

OKR GOWE ZAWODY W PŁYWANIU W PŁETWACH  
Ko cierzyna, 11-5-2019

Konkurencja 13  
2019-05-11 - 15:15

Kobiet, 400m SF

10 lat i starsi  
Wyniki

Punkty: FINA 2016

Pozycja					Rok ur.					Czas	Pkt.	
<b>10 - 11 lat</b>												
1.	TARNOWSKA Anna				08	UKS Wodniacy Garczyn				<b>5:31.16</b>		
	50m:	31.25	31.25	150m:	1:45.84	40.03	250m:	3:13.99	46.22	350m:	4:42.06	43.92
	100m:	1:05.81	34.56	200m:	2:27.77	41.93	300m:	3:58.14	44.15	400m:	5:31.16	49.10
2.	SCHUTZ Magdalena				08	UKS Wodniacy Garczyn				<b>6:12.32</b>		
	50m:	41.57	41.57	150m:	2:17.93	49.61	250m:	3:53.61	48.73	350m:	5:30.06	48.92
	100m:	1:28.32	46.75	200m:	3:04.88	46.95	300m:	4:41.14	47.53	400m:	6:12.32	42.26
<b>12 - 13 lat</b>												
1.	GUZI SKA Olga				06	UKS Manta Ko cierzyna				<b>4:13.25</b>		
	50m:	27.03	27.03	150m:	1:28.22	31.24	250m:	2:33.88	33.18	350m:	3:40.47	33.54
	100m:	56.98	29.95	200m:	2:00.70	32.48	300m:	3:06.93	33.05	400m:	4:13.25	32.78
2.	SCHUTZ Maria				06	UKS Wodniacy Garczyn				<b>4:20.32</b>		
	50m:	27.91	27.91	150m:	1:30.04	31.93	250m:	2:37.58	33.64	350m:	3:47.59	35.11
	100m:	58.11	30.20	200m:	2:03.94	33.90	300m:	3:12.48	34.90	400m:	4:20.32	32.73
3.	KREFT Nadia				06	UKS Manta Ko cierzyna				<b>4:36.10</b>		
	50m:	28.82	28.82	150m:	1:36.57	34.67	250m:	2:47.14	35.66	350m:	3:59.02	36.18
	100m:	1:01.90	33.08	200m:	2:11.48	34.91	300m:	3:22.84	35.70	400m:	4:36.10	37.08
4.	KLASA Kinga				07	UKS Wodniacy Garczyn				<b>4:43.30</b>		
	50m:	31.45	31.45	150m:	1:41.16	35.43	250m:	2:53.29	35.98	350m:	4:06.25	36.72
	100m:	1:05.73	34.28	200m:	2:17.31	36.15	300m:	3:29.53	36.24	400m:	4:43.30	37.05
<b>14 lat i starsi</b>												
1.	STRACHANOWSKA Helena				99	UKS Delfin Jastarnia				<b>4:17.48</b>		
	50m:	28.21	28.21	150m:	1:31.75	32.63	250m:	2:38.91	33.61	350m:	3:45.65	33.07
	100m:	59.12	30.91	200m:	2:05.30	33.55	300m:	3:12.58	33.67	400m:	4:17.48	31.83
2.	ROGOWSKA Wiktoria				05	UKS Manta Ko cierzyna				<b>5:09.14</b>		
	50m:	31.51	31.51	150m:	1:48.56	39.09	250m:	3:09.57	40.93	350m:	4:31.25	41.15
	100m:	1:09.47	37.96	200m:	2:28.64	40.08	300m:	3:50.10	40.53	400m:	5:09.14	37.89