

Grand Prix Województwa Zachodniopomorskiego i Lubuskiego - III Runda  
Szczecin, 26-4-2023

Konkurencja 6  
2023-04-26 - 11:50

Dziewcz t, 400m dowolny

12 - 15 lat  
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.	CR
<b>15 lat</b>										
1.	TOMASZEWSKA Maria		08	MKP SŁOWIANKA Gorzów Wlkp.				<b>4:55.21</b>	513	+0,66
	50m:	32.60 32.60	150m:	1:47.75 38.18	250m:	3:03.63 37.91	350m:	4:18.66 37.45		
	100m:	1:09.57 36.97	200m:	2:25.72 37.97	300m:	3:41.21 37.58	400m:	4:55.21 36.55		
2.	BIEDRZYCKA Blanka		08	KP Bałtyk Kołobrzeg				<b>5:10.28</b>	442	+0,68
	50m:	35.52 35.52	150m:	1:54.17 39.76	250m:	3:13.25 39.32	350m:	4:31.73 39.06		
	100m:	1:14.41 38.89	200m:	2:33.93 39.76	300m:	3:52.67 39.42	400m:	5:10.28 38.55		
<b>14 lat</b>										
1.	WEGNER Julia		09	MKP SŁOWIANKA Gorzów Wlkp.				<b>4:49.20</b>	546	+0,72
	50m:	31.53 31.53	150m:	1:45.30 37.36	250m:	3:00.34 37.59	350m:	4:14.12 36.32		
	100m:	1:07.94 36.41	200m:	2:22.75 37.45	300m:	3:37.80 37.46	400m:	4:49.20 35.08		
2.	CHYCZEWSKA Pola		09	MKP SŁOWIANKA Gorzów Wlkp.				<b>4:49.60</b>	544	+0,73
	50m:	31.93 31.93	150m:	1:45.00 37.37	250m:	2:59.00 36.79	350m:	4:13.57 36.72		
	100m:	1:07.63 35.70	200m:	2:22.21 37.21	300m:	3:36.85 37.85	400m:	4:49.60 36.03		
3.	MAJSZUTOWICZ Zofia		09	MKP Szczecin				<b>4:57.42</b>	502	+0,79
	50m:	32.76 32.76	150m:	1:48.22 38.33	250m:	3:04.55 38.44	350m:	4:20.81 38.22		
	100m:	1:09.89 37.13	200m:	2:26.11 37.89	300m:	3:42.59 38.04	400m:	4:57.42 36.61		
4.	SZCZEPANIK Nikola		09	MKP SŁOWIANKA Gorzów Wlkp.				<b>5:00.09</b>	489	+0,64
	50m:	33.36 33.36	150m:	1:50.28 38.80	250m:	3:08.17 38.93	350m:	4:25.46 38.30		
	100m:	1:11.48 38.12	200m:	2:29.24 38.96	300m:	3:47.16 38.99	400m:	5:00.09 34.63		
5.	ORŁOWSKA Celina		09	MKS Neptun Stargard				<b>5:10.13</b>	443	+0,83
	50m:	34.58 34.58	150m:	1:52.28 39.58	250m:	3:11.71 39.72	350m:	4:31.40 39.91		
	100m:	1:12.70 38.12	200m:	2:31.99 39.71	300m:	3:51.49 39.78	400m:	5:10.13 38.73		
6.	DZIKOWICKA Konstancja		09	MKP SŁOWIANKA Gorzów Wlkp.				<b>5:24.44</b>	387	+0,74
	50m:	36.07 36.07	150m:	1:58.82 42.28	250m:	3:23.45 42.37	350m:	4:46.15 41.18		
	100m:	1:16.54 40.47	200m:	2:41.08 42.26	300m:	4:04.97 41.52	400m:	5:24.44 38.29		
7.	SUŁKOWSKA Barbara		09	MKS Znicz Koszalin				<b>5:32.84</b>	358	+0,86
	50m:	38.11 38.11	150m:	2:03.88 43.15	250m:	3:29.65 42.85	350m:	4:53.67 41.48		
	100m:	1:20.73 42.62	200m:	2:46.80 42.92	300m:	4:12.19 42.54	400m:	5:32.84 39.17		
<b>13 lat</b>										
1.	WI TO Antonina		10	MKS Znicz Koszalin				<b>5:08.85</b>	448	+0,64
	50m:	33.96 33.96	150m:	1:51.18 38.57	250m:	3:11.56 40.55	350m:	4:31.69 39.76		
	100m:	1:12.61 38.65	200m:	2:31.01 39.83	300m:	3:51.93 40.37	400m:	5:08.85 37.16		
2.	PRONIN Natalia		10	MKP SŁOWIANKA Gorzów Wlkp.				<b>5:16.94</b>	415	+0,69
	50m:	33.92 33.92	150m:	1:53.36 40.08	250m:	3:14.30 40.69	350m:	4:37.60 41.69		
	100m:	1:13.28 39.36	200m:	2:33.61 40.25	300m:	3:55.91 41.61	400m:	5:16.94 39.34		
3.	KRUTUL Ada		10	MKS Znicz Koszalin				<b>5:19.88</b>	403	+0,63
	50m:	34.70 34.70	150m:	1:55.57 41.23	250m:	3:18.75 41.54	350m:	4:41.37 40.74		
	100m:	1:14.34 39.64	200m:	2:37.21 41.64	300m:	4:00.63 41.88	400m:	5:19.88 38.51		
4.	KRUK Hanna		10	UKP Marlin Gryfino				<b>5:32.71</b>	358	+0,93
	50m:	36.13 36.13	150m:	2:00.89 43.45	250m:	3:27.65 43.24	350m:	4:53.17 42.08		
	100m:	1:17.44 41.31	200m:	2:44.41 43.52	300m:	4:11.09 43.44	400m:	5:32.71 39.54		
5.	KŁOSOWSKA Zofia		10	MKS Znicz Koszalin				<b>5:33.57</b>	356	+0,83
	50m:	38.31 38.31	150m:	2:04.90 43.24	250m:	3:30.57 42.77	350m:	4:55.45 42.21		
	100m:	1:21.66 43.35	200m:	2:47.80 42.90	300m:	4:13.24 42.67	400m:	5:33.57 38.12		
6.	BARTYZEL Nadia		10	MKP Kołobrzeg				<b>5:41.79</b>	331	+0,95
	50m:	38.15 38.15	150m:	2:06.14 44.89	250m:	3:36.81 46.11	350m:	5:04.87 44.24		
	100m:	1:21.25 43.10	200m:	2:50.70 44.56	300m:	4:20.63 43.82	400m:	5:41.79 36.92		

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Konkurencja 6, Dziewcz t, 400m dowolny, 13 lat

Pozycja		Rok ur.			Czas	Pkt.	CR
7.	KOSTECKA Emilia	10	MKS Neptun Stargard		<b>5:41.99</b>	330	+0,78
	50m: 37.48 37.48		150m: 2:04.76 44.67	250m: 3:33.46 44.05	350m: 5:02.44 44.76		
	100m: 1:20.09 42.61		200m: 2:49.41 44.65	300m: 4:17.68 44.22	400m: 5:41.99 39.55		
8.	PIOTROWSKA Agata	10	MKP Szczecin		<b>6:23.26</b>	234	+0,84
	50m:		150m:	250m:	350m:		
	100m: 1:27.92		200m: 3:08.66	300m:	400m: 6:23.26		
12 lat							
1.	KROPLEWSKA Noemi	11	UKS Olimp Gorzów Wlkp.		<b>5:34.68</b>	352	+0,61
	50m: 35.38 35.38		150m: 2:00.38 43.62	250m: 3:28.11 44.20	350m: 4:55.11 43.50		
	100m: 1:16.76 41.38		200m: 2:43.91 43.53	300m: 4:11.61 43.50	400m: 5:34.68 39.57		
2.	MAŁECKA Hanna	11	MKS CKS-SMS Szczecin		<b>6:02.01</b>	278	+0,86
	50m: 40.53 40.53		150m: 2:11.33 46.01	250m: 3:43.86 45.90	350m: 5:17.69 46.71		
	100m: 1:25.32 44.79		200m: 2:57.96 46.63	300m: 4:30.98 47.12	400m: 6:02.01 44.32		
3.	KU CI SKA Joanna	11	UKS Olimp Gorzów Wlkp.		<b>6:23.44</b>	234	+0,81
	50m: 41.11 41.11		150m: 2:19.29 50.69	250m: 3:57.80 49.91	350m: 5:37.03 49.34		
	100m: 1:28.60 47.49		200m: 3:07.89 48.60	300m: 4:47.69 49.89	400m: 6:23.44 46.41		
4.	WALCZAK Dorota	11	UKS Olimp Gorzów Wlkp.		<b>6:59.94</b>	178	+0,80
	50m: 45.34 45.34		150m: 2:41.02 51.45	250m: 4:25.13 51.60	350m: 6:09.23 51.39		
	100m: 1:49.57 1:04.23		200m: 3:33.53 52.51	300m: 5:17.84 52.71	400m: 6:59.94 50.71		
PK	TROJANOWSKA Hanna	07	KP Bałtyk Kołobrzeg		<b>5:04.36</b>	468	+0,62
	50m: 33.74 33.74		150m: 1:53.14 40.19	250m: 3:11.46 39.08	350m: 4:27.81 37.85		
	100m: 1:12.95 39.21		200m: 2:32.38 39.24	300m: 3:49.96 38.50	400m: 5:04.36 36.55		