

I Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Chodzie , 29 - 30-5-2021

Konkurencja 11  
2021-05-29 - 15:13

Kobiet, 400m BF

Open  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	
<b>KAT. E</b>										
1.	BIELECKA Kornelia		10	UKS Delfinek Chodzie				<b>5:04.59</b>		
	50m:	33.60 33.60	150m:	1:52.09	40.39	250m:	3:12.80	39.80	350m:	4:29.65 37.35
	100m:	1:11.70 38.10	200m:	2:33.00	40.91	300m:	3:52.30	39.50	400m:	5:04.59 34.94
2.	CIESZY SKA Dagmara		10	UKS Manta Ko cierzyna				<b>5:08.60</b>		
	50m:	35.29 35.29	150m:	1:54.30	40.55	250m:	3:14.90	40.20	350m:	4:32.62 38.36
	100m:	1:13.75 38.46	200m:	2:34.70	40.40	300m:	3:54.26	39.36	400m:	5:08.60 35.98
3.	GOLIW S Marika		10	UKS Manta Ko cierzyna				<b>6:28.23</b>		
	50m:	36.88 36.88	150m:	2:10.63	46.66	250m:			350m:	
	100m:	1:23.97 47.09	200m:	3:01.40	50.77	300m:			400m:	6:28.23
<b>KAT. D</b>										
1.	NARKOWICZ Iga		08	UKS Delfin Jastarnia				<b>4:33.60</b>		
	50m:	29.15 29.15	150m:	1:39.27	36.56	250m:	2:50.30	34.78	350m:	4:02.26 35.42
	100m:	1:02.71 33.56	200m:	2:15.52	36.25	300m:	3:26.84	36.54	400m:	4:33.60 31.34
2.	KOLI SKA Julia		08	UKS Manta Ko cierzyna				<b>5:01.17</b>		
	50m:	31.21 31.21	150m:	1:44.67	37.98	250m:	3:02.39	38.71	350m:	4:22.20 39.80
	100m:	1:06.69 35.48	200m:	2:23.68	39.01	300m:	3:42.40	40.01	400m:	5:01.17 38.97
3.	CHMIELEWSKA Lena		09	UKS Manta Ko cierzyna				<b>5:47.17</b>		
	50m:	35.32 35.32	150m:	2:02.15	45.77	250m:	3:33.69	45.39	350m:	5:04.53 44.82
	100m:	1:16.38 41.06	200m:	2:48.30	46.15	300m:	4:19.71	46.02	400m:	5:47.17 42.64
4.	KUTELA Michalina		08	UKS Manta Ko cierzyna				<b>5:55.85</b>		
	50m:	36.09 36.09	150m:	2:03.56	46.28	250m:	3:40.31	48.98	350m:	5:15.82 48.21
	100m:	1:17.28 41.19	200m:	2:51.33	47.77	300m:	4:27.61	47.30	400m:	5:55.85 40.03
5.	NOWAKOWSKA Julianna		09	UKS Manta Ko cierzyna				<b>5:56.10</b>		
	50m:	39.79 39.79	150m:	2:11.02	46.58	250m:	3:45.71	47.11	350m:	5:16.74 44.82
	100m:	1:24.44 44.65	200m:	2:58.60	47.58	300m:	4:31.92	46.21	400m:	5:56.10 39.36
<b>KAT. C</b>										
1.	GEMBIAK Natalia		07	UKS Delfinek Chodzie				<b>4:16.65</b>		
	50m:	29.02 29.02	150m:	1:33.74	33.30	250m:	2:40.31	33.17	350m:	3:46.59 32.86
	100m:	1:00.44 31.42	200m:	2:07.14	33.40	300m:	3:13.73	33.42	400m:	4:16.65 30.06
2.	STRZ PKA Olga		07	UKS Delfinek Chodzie				<b>4:23.37</b>		
	50m:	29.04 29.04	150m:	1:33.67	32.92	250m:	2:40.60	33.63	350m:	3:49.11 34.56
	100m:	1:00.75 31.71	200m:	2:06.97	33.30	300m:	3:14.55	33.95	400m:	4:23.37 34.26
3.	PIETRAS Maria		07	UKS Delfinek Chodzie				<b>4:29.57</b>		
	50m:	29.10 29.10	150m:	1:36.51	34.03	250m:	2:47.90	36.84	350m:	3:57.62 34.64
	100m:	1:02.48 33.38	200m:	2:11.06	34.55	300m:	3:22.98	35.08	400m:	4:29.57 31.95
4.	KOHNIKE Nicole		07	UKS Delfin Jastarnia				<b>4:44.36</b>		
	50m:	32.74 32.74	150m:	1:46.74	36.84	250m:	2:59.11	35.36	350m:	4:10.80 35.50
	100m:	1:09.90 37.16	200m:	2:23.75	37.01	300m:	3:35.30	36.19	400m:	4:44.36 33.56
5.	BUMBUL Martyna		06	UKS Błyskawica SP 39 Gdynia				<b>5:15.28</b>		
	50m:	35.68 35.68	150m:	1:51.48	39.05	250m:	3:13.64	41.66	350m:	4:36.32 41.21
	100m:	1:12.43 36.75	200m:	2:31.98	40.50	300m:	3:55.11	41.47	400m:	5:15.28 38.96
6.	MAŁKI SKA Celestyna		06	UKS Manta Ko cierzyna				<b>5:15.55</b>		
	50m:	32.94 32.94	150m:	1:50.43	39.15	250m:	3:13.36	41.71	350m:	4:36.91 42.08
	100m:	1:11.28 38.34	200m:	2:31.65	41.22	300m:	3:54.83	41.47	400m:	5:15.55 38.64

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Konkurencja 11, Kobiet, 400m BF

KAT. B

1. GRE Julia			04	UKS Manta Ko cierzyna				<b>4:06.48</b>		
50m:	26.72	26.72	150m:	1:27.58	31.18	250m:	2:31.64	32.11	350m:	3:36.55 32.42
100m:	56.40	29.68	200m:	1:59.53	31.95	300m:	3:04.13	32.49	400m:	4:06.48 29.93

KAT. A

1. HUMERCZYK Marta			02	UKS Delfinek Chodzie				<b>4:17.78</b>		
50m:	27.80	27.80	150m:	1:31.47	32.79	250m:	2:38.79	33.65	350m:	3:46.47 33.70
100m:	58.68	30.88	200m:	2:05.14	33.67	300m:	3:12.77	33.98	400m:	4:17.78 31.31