

III RUNDA KLUBOWEGO PUCHARU POLSKI W PŁYWANIU W PŁETWACH  
Ko cierzyna, 15- - 16-6-2019

Konkurencja 23  
2019-06-16 - 11:01

Kobiet, 400m SF

Open  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
<b>KAT. E</b>									
1.	DEMSKA Julia		08	Laguna 24 Toru				<b>5:13.80</b>	
	50m:	33.17 33.17	150m:	1:55.08 41.88	250m:	3:18.00 42.21	350m:	4:40.06 38.50	
	100m:	1:13.20 40.03	200m:	2:35.79 40.71	300m:	4:01.56 43.56	400m:	5:13.80 33.74	
2.	BACZY SKA Amelia		09	UKS Delfinek Chodzie				<b>5:26.15</b>	
	50m:	35.93 35.93	150m:	1:57.43 42.16	250m:	3:23.01 42.59	350m:	4:48.85 42.23	
	100m:	1:15.27 39.34	200m:	2:40.42 42.99	300m:	4:06.62 43.61	400m:	5:26.15 37.30	
3.	SCHUTZ Magdalena		08	UKS Wodniacy Garczyn				<b>5:54.72</b>	
	50m:	35.63 35.63	150m:	2:03.06 46.16	250m:		350m:	5:09.69 47.35	
	100m:	1:16.90 41.27	200m:	2:49.26 46.20	300m:	4:22.34	400m:	5:54.72 45.03	
<b>KAT. D</b>									
1.	GUZI SKA Olga		06	UKS MANTA Ko cierzyna				<b>4:09.69</b>	
	50m:	26.53 26.53	150m:	1:28.14 31.78	250m:	2:32.63 32.20	350m:	3:38.11 32.70	
	100m:	56.36 29.83	200m:	2:00.43 32.29	300m:	3:05.41 32.78	400m:	4:09.69 31.58	
2.	KRAINSKA Judyta		06	Laguna 24 Toru				<b>4:15.54</b>	
	50m:	29.12 29.12	150m:	1:32.59 31.49	250m:	2:36.71 32.34	350m:	3:43.33 33.79	
	100m:	1:01.10 31.98	200m:	2:04.37 31.78	300m:	3:09.54 32.83	400m:	4:15.54 32.21	
3.	KLASA Kinga		07	UKS Wodniacy Garczyn				<b>4:20.34</b>	
	50m:	29.13 29.13	150m:	1:34.34 32.93	250m:	2:41.01 33.38	350m:	3:48.77 34.14	
	100m:	1:01.41 32.28	200m:	2:07.63 33.29	300m:	3:14.63 33.62	400m:	4:20.34 31.57	
4.	JANKOWSKA Anita		06	UKS Delfinek Chodzie				<b>4:34.33</b>	
	50m:	29.52 29.52	150m:	1:37.78 35.13	250m:	2:49.50 35.80	350m:	4:00.47 35.04	
	100m:	1:02.65 33.13	200m:	2:13.70 35.92	300m:	3:25.43 35.93	400m:	4:34.33 33.86	
5.	KOHNIKE Nicole		07	UKS Delfin Jastarnia				<b>5:05.16</b>	
	50m:	33.46 33.46	150m:	1:51.16 39.52	250m:	3:12.07 40.64	350m:	4:31.52 38.96	
	100m:	1:11.64 38.18	200m:	2:31.43 40.27	300m:	3:52.56 40.49	400m:	5:05.16 33.64	
6.	BIDA Klaudia		07	UKS Wodniacy Garczyn				<b>5:18.59</b>	
	50m:	35.52 35.52	150m:	1:57.19 41.46	250m:	3:20.52 41.39	350m:	4:41.95 40.10	
	100m:	1:15.73 40.21	200m:	2:39.13 41.94	300m:	4:01.85 41.33	400m:	5:18.59 36.64	
<b>KAT. C</b>									
1.	OSZKIEL Wiktoria		04	KS Nautilus Jastrz bie				<b>3:50.54</b>	
	50m:	24.82 24.82	150m:	1:21.56 28.82	250m:	2:21.21 29.93	350m:	3:22.25 30.53	
	100m:	52.74 27.92	200m:	1:51.28 29.72	300m:	2:51.72 30.51	400m:	3:50.54 28.29	
2.	WOLNIEWICZ Weronika		04	UKS Delfinek Chodzie				<b>3:50.61</b>	
	50m:	25.08 25.08	150m:	1:21.66 28.94	250m:	2:20.27 29.14	350m:	3:20.92 30.51	
	100m:	52.72 27.64	200m:	1:51.13 29.47	300m:	2:50.41 30.14	400m:	3:50.61 29.69	
3.	DREGER Maria		04	UKS Delfinek Chodzie				<b>4:18.29</b>	
	50m:	29.44 29.44	150m:	1:33.31 32.71	250m:	2:41.18 33.39	350m:	3:46.84 32.68	
	100m:	1:00.60 31.16	200m:	2:07.79 34.48	300m:	3:14.16 32.98	400m:	4:18.29 31.45	
4.	ŁAPUCKA Ewa		04	OSN Amfiprion Olecko				<b>4:32.97</b>	
	50m:	27.32 27.32	150m:	1:34.16 34.15	250m:	2:45.24 36.28	350m:	4:00.07 37.76	
	100m:	1:00.01 32.69	200m:	2:08.96 34.80	300m:	3:22.31 37.07	400m:	4:32.97 32.90	
<b>KAT. B</b>									
1.	SIERAKOWSKA Karolina		02	Laguna 24 Toru				<b>3:55.16</b>	
	50m:	25.48 25.48	150m:	1:22.81 29.37	250m:	2:24.02 30.83	350m:	3:25.87 31.05	
	100m:	53.44 27.96	200m:	1:53.19 30.38	300m:	2:54.82 30.80	400m:	3:55.16 29.29	

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Konkurencja 23, Kobiet, 400m SF, KAT. B

Pozycja				Rok ur.					Czas	Pkt.		
2.	POKWICKA Małgorzata			02	Laguna 24 Toru				<b>3:58.17</b>			
	50m:	26.83	26.83	150m:	1:26.68	30.28	250m:	2:27.47	30.50	350m:	3:28.70	30.71
	100m:	56.40	29.57	200m:	1:56.97	30.29	300m:	2:57.99	30.52	400m:	3:58.17	29.47
3.	SZWICHTENBERG Wiktoria			03	UKS MANTA Ko cierzyna				<b>4:04.86</b>			
	50m:	27.04	27.04	150m:	1:27.70	31.23	250m:	2:31.05	31.91	350m:	3:35.06	31.95
	100m:	56.47	29.43	200m:	1:59.14	31.44	300m:	3:03.11	32.06	400m:	4:04.86	29.80

KAT. A

1.	STRUCK Agata			95	UKS Delfin Jastarnia				<b>3:35.99</b>			
	50m:	23.93	23.93	150m:	1:17.75	27.48	250m:	2:13.99	28.22	350m:	3:10.32	27.68
	100m:	50.27	26.34	200m:	1:45.77	28.02	300m:	2:42.64	28.65	400m:	3:35.99	25.67
2.	TRUSZCZY SKA-GZYL Katarzyna			90	UKS Tri-Sea Mewa Władysławowo				<b>3:39.81</b>			
	50m:	24.87	24.87	150m:	1:18.13	27.35	250m:	2:14.37	27.96	350m:	3:11.48	28.62
	100m:	50.78	25.91	200m:	1:46.41	28.28	300m:	2:42.86	28.49	400m:	3:39.81	28.33
3.	KASZKIEL Aleksandra			01	OSN Amfiprion Olecko				<b>3:44.53</b>			
	50m:	23.20	23.20	150m:	1:18.14	28.66	250m:	2:16.75	29.03	350m:	3:16.36	29.83
	100m:	49.48	26.28	200m:	1:47.72	29.58	300m:	2:46.53	29.78	400m:	3:44.53	28.17