



Zimowe Mistrzostwa Polski Juniorów i Seniorów w pływaniu w płetwach
Cetniewo, 11 - 12-11-2023

Konkurencja 21
2023-11-11 - 18:21

Chłopców, 400m Bifins

7 - 13 lat
Wyniki

Rekordy Polski_25m_pletwa Open	3:35.17	KROPIDŁOWSKI Szymon		
Rekordy Polski_25m_pletwa 12 - 13	3:48.33	MARKIEWICZ Jarosław	Władysławowo	2018-11-15
Rekordy Polski_25m_pletwa 7 - 11	4:24.50	SMOSZNA Wiktor	Toru	2019-10-01

Punkty: PP 2023

Pozycja		Rok ur.			Czas	Pkt.
KAT. E						
1.	GRAD Bartosz	12	KS Nautilus Jastrz bie-Zdrój		4:50.99	404
	50m: 30.63 30.63	150m: 1:42.02 36.95	250m: 2:58.31 38.08	350m: 4:13.68 37.59		
	100m: 1:05.07 34.44	200m: 2:20.23 38.21	300m: 3:36.09 37.78	400m: 4:50.99 37.31		
2.	K PA Kacper	13	UKS Rekin Wrocław		5:22.19	297 + 31.20
	50m: 1:18.08 1:18.08	150m:	250m:	350m:		
	100m:	200m:	300m:	400m: 5:22.19		
3.	PROCHOWICZ Wojtek	12	MUKS PIORUN Gołdap		5:22.57	296 + 31.58
	50m: 34.62 34.62	150m: 1:55.55 41.69	250m: 3:20.57 43.30	350m: 4:43.18 41.09		
	100m: 1:13.86 39.24	200m: 2:37.27 41.72	300m: 4:02.09 41.52	400m: 5:22.57 39.39		
4.	GRABOWSKI Michał	12	Laguna 24 Toru		5:35.28	264 + 44.29
	50m: 36.80 36.80	150m: 2:43.83 1:25.65	250m:	350m:		
	100m: 1:18.18 41.38	200m: 4:11.52 1:27.69	300m:	400m: 5:35.28		
5.	SZLENDAK Jakub	12	UKS Manta Ko cierzyna		5:48.89	234 + 57.90
	50m: 38.05 38.05	150m: 2:09.58 46.33	250m:	350m:		
	100m: 1:23.25 45.20	200m: 3:40.56 1:30.98	300m:	400m: 5:48.89		
6.	JASZKE Ignacy	13	UKS DELFIN Władysławowo		5:59.37	21+ 1:08.38
	50m: 41.05 41.05	150m: 2:13.14 46.02	250m: 3:44.37 45.00	350m: 5:15.46 45.71		
	100m: 1:27.12 46.07	200m: 2:59.37 46.23	300m: 4:29.75 45.38	400m: 5:59.37 43.91		
7.	BUDZISZ Jan	12	UKS DELFIN Władysławowo		6:02.84	20+ 1:11.85
	50m: 38.46 38.46	150m: 2:08.18 45.80	250m: 3:45.57 49.52	350m: 5:16.20 42.81		
	100m: 1:22.38 43.92	200m: 2:56.05 47.87	300m: 4:33.39 47.82	400m: 6:02.84 46.64		
8.	STENCEL Jan	12	KS Aqua Sport Ko cierzyna		6:04.07	20+ 1:13.08
	50m:	150m:	250m: 5:21.19 1:27.77	350m:		
	100m:	200m: 3:53.42	300m:	400m: 6:04.07		
9.	KUPC Tomasz	12	KS Aqua Sport Ko cierzyna		6:08.46	19+ 1:17.47
	50m: 39.78 39.78	150m: 2:12.72 47.25	250m: 3:50.81 49.73	350m: 5:25.34 46.65		
	100m: 1:25.47 45.69	200m: 3:01.08 48.36	300m: 4:38.69 47.88	400m: 6:08.46 43.12		
10.	GRONCZEWSKI Jakub	13	KS Aqua Sport Ko cierzyna		6:14.71	18+ 1:23.72
	50m: 43.22 43.22	150m: 3:12.15 1:40.55	250m:	350m: 5:31.86		
	100m: 1:31.60 48.38	200m:	300m:	400m: 6:14.71 42.85		
11.	WACH Marcin	12	UKS DELFIN Władysławowo		6:20.59	18+ 1:29.60
	50m: 41.20 41.20	150m: 2:16.83 46.92	250m: 3:55.12 48.71	350m: 5:34.26 51.22		
	100m: 1:29.91 48.71	200m: 3:06.41 49.58	300m: 4:43.04 47.92	400m: 6:20.59 46.33		
12.	SZOPI SKI Karol	13	KS Aqua Sport Ko cierzyna		6:29.69	16+ 1:38.70
	50m: 42.90 42.90	150m: 2:27.75 54.21	250m: 4:06.49 49.32	350m: 5:47.96 48.05		
	100m: 1:33.54 50.64	200m: 3:17.17 49.42	300m: 4:59.91 53.42	400m: 6:29.69 41.73		
13.	WAWER Gustaw	12	UKS Manta Ko cierzyna		6:42.05	15+ 1:51.06
	50m: 43.09 43.09	150m: 2:27.24 53.42	250m: 4:11.65 53.48	350m: 5:53.45 50.47		
	100m: 1:33.82 50.73	200m: 3:18.17 50.93	300m: 5:02.98 51.33	400m: 6:42.05 48.60		

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Konkurencja 21, Chłopców, 400m Bifins

KAT. D

1.	KONKEL Albert	10	UKS Tri-Sea Mewa Władysławowo	4:05.72	671
	50m: 25.99 25.99	150m: 1:25.63 30.31	250m: 2:28.63 32.13	350m: 3:34.01 32.75	
	100m: 55.32 29.33	200m: 1:56.50 30.87	300m: 3:01.26 32.63	400m: 4:05.72 31.71	
2.	URAWLEW Filip	10	Amfiprion Olecko	4:20.60	562 + 14.88
	50m:	150m: 1:35.62	250m:	350m:	
	100m:	200m:	300m:	400m: 4:20.60	
3.	BYSTRON Fryderyk	10	UKS Manta Ko cierzyna	4:22.62	549 + 16.90
	50m: 27.84 27.84	150m: 1:34.83 34.34	250m: 2:42.94 34.50	350m: 3:50.24 33.49	
	100m: 1:00.49 32.65	200m: 2:08.44 33.61	300m: 3:16.75 33.81	400m: 4:22.62 32.38	
4.	TALAR Jakub	10	Delfinek Chodzie	4:45.07	430 + 39.35
	50m: 30.05 30.05	150m: 1:38.08 35.14	250m: 2:51.50 37.39	350m: 4:08.59 40.15	
	100m: 1:02.94 32.89	200m: 2:14.11 36.03	300m: 3:28.44 36.94	400m: 4:45.07 36.48	
5.	SKRZYPKOWSKI Emil	10	UKS DELFIN Władysławowo	4:53.39	394 + 47.67
	50m: 30.68 30.68	150m: 1:41.55 37.19	250m: 2:58.08 39.14	350m: 4:16.52 39.95	
	100m: 1:04.36 33.68	200m: 2:18.94 37.39	300m: 3:36.57 38.49	400m: 4:53.39 36.87	
6.	D BROWSKI Oskar	10	Delfinek Chodzie	5:08.58	336+ 1:02.86
	50m: 32.16 32.16	150m: 1:49.01 39.80	250m: 3:09.38 40.57	350m: 4:30.81 40.24	
	100m: 1:09.21 37.05	200m: 2:28.81 39.80	300m: 3:50.57 41.19	400m: 5:08.58 37.77	
7.	BEDA Gabriel	10	UKS DELFIN Władysławowo	5:20.54	302+ 1:14.82
	50m: 33.42 33.42	150m: 2:32.55 1:21.35	250m: 3:57.86 42.56	350m:	
	100m: 1:11.20 37.78	200m: 3:15.30 42.75	300m: 4:40.59 42.73	400m: 5:20.54	
8.	BEDRA Havier	10	KS Aqua Sport Ko cierzyna	5:21.80	296+ 1:16.08
	50m: 35.14 35.14	150m: 1:54.41 40.35	250m: 3:19.36 43.22	350m: 4:43.00 40.34	
	100m: 1:14.06 38.92	200m: 2:36.14 41.73	300m: 4:02.66 43.30	400m: 5:21.80 38.80	
9.	ACZEK Jakub	11	UKS DELFIN Władysławowo	5:34.75	266+ 1:29.03
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m: 5:34.75	
10.	GROCHOWSKI Igor	11	KS Aqua Sport Ko cierzyna	5:38.15	257+ 1:32.43
	50m: 35.50 35.50	150m: 2:01.91 43.68	250m:	350m:	
	100m: 1:18.23 42.73	200m: 2:44.02 42.11	300m:	400m: 5:38.15	
11.	SZOPI SKI Wiktor	11	KS Aqua Sport Ko cierzyna	5:39.35	254+ 1:33.63
	50m: 35.85 35.85	150m: 3:33.96 1:29.09	250m: 5:02.53 43.42	350m:	
	100m: 2:04.87 1:29.02	200m: 4:19.11 45.15	300m:	400m: 5:39.35	
12.	DACH Tymon	11	KS Aqua Sport Ko cierzyna	5:39.61	254+ 1:33.89
	50m: 36.07 36.07	150m: 2:05.58 45.71	250m: 3:33.98 43.94	350m: 5:02.17 42.56	
	100m: 1:19.87 43.80	200m: 2:50.04 44.46	300m: 4:19.61 45.63	400m: 5:39.61 37.44	
13.	JAKUBEK Dawid	11	UKS Manta Ko cierzyna	5:42.12	246+ 1:36.40
	50m: 1:37.12 1:37.12	150m:	250m: 5:00.29 1:27.87	350m:	
	100m: 2:03.90 26.78	200m: 3:32.42	300m:	400m: 5:42.12	
14.	KLAWIKOWSKI Nikodem	11	KS Aqua Sport Ko cierzyna	6:16.68	186+ 2:10.96
	50m: 39.08 39.08	150m: 2:14.84 49.16	250m: 3:54.49 50.76	350m: 5:30.50 48.63	
	100m: 1:25.68 46.60	200m: 3:03.73 48.89	300m: 4:41.87 47.38	400m: 6:16.68 46.18	
PK	SIRBU Ianus	12	UKS Manta Ko cierzyna	5:41.69	249
	50m: 36.80 36.80	150m: 2:03.45 44.46	250m: 3:32.19 44.81	350m: 4:59.64 43.28	
	100m: 1:18.99 42.19	200m: 2:47.38 43.93	300m: 4:16.36 44.17	400m: 5:41.69 42.05	