

Mistrzostwa Zachodniopomorskiego Okręgowego Związku Pływackiego Szczecin  
Szczecin, 2-12-2022

Konkurencja 16  
2022-12-02 - 14:11

Chłopców, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.
<b>13 lat</b>									
1.	SZEL	EK Alan	09	MKP Szczecin				<b>4:17.66</b>	558
	50m:	29.14	29.14	150m:	1:34.18	32.80	250m:	2:40.69	32.91
	100m:	1:01.38	32.24	200m:	2:07.78	33.60	300m:	3:14.34	33.65
							350m:	3:46.47	32.13
							400m:	4:17.66	31.19
2.	ZIELI	SKI Dawid	09	MKP Szczecin				<b>4:29.26</b>	489
	50m:	29.98	29.98	150m:	1:37.73	34.12	250m:	2:47.15	34.91
	100m:	1:03.61	33.63	200m:	2:12.24	34.51	300m:	3:21.31	34.16
							350m:	3:55.80	34.49
							400m:	4:29.26	33.46
3.	OLSZEWSKI	Jakub	09	MKP Szczecin				<b>4:42.70</b>	423
	50m:	30.48	30.48	150m:	1:41.32	35.95	250m:	2:54.01	36.50
	100m:	1:05.37	34.89	200m:	2:17.51	36.19	300m:	3:30.83	36.82
							350m:	4:07.33	36.50
							400m:	4:42.70	35.37
4.	JANKIEWICZ	Szymon	09	MKS Neptun Stargard				<b>4:47.69</b>	401
	50m:	30.15	30.15	150m:	1:42.05	37.32	250m:	2:57.64	38.07
	100m:	1:04.73	34.58	200m:	2:19.57	37.52	300m:	3:35.49	37.85
							350m:	4:13.44	37.95
							400m:	4:47.69	34.25
5.	WIKLI	SKI Maciej	09	MKS CKS-SMS Szczecin				<b>5:17.85</b>	297
	50m:	36.81	36.81	150m:	1:59.18	41.24	250m:	3:21.42	41.06
	100m:	1:17.94	41.13	200m:	2:40.36	41.18	300m:	4:02.04	40.62
							350m:	4:41.59	39.55
							400m:	5:17.85	36.26
<b>12 lat</b>									
1.	CHABOWSKI-PALONKA	Krzysztof	10	MKP Szczecin				<b>4:40.45</b>	433
	50m:	31.51	31.51	150m:	1:42.32	35.77	250m:	2:55.37	36.64
	100m:	1:06.55	35.04	200m:	2:18.73	36.41	300m:	3:31.91	36.54
							350m:	4:06.94	35.03
							400m:	4:40.45	33.51
2.	POPIELSKI	Aleksander	10	MKP Szczecin				<b>4:45.71</b>	409
	50m:	31.19	31.19	150m:	1:42.96	36.57	250m:	2:57.33	37.34
	100m:	1:06.39	35.20	200m:	2:19.99	37.03	300m:	3:34.31	36.98
							350m:	4:11.17	36.86
							400m:	4:45.71	34.54
3.	MICHALCZYSZYN	Filip	10	MKP Szczecin				<b>4:55.14</b>	371
	50m:	33.15	33.15	150m:	1:46.78	37.07	250m:	3:02.09	37.11
	100m:	1:09.71	36.56	200m:	2:24.98	38.20	300m:	3:40.25	38.16
							350m:	4:17.87	37.62
							400m:	4:55.14	37.27
4.	GROSS	Florian	10	MKS CKS-SMS Szczecin				<b>5:02.03</b>	347
	50m:	32.34	32.34	150m:	1:50.13	39.76	250m:	3:09.28	39.24
	100m:	1:10.37	38.03	200m:	2:30.04	39.91	300m:	3:48.55	39.27
							350m:	4:26.27	37.72
							400m:	5:02.03	35.76
5.	SERWA	Kuba	10	MKS CKS-SMS Szczecin				<b>5:03.74</b>	341
	50m:	33.14	33.14	150m:	1:49.29	38.52	250m:	3:08.51	39.54
	100m:	1:10.77	37.63	200m:	2:28.97	39.68	300m:	3:48.41	39.90
							350m:	4:29.18	40.77
							400m:	5:03.74	34.56
6.	DE RUITER	Krystian	10	MKS CKS-SMS Szczecin				<b>5:16.79</b>	300
	50m:	36.26	36.26	150m:	1:57.68	41.04	250m:	3:18.29	39.80
	100m:	1:16.64	40.38	200m:	2:38.49	40.81	300m:	3:58.70	40.41
							350m:	4:38.84	40.14
							400m:	5:16.79	37.95
7.	GÓRECKI	Wiktor	10	MKS Znicz Koszalin				<b>5:20.64</b>	290
	50m:	37.72	37.72	150m:	2:00.29	41.47	250m:	3:22.14	40.85
	100m:	1:18.82	41.10	200m:	2:41.29	41.00	300m:	4:03.09	40.95
							350m:	4:43.44	40.35
							400m:	5:20.64	37.20
8.	PIECHOTA	Kordian	10	MKP Szczecin				<b>5:21.08</b>	288
	50m:	36.00	36.00	150m:	1:58.40	41.79	250m:	3:20.73	40.53
	100m:	1:16.61	40.61	200m:	2:40.20	41.80	300m:	4:01.31	40.58
							350m:		
							400m:	5:21.08	
9.	WOJNAR	Michał	10	MKP Szczecin				<b>5:28.42</b>	269
	50m:	36.82	36.82	150m:	2:00.46	42.56	250m:	3:24.63	42.20
	100m:	1:17.90	41.08	200m:	2:42.43	41.97	300m:	4:06.60	41.97
							350m:	4:48.41	41.81
							400m:	5:28.42	40.01
10.	JUCHNIEWICZ	Filip	10	MKS Neptun Stargard				<b>5:50.18</b>	222
	50m:	36.41	36.41	150m:	2:03.39	44.66	250m:	3:34.89	45.58
	100m:	1:18.73	42.32	200m:	2:49.31	45.92	300m:	4:20.93	46.04
							350m:	5:06.29	45.36
							400m:	5:50.18	43.89
11.	MAZEPA	Rafał	10	MKS CKS-SMS Szczecin				<b>6:01.15</b>	202
	50m:	39.66	39.66	150m:	2:09.88	45.56	250m:	3:42.62	46.36
	100m:	1:24.32	44.66	200m:	2:56.26	46.38	300m:	4:29.30	46.68
							350m:	5:16.24	46.94
							400m:	6:01.15	44.91

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Szczecin, 2-12-2022

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Konkurencja 16, Chłopców, 400m dowolny

PK	OGÓREK Mariusz			12	MKP Szczecin				<b>5:09.05</b>	323		
	50m:	34.34	34.34	150m:	1:53.02	39.63	250m:	3:12.49	39.90	350m:	4:31.22	38.40
	100m:	1:13.39	39.05	200m:	2:32.59	39.57	300m:	3:52.82	40.33	400m:	5:09.05	37.83