: 2:50.20	35.42	350m: 4:01.37	35.44
	100m: 1:05.99 34.37	200m: 2:14.78	34.55 300m: 3:25.93	35.73	400m: 4:35.16	33.79
2.	GARBARCZYK Weronika	03	MKP Szczecin	4:41.20	580	
	50m: 31.77 31.77	150m: 1:41.58	35.21 250m: 2:53.26	36.11	350m: 4:06.04	36.31
	100m: 1:06.37 34.60	200m: 2:17.15	35.57 300m: 3:29.73	36.47	400m: 4:41.20	35.16
3.	FIGAS Alicja	04	MKP Szczecin	4:48.98	534	
	50m: 33.00 33.00	150m: 1:45.27	36.34 250m: 2:59.03	37.10	350m: 4:13.42	37.23
	100m: 1:08.93 35.93	200m: 2:21.93	36.66 300m: 3:36.19	37.16	400m: 4:48.98	35.56
4.	KAWCZY SKA Zuzanna	03	MKP Szczecin	4:51.22	522	
	50m: 32.39 32.39	150m: 1:46.75	37.89 250m: 3:01.83	37.89	350m: 4:16.26	37.24
	100m: 1:08.86 36.47	200m: 2:23.94	37.19 300m: 3:39.02	37.19	400m: 4:51.22	34.96
5.	DOBRZELEWSKA Nina	04	MKP Szczecin	5:14.13	416	
	50m: 35.67 35.67	150m: 1:53.55	39.45 250m: 3:13.51	39.68	350m: 4:34.88	40.54
	100m: 1:14.10 38.43	200m: 2:33.83	40.28 300m: 3:54.34	40.83	400m: 5:14.13	39.25

13 - 14 lat

1.	KOWALCZYK Katarzyna	05	MKP Szczecin	4:54.77	503	
	50m: 33.99 33.99	150m: 1:48.26	37.67 250m: 3:04.18	37.86	350m: 4:19.22	37.68
	100m: 1:10.59 36.60	200m: 2:26.32	38.06 300m: 3:41.54	37.36	400m: 4:54.77	35.55
2.	R P Apolonia	06	MKS Znicz Koszalin	4:56.43	495	
	50m: 33.21 33.21	150m: 1:47.92	37.84 250m: 3:04.26	38.00	350m: 4:21.63	38.52
	100m: 1:10.08 36.87	200m: 2:26.26	38.34 300m: 3:43.11	38.85	400m: 4:56.43	34.80
3.	SZYDŁOWSKA Zuzanna	06	MKS Znicz Koszalin	5:20.87	390	
	50m: 36.33 36.33	150m: 1:57.86	41.10 250m: 3:20.61	40.49	350m: 4:42.93	41.13
	100m: 1:16.76 40.43	200m: 2:40.12	42.26 300m: 4:01.80	41.19	400m: 5:20.87	37.94