

III Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Ko cierzyna, 30- - 31-10-2021

Konkurencja 22  
2021-10-31 - 10:56

Kobiet, 400m SF

Open  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
<b>KAT. E</b>									
1.	BIELECKA Kornelia		10	UKS Delfinek Chodzie				<b>4:52.01</b>	
	50m:	29.37 29.37	150m:	1:41.62 37.72	250m:	2:57.98 37.51	350m:	4:15.19 38.46	
	100m:	1:03.90 34.53	200m:	2:20.47 38.85	300m:	3:36.73 38.75	400m:	4:52.01 36.82	
2.	W GRZYN Natalia		10	UKS Delfinek Chodzie				<b>5:40.53</b>	
	50m:	35.17 35.17	150m:	2:00.12 43.15	250m:	3:32.00 45.93	350m:	4:57.49 41.09	
	100m:	1:16.97 41.80	200m:	2:46.07 45.95	300m:	4:16.40 44.40	400m:	5:40.53 43.04	
<b>KAT. D</b>									
1.	NARKOWICZ Iga		08	UKS Delfin Jstarnia				<b>4:23.56</b>	
	50m:	25.89 25.89	150m:	1:30.04 33.32	250m:	2:39.68 35.11	350m:	3:50.25 35.22	
	100m:	56.72 30.83	200m:	2:04.57 34.53	300m:	3:15.03 35.35	400m:	4:23.56 33.31	
2.	BESTRY Olivia		08	Laguna 24 Toru				<b>4:40.82</b>	
	50m:	28.49 28.49	150m:	1:34.51 34.59	250m:	2:49.03 38.01	350m:	4:05.07 37.46	
	100m:	59.92 31.43	200m:	2:11.02 36.51	300m:	3:27.61 38.58	400m:	4:40.82 35.75	
3.	SZYBALSKA Anna		08	UKS Wodniacy Garczyn				<b>4:51.00</b>	
	50m:	31.12 31.12	150m:	1:43.74 38.36	250m:	3:00.22 37.71	350m:	4:15.96 38.59	
	100m:	1:05.38 34.26	200m:	2:22.51 38.77	300m:	3:37.37 37.15	400m:	4:51.00 35.04	
4.	CHMIELEWSKA Lena		09	UKS Manta Ko cierzyna				<b>5:46.09</b>	
	50m:	33.12 33.12	150m:	1:56.51 44.37	250m:	3:26.84 46.07	350m:	5:00.98 47.77	
	100m:	1:12.14 39.02	200m:	2:40.77 44.26	300m:	4:13.21 46.37	400m:	5:46.09 45.11	
<b>KAT. C</b>									
1.	GUZI SKA Olga		06	UKS Manta Ko cierzyna				<b>4:06.91</b>	
	50m:	26.69 26.69	150m:	1:26.86 30.86	250m:	2:30.67 32.01	350m:	3:35.20 32.50	
	100m:	56.00 29.31	200m:	1:58.66 31.80	300m:	3:02.70 32.03	400m:	4:06.91 31.71	
2.	STRZEPKA Olga		07	UKS Delfinek Chodzie				<b>4:12.03</b>	
	50m:	28.31 28.31	150m:	1:31.47 32.17	250m:	2:36.46 32.58	350m:	3:41.32 32.27	
	100m:	59.30 30.99	200m:	2:03.88 32.41	300m:	3:09.05 32.59	400m:	4:12.03 30.71	
3.	KOHNKE Nicole		07	UKS Delfin Jstarnia				<b>4:17.85</b>	
	50m:	28.23 28.23	150m:	1:32.61 33.09	250m:	2:40.06 33.95	350m:	3:46.54 33.33	
	100m:	59.52 31.29	200m:	2:06.11 33.50	300m:	3:13.21 33.15	400m:	4:17.85 31.31	
<b>KAT. B</b>									
1.	TUSK Weronika		05	UKS Tri-Sea Mewa Władysławowo				<b>4:19.63</b>	
	50m:	28.43 28.43	150m:	1:31.76 32.32	250m:	2:38.50 33.54	350m:	3:47.02 34.57	
	100m:	59.44 31.01	200m:	2:04.96 33.20	300m:	3:12.45 33.95	400m:	4:19.63 32.61	
<b>KAT. A</b>									
1.	MAŁACHOWSKA Kinga		99	UKS Delfinek Chodzie				<b>3:53.96</b>	
	50m:	25.62 25.62	150m:	1:23.56 29.80	250m:	2:25.54 30.91	350m:	3:25.24 28.93	
	100m:	53.76 28.14	200m:	1:54.63 31.07	300m:	2:56.31 30.77	400m:	3:53.96 28.72	