

Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych - Szczecin 2023
Szczecin, 17- - 19-11-2023

Konkurencja 7
2023-11-17 - 17:45

Kobiet, 400m dowolny

Open
Wyniki

Punkty: WPS 2023

Pozycja	Rok ur.	Czas	Pkt.
Klasa S6-S14			
1. LINDBERG Pernilla	Sweden	4:40.93	925 S14 14684
50m: 31.90 31.90	150m: 1:41.94 35.32	250m: 2:53.21 35.75	350m: 4:05.36 36.07
100m: 1:06.62 34.72	200m: 2:17.46 35.52	300m: 3:29.29 36.08	400m: 4:40.93 35.57
2. JABŁO SKA Oliwia	97 Start Wrocław	4:39.06	923 S10 8344
50m: 32.46 32.46	150m: 1:42.75 35.46	250m: 2:53.50 35.47	350m: 4:03.84 35.16
100m: 1:07.29 34.83	200m: 2:18.03 35.28	300m: 3:28.68 35.18	400m: 4:39.06 35.22
3. DUSKOVA Vendula	Czechia	5:19.87	767 S8 17934
50m: 37.61 37.61	150m: 1:56.98 39.97	250m: 3:18.35 41.10	350m: 4:40.17 40.66
100m: 1:17.01 39.40	200m: 2:37.25 40.27	300m: 3:59.51 41.16	400m: 5:19.87 39.70
4. BLATTNEROVA Tatiana	Slovakia	5:40.63	662 S11 22689
50m: 36.00 36.00	150m: 1:57.60 41.46	250m: 3:25.92 44.26	350m: 4:57.17 45.39
100m: 1:16.14 40.14	200m: 2:41.66 44.06	300m: 4:11.78 45.86	400m: 5:40.63 43.46
5. ST CLAIRE MAITLAND Nicola	Sweden	6:03.32	553 S7 32180
50m: 38.88 38.88	150m: 2:06.35 45.23	250m: 3:40.47 46.88	350m: 5:16.28 47.73
100m: 1:21.12 42.24	200m: 2:53.59 47.24	300m: 4:28.55 48.08	400m: 6:03.32 47.04
6. BORSKA Alexandra	Czechia	5:48.38	508 S8 53608
50m: 38.98 38.98	150m: 2:06.34 44.48	250m: 3:36.49 44.60	350m: 5:05.14 44.23
100m: 1:21.86 42.88	200m: 2:51.89 45.55	300m: 4:20.91 44.42	400m: 5:48.38 43.24
7. KRAMER Agnes	Sweden	6:17.02	435 S7 28524
50m: 39.77 39.77	150m: 2:13.00 47.67	250m: 3:50.58 49.38	350m: 5:29.23 49.40
100m: 1:25.33 45.56	200m: 3:01.20 48.20	300m: 4:39.83 49.25	400m: 6:17.02 47.79
8. BADOWSKA Nikola	07 IKS AWF Warszawa	5:45.94	427 S9 52055
50m: 38.37 38.37	150m: 2:07.04 44.55	250m: 3:36.75 44.66	350m: 5:04.22 44.58
100m: 1:22.49 44.12	200m: 2:52.09 45.05	300m: 4:19.64 42.89	400m: 5:45.94 41.72
9. LINHARTOVA Eva	Czechia	5:36.20	392 S10 52871
50m: 36.14 36.14	150m: 1:59.93 43.04	250m: 3:27.05 43.36	350m: 4:54.75 43.74
100m: 1:16.89 40.75	200m: 2:43.69 43.76	300m: 4:11.01 43.96	400m: 5:36.20 41.45
10. FÄLTMAN Helena	Sweden	5:39.15	365 S10 55937
50m: 37.32 37.32	150m: 1:59.06 41.34	250m: 3:25.43 43.80	350m: 4:55.25 44.85
100m: 1:17.72 40.40	200m: 2:41.63 42.57	300m: 4:10.40 44.97	400m: 5:39.15 43.90
11. SOŁTYSIK Julia	11 WSSiRN Start Katowice	6:00.18	200 S10
50m: 39.97 39.97	150m: 2:09.82 45.20	250m: 3:42.94 47.41	350m: 5:16.64 46.78
100m: 1:24.62 44.65	200m: 2:55.53 45.71	300m: 4:29.86 46.92	400m: 6:00.18 43.54
12. BANDURA Kinga	05 IKS DSS Kraków	6:04.88	170 S10
50m: 39.65 39.65	150m: 2:09.32 45.55	250m: 3:43.35 47.14	350m: 5:18.71 47.46
100m: 1:23.77 44.12	200m: 2:56.21 46.89	300m: 4:31.25 47.90	400m: 6:04.88 46.17
13. DARGAS-MISZCZAK Monika	81 IKS AWF Warszawa	6:03.46	146 S12
50m: 36.67 36.67	150m: 2:05.13 46.05	250m: 3:41.34 48.19	350m: 5:17.58 47.66
100m: 1:19.08 42.41	200m: 2:53.15 48.02	300m: 4:29.92 48.58	400m: 6:03.46 45.88
14. STRZOP Roksana	05 WSSiRN Start Katowice	6:33.57	60 S14
50m: 43.18 43.18	150m: 2:21.38 50.05	250m: 4:04.29 51.72	350m: 5:45.73 50.08
100m: 1:31.33 48.15	200m: 3:12.57 51.19	300m: 4:55.65 51.36	400m: 6:33.57 47.84
15. COVEY Ayshia	07 WSSiRN Start Katowice	6:49.14	52 S9
50m: 43.71 43.71	150m: 2:23.77 51.77	250m: 4:11.27 54.45	350m: 5:59.80 54.28
100m: 1:32.00 48.29	200m: 3:16.82 53.05	300m: 5:05.52 54.25	400m: 6:49.14 49.34
16. LEWANDOWSKA Emilia	12 WSSiRN Start Katowice	7:38.39	8 S8
50m: 47.05 47.05	150m: 2:41.99 58.85	250m: 4:43.03 59.81	350m: 6:44.27 58.28
100m: 1:43.14 56.09	200m: 3:43.22 1:01.23	300m: 5:45.99 1:02.96	400m: 7:38.39 54.12

Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych - Szczecin 2023
Szczecin, 17 - 19-11-2023

Konkurencja 7, Kobiety, 400m dowolny, Klasa S6-S14

Pozycja	Rok ur.	Czas	Pkt.
17. JAWORSKA Natasza	00 ParaSportowi	8:05.92	S14
50m: 47.65 47.65	150m: 2:48.81 1:00.64	250m: 4:56.03 1:03.50	350m: 7:02.64 1:02.37
100m: 1:48.17 1:00.52	200m: 3:52.53 1:03.72	300m: 6:00.27 1:04.24	400m: 8:05.92 1:03.28
LACHOWSKA Regina	09 ParaSportowi	8:44.39	S14
50m: 46.25 46.25	150m: 2:51.17 1:05.62	250m: 5:06.72 1:10.45	350m: 7:38.03 1:23.24
100m: 1:45.55 59.30	200m: 3:56.27 1:05.10	300m: 6:14.79 1:08.07	400m: 8:44.39 1:06.36

Mistrzostwa Polski

1. JABŁO SKA Oliwia	97 Start Wrocław	4:39.06	923 S10	8344
50m: 32.46 32.46	150m: 1:42.75 35.46	250m: 2:53.50 35.47	350m: 4:03.84 35.16	
100m: 1:07.29 34.83	200m: 2:18.03 35.28	300m: 3:28.68 35.18	400m: 4:39.06 35.22	
2. BADOWSKA Nikola	07 IKS AWF Warszawa	5:45.94	427 S9	52055
50m: 38.37 38.37	150m: 2:07.04 44.55	250m: 3:36.75 44.66	350m: 5:04.22 44.58	
100m: 1:22.49 44.12	200m: 2:52.09 45.05	300m: 4:19.64 42.89	400m: 5:45.94 41.72	
3. SOŁTYSIK Julia	11 WSSiRN Start Katowice	6:00.18	200 S10	
50m: 39.97 39.97	150m: 2:09.82 45.20	250m: 3:42.94 47.41	350m: 5:16.64 46.78	
100m: 1:24.62 44.65	200m: 2:55.53 45.71	300m: 4:29.86 46.92	400m: 6:00.18 43.54	
4. BANDURA Kinga	05 IKS DSS Kraków	6:04.88	170 S10	
50m: 39.65 39.65	150m: 2:09.32 45.55	250m: 3:43.35 47.14	350m: 5:18.71 47.46	
100m: 1:23.77 44.12	200m: 2:56.21 46.89	300m: 4:31.25 47.90	400m: 6:04.88 46.17	
5. DARGAS-MISZCZAK Monika	81 IKS AWF Warszawa	6:03.46	146 S12	
50m: 36.67 36.67	150m: 2:05.13 46.05	250m: 3:41.34 48.19	350m: 5:17.58 47.66	
100m: 1:19.08 42.41	200m: 2:53.15 48.02	300m: 4:29.92 48.58	400m: 6:03.46 45.88	
6. STRZOP Roksana	05 WSSiRN Start Katowice	6:33.57	60 S14	
50m: 43.18 43.18	150m: 2:21.38 50.05	250m: 4:04.29 51.72	350m: 5:45.73 50.08	
100m: 1:31.33 48.15	200m: 3:12.57 51.19	300m: 4:55.65 51.36	400m: 6:33.57 47.84	
7. COVEY Ayshia	07 WSSiRN Start Katowice	6:49.14	52 S9	
50m: 43.71 43.71	150m: 2:23.77 51.77	250m: 4:11.27 54.45	350m: 5:59.80 54.28	
100m: 1:32.00 48.29	200m: 3:16.82 53.05	300m: 5:05.52 54.25	400m: 6:49.14 49.34	
8. LEWANDOWSKA Emilia	12 WSSiRN Start Katowice	7:38.39	8 S8	
50m: 47.05 47.05	150m: 2:41.99 58.85	250m: 4:43.03 59.81	350m: 6:44.27 58.28	
100m: 1:43.14 56.09	200m: 3:43.22 1:01.23	300m: 5:45.99 1:02.96	400m: 7:38.39 54.12	
9. JAWORSKA Natasza	00 ParaSportowi	8:05.92	S14	
50m: 47.65 47.65	150m: 2:48.81 1:00.64	250m: 4:56.03 1:03.50	350m: 7:02.64 1:02.37	
100m: 1:48.17 1:00.52	200m: 3:52.53 1:03.72	300m: 6:00.27 1:04.24	400m: 8:05.92 1:03.28	
LACHOWSKA Regina	09 ParaSportowi	8:44.39	S14	
50m: 46.25 46.25	150m: 2:51.17 1:05.62	250m: 5:06.72 1:10.45	350m: 7:38.03 1:23.24	
100m: 1:45.55 59.30	200m: 3:56.27 1:05.10	300m: 6:14.79 1:08.07	400m: 8:44.39 1:06.36	

Klasyfikacja Międzynarodowa

1. LINDBERG Pernilla	Sweden	4:40.93	925 S14	14684
50m: 31.90 31.90	150m: 1:41.94 35.32	250m: 2:53.21 35.75	350m: 4:05.36 36.07	
100m: 1:06.62 34.72	200m: 2:17.46 35.52	300m: 3:29.29 36.08	400m: 4:40.93 35.57	
2. JABŁO SKA Oliwia	97 Start Wrocław	4:39.06	923 S10	8344
50m: 32.46 32.46	150m: 1:42.75 35.46	250m: 2:53.50 35.47	350m: 4:03.84 35.16	
100m: 1:07.29 34.83	200m: 2:18.03 35.28	300m: 3:28.68 35.18	400m: 4:39.06 35.22	
3. DUSKOVA Vendula	Czechia	5:19.87	767 S8	17934
50m: 37.61 37.61	150m: 1:56.98 39.97	250m: 3:18.35 41.10	350m: 4:40.17 40.66	
100m: 1:17.01 39.40	200m: 2:37.25 40.27	300m: 3:59.51 41.16	400m: 5:19.87 39.70	

Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych - Szczecin 2023
Szczecin, 17- - 19-11-2023

Konkurencja 7, Kobiety, 400m dowolny, Klasyfikacja Międzynarodowa

Pozycja	Rok ur.		Czas		Pkt.	
4.	BLATTNEROVA Tatiana	Slovakia	5:40.63	662	S11	22689
	50m: 36.00 36.00	150m: 1:57.60 41.46	250m: 3:25.92 44.26	350m: 4:57.17 45.39		
	100m: 1:16.14 40.14	200m: 2:41.66 44.06	300m: 4:11.78 45.86	400m: 5:40.63 43.46		
5.	ST CLAIRE MAITLAND Nicola	Sweden	6:03.32	553	S7	32180
	50m: 38.88 38.88	150m: 2:06.35 45.23	250m: 3:40.47 46.88	350m: 5:16.28 47.73		
	100m: 1:21.12 42.24	200m: 2:53.59 47.24	300m: 4:28.55 48.08	400m: 6:03.32 47.04		
6.	BORSKA Alexandra	Czechia	5:48.38	508	S8	53608
	50m: 38.98 38.98	150m: 2:06.34 44.48	250m: 3:36.49 44.60	350m: 5:05.14 44.23		
	100m: 1:21.86 42.88	200m: 2:51.89 45.55	300m: 4:20.91 44.42	400m: 5:48.38 43.24		
7.	KRAMER Agnes	Sweden	6:17.02	435	S7	28524
	50m: 39.77 39.77	150m: 2:13.00 47.67	250m: 3:50.58 49.38	350m: 5:29.23 49.40		
	100m: 1:25.33 45.56	200m: 3:01.20 48.20	300m: 4:39.83 49.25	400m: 6:17.02 47.79		
8.	BADOWSKA Nikola	07 IKS AWF Warszawa	5:45.94	427	S9	52055
	50m: 38.37 38.37	150m: 2:07.04 44.55	250m: 3:36.75 44.66	350m: 5:04.22 44.58		
	100m: 1:22.49 44.12	200m: 2:52.09 45.05	300m: 4:19.64 42.89	400m: 5:45.94 41.72		
9.	LINHARTOVA Eva	Czechia	5:36.20	392	S10	52871
	50m: 36.14 36.14	150m: 1:59.93 43.04	250m: 3:27.05 43.36	350m: 4:54.75 43.74		
	100m: 1:16.89 40.75	200m: 2:43.69 43.76	300m: 4:11.01 43.96	400m: 5:36.20 41.45		
10.	FÄLTMAN Helena	Sweden	5:39.15	365	S10	55937
	50m: 37.32 37.32	150m: 1:59.06 41.34	250m: 3:25.43 43.80	350m: 4:55.25 44.85		
	100m: 1:17.72 40.40	200m: 2:41.63 42.57	300m: 4:10.40 44.97	400m: 5:39.15 43.90		

Klasa S7

1.	ST CLAIRE MAITLAND Nicola	Sweden	6:03.32	553	S7	32180
	50m: 38.88 38.88	150m: 2:06.35 45.23	250m: 3:40.47 46.88	350m: 5:16.28 47.73		
	100m: 1:21.12 42.24	200m: 2:53.59 47.24	300m: 4:28.55 48.08	400m: 6:03.32 47.04		
2.	KRAMER Agnes	Sweden	6:17.02	435	S7	28524
	50m: 39.77 39.77	150m: 2:13.00 47.67	250m: 3:50.58 49.38	350m: 5:29.23 49.40		
	100m: 1:25.33 45.56	200m: 3:01.20 48.20	300m: 4:39.83 49.25	400m: 6:17.02 47.79		

Klasa S8

1.	DUSKOVA Vendula	Czechia	5:19.87	767	S8	17934
	50m: 37.61 37.61	150m: 1:56.98 39.97	250m: 3:18.35 41.10	350m: 4:40.17 40.66		
	100m: 1:17.01 39.40	200m: 2:37.25 40.27	300m: 3:59.51 41.16	400m: 5:19.87 39.70		
2.	BORSKA Alexandra	Czechia	5:48.38	508	S8	53608
	50m: 38.98 38.98	150m: 2:06.34 44.48	250m: 3:36.49 44.60	350m: 5:05.14 44.23		
	100m: 1:21.86 42.88	200m: 2:51.89 45.55	300m: 4:20.91 44.42	400m: 5:48.38 43.24		
3.	LEWANDOWSKA Emilia	12 WSSiRN Start Katowice	7:38.39	8	S8	
	50m: 47.05 47.05	150m: 2:41.99 58.85	250m: 4:43.03 59.81	350m: 6:44.27 58.28		
	100m: 1:43.14 56.09	200m: 3:43.22 1:01.23	300m: 5:45.99 1:02.96	400m: 7:38.39 54.12		

Klasa S9

1.	BADOWSKA Nikola	07 IKS AWF Warszawa	5:45.94	427	S9	52055
	50m: 38.37 38.37	150m: 2:07.04 44.55	250m: 3:36.75 44.66	350m: 5:04.22 44.58		
	100m: 1:22.49 44.12	200m: 2:52.09 45.05	300m: 4:19.64 42.89	400m: 5:45.94 41.72		
2.	COVEY Ayshia	07 WSSiRN Start Katowice	6:49.14	52	S9	
	50m: 43.71 43.71	150m: 2:23.77 51.77	250m: 4:11.27 54.45	350m: 5:59.80 54.28		
	100m: 1:32.00 48.29	200m: 3:16.82 53.05	300m: 5:05.52 54.25	400m: 6:49.14 49.34		

Zimowe Otwarte Mistrzostwa Polski w Pływaniu Osób Niepełnosprawnych - Szczecin 2023
Szczecin, 17- - 19-11-2023

Konkurencja 7, Kobiety, 400m dowolny

Klasa S10

1.	JABŁO SKA Oliwia	97	Start Wrocław	4:39.06	923	S10	8344
	50m: 32.46 32.46	150m: 1:42.75 35.46	250m: 2:53.50 35.47	350m: 4:03.84 35.16			
	100m: 1:07.29 34.83	200m: 2:18.03 35.28	300m: 3:28.68 35.18	400m: 4:39.06 35.22			
2.	LINHARTOVA Eva		Czechia	5:36.20	392	S10	52871
	50m: 36.14 36.14	150m: 1:59.93 43.04	250m: 3:27.05 43.36	350m: 4:54.75 43.74			
	100m: 1:16.89 40.75	200m: 2:43.69 43.76	300m: 4:11.01 43.96	400m: 5:36.20 41.45			
3.	FÄLTMAN Helena		Sweden	5:39.15	365	S10	55937
	50m: 37.32 37.32	150m: 1:59.06 41.34	250m: 3:25.43 43.80	350m: 4:55.25 44.85			
	100m: 1:17.72 40.40	200m: 2:41.63 42.57	300m: 4:10.40 44.97	400m: 5:39.15 43.90			
4.	SOŁTYSIK Julia	11	WSSiRN Start Katowice	6:00.18	200	S10	
	50m: 39.97 39.97	150m: 2:09.82 45.20	250m: 3:42.94 47.41	350m: 5:16.64 46.78			
	100m: 1:24.62 44.65	200m: 2:55.53 45.71	300m: 4:29.86 46.92	400m: 6:00.18 43.54			
5.	BANDURA Kinga	05	IKS DSS Kraków	6:04.88	170	S10	
	50m: 39.65 39.65	150m: 2:09.32 45.55	250m: 3:43.35 47.14	350m: 5:18.71 47.46			
	100m: 1:23.77 44.12	200m: 2:56.21 46.89	300m: 4:31.25 47.90	400m: 6:04.88 46.17			

Klasa S11

1.	BLATTNEROVA Tatiana		Slovakia	5:40.63	662	S11	22689
	50m: 36.00 36.00	150m: 1:57.60 41.46	250m: 3:25.92 44.26	350m: 4:57.17 45.39			
	100m: 1:16.14 40.14	200m: 2:41.66 44.06	300m: 4:11.78 45.86	400m: 5:40.63 43.46			

Klasa S12

1.	DARGAS-MISZCZAK Monika	81	IKS AWF Warszawa	6:03.46	146	S12	
	50m: 36.67 36.67	150m: 2:05.13 46.05	250m: 3:41.34 48.19	350m: 5:17.58 47.66			
	100m: 1:19.08 42.41	200m: 2:53.15 48.02	300m: 4:29.92 48.58	400m: 6:03.46 45.88			

Klasa S14

1.	LINDBERG Pernilla		Sweden	4:40.93	925	S14	14684
	50m: 31.90 31.90	150m: 1:41.94 35.32	250m: 2:53.21 35.75	350m: 4:05.36 36.07			
	100m: 1:06.62 34.72	200m: 2:17.46 35.52	300m: 3:29.29 36.08	400m: 4:40.93 35.57			
2.	STRZOP Roksana	05	WSSiRN Start Katowice	6:33.57	60	S14	
	50m: 43.18 43.18	150m: 2:21.38 50.05	250m: 4:04.29 51.72	350m: 5:45.73 50.08			
	100m: 1:31.33 48.15	200m: 3:12.57 51.19	300m: 4:55.65 51.36	400m: 6:33.57 47.84			
3.	JAWORSKA Natasza	00	ParaSportowi	8:05.92		S14	
	50m: 47.65 47.65	150m: 2:48.81 1:00.64	250m: 4:56.03 1:03.50	350m: 7:02.64 1:02.37			
	100m: 1:48.17 1:00.52	200m: 3:52.53 1:03.72	300m: 6:00.27 1:04.24	400m: 8:05.92 1:03.28			
	LACHOWSKA Regina	09	ParaSportowi	8:44.39		S14	
	50m: 46.25 46.25	150m: 2:51.17 1:05.62	250m: 5:06.72 1:10.45	350m: 7:38.03 1:23.24			
	100m: 1:45.55 59.30	200m: 3:56.27 1:05.10	300m: 6:14.79 1:08.07	400m: 8:44.39 1:06.36			