

II Runda Klubowego Pucharu Polski w pływaniu w płetwach
Ko cierzyna, 16- - 17-6-2022

Konkurencja 10
2022-06-16 - 17:34

M czyn, 400m Bifins

7 lat i starsi
Wyniki

Rekordy Polski_25m_pletwa Open	3:40.96	KŁAK Marcin		
Rekordy Polski_25m_pletwa 16 - 17	3:38.69	GRABOWSKI Radosław		
Rekordy Polski_25m_pletwa 14 - 15	3:46.92	GRABOWSKI Radosław		
Rekordy Polski_25m_pletwa 12 - 13	3:48.33	MARKIEWICZ Jarosław	Władysławowo	2018-11-15
Rekordy Polski_25m_pletwa 7 - 11	4:24.50	SMOSZNA Wiktor	Toru	2019-10-01

Punkty: PP 2022

Pozycja			Rok ur.					Czas	Pkt.	
KAT. E										
1.	WALKIEWICZ Juliusz		11	MUKS PIORUN Gołdap				5:11.08	614	
	50m:	33.51 33.51	150m:	1:53.17	40.39	250m:	3:14.21	40.71	350m:	4:35.12 41.03
	100m:	1:12.78 39.27	200m:	2:33.50	40.33	300m:	3:54.09	39.88	400m:	5:11.08 35.96
2.	MAKOWSKI Aleksander		11	Laguna 24 Toru				5:38.93	475	
	50m:	35.24 35.24	150m:	2:02.41	44.55	250m:	3:31.00	44.24	350m:	4:59.85 44.39
	100m:	1:17.86 42.62	200m:	2:46.76	44.35	300m:	4:15.46	44.46	400m:	5:38.93 39.08

KAT. D

1.	KISIELEWSKI Antek		09	MUKS PIORUN Gołdap				4:23.26	652	
	50m:	29.20 29.20	150m:	1:37.78	34.68	250m:	2:47.56	34.42	350m:	3:53.74 32.99
	100m:	1:03.10 33.90	200m:	2:13.14	35.36	300m:	3:20.75	33.19	400m:	4:23.26 29.52
2.	NOWAK Karol		09	MUKS PIORUN Gołdap				4:25.24	637	
	50m:	30.85 30.85	150m:	1:39.42	34.98	250m:	2:48.68	33.80	350m:	3:54.88 32.60
	100m:	1:04.44 33.59	200m:	2:14.88	35.46	300m:	3:22.28	33.60	400m:	4:25.24 30.36
3.	KROPIDŁOWSKI Dawid		09	UKS Manta Ko cierzyna				4:31.44	595	
	50m:	30.86 30.86	150m:	1:39.76	34.69	250m:	2:48.39	33.92	350m:	3:57.82 34.65
	100m:	1:05.07 34.21	200m:	2:14.47	34.71	300m:	3:23.17	34.78	400m:	4:31.44 33.62
4.	WYSIECKI Jan		09	UKS Manta Ko cierzyna				4:31.82	592	
	50m:	30.51 30.51	150m:	1:39.40	34.44	250m:	2:49.54	33.96	350m:	3:59.43 35.16
	100m:	1:04.96 34.45	200m:	2:15.58	36.18	300m:	3:24.27	34.73	400m:	4:31.82 32.39
5.	KONKEL Albert		10	UKS Tri-Sea Władysławowo				4:34.59	574	
	50m:	30.16 30.16	150m:	1:39.66	35.25	250m:	2:48.91	35.13	350m:	3:58.95 34.93
	100m:	1:04.41 34.25	200m:	2:13.78	34.12	300m:	3:24.02	35.11	400m:	4:34.59 35.64
6.	TALAR Jakub		10	UKS Delfinek Chodzie				4:52.69	474	
	50m:	32.45 32.45	150m:	1:46.32	37.36	250m:	3:01.74	37.17	350m:	4:15.23 35.78
	100m:	1:08.96 36.51	200m:	2:24.57	38.25	300m:	3:39.45	37.71	400m:	4:52.69 37.46
7.	STUDZI SKI Mateusz		09	UKS Wodniacy Garczyn				4:58.76	446	
	50m:	33.91 33.91	150m:	1:51.29	39.34	250m:	3:08.65	38.98	350m:	4:26.78 38.55
	100m:	1:11.95 38.04	200m:	2:29.67	38.38	300m:	3:48.23	39.58	400m:	4:58.76 31.98
8.	BYSTRON Fryderyk		10	UKS Manta Ko cierzyna				5:17.17	373	
	50m:	34.10 34.10	150m:	1:56.50	41.66	250m:	3:18.60	40.41	350m:	4:41.05 41.21
	100m:	1:14.84 40.74	200m:	2:38.19	41.69	300m:	3:59.84	41.24	400m:	5:17.17 36.12

KAT. C

1.	D BROWSKI Marcin		07	UKS Tri-Sea Władysławowo				3:53.68	915	
	50m:	26.64 26.64	150m:	1:23.48	29.05	250m:	2:23.63	29.76	350m:	3:24.32 30.21
	100m:	54.43 27.79	200m:	1:53.87	30.39	300m:	2:54.11	30.48	400m:	3:53.68 29.36
2.	KOZŁOWSKI Oskar		08	MUKS PIORUN Gołdap				4:00.05	844	
	50m:	25.82 25.82	150m:	1:27.33	31.38	250m:	2:30.51	29.90	350m:	3:31.46 30.41
	100m:	55.95 30.13	200m:	2:00.61	33.28	300m:	3:01.05	30.54	400m:	4:00.05 28.59
3.	ZIEMNIAK Seweryn		08	UKS Tri-Sea Władysławowo				4:00.81	836	
	50m:	26.41 26.41	150m:	1:27.64	30.93	250m:	2:28.13	30.68	350m:	3:30.31 31.43
	100m:	56.71 30.30	200m:	1:57.45	29.81	300m:	2:58.88	30.75	400m:	4:00.81 30.50
4.	HUMERCZYK Marcin		07	UKS Delfinek Chodzie				4:04.27	801	
	50m:	26.41 26.41	150m:	1:28.09	32.06	250m:	2:33.07	32.30	350m:	3:37.02 32.35
	100m:	56.03 29.62	200m:	2:00.77	32.68	300m:	3:04.67	31.60	400m:	4:04.27 27.25

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Konkurencja 10, Chłopców, 400m Bifins, KAT. C

Pozycja				Rok ur.					Czas	Pkt.		
5.	HINC Filip			07	KS Aqua Sport Ko cierzyna				4:41.66	522		
	50m:	28.64	28.64	150m:	1:37.24	35.20	250m:	2:50.97	37.26	350m:	4:07.03	37.30
	100m:	1:02.04	33.40	200m:	2:13.71	36.47	300m:	3:29.73	38.76	400m:	4:41.66	34.63
6.	GRABOWSKI Brajan			08	UKS Delfinek Chodzie				5:51.09	269		
	50m:	36.83	36.83	150m:	2:03.95	44.87	250m:	3:36.80	47.26	350m:	5:08.06	45.03
	100m:	1:19.08	42.25	200m:	2:49.54	45.59	300m:	4:23.03	46.23	400m:	5:51.09	43.03

KAT. B

1.	GRABOWSKI Radosław			05	UKS Delfinek Chodzie				3:40.87	980		
	50m:	24.67	24.67	150m:	1:20.56	28.00	250m:	2:17.20	27.46	350m:	3:14.32	28.59
	100m:	52.56	27.89	200m:	1:49.74	29.18	300m:	2:45.73	28.53	400m:	3:40.87	26.55

KAT. A

1.	KROPIDŁOWSKI Szymon			02	UKS Manta Ko cierzyna				3:39.32	1022		
	<i>Rekord Polski</i>											
	50m:	24.84	24.84	150m:	1:19.73	27.87	250m:	2:16.47	28.34	350m:	3:13.05	27.92
	100m:	51.86	27.02	200m:	1:48.13	28.40	300m:	2:45.13	28.66	400m:	3:39.32	26.27