

Zimowe Mistrzostwa Polski Juniorów 16lat
Gorzów, 9- 11-12-2022

Konkurencja 19
2022-12-10 - 17:28

Dziewcz t, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski Open	4:02.68	POLANSKA Aleksandra	07614	Olsztyn	2020-12-18
Rekord Polski 16	4:08.04	KILIJA SKA Donata	00612	Poznan	2011-12-17

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	CR	Strata	%	Pkt.
Finał A						
1. PIEKARSKA Natalia	06 UKS 190 Łód	4:15.65	+0,69		104%	766
50m: 29.33 29.33	150m: 1:33.45 32.27	250m: 2:38.71	32.68	350m: 3:43.71	32.29	
100m: 1:01.18 31.85	200m: 2:06.03 32.58	300m: 3:11.42	32.71	400m: 4:15.65	31.94	
2. MACIAK Julia	06 IUKS Muszelka Warszawa	4:16.24	+0,78	+ 0.59	106%	760
50m: 29.36 29.36	150m: 1:33.68 32.37	250m: 2:38.95	32.66	350m: 3:44.61	32.77	
100m: 1:01.31 31.95	200m: 2:06.29 32.61	300m: 3:11.84	32.89	400m: 4:16.24	31.63	
3. CZUBAK Maria	06 IKS Konstancin	4:18.56	+0,80	+ 2.91	102%	740
50m: 28.55 28.55	150m: 1:32.37 32.12	250m: 2:37.80	33.06	350m: 3:45.04	33.80	
100m: 1:00.25 31.70	200m: 2:04.74 32.37	300m: 3:11.24	33.44	400m: 4:18.56	33.52	
4. LECHOWSKA Magdalena	06 WKS I sk Wrocław	4:24.37	+0,73	+ 8.72	105%	692
50m: 29.80 29.80	150m: 1:35.40 33.24	250m: 2:42.86	33.87	350m: 3:50.92	34.14	
100m: 1:02.16 32.36	200m: 2:08.99 33.59	300m: 3:16.78	33.92	400m: 4:24.37	33.45	
5. R P Apolonia	06 MKS Juvenia Wrocław	4:26.68	+0,72	+ 11.03	103%	674
50m: 30.29 30.29	150m: 1:37.07 33.79	250m: 2:45.53	34.46	350m: 3:54.09	34.08	
100m: 1:03.28 32.99	200m: 2:11.07 34.00	300m: 3:20.01	34.48	400m: 4:26.68	32.59	
6. TRACZYK Anna	06 MKS Juvenia Wrocław	4:27.12	+0,75	+ 11.47	103%	671
50m: 30.56 30.56	150m: 1:37.62 33.96	250m: 2:46.15	34.20	350m: 3:54.44	34.07	
100m: 1:03.66 33.10	200m: 2:11.95 34.33	300m: 3:20.37	34.22	400m: 4:27.12	32.68	
7. GORCZYCA Gabriela	06 UKS SMS Galicja Kraków	4:31.07	+0,68	+ 15.42	99%	642
50m: 30.32 30.32	150m: 1:37.27 33.81	250m: 2:45.82	34.62	350m: 3:56.18	35.22	
100m: 1:03.46 33.14	200m: 2:11.20 33.93	300m: 3:20.96	35.14	400m: 4:31.07	34.89	
8. ADAMCZYK Karolina	06 MUKP Warszawianka- Wodny Park	4:33.75	+0,75	+ 18.10	98%	623
50m: 30.26 30.26	150m: 1:37.79 34.16	250m: 2:45.69	33.94	350m: 3:53.65	33.39	
100m: 1:03.63 33.37	200m: 2:11.75 33.96	300m: 3:20.26	34.57	400m: 4:33.75	40.10	
Finał B						
9. GAWĘŁKO Zuzanna	06 KU AZS UMCS Lublin	4:28.16	+0,64	+ 12.51	102%	663
50m: 30.87 30.87	150m: 1:37.98 33.78	250m: 2:45.35	33.65	350m: 3:54.44	34.62	
100m: 1:04.20 33.33	200m: 2:11.70 33.72	300m: 3:19.82	34.47	400m: 4:28.16	33.72	
10. WIDNICKA Kamila	06 MKS Juvenia Wrocław	4:29.67	+0,74	+ 14.02	103%	652
50m: 30.52 30.52	150m: 1:38.85 34.62	250m: 2:48.64	34.90	350m: 3:57.60	34.10	
100m: 1:04.23 33.71	200m: 2:13.74 34.89	300m: 3:23.50	34.86	400m: 4:29.67	32.07	
11. ŁAZARZ Milena	06 UKP Unia O wi cim	4:30.62	+0,76	+ 14.97	101%	645
50m: 30.08 30.08	150m: 1:38.16 34.36	250m: 2:47.53	34.51	350m: 3:57.09	34.71	
100m: 1:03.80 33.72	200m: 2:13.02 34.86	300m: 3:22.38	34.85	400m: 4:30.62	33.53	
12. KUSION Judyta	06 UKP Unia O wi cim	4:31.54	+0,74	+ 15.89	100%	639
50m: 30.76 30.76	150m: 1:38.70 34.51	250m: 2:48.21	34.77	350m: 3:57.65	34.43	
100m: 1:04.19 33.43	200m: 2:13.44 34.74	300m: 3:23.22	35.01	400m: 4:31.54	33.89	
13. FURMA SKA Julia	06 UKS Nawa Skierniewice	4:40.97	+0,75	+ 25.32	103%	577
50m: 32.20 32.20	150m: 1:42.70 35.59	250m: 2:54.33	35.83	350m: 4:06.72	36.00	
100m: 1:07.11 34.91	200m: 2:18.50 35.80	300m: 3:30.72	36.39	400m: 4:40.97	34.25	
14. SZWABI KA Alicja	06 UKP TORPEDA Ole nica	4:41.01	+0,73	+ 25.36	99%	576
50m: 31.74 31.74	150m: 1:42.85 35.83	250m: 2:55.23	36.29	350m: 4:07.11	35.83	
100m: 1:07.02 35.28	200m: 2:18.94 36.09	300m: 3:31.28	36.05	400m: 4:41.01	33.90	
15. SZACHMYTOWSKA Lena	06 MTS Kwidzyn	4:41.56	+0,66	+ 25.91	100%	573
50m: 31.31 31.31	150m: 1:41.92 35.74	250m: 2:54.80	36.48	350m: 4:07.50	36.29	
100m: 1:06.18 34.87	200m: 2:18.32 36.40	300m: 3:31.21	36.41	400m: 4:41.56	34.06	
16. GAWLIK Jagoda	06 KS Górnik Sosnowiec	4:42.32	+0,72	+ 26.67	103%	568
50m: 31.65 31.65	150m: 1:42.47 36.24	250m: 2:55.80	36.94	350m: 4:08.00	35.35	
100m: 1:06.23 34.58	200m: 2:18.86 36.39	300m: 3:32.65	36.85	400m: 4:42.32	34.32	