

I Runda Klubowego Pucharu Polski w pływaniu w pletwach
Ko cierzyna, 9- - 10-3-2024

Konkurencja 10 M cyczn, 400m Bifins 7 lat i starsi
2024-03-09 - 17:44 Wyniki

Rekordy Polski_25m_pletwa Open	3:29.82	KROPIDŁOWSKI Szymon	POL	Cetniewo	2023-11-11
Rekordy Polski_25m_pletwa 16 - 17	3:36.22	SMOSZNA Wiktor		Cetniewo	2023-12-10
Rekordy Polski_25m_pletwa 14 - 15	3:36.22	SMOSZNA Wiktor	POL	Cetniewo	2023-11-11
Rekordy Polski_25m_pletwa 12 - 13	3:48.33	MARKIEWICZ Jarosław		Władysławowo	2018-11-15
Rekordy Polski_25m_pletwa 7 - 11	4:24.50	SMOSZNA Wiktor		Toru	2019-10-01

Punkty: PP 2024

Pozycja	Rok ur.	Czas	Pkt.
KAT. E			
1. K PA Kacper	13	5:21.63	277
50m: 36.08 36.08	150m: 1:58.73 41.44	250m: 3:20.16 40.69	350m: 4:41.03 41.22
100m: 1:17.29 41.21	200m: 2:39.47 40.74	300m: 3:59.81 39.65	400m: 5:21.63 40.60
2. MROCZEK Paweł	13	5:24.90	269 + 3.27
50m: 36.80 36.80	150m: 1:58.44 41.44	250m: 3:22.70 42.42	350m: 4:46.05 41.00
100m: 1:17.00 40.20	200m: 2:40.28 41.84	300m: 4:05.05 42.35	400m: 5:24.90 38.85
3. GRONCZEWSKI Jakub	13	5:36.80	241 + 15.17
50m: 36.45 36.45	150m: 2:04.46 44.68	250m: 3:33.83 44.90	350m: 4:54.54 37.00
100m: 1:19.78 43.33	200m: 2:48.93 44.47	300m: 4:17.54 43.71	400m: 5:36.80 42.26
4. JASZKE Ignacy	13	5:39.43	236 + 17.80
50m: 36.15 36.15	150m: 2:04.24 45.29	250m: 3:32.31 45.26	350m: 4:57.18 42.83
100m: 1:18.95 42.80	200m: 2:47.05 42.81	300m: 4:14.35 42.04	400m: 5:39.43 42.25
5. ST PNIAK Maksymilian	13	5:45.04	224 + 23.41
50m: 33.24 33.24	150m: 1:57.52 41.69	250m: 3:26.46 45.03	350m: 4:59.86 46.23
100m: 1:15.83 42.59	200m: 2:41.43 43.91	300m: 4:13.63 47.17	400m: 5:45.04 45.18
6. WRÓBLEWSKI Grzegorz	13	5:56.06	204 + 34.43
50m: 41.53 41.53	150m: 2:09.67 43.97	250m: 3:45.99 50.52	350m: 5:00.70 48.38
100m: 1:25.70 44.17	200m: 2:55.47 45.80	300m: 4:12.32 26.33	400m: 5:56.06 55.36
DYSKW. MIKOŁAJCZAK NATAN	13	5:38.04	+ 16.41
- Przedwczesny start			
50m: 36.08 36.08	150m: 2:02.41 43.81	250m: 3:30.79 44.39	350m: 4:57.57 44.17
100m: 1:18.60 42.52	200m: 2:46.40 43.99	300m: 4:13.40 42.61	400m: 5:38.04 40.47

KAT. D

1. BANUCH Dorian	11	4:35.10	443
50m: 32.08 32.08	150m: 1:42.73 35.42	250m: 2:52.53 34.32	350m: 4:01.84 34.20
100m: 1:07.31 35.23	200m: 2:18.21 35.48	300m: 3:27.64 35.11	400m: 4:35.10 33.26
2. WALKIEWICZ Juliusz	11	4:38.83	426 + 3.73
50m: 30.41 30.41	150m: 1:40.85 35.88	250m: 2:52.49 35.54	350m: 4:04.89 36.17
100m: 1:04.97 34.56	200m: 2:16.95 36.10	300m: 3:28.72 36.23	400m: 4:38.83 33.94
3. SIENKIEWICZ Kacper	11	4:48.55	384 + 13.45
50m: 31.61 31.61	150m: 1:43.37 36.86	250m: 2:57.05 36.95	350m: 4:10.14 35.79
100m: 1:06.51 34.90	200m: 2:20.10 36.73	300m: 3:34.35 37.30	400m: 4:48.55 38.41
4. S DZICKI Arkadiusz	11	5:12.51	302 + 37.41
50m: 34.21 34.21	150m: 1:53.65 39.48	250m: 3:15.04 40.91	350m: 4:36.57 40.63
100m: 1:14.17 39.96	200m: 2:34.13 40.48	300m: 3:55.94 40.90	400m: 5:12.51 35.94
5. DACH Tymon	11	5:15.75	293 + 40.65
50m: 39.04 39.04	150m: 2:03.31 42.08	250m: 3:24.97 40.40	350m: 4:41.77 37.73
100m: 1:21.23 42.19	200m: 2:44.57 41.26	300m: 4:04.04 39.07	400m: 5:15.75 33.98
6. SYRBU Ianusz	12	5:16.92	290 + 41.82
50m: 35.70 35.70	150m: 1:58.29 40.99	250m: 3:18.89 39.63	350m: 4:38.17 37.93
100m: 1:17.30 41.60	200m: 2:39.26 40.97	300m: 4:00.24 41.35	400m: 5:16.92 38.75
7. MARCHEWKA Kuba	12	5:25.33	268 + 50.23
50m: 33.13 33.13	150m: 1:51.47 40.73	250m: 3:16.29 42.93	350m: 4:41.10 41.16
100m: 1:10.74 37.61	200m: 2:33.36 41.89	300m: 3:59.94 43.65	400m: 5:25.33 44.23

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Konkurencja 10, Chłopców, 400m Bifins, KAT. D

Pozycja			Rok ur.					Czas	Pkt.	
8.	SOPI	SKI Wiktor	11	KS Aqua Sport Ko cierzyna					5:33.53	248 + 58.43
	50m:	35.68 35.68	150m:	1:59.57 43.13	250m:	3:25.74 43.04	350m:	4:52.55 43.40		
	100m:	1:16.44 40.76	200m:	2:42.70 43.13	300m:	4:09.15 43.41	400m:	5:33.53 40.98		
9.	KUPC	Tomasz	12	KS Aqua Sport Ko cierzyna					5:38.16	236+ 1:03.06
	50m:	37.33 37.33	150m:	2:04.01 44.78	250m:	3:32.85 44.57	350m:	4:58.01 41.70		
	100m:	1:19.23 41.90	200m:	2:48.28 44.27	300m:	4:16.31 43.46	400m:	5:38.16 40.15		
10.	ACZEK	Jakub	11	UKS Delfin Władysławowo					5:40.69	235+ 1:05.59
	50m:	35.61 35.61	150m:	2:01.55 42.96	250m:	3:29.28 44.40	350m:	4:57.70 44.50		
	100m:	1:18.59 42.98	200m:	2:44.88 43.33	300m:	4:13.20 43.92	400m:	5:40.69 42.99		
11.	STENCEL	Jan	12	KS Aqua Sport Ko cierzyna					5:43.91	227+ 1:08.81
	50m:	36.18 36.18	150m:	1:59.89 43.62	250m:	3:28.35 43.81	350m:	4:52.72 39.62		
	100m:	1:16.27 40.09	200m:	2:44.54 44.65	300m:	4:13.10 44.75	400m:	5:43.91 51.19		
12.	BUDZISZ	Jan	12	UKS Delfin Władysławowo					5:53.91	206+ 1:18.81
	50m:	35.08 35.08	150m:	2:01.27 44.88	250m:	3:36.27 47.03	350m:	5:11.81 47.33		
	100m:	1:16.39 41.31	200m:	2:49.24 47.97	300m:	4:24.48 48.21	400m:	5:53.91 42.10		
13.	WACH	Marcin	12	UKS Delfin Władysławowo					5:56.35	204+ 1:21.25
	50m:	38.57 38.57	150m:	2:07.85 45.18	250m:	3:41.47 46.29	350m:	5:14.19 46.82		
	100m:	1:22.67 44.10	200m:	2:55.18 47.33	300m:	4:27.37 45.90	400m:	5:56.35 42.16		
14.	WAWER	Gustaw	12	UKS Manta Ko cierzyna					6:27.25	156+ 1:52.15
	50m:	40.83 40.83	150m:	2:21.66 50.96	250m:	4:01.80 50.13	350m:	5:40.70 50.01		
	100m:	1:30.70 49.87	200m:	3:11.67 50.01	300m:	4:50.69 48.89	400m:	6:27.25 46.55		
15.	WAWER	Karol	11	UKS Manta Ko cierzyna					6:28.54	157+ 1:53.44
	50m:	39.85 39.85	150m:	2:22.96 48.56	250m:	4:02.21 50.39	350m:	5:42.54 51.61		
	100m:	1:34.40 54.55	200m:	3:11.82 48.86	300m:	4:50.93 48.72	400m:	6:28.54 46.00		
DYSKW.	JONIAK	Marcel	11	MKP Szczecin					4:27.79	
	<i>- Przedwczesny start</i>									
	50m:	29.93 29.93	150m:	1:36.59 33.62	250m:	2:44.99 34.19	350m:	3:54.09 34.73		
	100m:	1:02.97 33.04	200m:	2:10.80 34.21	300m:	3:19.36 34.37	400m:	4:27.79 33.70		

KAT. C

1.	CHABOWSKI-PALONKA	Krzysztof	10	MKP Szczecin					4:05.75	622
	50m:	27.52 27.52	150m:	1:31.65 32.32	250m:	2:35.53 31.79	350m:	3:36.97 30.34		
	100m:	59.33 31.81	200m:	2:03.74 32.09	300m:	3:06.63 31.10	400m:	4:05.75 28.78		
2.	KROPIDŁOWSKI	Dawid	09	UKS Manta Ko cierzyna					4:17.26	542 + 11.51
	50m:	28.65 28.65	150m:	1:33.19 32.83	250m:	2:39.61 32.34	350m:	3:45.00 32.63		
	100m:	1:00.36 31.71	200m:	2:07.27 34.08	300m:	3:12.37 32.76	400m:	4:17.26 32.26		
3.	KLEISA	Hubert	09	UKS Delfin Władysławowo					4:18.70	533 + 12.95
	50m:	28.86 28.86	150m:	1:35.10 33.60	250m:	2:43.03 33.89	350m:	3:49.19 31.96		
	100m:	1:01.50 32.64	200m:	2:09.14 34.04	300m:	3:17.23 34.20	400m:	4:18.70 29.51		
4.	PAWLAK	Krzysztof	09	UKS Tri-Sea Mewa Władysławowo					4:19.81	526 + 14.06
	50m:	29.07 29.07	150m:	1:35.41 33.77	250m:	2:42.98 33.74	350m:	3:50.44 33.62		
	100m:	1:01.64 32.57	200m:	2:09.24 33.83	300m:	3:16.82 33.84	400m:	4:19.81 29.37		
5.	URAWLEW	Filip	10	UKS Amfiprion Olecko					4:23.01	507 + 17.26
	50m:	28.46 28.46	150m:	1:33.96 33.25	250m:	2:41.58 34.16	350m:	3:49.78 34.06		
	100m:	1:00.71 32.25	200m:	2:07.42 33.46	300m:	3:15.72 34.14	400m:	4:23.01 33.23		
6.	BYSTRON	Fryderyk	10	UKS Manta Ko cierzyna					4:23.97	502 + 18.22
	50m:	29.46 29.46	150m:	1:36.13 34.26	250m:	2:44.74 34.29	350m:	3:52.26 33.41		
	100m:	1:01.87 32.41	200m:	2:10.45 34.32	300m:	3:18.85 34.11	400m:	4:23.97 31.71		
7.	MICHALCZYSZYN	Filip	10	MKP Szczecin					4:24.66	498 + 18.91
	50m:	28.70 28.70	150m:	1:37.47 36.41	250m:	2:44.54 33.77	350m:	3:52.66 33.78		
	100m:	1:01.06 32.36	200m:	2:10.77 33.30	300m:	3:18.88 34.34	400m:	4:24.66 32.00		
8.	SKRZYPKOWSKI	Emil	10	UKS Delfin Władysławowo					4:33.42	451 + 27.67
	50m:	28.97 28.97	150m:	1:35.62 34.35	250m:	2:46.45 35.86	350m:	3:59.76 36.81		
	100m:	1:01.27 32.30	200m:	2:10.59 34.97	300m:	3:22.95 36.50	400m:	4:33.42 33.66		

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Ko cierzyna, 9- - 10-3-2024

Konkurencja 10, Chłopców, 400m Bifins, KAT. C

Pozycja			Rok ur.					Czas	Pkt.			
9.	WIECZOREK Aleksander		10	MKP Szczecin				4:35.22	443 + 29.47			
	50m:	31.68 31.68	150m:	1:41.97	35.53	250m:	2:52.56	35.44	350m:	4:02.88	34.57	
	100m:	1:06.44	34.76	200m:	2:17.12	35.15	300m:	3:28.31	35.75	400m:	4:35.22	32.34
10.	BEDA Gabriel		10	UKS Delfin Władysławowo				5:03.39	330 + 57.64			
	50m:	31.10 31.10	150m:	1:46.01	38.50	250m:	3:04.65	40.00	350m:	4:25.65	40.55	
	100m:	1:07.51	36.41	200m:	2:24.65	38.64	300m:	3:45.10	40.45	400m:	5:03.39	37.74
11.	STASIAK Filip		10	MKP Szczecin				5:19.82	28 + 1:14.07			
	50m:	32.13 32.13	150m:	1:47.51	39.83	250m:	3:18.98	45.04	350m:	4:42.52	42.26	
	100m:	1:07.68	35.55	200m:	2:33.94	46.43	300m:	4:00.26	41.28	400m:	5:19.82	37.30
12.	BORKOWSKI Konstanty		09	UKS Delfin Władysławowo				5:21.32	27 + 1:15.57			
	50m:	34.74 34.74	150m:	1:57.21	42.68	250m:	3:21.46	42.11	350m:	4:45.39	41.20	
	100m:	1:14.53	39.79	200m:	2:39.35	42.14	300m:	4:04.19	42.73	400m:	5:21.32	35.93
13.	N DZA Karol		09	UKS Delfin Władysławowo				5:23.17	27 + 1:17.42			
	50m:	32.10 32.10	150m:	1:48.89	39.33	250m:	3:15.67	45.35	350m:	4:39.39	40.68	
	100m:	1:09.56	37.46	200m:	2:30.32	41.43	300m:	3:58.71	43.04	400m:	5:23.17	43.78
14.	GAWRYSIAK Hubert		09	UKS Blyskawica SP 39 Gdynia				5:28.19	26 + 1:22.44			
	50m:	32.71 32.71	150m:	1:50.22	39.58	250m:	3:16.19	43.81	350m:	4:45.53	44.12	
	100m:	1:10.64	37.93	200m:	2:32.38	42.16	300m:	4:01.41	45.22	400m:	5:28.19	42.66
DYSKW.	BEDRA Havier - <i>Przedwczesny start</i>		10	KS Aqua Sport Ko cierzyna				5:14.62	+ 1:08.87			
	50m:	33.43 33.43	150m:	1:54.30	41.09	250m:	3:16.52	41.38	350m:	4:38.21	40.29	
	100m:	1:13.21	39.78	200m:	2:35.14	40.84	300m:	3:57.92	41.40	400m:	5:14.62	36.41

KAT. B

1.	SMOSZNA Wiktor		08	UKS Rekin Wrocław				3:38.00	891			
	50m:	24.53 24.53	150m:	1:18.63	26.99	250m:	2:14.15	27.75	350m:	3:10.76	28.51	
	100m:	51.64	27.11	200m:	1:46.40	27.77	300m:	2:42.25	28.10	400m:	3:38.00	27.24
2.	KOZŁOWSKI Oskar		08	MUKS Piorun Gołdap				3:58.46	681 + 20.46			
	50m:	25.49 25.49	150m:	1:23.67	29.54	250m:	2:24.97	30.61	350m:	3:27.29	31.46	
	100m:	54.13	28.64	200m:	1:54.36	30.69	300m:	2:55.83	30.86	400m:	3:58.46	31.17
3.	MARCHEWICZ Jan		07	KS Aqua Sport Ko cierzyna				4:17.78	539 + 39.78			
	50m:	26.05 26.05	150m:	1:29.89	33.02	250m:	2:38.35	34.55	350m:	3:46.02	33.46	
	100m:	56.87	30.82	200m:	2:03.80	33.91	300m:	3:12.56	34.21	400m:	4:17.78	31.76
4.	BEDA Nataniel		08	UKS Delfin Władysławowo				5:06.22	32 + 1:28.22			
	50m:	29.23 29.23	150m:	1:47.79	40.35	250m:	3:05.65	38.29	350m:	4:23.76	38.09	
	100m:	1:07.44	38.21	200m:	2:27.36	39.57	300m:	3:45.67	40.02	400m:	5:06.22	42.46

KAT. A

1.	KROPIDŁOWSKI Szymon		02	UKS Manta Ko cierzyna				3:36.16	914			
	50m:	24.55 24.55	150m:	1:19.68	27.88	250m:	2:15.49	27.91	350m:	3:10.60	27.08	
	100m:	51.80	27.25	200m:	1:47.58	27.90	300m:	2:43.52	28.03	400m:	3:36.16	25.56
2.	LEWICKI Jakub		04	KS Nautilus-Jastrz bie				3:36.44	911 + 0.28			
	50m:	24.44 24.44	150m:	1:19.44	27.93	250m:	2:15.29	28.18	350m:	3:10.36	27.04	
	100m:	51.51	27.07	200m:	1:47.11	27.67	300m:	2:43.32	28.03	400m:	3:36.44	26.08
3.	CZERWI SKI Bartosz		06	UKS Amfiprion Olecko				4:02.92	644 + 26.76			
	50m:	25.88 25.88	150m:	1:26.28	30.93	250m:	2:29.69	31.54	350m:	3:34.15	32.11	
	100m:	55.35	29.47	200m:	1:58.15	31.87	300m:	3:02.04	32.35	400m:	4:02.92	28.77
4.	DRAM I SKI Michał		99	UKS Tri-Sea Mewa Władysławowo				4:19.84	526 + 43.68			
	50m:	28.61 28.61	150m:	1:34.01	33.17	250m:	2:40.56	33.35	350m:	3:47.39	33.32	
	100m:	1:00.84	32.23	200m:	2:07.21	33.20	300m:	3:14.07	33.51	400m:	4:19.84	32.45