

ZIMOWE OTWARTE MISTRZOSTWA POLSKI W PŁYWANIU OSÓB NIEPEŁNOSPRAWNYCH 2019
Szczecin, 22- - 24-11-2019

Event 15
2019-11-23 - 11:49

Women, 400m Freestyle

Open
Results

Points: WPP 2018

Rank					YB					Time	Pts	
Open												
1.	VINTHER Amalie					Denmark				5:19.09	821	
	50m:	36.65	36.65	150m:	1:57.68	40.75	250m:	3:18.87	40.76	350m:	4:40.22	40.68
	100m:	1:16.93	40.28	200m:	2:38.11	40.43	300m:	3:59.54	40.67	400m:	5:19.09	38.87
2.	LERIDA MALDONADO Beatriz					Spain				5:29.33	632	
	50m:	36.97	36.97	150m:	2:00.30	42.75	250m:	3:25.06	42.99	350m:	4:49.18	42.02
	100m:	1:17.55	40.58	200m:	2:42.07	41.77	300m:	4:07.16	42.10	400m:	5:29.33	40.15
3.	OLDAGER Emma					Denmark				5:29.93	627	
	50m:	37.62	37.62	150m:	2:00.70	42.06	250m:	3:24.72	41.95	350m:	4:49.04	41.81
	100m:	1:18.64	41.02	200m:	2:42.77	42.07	300m:	4:07.23	42.51	400m:	5:29.93	40.89
4.	ST CLAIR MAITLAND Nicola					Sweden				6:01.44	556	
	50m:	38.36	38.36	150m:	2:06.05	45.26	250m:	3:40.45	47.69	350m:	5:15.95	47.60
	100m:	1:20.79	42.43	200m:	2:52.76	46.71	300m:	4:28.35	47.90	400m:	6:01.44	45.49
5.	GIEDRYS Alicja				81	Szansa-Start Gdansk				5:37.77	395	
	50m:	38.05	38.05	150m:	2:03.26	42.82	250m:	3:29.75	43.10	350m:	4:56.36	43.13
	100m:	1:20.44	42.39	200m:	2:46.65	43.39	300m:	4:13.23	43.48	400m:	5:37.77	41.41
6.	KACIK Nikola				01	Szansa-Start Gdansk				6:16.93	325	
	50m:	42.66	42.66	150m:	2:18.75	48.78	250m:	3:56.25	48.07	350m:	5:32.15	47.18
	100m:	1:29.97	47.31	200m:	3:08.18	49.43	300m:	4:44.97	48.72	400m:	6:16.93	44.78
7.	DUDZINSKA Wiktoria				05	Start Koszalin				5:49.86	292	
	50m:	37.37	37.37	150m:	2:04.06	44.54	250m:	3:34.98	45.87	350m:	5:06.93	45.95
	100m:	1:19.52	42.15	200m:	2:49.11	45.05	300m:	4:20.98	46.00	400m:	5:49.86	42.93
8.	LISIAK Nikola				01	KSI Start Szczecin				5:53.45	264	
	50m:	37.95	37.95	150m:	2:03.67	44.33	250m:	3:34.76	45.89	350m:	5:08.17	46.71
	100m:	1:19.34	41.39	200m:	2:48.87	45.20	300m:	4:21.46	46.70	400m:	5:53.45	45.28
9.	TABERNACKA Zofia				03	Klub Sportowy Poznania				6:16.05	234	
	50m:	39.57	39.57	150m:	2:16.60	50.61	250m:	3:55.18	50.41	350m:	5:30.86	46.96
	100m:	1:25.99	46.42	200m:	3:04.77	48.17	300m:	4:43.90	48.72	400m:	6:16.05	45.19

Grupa S7

1.	ST CLAIR MAITLAND Nicola					Sweden				6:01.44	556	
	50m:	38.36	38.36	150m:	2:06.05	45.26	250m:	3:40.45	47.69	350m:	5:15.95	47.60
	100m:	1:20.79	42.43	200m:	2:52.76	46.71	300m:	4:28.35	47.90	400m:	6:01.44	45.49

Grupa S8

1.	VINTHER Amalie					Denmark				5:19.09	821	
	50m:	36.65	36.65	150m:	1:57.68	40.75	250m:	3:18.87	40.76	350m:	4:40.22	40.68
	100m:	1:16.93	40.28	200m:	2:38.11	40.43	300m:	3:59.54	40.67	400m:	5:19.09	38.87
2.	KACIK Nikola				01	Szansa-Start Gdansk				6:16.93	325	
	50m:	42.66	42.66	150m:	2:18.75	48.78	250m:	3:56.25	48.07	350m:	5:32.15	47.18
	100m:	1:29.97	47.31	200m:	3:08.18	49.43	300m:	4:44.97	48.72	400m:	6:16.93	44.78

Grupa S9

1.	LERIDA MALDONADO Beatriz					Spain				5:29.33	632	
	50m:	36.97	36.97	150m:	2:00.30	42.75	250m:	3:25.06	42.99	350m:	4:49.18	42.02
	100m:	1:17.55	40.58	200m:	2:42.07	41.77	300m:	4:07.16	42.10	400m:	5:29.33	40.15
2.	OLDAGER Emma					Denmark				5:29.93	627	
	50m:	37.62	37.62	150m:	2:00.70	42.06	250m:	3:24.72	41.95	350m:	4:49.04	41.81
	100m:	1:18.64	41.02	200m:	2:42.77	42.07	300m:	4:07.23	42.51	400m:	5:29.93	40.89

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Szczecin, 22- - 24-11-2019

Event 15, Women, 400m Freestyle, Grupa S9

Rank			YB					Time	Pts			
3.	TABERNACKA Zofia		03	Klub Sportowy Posnania				6:16.05	234			
	50m:	39.57	39.57	150m:	2:16.60	50.61	250m:	3:55.18	50.41	350m:	5:30.86	46.96
	100m:	1:25.99	46.42	200m:	3:04.77	48.17	300m:	4:43.90	48.72	400m:	6:16.05	45.19

Grupa S10

1.	GIEDRYS Alicja		81	Szansa-Start Gdansk				5:37.77	395			
	50m:	38.05	38.05	150m:	2:03.26	42.82	250m:	3:29.75	43.10	350m:	4:56.36	43.13
	100m:	1:20.44	42.39	200m:	2:46.65	43.39	300m:	4:13.23	43.48	400m:	5:37.77	41.41
2.	DUDZINSKA Wiktoria		05	Start Koszalin				5:49.86	292			
	50m:	37.37	37.37	150m:	2:04.06	44.54	250m:	3:34.98	45.87	350m:	5:06.93	45.95
	100m:	1:19.52	42.15	200m:	2:49.11	45.05	300m:	4:20.98	46.00	400m:	5:49.86	42.93
3.	LISIAK Nikola		01	KSI Start Szczecin				5:53.45	264			
	50m:	37.95	37.95	150m:	2:03.67	44.33	250m:	3:34.76	45.89	350m:	5:08.17	46.71
	100m:	1:19.34	41.39	200m:	2:48.87	45.20	300m:	4:21.46	46.70	400m:	5:53.45	45.28
EXH	VESTERGAARD Signe Klauber			Denmark				6:55.50	21			
	50m:	45.37	45.37	150m:	2:29.14	52.86	250m:	4:15.23	52.57	350m:	6:02.43	52.95
	100m:	1:36.28	50.91	200m:	3:22.66	53.52	300m:	5:09.48	54.25	400m:	6:55.50	53.07
EXH	HANSEN Camilla Klestrup			Denmark				6:57.04	20			
	50m:	43.13	43.13	150m:	2:25.72	53.15	250m:	4:14.44	54.51	350m:	6:06.00	57.75
	100m:	1:32.57	49.44	200m:	3:19.93	54.21	300m:	5:08.25	53.81	400m:	6:57.04	51.04
EXH	HUSFELDT Marie			Denmark				7:23.83	3			
	50m:	45.11	45.11	150m:	2:39.77	58.21	250m:	4:33.35	57.25	350m:	6:29.92	56.65
	100m:	1:41.56	56.45	200m:	3:36.10	56.33	300m:	5:33.27	59.92	400m:	7:23.83	53.91
EXH	ROSTED Eva			Denmark				7:55.58				
	50m:	49.04	49.04	150m:	2:48.30	1:02.05	250m:	4:52.83	1:02.69	350m:	6:57.75	1:02.28
	100m:	1:46.25	57.21	200m:	3:50.14	1:01.84	300m:	5:55.47	1:02.64	400m:	7:55.58	57.83