

ZIMOWE OTWARTE MISTRZOSTWA POLSKI W PŁYWANIU OSÓB NIEPEŁNOSPRAWNYCH 2020
Szczecin, 13- - 15-11-2020

Event 15
2020-11-14 - 11:26

Women, 400m Freestyle

Open
Results

Points: WPS 2020

Rank	YB						Time	Pts				
Open												
1.	JABLONSKA Oliwia			Start Wroclaw			4:41.64	904				
	50m:	32.74	32.74	150m:	1:43.71	35.66	250m:	2:54.96	35.41	350m:	4:06.56	35.42
	100m:	1:08.05	35.31	200m:	2:19.55	35.84	300m:	3:31.14	36.18	400m:	4:41.64	35.08
2.	GIEDRYS Alicja			81	Szansa Start Gdansk			5:43.59	342			
	50m:	39.01	39.01	150m:	2:05.35	43.96	250m:	3:32.89	43.75	350m:	5:01.62	44.44
	100m:	1:21.39	42.38	200m:	2:49.14	43.79	300m:	4:17.18	44.29	400m:	5:43.59	41.97
3.	KACIK Nikola			01	Szansa Start Gdansk			6:30.13	216			
	50m:	42.62	42.62	150m:	2:20.43	49.49	250m:			350m:		
	100m:	1:30.94	48.32	200m:	3:11.54	51.11	300m:	4:51.75		400m:	6:30.13	
4.	BADOWSKA Nicola			07	IKS AWF Warszawa			6:23.06	191			
	50m:	43.04	43.04	150m:	2:21.88	51.20	250m:	3:59.39	50.40	350m:	5:39.66	49.89
	100m:	1:30.68	47.64	200m:	3:08.99	47.11	300m:	4:49.77	50.38	400m:	6:23.06	43.40
5.	LISIAK Nikola			01	KSI Start Szczecin			6:10.54	154			
	50m:	39.11	39.11	150m:	2:10.58	47.26	250m:	3:44.98	46.89	350m:	5:22.76	49.63
	100m:	1:23.32	44.21	200m:	2:58.09	47.51	300m:	4:33.13	48.15	400m:	6:10.54	47.78
6.	NOWAKIEWICZ Nelly			08	Start Oswiecim			7:24.76	2			
	50m:	48.36	48.36	150m:	2:40.51	56.80	250m:	4:37.29	59.10	350m:	6:33.14	57.35
	100m:	1:43.71	55.35	200m:	3:38.19	57.68	300m:	5:35.79	58.50	400m:	7:24.76	51.62

Grupa S8

1.	KACIK Nikola			01	Szansa Start Gdansk			6:30.13	216			
	50m:	42.62	42.62	150m:	2:20.43	49.49	250m:			350m:		
	100m:	1:30.94	48.32	200m:	3:11.54	51.11	300m:	4:51.75		400m:	6:30.13	

Grupa S9

1.	BADOWSKA Nicola			07	IKS AWF Warszawa			6:23.06	191			
	50m:	43.04	43.04	150m:	2:21.88	51.20	250m:	3:59.39	50.40	350m:	5:39.66	49.89
	100m:	1:30.68	47.64	200m:	3:08.99	47.11	300m:	4:49.77	50.38	400m:	6:23.06	43.40

Grupa S10

1.	JABLONSKA Oliwia			Start Wroclaw			4:41.64	904				
	50m:	32.74	32.74	150m:	1:43.71	35.66	250m:	2:54.96	35.41	350m:	4:06.56	35.42
	100m:	1:08.05	35.31	200m:	2:19.55	35.84	300m:	3:31.14	36.18	400m:	4:41.64	35.08
2.	GIEDRYS Alicja			81	Szansa Start Gdansk			5:43.59	342			
	50m:	39.01	39.01	150m:	2:05.35	43.96	250m:	3:32.89	43.75	350m:	5:01.62	44.44
	100m:	1:21.39	42.38	200m:	2:49.14	43.79	300m:	4:17.18	44.29	400m:	5:43.59	41.97
3.	LISIAK Nikola			01	KSI Start Szczecin			6:10.54	154			
	50m:	39.11	39.11	150m:	2:10.58	47.26	250m:	3:44.98	46.89	350m:	5:22.76	49.63
	100m:	1:23.32	44.21	200m:	2:58.09	47.51	300m:	4:33.13	48.15	400m:	6:10.54	47.78

Grupa S12

1.	NOWAKIEWICZ Nelly			08	Start Oswiecim			7:24.76	2			
	50m:	48.36	48.36	150m:	2:40.51	56.80	250m:	4:37.29	59.10	350m:	6:33.14	57.35
	100m:	1:43.71	55.35	200m:	3:38.19	57.68	300m:	5:35.79	58.50	400m:	7:24.76	51.62