

V RUNDA KLUBOWEGO PUCHARU POLSKI W PŁYWANIU W PŁETWACH
Chodzie , 23- - 24-11-2019

Konkurencja 24
2019-11-24 - 11:07

M czyzn, 400m SF

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	
KAT. E										
1.	CIAMCIAK Hubert		08	UKS Delfinek Chodzie				4:46.28		
	50m:	30.87 30.87	150m:	1:42.58	36.69	250m:	2:57.81	38.26	350m:	4:11.16 35.58
	100m:	1:05.89 35.02	200m:	2:19.55	36.97	300m:	3:35.58	37.77	400m:	4:46.28 35.12
2.	KROPIDŁOWSKI Szymon		09	UKS Wodniacy Garczyn				5:04.22		
	50m:	32.99 32.99	150m:	1:49.46	39.14	250m:	3:07.84	39.64	350m:	4:27.89 39.43
	100m:	1:10.32 37.33	200m:	2:28.20	38.74	300m:	3:48.46	40.62	400m:	5:04.22 36.33
3.	RZEPKO Wojciech		08	UKS Delfin Jastarnia				5:11.71		
	50m:	35.32 35.32	150m:	1:54.83	39.60	250m:	3:16.22	40.55	350m:	4:32.64 38.17
	100m:	1:15.23 39.91	200m:	2:35.67	40.84	300m:	3:54.47	38.25	400m:	5:11.71 39.07
4.	KOLI SKI Aleksander		08	UKS Manta Ko cierzyna				5:15.89		
	50m:	35.54 35.54	150m:	1:56.63	41.23	250m:	3:19.30	40.81	350m:	4:40.64 41.42
	100m:	1:15.40 39.86	200m:	2:38.49	41.86	300m:	3:59.22	39.92	400m:	5:15.89 35.25
KAT. D										
1.	GRZESIAK-WALCZAK Edgar Iwo		06	UKS Delfinek Chodzie				3:28.90		
	50m:	21.84 21.84	150m:	1:12.08	25.99	250m:	2:06.16	27.38	350m:	3:02.74 28.60
	100m:	46.09 24.25	200m:	1:38.78	26.70	300m:	2:34.14	27.98	400m:	3:28.90 26.16
2.	PUKAS Mikołaj		06	UKS Rekin Wrocław				3:57.48		
	50m:	24.06 24.06	150m:	1:21.14	29.86	250m:	2:24.20	31.46	350m:	3:27.61 30.92
	100m:	51.28 27.22	200m:	1:52.74	31.60	300m:	2:56.69	32.49	400m:	3:57.48 29.87
3.	SPORYSZ Aleksander		06	UKS Delfinek Chodzie				4:18.24		
	50m:	27.85 27.85	150m:	1:32.75	32.75	250m:	2:39.63	33.55	350m:	3:46.32 33.16
	100m:	1:00.00 32.15	200m:	2:06.08	33.33	300m:	3:13.16	33.53	400m:	4:18.24 31.92
4.	JANKOWSKI Krzysztof		07	UKS Delfinek Chodzie				4:21.57		
	50m:	28.78 28.78	150m:	1:35.23	34.17	250m:	2:45.10	34.89	350m:	3:51.92 33.01
	100m:	1:01.06 32.28	200m:	2:10.21	34.98	300m:	3:18.91	33.81	400m:	4:21.57 29.65
5.	SMYKOWSKI Franciszek		06	Laguna 24 Toru				4:21.99		
	50m:	28.56 28.56	150m:	1:35.20	33.84	250m:	2:44.17	34.18	350m:	3:52.68 33.61
	100m:	1:01.36 32.80	200m:	2:09.99	34.79	300m:	3:19.07	34.90	400m:	4:21.99 29.31
6.	MARKIEWICZ Karol		07	UKS Tri-Sea Mewa Władysławowo				4:22.40		
	50m:	31.21 31.21	150m:	1:38.49	34.61	250m:	2:45.35	32.16	350m:	3:51.48 32.98
	100m:	1:03.88 32.67	200m:	2:13.19	34.70	300m:	3:18.50	33.15	400m:	4:22.40 30.92
KAT. C										
1.	PIETRAS Kamil		05	UKS Delfinek Chodzie				3:21.99		
	50m:	22.21 22.21	150m:	1:11.92	25.51	250m:	2:04.03	25.93	350m:	2:56.60 26.31
	100m:	46.41 24.20	200m:	1:38.10	26.18	300m:	2:30.29	26.26	400m:	3:21.99 25.39
2.	KASZKIEL Tomasz		04	OSN Amfiprion Olecko				3:46.05		
	50m:	23.54 23.54	150m:	1:19.81	29.08	250m:	2:19.38	29.86	350m:	3:19.30 29.92
	100m:	50.73 27.19	200m:	1:49.52	29.71	300m:	2:49.38	30.00	400m:	3:46.05 26.75
KAT. B										
1.	DRA BA Filip		02	OSN Amfiprion Olecko				3:13.87		
	50m:	22.53 22.53	150m:	1:10.23	24.28	250m:	2:00.35	24.87	350m:	2:49.93 24.72
	100m:	45.95 23.42	200m:	1:35.48	25.25	300m:	2:25.21	24.86	400m:	3:13.87 23.94
2.	RANISZEWSKI Oskar		03	Laguna 24 Toru				4:04.19		
	50m:	24.50 24.50	150m:	1:22.50	30.65	250m:	2:27.09	32.68	350m:	3:32.81 32.79
	100m:	51.85 27.35	200m:	1:54.41	31.91	300m:	3:00.02	32.93	400m:	4:04.19 31.38

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KAT. A

1.	DRAMI	SKI Michał		99	OSN Amfiprion Olecko				3:18.15			
	50m:	22.41	22.41	150m:	1:10.93	24.73	250m:	2:01.13	25.13	350m:	2:52.67	26.03
	100m:	46.20	23.79	200m:	1:36.00	25.07	300m:	2:26.64	25.51	400m:	3:18.15	25.48