

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat\_ I runda  
Szczecin, 22- - 23-3-2023

Konkurencja 8  
2023-03-22 - 13:41

Chłopców, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	CR	str.	Pkt.
<b>13 lat</b>					
1. HOŁUB Hubert	10 MKS Znicz Koszalin	<b>4:26.78</b> +0,71		99%	503
50m: 30.23 30.23	150m: 1:39.19 34.87	250m: 2:46.56 32.93	350m: 3:54.34 33.65		
100m: 1:04.32 34.09	200m: 2:13.63 34.44	300m: 3:20.69 34.13	400m: 4:26.78 32.44		
2. CHABOWSKI-PALONKA Krzyszto	10 MKP Szczecin	<b>4:38.19</b> +0,7+	11.41	102%	444
50m: 31.56 31.56	150m: 1:43.58 36.27	250m: 2:54.18 36.15	350m: 4:04.32 34.75		
100m: 1:07.31 35.75	200m: 2:18.03 34.45	300m: 3:29.57 35.39	400m: 4:38.19 33.87		
3. POPIELSKI Aleksander	10 MKP Szczecin	<b>4:40.37</b> +0,6+	13.59	104%	433
50m: 30.42 30.42	150m: 1:40.71 35.56	250m: 2:53.28 36.37	350m: 4:05.95 36.05		
100m: 1:05.15 34.73	200m: 2:16.91 36.20	300m: 3:29.90 36.62	400m: 4:40.37 34.42		
4. MICHALCZYSZYN Filip	10 MKP Szczecin	<b>4:47.73</b> +0,6+	20.95	105%	401
50m: 32.70 32.70	150m: 1:44.97 36.42	250m: 2:58.05 36.55	350m: 4:11.25 36.57		
100m: 1:08.55 35.85	200m: 2:21.50 36.53	300m: 3:34.68 36.63	400m: 4:47.73 36.48		
5. MAKOWSKI Jakub	10 MKP Szczecin	<b>4:50.43</b> +0,7+	23.65	109%	390
50m: 32.08 32.08	150m: 1:45.85 37.17	250m: 3:00.74 37.31	350m: 4:15.30 37.23		
100m: 1:08.68 36.60	200m: 2:23.43 37.58	300m: 3:38.07 37.33	400m: 4:50.43 35.13		
6. GÓRECKI Wiktor	10 MKS Znicz Koszalin	<b>4:55.64</b> +0,7+	28.86	118%	370
50m: 33.03 33.03	150m: 1:46.90 37.16	250m: 3:03.04 38.24	350m: 4:19.28 37.76		
100m: 1:09.74 36.71	200m: 2:24.80 37.90	300m: 3:41.52 38.48	400m: 4:55.64 36.36		
7. SERWA Kuba	10 MKS CKS-SMS Szczecin	<b>4:56.58</b> +0,6+	29.80	105%	366
50m: 33.72 33.72	150m: 1:49.60 38.14	250m: 3:06.37 38.49	350m: 4:22.20 36.47		
100m: 1:11.46 37.74	200m: 2:27.88 38.28	300m: 3:45.73 39.36	400m: 4:56.58 34.38		
8. GROSS Florian	10 MKS CKS-SMS Szczecin	<b>5:02.04</b> +0,7+	35.26	100%	347
50m: 33.57 33.57	150m: 1:50.62 39.05	250m: 3:08.36 39.45	350m: 4:25.61 37.86		
100m: 1:11.57 38.00	200m: 2:28.91 38.29	300m: 3:47.75 39.39	400m: 5:02.04 36.43		
9. PIECHOTA Kordian	10 MKP Szczecin	<b>5:08.08</b> +0,6+	41.30	109%	327
50m: 34.86 34.86	150m: 1:52.83 39.26	250m: 3:11.66 39.16	350m: 4:30.10 38.95		
100m: 1:13.57 38.71	200m: 2:32.50 39.67	300m: 3:51.15 39.49	400m: 5:08.08 37.98		
10. D BROWSKI Oliwier	10 MKP SŁOWIANKA Gorzów Wlkp.	<b>5:08.60</b> +0,7+	41.82	-	325
50m: 32.54 32.54	150m: 1:51.49 39.98	250m: 3:12.17 40.33	350m: 4:32.74 39.94		
100m: 1:11.51 38.97	200m: 2:31.84 40.35	300m: 3:52.80 40.63	400m: 5:08.60 35.86		
11. LEWANDOWSKI Maciej	10 MKP SŁOWIANKA Gorzów Wlkp.	<b>5:14.50</b> +0,7+	47.72	-	307
50m: 33.77 33.77	150m: 1:51.95 40.20	250m: 3:13.02 40.22	350m: 4:31.71 39.02		
100m: 1:11.75 37.98	200m: 2:32.80 40.85	300m: 3:52.69 39.67	400m: 5:14.50 42.79		
12. KROPIDŁOWSKI Szymon	10 MKS Znicz Koszalin	<b>5:20.04</b> +1,(+)	53.26	113%	291
50m: 35.59 35.59	150m: 1:57.47 40.71	250m: 3:18.93 40.41	350m: 4:40.03 39.26		
100m: 1:16.76 41.17	200m: 2:38.52 41.05	300m: 4:00.77 41.84	400m: 5:20.04 40.01		
13. DE RUITER Krystian	10 MKS CKS-SMS Szczecin	<b>5:22.93</b> +0,7+	56.15	96%	283
50m: 35.19 35.19	150m: 1:55.88 40.97	250m: 3:19.29 42.08	350m: 4:44.01 42.72		
100m: 1:14.91 39.72	200m: 2:37.21 41.33	300m: 4:01.29 42.00	400m: 5:22.93 38.92		
14. KLUCZY SKI Antoni	10 MKS Znicz Koszalin	<b>5:23.00</b> +0,6+	56.22	100%	283
50m: 34.81 34.81	150m: 1:56.63 41.55	250m: 3:20.14 41.59	350m: 4:43.38 41.69		
100m: 1:15.08 40.27	200m: 2:38.55 41.92	300m: 4:01.69 41.55	400m: 5:23.00 39.62		
15. MIODUSZEWSKI Jakub	10 MKP SŁOWIANKA Gorzów Wlkp.	<b>5:23.39</b> +0,6+	56.61	128%	282
50m: 33.38 33.38	150m: 1:54.91 42.09	250m: 3:18.17 42.14	350m: 4:40.29 39.89		
100m: 1:12.82 39.44	200m: 2:36.03 41.12	300m: 4:00.40 42.23	400m: 5:23.39 43.10		
16. WOJNAR Marcin	10 MKP Szczecin	<b>5:26.02</b> +0,7+	59.24	120%	275
50m: 35.53 35.53	150m: 1:56.49 40.52	250m: 3:18.66 40.86	350m: 4:42.66 42.09		
100m: 1:15.97 40.44	200m: 2:37.80 41.31	300m: 4:00.57 41.91	400m: 5:26.02 43.36		
17. CICHY Franciszek	10 MKP SŁOWIANKA Gorzów Wlkp.	<b>5:27.09</b> +6+	1:00.31	135%	273
50m: 36.20 36.20	150m: 1:58.62 41.85	250m: 3:24.12 43.02	350m: 4:48.82 41.96		
100m: 1:16.77 40.57	200m: 2:41.10 42.48	300m: 4:06.86 42.74	400m: 5:27.09 38.27		

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat\_ I runda  
Szczecin, 22- - 23-3-2023

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.				Czas	CR	str.	Pkt.	
18.	POBROTY Dawid			10	MKS Znicz Koszalin			<b>5:29.20</b>	++	1:02.42	123%	268
	50m:	34.66	34.66	150m:	1:57.56	41.74	250m:	3:23.55	43.50	350m:	4:47.57	42.19
	100m:	1:15.82	41.16	200m:	2:40.05	42.49	300m:	4:05.38	41.83	400m:	5:29.20	41.63
19.	KOPANIA Marcel			10	MKS Znicz Koszalin			<b>5:31.60</b>	++	1:04.82	120%	262
	50m:	37.49	37.49	150m:	2:01.39	42.20	250m:	3:27.65	42.56	350m:	4:52.53	43.16
	100m:	1:19.19	41.70	200m:	2:45.09	43.70	300m:	4:09.37	41.72	400m:	5:31.60	39.07
20.	UREK Alan			10	MKS Znicz Koszalin			<b>5:32.45</b>	++	1:05.67	105%	260
	50m:	37.60	37.60	150m:	2:02.71	42.61	250m:	3:28.12	43.48	350m:	4:53.53	42.07
	100m:	1:20.10	42.50	200m:	2:44.64	41.93	300m:	4:11.46	43.34	400m:	5:32.45	38.92
21.	KUJAWSKI Bartosz			10	MKP Szczecin			<b>5:33.62</b>	++	1:06.84	111%	257
	50m:	38.41	38.41	150m:	2:04.10	42.84	250m:	3:29.33	41.82	350m:	4:54.47	42.80
	100m:	1:21.26	42.85	200m:	2:47.51	43.41	300m:	4:11.67	42.34	400m:	5:33.62	39.15
22.	MARKIZA SKI Tymoteusz			10	MKS Znicz Koszalin			<b>5:38.44</b>	++	1:11.66	107%	246
	50m:	38.99	38.99	150m:	2:08.12	44.88	250m:	3:37.38	44.79	350m:	5:03.17	42.64
	100m:	1:23.24	44.25	200m:	2:52.59	44.47	300m:	4:20.53	43.15	400m:	5:38.44	35.27
23.	DOMARADZKI Alexander			10	MKP SŁOWIANKA Gorzów Wlkp.			<b>5:42.66</b>	++	1:15.88	106%	237
	50m:	38.67	38.67	150m:	2:07.58	44.09	250m:	3:36.62	44.20	350m:	5:01.64	40.35
	100m:	1:23.49	44.82	200m:	2:52.42	44.84	300m:	4:21.29	44.67	400m:	5:42.66	41.02
24.	PRACZYK Aleksander			10	MKS Znicz Koszalin			<b>5:43.34</b>	++	1:16.56	102%	236
	50m:	38.08	38.08	150m:	2:05.48	44.00	250m:	3:32.98	43.46	350m:	5:00.46	43.09
	100m:	1:21.48	43.40	200m:	2:49.52	44.04	300m:	4:17.37	44.39	400m:	5:43.34	42.88
25.	ANDRZEJEWSKI Natan			10	MKS Znicz Koszalin			<b>5:47.85</b>	++	1:21.07	107%	227
	50m:	39.62	39.62	150m:	2:07.49	44.76	250m:	3:36.60	44.19	350m:	5:05.54	44.17
	100m:	1:22.73	43.11	200m:	2:52.41	44.92	300m:	4:21.37	44.77	400m:	5:47.85	42.31
26.	BEDNARCZYK Dawid			10	MKP Szczecin			<b>6:35.45</b>	++	2:08.67	-	154
	50m:	40.56	40.56	150m:	2:20.83	50.96	250m:	4:02.16	50.43	350m:	5:47.65	55.21
	100m:	1:29.87	49.31	200m:	3:11.73	50.90	300m:	4:52.44	50.28	400m:	6:35.45	47.80
27.	TARASIUK Michał			10	MKP SŁOWIANKA Gorzów Wlkp.			<b>6:55.91</b>	++	2:29.13	-	132
	50m:	45.60	45.60	150m:	2:29.88	52.75	250m:	4:16.26	53.49	350m:	6:03.67	52.16
	100m:	1:37.13	51.53	200m:	3:22.77	52.89	300m:	5:11.51	55.25	400m:	6:55.91	52.24

12 lat

1.	JONIAK Marcel			11	MKP Szczecin			<b>4:53.61</b>	+0,64	110%	377	
	50m:	33.74	33.74	150m:	1:47.20	36.96	250m:	3:01.78	37.41	350m:	4:16.93	37.43
	100m:	1:10.24	36.50	200m:	2:24.37	37.17	300m:	3:39.50	37.72	400m:	4:53.61	36.68
2.	BANUCH Dorian			11	MKP Szczecin			<b>5:22.19</b>	+0,7+	28.58	110%	285
	50m:	35.58	35.58	150m:	1:56.33	41.04	250m:	3:19.00	41.72	350m:	4:42.62	41.62
	100m:	1:15.29	39.71	200m:	2:37.28	40.95	300m:	4:01.00	42.00	400m:	5:22.19	39.57
3.	LIWI SKI Filip			11	MKS CKS-SMS Szczecin			<b>5:40.13</b>	+0,7+	46.52	112%	243
	50m:	36.31	36.31	150m:	2:00.39	42.94	250m:	3:28.77	44.22	350m:	4:58.76	45.30
	100m:	1:17.45	41.14	200m:	2:44.55	44.16	300m:	4:13.46	44.69	400m:	5:40.13	41.37
4.	FLORCZAK Aleksander			11	MKS Znicz Koszalin			<b>5:40.35</b>	+0,7+	46.74	92%	242
	50m:	37.19	37.19	150m:	2:02.91	43.67	250m:	3:32.16	45.03	350m:	5:00.21	43.26
	100m:	1:19.24	42.05	200m:	2:47.13	44.22	300m:	4:16.95	44.79	400m:	5:40.35	40.14
5.	KLIM Krystian			11	MKS Znicz Koszalin			<b>5:41.06</b>	+0,7+	47.45	119%	241
	50m:	37.58	37.58	150m:	2:04.79	43.84	250m:	3:33.70	44.54	350m:	5:02.00	43.28
	100m:	1:20.95	43.37	200m:	2:49.16	44.37	300m:	4:18.72	45.02	400m:	5:41.06	39.06
6.	GROCHOWCZAK Wojciech			11	UKS Olimp Gorzów Wlkp.			<b>5:41.86</b>	+0,7+	48.25	-	239
	50m:	36.42	36.42	150m:	2:05.85	45.70	250m:	3:35.38	44.98	350m:	5:01.92	41.12
	100m:	1:20.15	43.73	200m:	2:50.40	44.55	300m:	4:20.80	45.42	400m:	5:41.86	39.94
7.	WITKOWIAK Filip			11	UKS Olimp Gorzów Wlkp.			<b>5:49.75</b>	+0,6+	56.14	-	223
	50m:	35.26	35.26	150m:	2:01.39	44.61	250m:	3:33.85	46.65	350m:	5:05.32	46.69
	100m:	1:16.78	41.52	200m:	2:47.20	45.81	300m:	4:18.63	44.78	400m:	5:49.75	44.43

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat\_ I runda  
Szczecin, 22- - 23-3-2023

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.			Czas	CR	str.	Pkt.
8. WISTAK-ROKOSA Alan	11	MKP Szczecin		<b>5:56.85</b>	(+ 1:03.24)	105%	210
50m: 39.94	39.94	150m: 2:09.48	45.24	250m: 3:42.02	46.61	350m: 5:15.42	46.53
100m: 1:24.24	44.30	200m: 2:55.41	45.93	300m: 4:28.89	46.87	400m: 5:56.85	41.43
9. PALUSZEK Ignacy	11	MKS Znicz Koszalin		<b>5:58.47</b>	(+ 1:04.86)	118%	207
50m: 41.43	41.43	150m: 2:15.19	46.92	250m: 3:48.84	46.78	350m: 5:17.81	43.24
100m: 1:28.27	46.84	200m: 3:02.06	46.87	300m: 4:34.57	45.73	400m: 5:58.47	40.66
10. SOCHA Mikołaj	11	MKS Znicz Koszalin		<b>6:00.06</b>	(+ 1:06.45)	112%	204
50m: 41.24	41.24	150m: 2:14.13	46.89	250m: 3:47.61	46.96	350m: 5:18.30	44.93
100m: 1:27.24	46.00	200m: 3:00.65	46.52	300m: 4:33.37	45.76	400m: 6:00.06	41.76
11. SMOLARCZYK Mirosław	11	MKS Neptun Stargard		<b>6:00.98</b>	(+ 1:07.37)	-	203
50m: 44.35	44.35	150m: 2:27.37	52.34	250m: 4:15.52	53.47	350m: 5:42.85	33.61
100m: 1:35.03	50.68	200m: 3:22.05	54.68	300m: 5:09.24	53.72	400m: 6:00.98	18.13
12. KARPIK Norbert	11	MKP Szczecin		<b>6:05.33</b>	(+ 1:11.72)	107%	196
50m: 39.80	39.80	150m: 2:10.92	45.99	250m: 3:45.51	47.70	350m: 5:19.76	46.39
100m: 1:24.93	45.13	200m: 2:57.81	46.89	300m: 4:33.37	47.86	400m: 6:05.33	45.57
13. CHŁYSTA Mateusz	11	MKP Szczecin		<b>6:05.57</b>	(+ 1:11.96)	116%	195
50m: 42.60	42.60	150m: 2:17.05	47.26	250m: 3:52.42	47.61	350m: 5:23.01	45.60
100m: 1:29.79	47.19	200m: 3:04.81	47.76	300m: 4:37.41	44.99	400m: 6:05.57	42.56
14. TUSK Krzysztof	11	MKS Znicz Koszalin		<b>6:07.66</b>	(+ 1:14.05)	108%	192
50m: 41.71	41.71	150m: 2:17.21	48.38	250m: 3:50.53	46.53	350m: 5:22.55	45.55
100m: 1:28.83	47.12	200m: 3:04.00	46.79	300m: 4:37.00	46.47	400m: 6:07.66	45.11
15. WIERTLEWSKI Michał	11	UKS Olimp Gorzów Wlkp.		<b>6:18.18</b>	(+ 1:24.57)	-	176
50m: 41.96	41.96	150m: 2:19.53	49.46	250m: 3:55.07	48.34	350m: 5:33.78	48.81
100m: 1:30.07	48.11	200m: 3:06.73	47.20	300m: 4:44.97	49.90	400m: 6:18.18	44.40
16. KARHUT Tytus	11	MKP Szczecin		<b>6:41.73</b>	(+ 1:48.12)	-	147
50m: 41.68	41.68	150m: 2:22.44	51.64	250m: 4:05.60	53.03	350m: 5:53.25	53.62
100m: 1:30.80	49.12	200m: 3:12.57	50.13	300m: 4:59.63	54.03	400m: 6:41.73	48.48
17. NADOLNY Antoni	11	MKS Znicz Koszalin		<b>6:49.70</b>	(+ 1:56.09)	105%	139
50m: 43.42	43.42	150m: 2:27.80	53.17	250m: 4:13.78	53.22	350m: 5:58.69	52.08
100m: 1:34.63	51.21	200m: 3:20.56	52.76	300m: 5:06.61	52.83	400m: 6:49.70	51.01
18. STRZY EWSKI Wiktor	11	MKP Szczecin		<b>7:38.71</b>	(+ 2:45.10)	94%	99
50m: 51.07	51.07	150m: 2:49.78	59.22	250m: 4:49.91	1:00.89	350m: 6:44.64	56.88
100m: 1:50.56	59.49	200m: 3:49.02	59.24	300m: 5:47.76	57.85	400m: 7:38.71	54.07