

V RUNDA KLUBOWEGO PUCHARU POLSKI W PŁYWANIU W PŁETWACH
Chodzie , 23- - 24-11-2019

Konkurencja 11
2019-11-23 - 12:02

Kobiet, 400m BF

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
KAT. E									
1.	NARKOWICZ Iga		08	UKS Delfin Jastarnia				4:56.93	
	50m:	32.70 32.70	150m:	1:47.04 37.74	250m:	3:03.67 38.27	350m:	4:20.64 38.26	
	100m:	1:09.30 36.60	200m:	2:25.40 38.36	300m:	3:42.38 38.71	400m:	4:56.93 36.29	
2.	SZYŁKIEWICZ Nina		08	OSN Amfiprion Olecko				5:05.79	
	50m:	33.03 33.03	150m:	1:50.53 39.50	250m:	3:10.44 40.30	350m:	4:28.37 38.25	
	100m:	1:11.03 38.00	200m:	2:30.14 39.61	300m:	3:50.12 39.68	400m:	5:05.79 37.42	
3.	KOLI SKA Julia		08	UKS Manta Ko cierzyna				5:06.22	
	50m:	32.25 32.25	150m:	1:47.54 39.08	250m:	3:08.48 40.69	350m:	4:30.09 40.72	
	100m:	1:08.46 36.21	200m:	2:27.79 40.25	300m:	3:49.37 40.89	400m:	5:06.22 36.13	
4.	BRESKA Helena		08	UKS Manta Ko cierzyna				5:20.66	
	50m:	35.84 35.84	150m:	1:55.81 40.83	250m:	3:17.83 41.35	350m:	5:20.67 40.12	
	100m:	1:14.98 39.14	200m:	2:36.48 40.67	300m:	4:40.55 1:22.72	400m:	5:20.66	
5.	REDLIN Anna		08	UKS Tri-Sea Mewa Władysławowo				5:26.94	
	50m:	33.69 33.69	150m:	1:58.57 44.05	250m:	3:25.84 43.46	350m:	4:49.86 41.13	
	100m:	1:14.52 40.83	200m:	2:42.38 43.81	300m:	4:08.73 42.89	400m:	5:26.94 37.08	
6.	ZAŁACHOWSKA Daria		09	UKS Delfinek Chodzie				5:27.12	
	50m:	36.20 36.20	150m:	1:57.07 41.42	250m:	3:22.03 42.49	350m:	4:47.77 42.47	
	100m:	1:15.65 39.45	200m:	2:39.54 42.47	300m:	4:05.30 43.27	400m:	5:27.12 39.35	
7.	CIESZY SKA Dagmara		10	UKS Wodniacy Garczyn				5:35.56	
	50m:	36.47 36.47	150m:	2:00.56 42.33	250m:	3:28.32 43.71	350m:	4:54.82 43.66	
	100m:	1:18.23 41.76	200m:	2:44.61 44.05	300m:	4:11.16 42.84	400m:	5:35.56 40.74	
8.	ZABOROWSKA Zofia		08	OSN Amfiprion Olecko				5:35.94	
	50m:	38.41 38.41	150m:	2:03.40 43.58	250m:	3:28.62 43.54	350m:	4:53.60 42.12	
	100m:	1:19.82 41.41	200m:	2:45.08 41.68	300m:	4:11.48 42.86	400m:	5:35.94 42.34	
9.	SCHUTZ Magdalena		08	UKS Wodniacy Garczyn				5:41.93	
	50m:	35.57 35.57	150m:	2:01.02 43.62	250m:	3:31.55 44.98	350m:	5:00.81 43.29	
	100m:	1:17.40 41.83	200m:	2:46.57 45.55	300m:	4:17.52 45.97	400m:	5:41.93 41.12	
KAT. D									
1.	NECEL Maja		06	UKS Tri-Sea Mewa Władysławowo				4:28.84	
	50m:	29.58 29.58	150m:	1:37.62 34.63	250m:	2:48.15 35.32	350m:	3:57.56 34.09	
	100m:	1:02.99 33.41	200m:	2:12.83 35.21	300m:	3:23.47 35.32	400m:	4:28.84 31.28	
2.	TARTANUS Nina		07	UKS Tri-Sea Mewa Władysławowo				4:29.83	
	50m:	31.13 31.13	150m:	1:39.11 34.63	250m:	2:48.55 35.01	350m:	3:57.75 34.56	
	100m:	1:04.48 33.35	200m:	2:13.54 34.43	300m:	3:23.19 34.64	400m:	4:29.83 32.08	
3.	OSZKIEL Tatiana		06	KS Nautilus Jastrz bie				4:29.90	
	50m:	29.69 29.69	150m:	1:36.82 34.56	250m:	2:48.06 35.40	350m:	3:57.87 34.68	
	100m:	1:02.26 32.57	200m:	2:12.66 35.84	300m:	3:23.19 35.13	400m:	4:29.90 32.03	
4.	BYSTRON Konstancja		06	UKS Manta Ko cierzyna				4:30.32	
	50m:	28.69 28.69	150m:	1:34.35 33.67	250m:	2:45.76 35.89	350m:	3:57.85 35.73	
	100m:	1:00.68 31.99	200m:	2:09.87 35.52	300m:	3:22.12 36.36	400m:	4:30.32 32.47	
5.	STRZ PKA Olga		07	UKS Delfinek Chodzie				4:30.47	
	50m:	29.91 29.91	150m:	1:37.85 34.25	250m:	2:47.82 35.11	350m:	3:57.95 34.35	
	100m:	1:03.60 33.69	200m:	2:12.71 34.86	300m:	3:23.60 35.78	400m:	4:30.47 32.52	
6.	CHMIELEWSKA Kinga		06	UKS Tri-Sea Mewa Władysławowo				4:53.08	
	50m:	32.38 32.38	150m:	1:45.46 37.59	250m:	3:02.36 38.70	350m:	4:17.78 37.71	
	100m:	1:07.87 35.49	200m:	2:23.66 38.20	300m:	3:40.07 37.71	400m:	4:53.08 35.30	
7.	PIETRAS Maria		07	UKS Delfinek Chodzie				4:54.18	
	50m:	33.53 33.53	150m:	1:48.97 38.23	250m:	3:06.61 39.23	350m:	4:21.23 36.61	
	100m:	1:10.74 37.21	200m:	2:27.38 38.41	300m:	3:44.62 38.01	400m:	4:54.18 32.95	

V RUNDA KLUBOWEGO PUCHARU POLSKI W PŁYWANIU W PŁETWACH
Chodzie , 23- - 24-11-2019

Konkurencja 11, Dziewcz t, 400m BF, KAT. D

Pozycja			Rok ur.					Czas	Pkt.
8.	NECEL Rozalia		07	UKS Tri-Sea Mewa Władysławowo				4:59.06	
	50m:	34.99 34.99	150m:	1:50.96 38.47	250m:	3:08.39 38.80	350m:	4:25.16 37.64	
	100m:	1:12.49 37.50	200m:	2:29.59 38.63	300m:	3:47.52 39.13	400m:	4:59.06 33.90	
9.	KRAINSKA Judyta		06	Laguna 24 Toru				4:59.75	
	50m:	34.92 34.92	150m:	1:52.54 39.10	250m:	3:10.17 38.54	350m:	4:23.64 36.62	
	100m:	1:13.44 38.52	200m:	2:31.63 39.09	300m:	3:47.02 36.85	400m:	4:59.75 36.11	
10.	KREFT Nadia		06	UKS Manta Ko cierzyna				5:01.83	
	50m:	32.87 32.87	150m:	1:48.31 38.93	250m:	3:06.00 38.98	350m:	4:23.56 39.25	
	100m:	1:09.38 36.51	200m:	2:27.02 38.71	300m:	3:44.31 38.31	400m:	5:01.83 38.27	
11.	DETLAFF Agnieszka		07	UKS Tri-Sea Mewa Władysławowo				5:08.81	
	50m:	36.13 36.13	150m:	1:53.07 38.94	250m:	3:12.59 39.97	350m:	4:30.89 39.02	
	100m:	1:14.13 38.00	200m:	2:32.62 39.55	300m:	3:51.87 39.28	400m:	5:08.81 37.92	
12.	MAŁKI SKA Celestyna		06	UKS Manta Ko cierzyna				5:14.10	
	50m:	34.05 34.05	150m:	1:51.46 38.93	250m:	3:12.01 40.80	350m:	4:33.63 40.66	
	100m:	1:12.53 38.48	200m:	2:31.21 39.75	300m:	3:52.97 40.96	400m:	5:14.10 40.47	

KAT. C

1.	JESIOŁOWSKA Inez		04	UKS Delfinek Chodzie				4:05.42	
	50m:	25.41 25.41	150m:	1:24.16 30.34	250m:	2:28.00 32.25	350m:	3:33.25 32.68	
	100m:	53.82 28.41	200m:	1:55.75 31.59	300m:	3:00.57 32.57	400m:	4:05.42 32.17	
2.	GRE Julia		04	UKS Manta Ko cierzyna				4:11.60	
	50m:	27.08 27.08	150m:	1:29.35 32.07	250m:	2:34.92 33.07	350m:	3:40.72 32.87	
	100m:	57.28 30.20	200m:	2:01.85 32.50	300m:	3:07.85 32.93	400m:	4:11.60 30.88	
3.	OSZKIEL Wiktorja		04	KS Nautilus Jastrz bie				4:18.66	
	50m:	29.12 29.12	150m:	1:34.56 33.73	250m:	2:40.78 32.68	350m:	3:47.60 33.88	
	100m:	1:00.83 31.71	200m:	2:08.10 33.54	300m:	3:13.72 32.94	400m:	4:18.66 31.06	
4.	DREGER Maria		04	UKS Delfinek Chodzie				4:29.30	
	50m:	29.01 29.01	150m:	1:36.52 34.56	250m:	2:46.02 35.20	350m:	3:55.96 34.93	
	100m:	1:01.96 32.95	200m:	2:10.82 34.30	300m:	3:21.03 35.01	400m:	4:29.30 33.34	
5.	DUDEK Antonina		05	UKS Delfinek Chodzie				4:32.79	
	50m:	28.85 28.85	150m:	1:37.50 35.32	250m:	2:49.40 36.08	350m:	3:59.80 35.45	
	100m:	1:02.18 33.33	200m:	2:13.32 35.82	300m:	3:24.35 34.95	400m:	4:32.79 32.99	
6.	JANICKA Wiktorja		05	UKS Delfinek Chodzie				4:33.55	
	50m:	29.38 29.38	150m:	1:36.44 34.57	250m:	2:48.03 35.83	350m:	3:59.63 35.55	
	100m:	1:01.87 32.49	200m:	2:12.20 35.76	300m:	3:24.08 36.05	400m:	4:33.55 33.92	
7.	D BROWSKA Marietta		05	UKS Tri-Sea Mewa Władysławowo				4:47.19	
	50m:	30.19 30.19	150m:	1:41.92 36.94	250m:	2:57.53 37.82	350m:	4:13.06 37.57	
	100m:	1:04.98 34.79	200m:	2:19.71 37.79	300m:	3:35.49 37.96	400m:	4:47.19 34.13	
8.	NIE Y SKA Zuzanna		05	UKS TRYTON Olecko				5:10.24	
	50m:	31.05 31.05	150m:	1:48.45 39.98	250m:	3:11.21 41.79	350m:	4:33.79 41.03	
	100m:	1:08.47 37.42	200m:	2:29.42 40.97	300m:	3:52.76 41.55	400m:	5:10.24 36.45	

KAT. B

1.	VARABYOVA Palina		03	OSN Amfiprion Olecko				4:12.47	
	50m:	27.11 27.11	150m:	1:27.49 31.03	250m:	2:32.29 32.76	350m:	3:39.30 33.79	
	100m:	56.46 29.35	200m:	1:59.53 32.04	300m:	3:05.51 33.22	400m:	4:12.47 33.17	
2.	HUMERCZYK Marta		02	UKS Delfinek Chodzie				4:18.22	
	50m:	29.04 29.04	150m:	1:33.77 32.75	250m:	2:39.77 32.76	350m:	3:46.43 33.77	
	100m:	1:01.02 31.98	200m:	2:07.01 33.24	300m:	3:12.66 32.89	400m:	4:18.22 31.79	
3.	POKWICKA Małgorzata		02	Laguna 24 Toru				4:25.31	
	50m:	31.47 31.47	150m:	1:38.20 33.86	250m:	2:45.92 33.83	350m:	3:53.14 33.31	
	100m:	1:04.34 32.87	200m:	2:12.09 33.89	300m:	3:19.83 33.91	400m:	4:25.31 32.17	

V RUNDA KLUBOWEGO PUCHARU POLSKI W PŁYWANIU W PŁETWACH
Chodzie , 23- - 24-11-2019

Konkurencja 11, Kobiet, 400m BF, KAT. B

Pozycja		Rok ur.						Czas	Pkt.
4.	STACHURSKA Zuzanna	03	UKS Delfin Jastarnia					4:48.40	
	50m: 31.51 31.51		150m: 1:42.58 36.05		250m: 2:55.45 36.81		350m: 4:12.20 38.55		
	100m: 1:06.53 35.02		200m: 2:18.64 36.06		300m: 3:33.65 38.20		400m: 4:48.40 36.20		
5.	MŁY SKA Agata	02	UKS Manta Ko cierzyna					5:10.73	
	50m: 32.35 32.35		150m: 1:50.43 40.51		250m: 3:12.40 40.44		350m: 4:33.21 39.33		
	100m: 1:09.92 37.57		200m: 2:31.96 41.53		300m: 3:53.88 41.48		400m: 5:10.73 37.52		

KAT. A

1.	CHODYNA Kinga	00	OSN Amfiprion Olecko					4:10.23	
	50m: 28.35 28.35		150m: 1:30.91 31.67		250m: 2:33.81 31.25		350m: 3:38.23 32.81		
	100m: 59.24 30.89		200m: 2:02.56 31.65		300m: 3:05.42 31.61		400m: 4:10.23 32.00		
2.	KASZKIEL Aleksandra	01	OSN Amfiprion Olecko					4:10.69	
	50m: 27.44 27.44		150m: 1:29.41 31.94		250m: 2:34.69 33.10		350m: 3:40.28 32.55		
	100m: 57.47 30.03		200m: 2:01.59 32.18		300m: 3:07.73 33.04		400m: 4:10.69 30.41		
3.	CZARNOLEWSKA Anna	97	UKS Delfinek Chodzie					4:35.00	
	50m: 28.31 28.31		150m: 1:35.76 34.80		250m: 2:48.33 36.48		350m: 4:01.36 36.09		
	100m: 1:00.96 32.65		200m: 2:11.85 36.09		300m: 3:25.27 36.94		400m: 4:35.00 33.64		