

GRAND PRIX WOJEWODZTWA ZACHODNIOPOMORSKIEGO I LUBUSKIEGO-III EDYCJA  
Szczecin, 19-5-2021

Konkurencja 9  
2021-05-19 - 13:45

Dziewcz t, 400m dowolny

12 - 15 lat  
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.	CR
<b>15 lat</b>										
1.	R	P Apolonia	06	MKS Znicz Koszalin				<b>4:47.08</b>	558	+0,70
		50m: 31.73 31.73		150m: 1:43.78	36.76	250m: 2:57.66	37.12	350m: 4:11.96	37.11	
		100m: 1:07.02 35.29		200m: 2:20.54	36.76	300m: 3:34.85	37.19	400m: 4:47.08	35.12	
2.		MUSIAŁ Maja	06	MKP Słowianka Gorzów Wlkp.				<b>5:00.55</b>	486	+0,74
		50m: 32.57 32.57		150m: 1:50.09	39.27	250m: 3:08.59	38.77	350m: 4:25.38	37.83	
		100m: 1:10.82 38.25		200m: 2:29.82	39.73	300m: 3:47.55	38.96	400m: 5:00.55	35.17	
3.		PIOTROWSKA Oliwia	06	MKP Słowianka Gorzów Wlkp.				<b>5:01.65</b>	481	+0,63
		50m: 34.46 34.46		150m: 1:50.59	37.89	250m: 3:07.53	38.17	350m: 4:24.36	38.18	
		100m: 1:12.70 38.24		200m: 2:29.36	38.77	300m: 3:46.18	38.65	400m: 5:01.65	37.29	
4.		ŁADZIAK Nadia	06	MKP Szczecin				<b>5:04.16</b>	469	+0,68
		50m: 33.17 33.17		150m: 1:50.24	39.13	250m: 3:08.59	39.49	350m: 4:26.18	38.87	
		100m: 1:11.11 37.94		200m: 2:29.10	38.86	300m: 3:47.31	38.72	400m: 5:04.16	37.98	
5.		PATAN Marcelina	06	MKS Znicz Koszalin				<b>5:07.63</b>	454	+0,78
		50m: 34.89 34.89		150m: 1:52.02	39.20	250m: 3:11.24	39.93	350m: 4:29.72	39.38	
		100m: 1:12.82 37.93		200m: 2:31.31	39.29	300m: 3:50.34	39.10	400m: 5:07.63	37.91	
6.		ALEKSANDROWICZ Hanna	06	MKP Szczecin				<b>5:08.40</b>	450	+0,73
		50m: 34.71 34.71		150m: 1:51.82	38.76	250m: 3:10.53	39.39	350m: 4:30.20	39.65	
		100m: 1:13.06 38.35		200m: 2:31.14	39.32	300m: 3:50.55	40.02	400m: 5:08.40	38.20	
7.		OSTROWSKA Julia	06	MKP Słowianka Gorzów Wlkp.				<b>5:19.02</b>	407	
		50m: 35.32 35.32		150m: 1:55.72	40.48	250m: 3:18.24	40.88	350m: 4:39.51	39.50	
		100m: 1:15.24 39.92		200m: 2:37.36	41.64	300m: 4:00.01	41.77	400m: 5:19.02	39.51	
8.		ŁOPACI SKA Amelia	06	MKP Słowianka Gorzów Wlkp.				<b>5:26.31</b>	380	+0,79
		50m: 36.24 36.24		150m: 2:00.27	42.45	250m: 3:24.01	41.63	350m: 4:47.50	41.81	
		100m: 1:17.82 41.58		200m: 2:42.38	42.11	300m: 4:05.69	41.68	400m: 5:26.31	38.81	
9.		FEDERKIEWICZ Amelia	06	MKP Słowianka Gorzów Wlkp.				<b>5:41.28</b>	332	+0,70
		50m: 36.33 36.33		150m: 2:01.06	42.92	250m: 3:28.20	44.00	350m: 4:57.91		
		100m: 1:18.14 41.81		200m: 2:44.20	43.14	300m:		400m: 5:41.28	43.37	
10.		BŁASZCZYK Nikola	06	UKS Foka Choszczno				<b>5:41.79</b>	331	+0,83
		50m: 35.47 35.47		150m: 1:58.92	42.87	250m: 3:27.62	44.29	350m: 4:57.54	45.34	
		100m: 1:16.05 40.58		200m: 2:43.33	44.41	300m: 4:12.20	44.58	400m: 5:41.79	44.25	
<b>14 lat</b>										
1.		MAŁOLEPSZA Weronika	07	MKP Szczecin				<b>4:49.77</b>	543	+0,69
		50m: 32.62 32.62		150m: 1:45.11	36.77	250m: 2:59.63	37.30	350m: 4:14.98	37.51	
		100m: 1:08.34 35.72		200m: 2:22.33	37.22	300m: 3:37.47	37.84	400m: 4:49.77	34.79	
2.		MODRZY SKA Wiktoria	07	MKP Szczecin				<b>4:57.57</b>	501	+0,81
		50m: 33.43 33.43		150m: 1:48.07	37.97	250m: 3:04.06	37.78	350m: 4:20.35	37.94	
		100m: 1:10.10 36.67		200m: 2:26.28	38.21	300m: 3:42.41	38.35	400m: 4:57.57	37.22	
3.		SIEMBIDA Wiktoria	07	MKP Szczecin				<b>5:02.48</b>	477	+0,72
		50m: 33.92 33.92		150m: 1:50.00	39.16	250m: 3:07.52	38.65	350m:		
		100m: 1:10.84 36.92		200m: 2:28.87	38.87	300m: 3:47.12	39.60	400m: 5:02.48		
4.		HOFMAN Roksana	07	KP Bałtyk Kołobrzeg				<b>5:07.66</b>	454	+0,77
		50m: 33.85 33.85		150m: 1:51.95	39.45	250m: 3:11.44	39.65	350m: 4:30.35	39.68	
		100m: 1:12.50 38.65		200m: 2:31.79	39.84	300m: 3:50.67	39.23	400m: 5:07.66	37.31	
5.		OWCZAREK Julia	07	MKP Słowianka Gorzów Wlkp.				<b>5:09.81</b>	444	+0,72
		50m: 35.58 35.58		150m: 1:53.98	39.58	250m: 3:13.68	39.87	350m: 4:32.67	39.35	
		100m: 1:14.40 38.82		200m: 2:33.81	39.83	300m: 3:53.32	39.64	400m: 5:09.81	37.14	
6.		DOLGUN Maryja	07	MKP Szczecin				<b>5:18.12</b>	410	+0,71
		50m: 33.99 33.99		150m: 1:53.23	40.34	250m: 3:15.55	41.44	350m: 4:39.15	41.59	
		100m: 1:12.89 38.90		200m: 2:34.11	40.88	300m: 3:57.56	42.01	400m: 5:18.12	38.97	

GRAND PRIX WOJEWODZTWA ZACHODNIOPOMORSKIEGO I LUBUSKIEGO-III EDYCJA  
Szczecin, 19-5-2021

Konkurencja 9, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.	CR	
7.	YAKYMENKO Sofija		07	MKP Szczecin				<b>5:21.19</b>	399	+0,70	
	50m:	35.84 35.84	150m:	1:57.62	41.00	250m:	3:20.80	41.63	350m:	4:42.77	40.63
	100m:	1:16.62 40.78	200m:	2:39.17	41.55	300m:	4:02.14	41.34	400m:	5:21.19	38.42
8.	PAWŁASZEK Hanna		07	MKP Szczecin				<b>5:26.53</b>	379	+0,83	
	50m:	35.63 35.63	150m:	1:56.10	40.75	250m:	3:21.45	42.99	350m:	4:46.37	41.30
	100m:	1:15.35 39.72	200m:	2:38.46	42.36	300m:	4:05.07	43.62	400m:	5:26.53	40.16
9.	WESOŁOWSKA Jagoda		07	MKS Znicz Koszalin				<b>5:38.96</b>	339	+0,74	
	50m:	36.21 36.21	150m:	2:01.59	43.59	250m:	3:30.19	44.74	350m:	4:58.58	44.71
	100m:	1:18.00 41.79	200m:	2:45.45	43.86	300m:	4:13.87	43.68	400m:	5:38.96	40.38
10.	KLIMOROWSKA Justyna		07	UKS Sokół Ustronie Morskie				<b>5:39.08</b>	339	+0,93	
	50m:	37.11 37.11	150m:	2:03.62	43.56	250m:	3:31.41	43.82	350m:	4:57.48	42.45
	100m:	1:20.06 42.95	200m:	2:47.59	43.97	300m:	4:15.03	43.62	400m:	5:39.08	41.60
11.	SZTUK Justyna		07	MKP Szczecin				<b>5:47.07</b>	316	+0,81	
	50m:	40.37 40.37	150m:	2:09.61	44.56	250m:	3:38.56	44.11	350m:	5:06.60	43.58
	100m:	1:25.05 44.68	200m:	2:54.45	44.84	300m:	4:23.02	44.46	400m:	5:47.07	40.47

13 lat

1.	UROWICZ Kornelia		08	KP Bałtyk Kołobrzeg				<b>5:07.10</b>	456	+0,75	
	50m:	36.30 36.30	150m:	1:55.87	39.96	250m:	3:13.97	38.61	350m:	4:31.28	38.70
	100m:	1:15.91 39.61	200m:	2:35.36	39.49	300m:	3:52.58	38.61	400m:	5:07.10	35.82
2.	DEREWECKA Kamila		08	MKS Znicz Koszalin				<b>5:16.17</b>	418	+0,72	
	50m:	36.68 36.68	150m:	1:57.55	40.48	250m:	3:18.51	40.59	350m:	4:39.02	39.93
	100m:	1:17.07 40.39	200m:	2:37.92	40.37	300m:	3:59.09	40.58	400m:	5:16.17	37.15
3.	TOMASZEWSKA Maria		08	MKP Słowianka Gorzów Wlkp.				<b>5:20.58</b>	401	+0,76	
	50m:	34.88 34.88	150m:	1:56.29	41.34	250m:	3:20.87	42.53	350m:	4:43.18	41.11
	100m:	1:14.95 40.07	200m:	2:38.34	42.05	300m:	4:02.07	41.20	400m:	5:20.58	37.40
4.	GŁUCH Zuzanna		08	MKP Kołobrzeg				<b>5:26.79</b>	378	+0,86	
	50m:	34.75 34.75	150m:	1:55.68	40.43	250m:	3:19.14	41.24	350m:	4:44.88	43.05
	100m:	1:15.25 40.50	200m:	2:37.90	42.22	300m:	4:01.83	42.69	400m:	5:26.79	41.91
5.	KOZIEJSKA Zuzanna		08	MKP Słowianka Gorzów Wlkp.				<b>5:29.09</b>	370	+0,66	
	50m:	36.46 36.46	150m:	2:00.11	42.79	250m:	3:24.56	42.23	350m:	4:48.71	40.56
	100m:	1:17.32 40.86	200m:	2:42.33	42.22	300m:	4:08.15	43.59	400m:	5:29.09	40.38
6.	CHRZAN Zuzanna		08	MKS Neptun Stargard				<b>5:32.74</b>	358	+0,83	
	50m:	35.39 35.39	150m:	1:58.78	42.47	250m:	3:24.37	43.62	350m:	4:50.58	42.90
	100m:	1:16.31 40.92	200m:	2:40.75	41.97	300m:	4:07.68	43.31	400m:	5:32.74	42.16
7.	WO NIAK Amelia		08	MKS Neptun Stargard				<b>5:34.19</b>	354	+0,83	
	50m:	36.03 36.03	150m:	2:00.56	43.59	250m:	3:26.73	42.95	350m:	4:53.86	43.47
	100m:	1:16.97 40.94	200m:	2:43.78	43.22	300m:	4:10.39	43.66	400m:	5:34.19	40.33
8.	WIERZGACZ Hanna		08	MKS CKS-SMS Szczecin				<b>5:34.27</b>	353		
	50m:	36.87 36.87	150m:	2:00.49	42.07	250m:	3:26.32	42.71	350m:	4:54.15	48.92
	100m:	1:18.42 41.55	200m:	2:43.61	43.12	300m:	4:05.23	38.91	400m:	5:34.27	40.12
9.	EMOJDZIN Wiktoria		08	MKS CKS-SMS Szczecin				<b>5:41.08</b>	333	+0,78	
	50m:	37.17 37.17	150m:	2:03.25	43.08	250m:	3:30.25	43.70	350m:	4:59.01	44.31
	100m:	1:20.17 43.00	200m:	2:46.55	43.30	300m:	4:14.70	44.45	400m:	5:41.08	42.07
10.	WITKOWSKA Alicja		08	MKP Słowianka Gorzów Wlkp.				<b>5:59.41</b>	284	+0,72	
	50m:	38.82 38.82	150m:	2:10.21	46.72	250m:	3:44.29	47.40	350m:	5:16.63	45.42
	100m:	1:23.49 44.67	200m:	2:56.89	46.68	300m:	4:31.21	46.92	400m:	5:59.41	42.78
11.	LASKOWSKA Katarzyna		08	MKS Neptun Stargard				<b>6:19.47</b>	241	+0,96	
	50m:	38.62 38.62	150m:	2:11.10	47.44	250m:	3:50.78	50.41	350m:	5:30.25	49.68
	100m:	1:23.66 45.04	200m:	3:00.37	49.27	300m:	4:40.57	49.79	400m:	6:19.47	49.22

GRAND PRIX WOJEWODZTWA ZACHODNIOPOMORSKIEGO I LUBUSKIEGO-III EDYCJA  
Szczecin, 19-5-2021

Konkurencja 9, Dziewcz t, 400m dowolny

12 lat

1.	GRZELAK Wiktoria	09	MKP Szczecin	<b>5:11.72</b>	436	+0,72
	50m: 34.38 34.38	150m: 1:55.37 41.08	250m: 3:15.47 40.43	350m: 4:35.69 39.40		
	100m: 1:14.29 39.91	200m: 2:35.04 39.67	300m: 3:56.29 40.82	400m: 5:11.72 36.03		
2.	SKONIECZNA Anna	09	MKP Słowianka Gorzów Wlkp .	<b>5:21.20</b>	398	
	50m: 35.08 35.08	150m: 1:56.93 41.59	250m: 3:20.46 41.92	350m: 4:43.09 41.13		
	100m: 1:15.34 40.26	200m: 2:38.54 41.61	300m: 4:01.96 41.50	400m: 5:21.20 38.11		
3.	OLEK Julia	09	MKP Słowianka Gorzów Wlkp .	<b>5:33.29</b>	357	+0,65
	50m: 35.69 35.69	150m: 1:59.85 43.08	250m: 4:51.85 2:09.23	350m:		
	100m: 1:16.77 41.08	200m: 2:42.62 42.77	300m: 4:08.77	400m: 5:33.29		
4.	CYNARZEWSKA Nadia	09	MKS Znicz Koszalin	<b>5:34.88</b>	352	+0,94
	50m: 38.32 38.32	150m: 2:04.61 44.04	250m: 3:29.52 42.07	350m: 4:54.29 42.03		
	100m: 1:20.57 42.25	200m: 2:47.45 42.84	300m: 4:12.26 42.74	400m: 5:34.88 40.59		
5.	SZCZEPANIK Nikola	09	MKP Słowianka Gorzów Wlkp .	<b>5:40.57</b>	334	+0,65
	50m: 36.68 36.68	150m: 2:03.67 44.29	250m: 3:33.26 45.22	350m: 5:01.41 43.80		
	100m: 1:19.38 42.70	200m: 2:48.04 44.37	300m: 4:17.61 44.35	400m: 5:40.57 39.16		
6.	WOJCIECHOWSKA Zofia	09	MKS CKS-SMS Szczecin	<b>5:43.63</b>	325	+0,71
	50m: 37.67 37.67	150m: 2:05.58 44.93	250m: 3:33.81 43.47	350m: 5:01.62 43.72		
	100m: 1:20.65 42.98	200m: 2:50.34 44.76	300m: 4:17.90 44.09	400m: 5:43.63 42.01		
7.	GUZ Maja	09	MKS Znicz Koszalin	<b>5:50.38</b>	307	+0,98
	50m: 38.16 38.16	150m: 2:07.98 45.33	250m: 3:39.45 46.08	350m: 5:11.20 46.00		
	100m: 1:22.65 44.49	200m: 2:53.37 45.39	300m: 4:25.20 45.75	400m: 5:50.38 39.18		
8.	KOWALSKA Maja	09	MKP Szczecin	<b>6:12.21</b>	256	+0,88
	50m: 42.58 42.58	150m: 2:16.54 48.03	250m: 3:53.87 48.09	350m: 5:31.17 48.48		
	100m: 1:28.51 45.93	200m: 3:05.78 49.24	300m: 4:42.69 48.82	400m: 6:12.21 41.04		
9.	SUŁKOWSKA Barbara	09	MKS Znicz Koszalin	<b>6:18.83</b>	243	+0,86
	50m: 40.40 40.40	150m: 2:17.06 48.51	250m: 3:55.67 49.19	350m: 5:34.96 49.08		
	100m: 1:28.55 48.15	200m: 3:06.48 49.42	300m: 4:45.88 50.21	400m: 6:18.83 43.87		
10.	GURBIN Łucja	09	MKP Szczecin	<b>6:37.01</b>	211	+0,86
	50m: 41.93 41.93	150m: 2:24.14 52.03	250m:	350m: 5:52.26 51.87		
	100m: 1:32.11 50.18	200m: 3:15.39 51.25	300m: 5:00.39	400m: 6:37.01 44.75		
PK	MAZUR Zuzanna	05	MKP Słowianka Gorzów Wlkp .	<b>4:43.02</b>	583	+0,72
	50m: 32.24 32.24	150m: 1:43.81 36.10	250m: 2:56.17 36.29	350m: 4:08.54 35.81		
	100m: 1:07.71 35.47	200m: 2:19.88 36.07	300m: 3:32.73 36.56	400m: 4:43.02 34.48		
PK	KLIMIUK Zuzanna	05	MKP Słowianka Gorzów Wlkp .	<b>4:52.32</b>	529	
	50m: 32.23 32.23	150m: 1:46.09 36.53	250m: 3:00.32 37.50	350m: 4:15.55 37.57		
	100m: 1:09.56 37.33	200m: 2:22.82 36.73	300m: 3:37.98 37.66	400m: 4:52.32 36.77		
PK	KOWALSKA Oliwia	05	MKP Słowianka Gorzów Wlkp .	<b>5:04.99</b>	466	+0,75
	50m: 34.51 34.51	150m: 1:51.50 38.91	250m: 3:09.33 39.46	350m: 4:28.15 39.31		
	100m: 1:12.59 38.08	200m: 2:29.87 38.37	300m: 3:48.84 39.51	400m: 5:04.99 36.84		
PK	HAJDUK Julia	05	MKP Słowianka Gorzów Wlkp .	<b>5:05.38</b>	464	+0,74
	50m: 34.30 34.30	150m: 1:50.67 38.62	250m: 3:09.23 39.25	350m: 4:27.09 38.30		
	100m: 1:12.05 37.75	200m: 2:29.98 39.31	300m: 3:48.79 39.56	400m: 5:05.38 38.29		
PK	JAGODZI SKA Zuzanna	04	MKS Neptun Stargard	<b>5:07.09</b>	456	+0,70
	50m: 33.93 33.93	150m: 1:51.14 39.70	250m: 3:09.68 39.56	350m: 4:28.65 38.94		
	100m: 1:11.44 37.51	200m: 2:30.12 38.98	300m: 3:49.71 40.03	400m: 5:07.09 38.44		
PK	KOMOR Agata	05	MKP Słowianka Gorzów Wlkp .	<b>5:22.25</b>	395	+0,66
	50m: 34.91 34.91	150m: 1:56.39 41.41	250m: 3:19.41 41.79	350m: 4:42.81 41.74		
	100m: 1:14.98 40.07	200m: 2:37.62 41.23	300m: 4:01.07 41.66	400m: 5:22.25 39.44		
PK	OSZMIA SKA Julia	04	MKP Słowianka Gorzów Wlkp .	<b>5:22.38</b>	394	
	50m: 35.86 35.86	150m: 1:58.14 41.58	250m: 3:23.33 42.66	350m: 4:44.47 38.84		
	100m: 1:16.56 40.70	200m: 2:40.67 42.53	300m: 4:05.63 42.30	400m: 5:22.38 37.91		