

I Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Chodzie , 29- - 30-5-2021

Konkurencja 22  
2021-05-30 - 10:05

Kobiet, 400m SF

Open  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.	
<b>KAT. E</b>										
1.	BIELECKA Kornelia		10	UKS Delfinek Chodzie				<b>5:00.44</b>		
	50m:	31.93 31.93	150m:	1:46.24	38.13	250m:	3:05.32	39.45	350m:	4:24.34 38.79
	100m:	1:08.11 36.18	200m:	2:25.87	39.63	300m:	3:45.55	40.23	400m:	5:00.44 36.10
2.	W GRZYN Natalia		10	UKS Delfinek Chodzie				<b>5:36.27</b>		
	50m:	37.28 37.28	150m:			250m:			350m:	
	100m:	1:19.94 42.66	200m:			300m:			400m:	5:36.27
<b>KAT. D</b>										
1.	NARKOWICZ Iga		08	UKS Delfin Jastarnia				<b>4:27.20</b>		
	50m:	27.64 27.64	150m:	1:35.46	34.84	250m:	2:45.77	35.03	350m:	3:55.67 34.29
	100m:	1:00.62 32.98	200m:	2:10.74	35.28	300m:	3:21.38	35.61	400m:	4:27.20 31.53
2.	BACZY SKA Amelia		09	UKS Delfinek Chodzie				<b>4:44.94</b>		
	50m:	29.16 29.16	150m:	1:40.99	36.72	250m:	2:55.07	36.76	350m:	4:09.49 37.01
	100m:	1:04.27 35.11	200m:	2:18.31	37.32	300m:	3:32.48	37.41	400m:	4:44.94 35.45
<b>KAT. C</b>										
1.	BUKOWI SKA Aleksandra		06	UKS Delfinek Chodzie				<b>3:57.04</b>		
	50m:	26.02 26.02	150m:	1:23.98	29.52	250m:	2:24.64	30.53	350m:	3:26.55 31.09
	100m:	54.46 28.44	200m:	1:54.11	30.13	300m:	2:55.46	30.82	400m:	3:57.04 30.49
2.	NOWAKOWSKA Nikola		07	UKS Delfinek Chodzie				<b>3:59.88</b>		
	50m:	26.21 26.21	150m:	1:25.69	30.46	250m:	2:28.69	31.59	350m:	3:31.34 30.81
	100m:	55.23 29.02	200m:	1:57.10	31.41	300m:	3:00.53	31.84	400m:	3:59.88 28.54
3.	PIETRASZAK Michalina		06	UKS Delfinek Chodzie				<b>4:04.33</b>		
	50m:	27.15 27.15	150m:	1:27.26	30.41	250m:	2:30.23	31.45	350m:	3:34.34 31.93
	100m:	56.85 29.70	200m:	1:58.78	31.52	300m:	3:02.41	32.18	400m:	4:04.33 29.99
4.	KOHNKE Nicole		07	UKS Delfin Jastarnia				<b>4:14.26</b>		
	50m:	29.76 29.76	150m:	1:33.49	32.00	250m:	2:39.17	32.95	350m:	3:43.93 32.12
	100m:	1:01.49 31.73	200m:	2:06.22	32.73	300m:	3:11.81	32.64	400m:	4:14.26 30.33
5.	TURZY SKA Alicja		07	UKS Delfin Jastarnia				<b>4:18.35</b>		
	50m:	29.06 29.06	150m:	1:34.28	33.03	250m:	2:40.39	33.30	350m:	3:46.94 32.72
	100m:	1:01.25 32.19	200m:	2:07.09	32.81	300m:	3:14.22	33.83	400m:	4:18.35 31.41
<b>KAT. A</b>										
1.	STRUCK Agata		95	UKS Delfin Jastarnia				<b>3:34.58</b>		
	50m:	23.72 23.72	150m:	1:17.29	27.24	250m:	2:12.70	27.83	350m:	3:08.19 27.74
	100m:	50.05 26.33	200m:	1:44.87	27.58	300m:	2:40.45	27.75	400m:	3:34.58 26.39