

ZIMOWE OTWARTE MISTRZOSTWA POLSKI W PŁYWANIU OSÓB NIEPEŁNOSPRAWNYCH 2019
Szczecin, 22- - 24-11-2019

Event 16
2019-11-23 - 12:09

Men, 400m Freestyle

Open
Results

Points: WPP 2018

Rank			YB					Time	Pts	
Open										
1.	GRIGORYEV Ivan			Azerbaijan				4:08.40	899	
	50m:	28.31 28.31	150m:	1:30.56	31.63	250m:	2:34.32	31.73	350m:	3:37.77 31.27
	100m:	58.93 30.62	200m:	2:02.59	32.03	300m:	3:06.50	32.18	400m:	4:08.40 30.63
2.	OGORZALEK Alan		03	Start Wroclaw				4:19.04	833	
	50m:	28.99 28.99	150m:	1:34.31	32.75	250m:	2:40.24	32.55	350m:	3:46.56 33.32
	100m:	1:01.56 32.57	200m:	2:07.69	33.38	300m:	3:13.24	33.00	400m:	4:19.04 32.48
3.	HREHOROWICZ Igor		02	Start Wroclaw				4:38.23	804	
	50m:	32.22 32.22	150m:	1:42.23	34.97	250m:	2:52.86	35.42	350m:	4:03.82 35.74
	100m:	1:07.26 35.04	200m:	2:17.44	35.21	300m:	3:28.08	35.22	400m:	4:38.23 34.41
4.	VAN HOFWEEGEN Thijs			Netherlands				5:34.34	767	
	50m:	36.29 36.29	150m:	1:59.55	42.46	250m:	3:25.97	43.72	350m:	4:52.54 43.66
	100m:	1:17.09 40.80	200m:	2:42.25	42.70	300m:	4:08.88	42.91	400m:	5:34.34 41.80
5.	LI Dmitriy			Kazakhstan				4:34.86	673	
	50m:	32.29 32.29	150m:	1:43.20	35.50	250m:	2:53.14	34.69	350m:	4:01.66 33.73
	100m:	1:07.70 35.41	200m:	2:18.45	35.25	300m:	3:27.93	34.79	400m:	4:34.86 33.20
6.	ERRANDO CORTES Pablo			Spain				5:17.22	543	
	50m:	35.67 35.67	150m:	1:53.16	39.31	250m:	3:14.42	40.83	350m:	4:37.50 42.44
	100m:	1:13.85 38.18	200m:	2:33.59	40.43	300m:	3:55.06	40.64	400m:	5:17.22 39.72
7.	AL-KHAFAJI Quasim			Iraq				6:05.32	504	
	50m:	40.43 40.43	150m:	2:10.96	46.87	250m:	3:45.58	46.92	350m:	5:19.36 46.86
	100m:	1:24.09 43.66	200m:	2:58.66	47.70	300m:	4:32.50	46.92	400m:	6:05.32 45.96
8.	MALAGI Shridhar Nagappa			India				5:26.48	453	
	50m:	32.88 32.88	150m:	1:54.14	40.59	250m:	3:20.21	42.64	350m:	4:44.66 41.99
	100m:	1:13.55 40.67	200m:	2:37.57	43.43	300m:	4:02.67	42.46	400m:	5:26.48 41.82
9.	JADHAV Suyash Narayan		93	India				6:02.01	367	
	50m:	42.71 42.71	150m:	2:15.86	46.64	250m:	3:48.53	46.22	350m:	5:21.52 45.95
	100m:	1:29.22 46.51	200m:	3:02.31	46.45	300m:	4:35.57	47.04	400m:	6:02.01 40.49
10.	STANKOWSKI Gabriel		04	Szansa-Start Gdansk				5:34.06	266	
	50m:	37.19 37.19	150m:	2:01.78	43.13	250m:	3:28.08	43.15	350m:	4:53.64 42.30
	100m:	1:18.65 41.46	200m:	2:44.93	43.15	300m:	4:11.34	43.26	400m:	5:34.06 40.42
11.	ADAMCZEWSKI Marcin		03	Start Katowice/Chorzow				5:12.77	248	
	50m:	32.03 32.03	150m:	1:47.82	39.52	250m:	3:10.72	41.96	350m:	4:33.52 40.98
	100m:	1:08.30 36.27	200m:	2:28.76	40.94	300m:	3:52.54	41.82	400m:	5:12.77 39.25
12.	NANDA KUMAR Punith			India				5:54.99	216	
	50m:	37.07 37.07	150m:	2:01.84	42.32	250m:	3:33.62	46.24	350m:	5:09.03 48.54
	100m:	1:19.52 42.45	200m:	2:47.38	45.54	300m:	4:20.49	46.87	400m:	5:54.99 45.96
13.	CEGLARSKI Marcin		98	KSN Start Warszawa				6:23.35	212	
	50m:	41.35 41.35	150m:	2:15.20	48.21	250m:	3:54.33	49.67	350m:	5:34.55 50.25
	100m:	1:26.99 45.64	200m:	3:04.66	49.46	300m:	4:44.30	49.97	400m:	6:23.35 48.80
14.	MAZUROWSKI Jaroslaw		80	Szansa-Start Gdansk				5:47.54	171	
	50m:	37.70 37.70	150m:	2:03.35	43.62	250m:	3:32.65	44.51	350m:	5:03.28 45.27
	100m:	1:19.73 42.03	200m:	2:48.14	44.79	300m:	4:18.01	45.36	400m:	5:47.54 44.26
15.	RAUT Chetan Giridhar			India				5:43.14	89	
	50m:	38.59 38.59	150m:	2:05.48	43.93	250m:	3:33.89	44.54	350m:	5:01.67 44.10
	100m:	1:21.55 42.96	200m:	2:49.35	43.87	300m:	4:17.57	43.68	400m:	5:43.14 41.47
16.	SZYJKA Wojciech		02	Start Katowice/ Oswiecim				6:07.04	78	
	50m:	40.82 40.82	150m:	2:12.69	47.04	250m:	3:46.95	46.65	350m:	5:21.92 47.35
	100m:	1:25.65 44.83	200m:	3:00.30	47.61	300m:	4:34.57	47.62	400m:	6:07.04 45.12
17.	SATIBOLDIEV Rustamjon			Uzbekistan				6:24.25	34	
	50m:	38.85 38.85	150m:	2:12.21	47.81	250m:	3:52.88	50.58	350m:	5:35.08 50.81
	100m:	1:24.40 45.55	200m:	3:02.30	50.09	300m:	4:44.27	51.39	400m:	6:24.25 49.17

ZIMOWE OTWARTE MISTRZOSTWA POLSKI W PŁYWANIU OSÓB NIEPEŁNOSPRAWNYCH 2019
Szczecin, 22- - 24-11-2019

Event 16, Men, 400m Freestyle, Open

Rank			YB						Time	Pts		
18.	SZOSTAK Bartosz		07		Start Katowice/ Oswiecim				7:05.36			
	50m:	50.33	50.33	150m:	2:38.33	54.52	250m:	4:27.76	54.77	350m:	6:16.42	54.11
	100m:	1:43.81	53.48	200m:	3:32.99	54.66	300m:	5:22.31	54.55	400m:	7:05.36	48.94
	BILSKI Oliwier		05		Start Katowice/ Oswiecim				7:48.60			
	50m:	47.30	47.30	150m:	2:42.17	1:00.02	250m:	4:44.16	1:00.27	350m:	6:47.18	1:01.25
	100m:	1:42.15	54.85	200m:	3:43.89	1:01.72	300m:	5:45.93	1:01.77	400m:	7:48.60	1:01.42
	PASTECZKA Pawel		87		IKS DSS Krakow				9:41.02			
	50m:	1:04.77	1:04.77	150m:	3:26.12	1:12.47	250m:	5:56.23	1:16.45	350m:	8:29.06	1:18.09
	100m:	2:13.65	1:08.88	200m:	4:39.78	1:13.66	300m:	7:10.97	1:14.74	400m:	9:41.02	1:11.96

Grupa S6

1.	VAN HOFWEEGEN Thijs				Netherlands				5:34.34	767		
	50m:	36.29	36.29	150m:	1:59.55	42.46	250m:	3:25.97	43.72	350m:	4:52.54	43.66
	100m:	1:17.09	40.80	200m:	2:42.25	42.70	300m:	4:08.88	42.91	400m:	5:34.34	41.80
2.	AL-KHAFAJI Quasim				Iraq				6:05.32	504		
	50m:	40.43	40.43	150m:	2:10.96	46.87	250m:	3:45.58	46.92	350m:	5:19.36	46.86
	100m:	1:24.09	43.66	200m:	2:58.66	47.70	300m:	4:32.50	46.92	400m:	6:05.32	45.96

Grupa S7

1.	JADHAV Suyash Narayan				India				6:02.01	367		
	50m:	42.71	42.71	150m:	2:15.86	46.64	250m:	3:48.53	46.22	350m:	5:21.52	45.95
	100m:	1:29.22	46.51	200m:	3:02.31	46.45	300m:	4:35.57	47.04	400m:	6:02.01	40.49
2.	CEGLARSKI Marcin				KSN Start Warszawa				6:23.35	212		
	50m:	41.35	41.35	150m:	2:15.20	48.21	250m:	3:54.33	49.67	350m:	5:34.55	50.25
	100m:	1:26.99	45.64	200m:	3:04.66	49.46	300m:	4:44.30	49.97	400m:	6:23.35	48.80

Grupa S8

1.	ERRANDO CORTES Pablo				Spain				5:17.22	543		
	50m:	35.67	35.67	150m:	1:53.16	39.31	250m:	3:14.42	40.83	350m:	4:37.50	42.44
	100m:	1:13.85	38.18	200m:	2:33.59	40.43	300m:	3:55.06	40.64	400m:	5:17.22	39.72
2.	MALAGI Shridhar Nagappa				India				5:26.48	453		
	50m:	32.88	32.88	150m:	1:54.14	40.59	250m:	3:20.21	42.64	350m:	4:44.66	41.99
	100m:	1:13.55	40.67	200m:	2:37.57	43.43	300m:	4:02.67	42.46	400m:	5:26.48	41.82
3.	NANDA KUMAR Punith				India				5:54.99	216		
	50m:	37.07	37.07	150m:	2:01.84	42.32	250m:	3:33.62	46.24	350m:	5:09.03	48.54
	100m:	1:19.52	42.45	200m:	2:47.38	45.54	300m:	4:20.49	46.87	400m:	5:54.99	45.96
4.	PASTECZKA Pawel				IKS DSS Krakow				9:41.02			
	50m:	1:04.77	1:04.77	150m:	3:26.12	1:12.47	250m:	5:56.23	1:16.45	350m:	8:29.06	1:18.09
	100m:	2:13.65	1:08.88	200m:	4:39.78	1:13.66	300m:	7:10.97	1:14.74	400m:	9:41.02	1:11.96

Grupa S9

1.	HREHOROWICZ Igor				Start Wroclaw				4:38.23	804		
	50m:	32.22	32.22	150m:	1:42.23	34.97	250m:	2:52.86	35.42	350m:	4:03.82	35.74
	100m:	1:07.26	35.04	200m:	2:17.44	35.21	300m:	3:28.08	35.22	400m:	4:38.23	34.41
2.	STANKOWSKI Gabriel				Szansa-Start Gdansk				5:34.06	266		
	50m:	37.19	37.19	150m:	2:01.78	43.13	250m:	3:28.08	43.15	350m:	4:53.64	42.30
	100m:	1:18.65	41.46	200m:	2:44.93	43.15	300m:	4:11.34	43.26	400m:	5:34.06	40.42
3.	MAZUROWSKI Jaroslaw				Szansa-Start Gdansk				5:47.54	171		
	50m:	37.70	37.70	150m:	2:03.35	43.62	250m:	3:32.65	44.51	350m:	5:03.28	45.27
	100m:	1:19.73	42.03	200m:	2:48.14	44.79	300m:	4:18.01	45.36	400m:	5:47.54	44.26
4.	SZYJKA Wojciech				Start Katowice/ Oswiecim				6:07.04	78		
	50m:	40.82	40.82	150m:	2:12.69	47.04	250m:	3:46.95	46.65	350m:	5:21.92	47.35
	100m:	1:25.65	44.83	200m:	3:00.30	47.61	300m:	4:34.57	47.62	400m:	6:07.04	45.12

ZIMOWE OTWARTE MISTRZOSTWA POLSKI W PŁYWANIU OSÓB NIEPEŁNOSPRAWNYCH 2019
Szczecin, 22- - 24-11-2019

Event 16, Men, 400m Freestyle, Grupa S9

Rank			YB				Time		Pts
5.	SATIBOLDIEV Rustamjon				Uzbekistan		6:24.25		34
	50m:	38.85 38.85	150m:	2:12.21 47.81	250m:	3:52.88 50.58	350m:	5:35.08 50.81	
	100m:	1:24.40 45.55	200m:	3:02.30 50.09	300m:	4:44.27 51.39	400m:	6:24.25 49.17	
6.	BILSKI Oliwier		05		Start Katowice/ Oswiecim		7:48.60		
	50m:	47.30 47.30	150m:	2:42.17 1:00.02	250m:	4:44.16 1:00.27	350m:	6:47.18 1:01.25	
	100m:	1:42.15 54.85	200m:	3:43.89 1:01.72	300m:	5:45.93 1:01.77	400m:	7:48.60 1:01.42	

Grupa S10

1.	OGORZALEK Alan		03		Start Wroclaw		4:19.04		833
	50m:	28.99 28.99	150m:	1:34.31 32.75	250m:	2:40.24 32.55	350m:	3:46.56 33.32	
	100m:	1:01.56 32.57	200m:	2:07.69 33.38	300m:	3:13.24 33.00	400m:	4:19.04 32.48	
2.	LI Dmitriy				Kazakhstan		4:34.86		673
	50m:	32.29 32.29	150m:	1:43.20 35.50	250m:	2:53.14 34.69	350m:	4:01.66 33.73	
	100m:	1:07.70 35.41	200m:	2:18.45 35.25	300m:	3:27.93 34.79	400m:	4:34.86 33.20	
3.	RAUT Chetan Giridhar				India		5:43.14		89
	50m:	38.59 38.59	150m:	2:05.48 43.93	250m:	3:33.89 44.54	350m:	5:01.67 44.10	
	100m:	1:21.55 42.96	200m:	2:49.35 43.87	300m:	4:17.57 43.68	400m:	5:43.14 41.47	
4.	SZOSTAK Bartosz		07		Start Katowice/ Oswiecim		7:05.36		
	50m:	50.33 50.33	150m:	2:38.33 54.52	250m:	4:27.76 54.77	350m:	6:16.42 54.11	
	100m:	1:43.81 53.48	200m:	3:32.99 54.66	300m:	5:22.31 54.55	400m:	7:05.36 48.94	

Grupa S13

1.	GRIGORYEV Ivan				Azerbaijan		4:08.40		899
	50m:	28.31 28.31	150m:	1:30.56 31.63	250m:	2:34.32 31.73	350m:	3:37.77 31.27	
	100m:	58.93 30.62	200m:	2:02.59 32.03	300m:	3:06.50 32.18	400m:	4:08.40 30.63	
2.	ADAMCZEWSKI Marcin		03		Start Katowice/Chorzow		5:12.77		248
	50m:	32.03 32.03	150m:	1:47.82 39.52	250m:	3:10.72 41.96	350m:	4:33.52 40.98	
	100m:	1:08.30 36.27	200m:	2:28.76 40.94	300m:	3:52.54 41.82	400m:	5:12.77 39.25	
EXH	JACOBSEN Niklas				Denmark		5:42.21		123
	50m:	34.21 34.21	150m:	1:57.63 42.80	250m:	3:26.78 44.57	350m:	4:58.12 46.83	
	100m:	1:14.83 40.62	200m:	2:42.21 44.58	300m:	4:11.29 44.51	400m:	5:42.21 44.09	