

Puchar Prezesa MKP Szczecin
Szczecin, 22- - 23-2-2019

Konkurencja 20
2019-02-22 - 17:29

Mężczyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	KIEŁCZEWSKI Amadeusz		00	MKP Szczecin				4:01.21	681
	50m:	27.22 27.22	150m:	1:28.93 31.28	250m:	2:31.24 31.13	350m:	3:31.30 28.86	
	100m:	57.65 30.43	200m:	2:00.11 31.18	300m:	3:02.44 31.20	400m:	4:01.21 29.91	
2.	K DZIA Wiktor		00	MKP Szczecin				4:04.24	656
	50m:	27.75 27.75	150m:	1:28.90 30.87	250m:	2:31.46 31.19	350m:	3:34.53 31.43	
	100m:	58.03 30.28	200m:	2:00.27 31.37	300m:	3:03.10 31.64	400m:	4:04.24 29.71	
3.	KRY Jarosław		02	MKP Szczecin				4:08.52	622
	50m:	28.55 28.55	150m:	1:30.60 31.38	250m:	2:34.52 32.02	350m:	3:38.07 31.82	
	100m:	59.22 30.67	200m:	2:02.50 31.90	300m:	3:06.25 31.73	400m:	4:08.52 30.45	
4.	KLISZ Krystian		02	MKP Szczecin				4:09.88	612
	50m:	29.68 29.68	150m:	1:32.95 31.70	250m:	2:36.43 31.60	350m:	3:39.19 31.28	
	100m:	1:01.25 31.57	200m:	2:04.83 31.88	300m:	3:07.91 31.48	400m:	4:09.88 30.69	
5.	PRÓSZY SKI Igor		99	MKP Szczecin				4:09.95	612
	50m:	29.19 29.19	150m:	1:32.10 31.64	250m:	2:35.80 31.88	350m:	3:39.38 31.70	
	100m:	1:00.46 31.27	200m:	2:03.92 31.82	300m:	3:07.68 31.88	400m:	4:09.95 30.57	
6.	GRZYBOWSKI Artur		01	MKP Szczecin				4:11.90	598
	50m:	28.87 28.87	150m:	1:32.45 32.01	250m:	2:36.55 32.01	350m:	3:40.66 31.73	
	100m:	1:00.44 31.57	200m:	2:04.54 32.09	300m:	3:08.93 32.38	400m:	4:11.90 31.24	
7.	MY LIWIEC Bartosz		04	MKP Szczecin				4:17.04	563
	50m:	28.94 28.94	150m:	1:34.11 32.87	250m:	2:39.99 33.02	350m:	3:46.07 32.85	
	100m:	1:01.24 32.30	200m:	2:06.97 32.86	300m:	3:13.22 33.23	400m:	4:17.04 30.97	
8.	NALE NIK Jakub		01	MKP Szczecin				4:17.34	561
	50m:	29.04 29.04	150m:	1:33.70 32.50	250m:	2:38.13 31.48	350m:	3:44.25 33.14	
	100m:	1:01.20 32.16	200m:	2:06.65 32.95	300m:	3:11.11 32.98	400m:	4:17.34 33.09	
9.	GORRA Mikołaj		03	MKP Szczecin				4:17.99	556
	50m:	28.86 28.86	150m:	1:34.47 33.09	250m:	2:41.15 33.21	350m:	3:47.39 32.57	
	100m:	1:01.38 32.52	200m:	2:07.94 33.47	300m:	3:14.82 33.67	400m:	4:17.99 30.60	
10.	KOLA CZYK Kacper		02	MKP Szczecin				4:19.22	548
	50m:	29.45 29.45	150m:	1:35.38 33.18	250m:	2:42.33 33.16	350m:	3:48.76 33.00	
	100m:	1:02.20 32.75	200m:	2:09.17 33.79	300m:	3:15.76 33.43	400m:	4:19.22 30.46	
11.	BUGAŁA Krzysztof		01	MKP Szczecin				4:20.44	541
	50m:	29.44 29.44	150m:	1:32.98 32.09	250m:	2:38.28 32.83	350m:	3:46.42 34.66	
	100m:	1:00.89 31.45	200m:	2:05.45 32.47	300m:	3:11.76 33.48	400m:	4:20.44 34.02	
12.	MICHALSKI Wojciech		01	MKP Szczecin				4:22.03	531
	50m:	30.27 30.27	150m:	1:36.54 33.44	250m:	2:44.00 33.63	350m:	3:50.57 32.85	
	100m:	1:03.10 32.83	200m:	2:10.37 33.83	300m:	3:17.72 33.72	400m:	4:22.03 31.46	
13.	GRYKIE Aleksander		05	MKP Szczecin				4:22.74	527
	50m:	29.08 29.08	150m:	1:34.58 33.09	250m:	2:42.60 34.39	350m:	3:50.70 33.82	
	100m:	1:01.49 32.41	200m:	2:08.21 33.63	300m:	3:16.88 34.28	400m:	4:22.74 32.04	
14.	GÓRAL Mateusz		02	MKP Szczecin				4:25.36	511
	50m:	30.25 30.25	150m:	1:37.53 33.95	250m:	2:46.31 34.35	350m:	3:53.76 33.25	
	100m:	1:03.58 33.33	200m:	2:11.96 34.43	300m:	3:20.51 34.20	400m:	4:25.36 31.60	
15.	RABIZA J drzej		05	MKP Szczecin				4:26.04	507
	50m:	29.54 29.54	150m:	1:36.54 33.78	250m:	2:45.02 34.24	350m:	3:53.39 34.04	
	100m:	1:02.76 33.22	200m:	2:10.78 34.24	300m:	3:19.35 34.33	400m:	4:26.04 32.65	
16.	GAWEŁ Jakub		03	MKP Szczecin				4:33.29	468
	50m:	30.99 30.99	150m:	1:39.30 34.69	250m:	2:49.35 35.12	350m:	3:59.17 34.99	
	100m:	1:04.61 33.62	200m:	2:14.23 34.93	300m:	3:24.18 34.83	400m:	4:33.29 34.12	
17.	GRABSKI Mateusz		03	MKS CKS-SMS Szczecin				4:36.91	450
	50m:	30.84 30.84	150m:	1:40.98 35.66	250m:	2:51.84 35.58	350m:	4:02.49 35.58	
	100m:	1:05.32 34.48	200m:	2:16.26 35.28	300m:	3:26.91 35.07	400m:	4:36.91 34.42	

Puchar Prezesa MKP Szczecin
Szczecin, 22- - 23-2-2019

Konkurencja 20, M czyzn, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.		
18.	PIE	KOWSKI Bartłomiej	05	MKP Szczecin				4:37.32	448		
	50m:	31.04 31.04	150m:	1:41.76	35.77	250m:	2:53.34	35.86	350m:	4:03.83	34.95
	100m:	1:05.99 34.95	200m:	2:17.48	35.72	300m:	3:28.88	35.54	400m:	4:37.32	33.49
19.	BRONIKOWSKI	Bruno	02	MKP Szczecin				4:38.85	440		
	50m:	31.01 31.01	150m:	1:41.06	35.66	250m:	2:54.24	36.46	350m:	4:06.36	35.56
	100m:	1:05.40 34.39	200m:	2:17.78	36.72	300m:	3:30.80	36.56	400m:	4:38.85	32.49
20.	SZCZEPANIAK	Kacper	04	MKP Szczecin				4:44.14	416		
	50m:	31.84 31.84	150m:	1:43.60	36.10	250m:	2:56.50	36.34	350m:	4:09.47	36.50
	100m:	1:07.50 35.66	200m:	2:20.16	36.56	300m:	3:32.97	36.47	400m:	4:44.14	34.67
21.	BIERNACIK	Szymon	04	MKS CKS-SMS Szczecin				4:47.77	401		
	50m:	30.36 30.36	150m:	1:43.37	37.00	250m:	2:59.14	37.19	350m:	4:13.16	36.95
	100m:	1:06.37 36.01	200m:	2:21.95	38.58	300m:	3:36.21	37.07	400m:	4:47.77	34.61
22.	ROSIAK	Krzysztof	03	UKP „Marlin”				5:03.24	342		
	50m:	30.70 30.70	150m:	1:45.51	38.49	250m:	3:06.34	40.65	350m:	4:26.79	40.06
	100m:	1:07.02 36.32	200m:	2:25.69	40.18	300m:	3:46.73	40.39	400m:	5:03.24	36.45
23.	CZAJKOWSKI	Olivier	06	MKP Szczecin				5:09.42	322		
	50m:	32.00 32.00	150m:	1:49.10	40.03	250m:	3:09.17	39.44	350m:	4:31.28	40.92
	100m:	1:09.07 37.07	200m:	2:29.73	40.63	300m:	3:50.36	41.19	400m:	5:09.42	38.14
24.	NOWAK	Aleksander	06	MKP Szczecin				5:10.20	320		
	50m:	33.10 33.10	150m:	1:49.78	38.89	250m:	3:09.63	40.26	350m:	4:31.26	41.00
	100m:	1:10.89 37.79	200m:	2:29.37	39.59	300m:	3:50.26	40.63	400m:	5:10.20	38.94
17 - 18 lat											
1.	KRY	Jarosław	02	MKP Szczecin				4:08.52	622		
	50m:	28.55 28.55	150m:	1:30.60	31.38	250m:	2:34.52	32.02	350m:	3:38.07	31.82
	100m:	59.22 30.67	200m:	2:02.50	31.90	300m:	3:06.25	31.73	400m:	4:08.52	30.45
2.	KLISZ	Krzystian	02	MKP Szczecin				4:09.88	612		
	50m:	29.68 29.68	150m:	1:32.95	31.70	250m:	2:36.43	31.60	350m:	3:39.19	31.28
	100m:	1:01.25 31.57	200m:	2:04.83	31.88	300m:	3:07.91	31.48	400m:	4:09.88	30.69
3.	GRZYBOWSKI	Artur	01	MKP Szczecin				4:11.90	598		
	50m:	28.87 28.87	150m:	1:32.45	32.01	250m:	2:36.55	32.01	350m:	3:40.66	31.73
	100m:	1:00.44 31.57	200m:	2:04.54	32.09	300m:	3:08.93	32.38	400m:	4:11.90	31.24
4.	NALE	NIK Jakub	01	MKP Szczecin				4:17.34	561		
	50m:	29.04 29.04	150m:	1:33.70	32.50	250m:	2:38.13	31.48	350m:	3:44.25	33.14
	100m:	1:01.20 32.16	200m:	2:06.65	32.95	300m:	3:11.11	32.98	400m:	4:17.34	33.09
5.	KOLA	CZYK Kacper	02	MKP Szczecin				4:19.22	548		
	50m:	29.45 29.45	150m:	1:35.38	33.18	250m:	2:42.33	33.16	350m:	3:48.76	33.00
	100m:	1:02.20 32.75	200m:	2:09.17	33.79	300m:	3:15.76	33.43	400m:	4:19.22	30.46
6.	BUGAŁA	Krzysztof	01	MKP Szczecin				4:20.44	541		
	50m:	29.44 29.44	150m:	1:32.98	32.09	250m:	2:38.28	32.83	350m:	3:46.42	34.66
	100m:	1:00.89 31.45	200m:	2:05.45	32.47	300m:	3:11.76	33.48	400m:	4:20.44	34.02
7.	MICHALSKI	Wojciech	01	MKP Szczecin				4:22.03	531		
	50m:	30.27 30.27	150m:	1:36.54	33.44	250m:	2:44.00	33.63	350m:	3:50.57	32.85
	100m:	1:03.10 32.83	200m:	2:10.37	33.83	300m:	3:17.72	33.72	400m:	4:22.03	31.46
8.	GÓRAL	Mateusz	02	MKP Szczecin				4:25.36	511		
	50m:	30.25 30.25	150m:	1:37.53	33.95	250m:	2:46.31	34.35	350m:	3:53.76	33.25
	100m:	1:03.58 33.33	200m:	2:11.96	34.43	300m:	3:20.51	34.20	400m:	4:25.36	31.60
9.	BRONIKOWSKI	Bruno	02	MKP Szczecin				4:38.85	440		
	50m:	31.01 31.01	150m:	1:41.06	35.66	250m:	2:54.24	36.46	350m:	4:06.36	35.56
	100m:	1:05.40 34.39	200m:	2:17.78	36.72	300m:	3:30.80	36.56	400m:	4:38.85	32.49

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Konkurencja 20, M czyzn, 400m dowolny

15 - 16 lat

1.	MY LIWIEC Bartosz	04	MKP Szczecin	4:17.04	563
	50m: 28.94 28.94	150m: 1:34.11	32.87	250m: 2:39.99	33.02
	100m: 1:01.24 32.30	200m: 2:06.97	32.86	300m: 3:13.22	33.23
				350m: 3:46.07	32.85
				400m: 4:17.04	30.97
2.	GORRA Mikołaj	03	MKP Szczecin	4:17.99	556
	50m: 28.86 28.86	150m: 1:34.47	33.09	250m: 2:41.15	33.21
	100m: 1:01.38 32.52	200m: 2:07.94	33.47	300m: 3:14.82	33.67
				350m: 3:47.39	32.57
				400m: 4:17.99	30.60
3.	GAWEŁ Jakub	03	MKP Szczecin	4:33.29	468
	50m: 30.99 30.99	150m: 1:39.30	34.69	250m: 2:49.35	35.12
	100m: 1:04.61 33.62	200m: 2:14.23	34.93	300m: 3:24.18	34.83
				350m: 3:59.17	34.99
				400m: 4:33.29	34.12
4.	GRABSKI Mateusz	03	MKS CKS-SMS Szczecin	4:36.91	450
	50m: 30.84 30.84	150m: 1:40.98	35.66	250m: 2:51.84	35.58
	100m: 1:05.32 34.48	200m: 2:16.26	35.28	300m: 3:26.91	35.07
				350m: 4:02.49	35.58
				400m: 4:36.91	34.42
5.	SZCZEPANIAK Kacper	04	MKP Szczecin	4:44.14	416
	50m: 31.84 31.84	150m: 1:43.60	36.10	250m: 2:56.50	36.34
	100m: 1:07.50 35.66	200m: 2:20.16	36.56	300m: 3:32.97	36.47
				350m: 4:09.47	36.50
				400m: 4:44.14	34.67
6.	BIERNACIK Szymon	04	MKS CKS-SMS Szczecin	4:47.77	401
	50m: 30.36 30.36	150m: 1:43.37	37.00	250m: 2:59.14	37.19
	100m: 1:06.37 36.01	200m: 2:21.95	38.58	300m: 3:36.21	37.07
				350m: 4:13.16	36.95
				400m: 4:47.77	34.61
7.	ROSIAK Krzysztof	03	UKP „Marlin”	5:03.24	342
	50m: 30.70 30.70	150m: 1:45.51	38.49	250m: 3:06.34	40.65
	100m: 1:07.02 36.32	200m: 2:25.69	40.18	300m: 3:46.73	40.39
				350m: 4:26.79	40.06
				400m: 5:03.24	36.45

13 - 14 lat

1.	GRYKIE Aleksander	05	MKP Szczecin	4:22.74	527
	50m: 29.08 29.08	150m: 1:34.58	33.09	250m: 2:42.60	34.39
	100m: 1:01.49 32.41	200m: 2:08.21	33.63	300m: 3:16.88	34.28
				350m: 3:50.70	33.82
				400m: 4:22.74	32.04
2.	RABIZA J drzej	05	MKP Szczecin	4:26.04	507
	50m: 29.54 29.54	150m: 1:36.54	33.78	250m: 2:45.02	34.24
	100m: 1:02.76 33.22	200m: 2:10.78	34.24	300m: 3:19.35	34.33
				350m: 3:53.39	34.04
				400m: 4:26.04	32.65
3.	PIE KOWSKI Bartłomiej	05	MKP Szczecin	4:37.32	448
	50m: 31.04 31.04	150m: 1:41.76	35.77	250m: 2:53.34	35.86
	100m: 1:05.99 34.95	200m: 2:17.48	35.72	300m: 3:28.88	35.54
				350m: 4:03.83	34.95
				400m: 4:37.32	33.49
4.	CZAJKOWSKI Olivier	06	MKP Szczecin	5:09.42	322
	50m: 32.00 32.00	150m: 1:49.10	40.03	250m: 3:09.17	39.44
	100m: 1:09.07 37.07	200m: 2:29.73	40.63	300m: 3:50.36	41.19
				350m: 4:31.28	40.92
				400m: 5:09.42	38.14
5.	NOWAK Aleksander	06	MKP Szczecin	5:10.20	320
	50m: 33.10 33.10	150m: 1:49.78	38.89	250m: 3:09.63	40.26
	100m: 1:10.89 37.79	200m: 2:29.37	39.59	300m: 3:50.26	40.63
				350m: 4:31.26	41.00
				400m: 5:10.20	38.94