

II Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 1- - 2-6-2024

Konkurencja 9 Kobiet, 400m Bifins 7 lat i starsi  
2024-06-01 - 15:36 Wyniki

Rekordy Polski_25m_pletwa Open	3:53.77	PRENTKA Weronika	Ko cierzyna	2018-01-01
Rekordy Polski_25m_pletwa 16 - 17	3:58.21	SZELUGA Wiktoria	Olecko	2018-01-01
Rekordy Polski_25m_pletwa 14 - 15	4:02.20	JESIOŁOWSKA Inez	Ko cierzyna	2019-06-01
Rekordy Polski_25m_pletwa 12 - 13	4:09.56	CHMIELEWSKA ALEKSANDRA	OLECKO	2019-09-01
Rekordy Polski_25m_pletwa 7 - 11	4:41.06	IRACKA Zuzanna	Chodzie	2023-06-10

Punkty: PP 2024

Pozycja	Rok ur.	Czas	Pkt.
<b>KAT. E</b>			
1. GÓRKA Zofia	13	<b>4:58.95</b>	478
50m: 32.48 32.48	150m: 1:48.13 38.51	250m: 3:06.51 39.15	350m: 4:25.04 39.39
100m: 1:09.62 37.14	200m: 2:27.36 39.23	300m: 3:45.65 39.14	400m: 4:58.95 33.91
2. BORYS Maja	13	<b>5:01.34</b>	466 + 2.39
50m: 33.05 33.05	150m: 1:52.47 40.05	250m: 3:11.14 38.60	350m: 4:27.55 37.75
100m: 1:12.42 39.37	200m: 2:32.54 40.07	300m: 3:49.80 38.66	400m: 5:01.34 33.79
3. PATSERA Yelyzaveta	14	<b>5:08.61</b>	434 + 9.66
50m: 33.95 33.95	150m: 1:54.66 41.48	250m: 3:13.78 38.89	350m: 4:32.29 39.37
100m: 1:13.18 39.23	200m: 2:34.89 40.23	300m: 3:52.92 39.14	400m: 5:08.61 36.32
4. CZERNICKA Maja	13	<b>5:19.61</b>	391 + 20.66
50m:	150m: 2:35.51 1:22.42	250m:	350m:
100m: 1:13.09	200m:	300m: 4:41.02	400m: 5:19.61
5. DUBYK Iryna	14	<b>5:20.00</b>	389 + 21.05
50m: 34.53 34.53	150m: 1:55.39 41.05	250m: 3:19.58 42.85	350m: 4:41.34 40.21
100m: 1:14.34 39.81	200m: 2:36.73 41.34	300m: 4:01.13 41.55	400m: 5:20.00 38.66
NIE UK. CHAŁUBEK Julita	14		
50m: 41.29 41.29	150m: 2:20.30 50.22	250m: 4:01.95 50.72	350m: 5:44.20 50.31
100m: 1:30.08 48.79	200m: 3:11.23 50.93	300m: 4:53.89 51.94	400m:

**KAT. D**

1. KOZŁOWSKA Laura	11	<b>4:16.92</b>	753
50m: 28.95 28.95	150m: 1:33.87 32.67	250m: 2:39.77 32.61	350m: 3:45.11 32.63
100m: 1:01.20 32.25	200m: 2:07.16 33.29	300m: 3:12.48 32.71	400m: 4:16.92 31.81
2. IRACKA Zuzanna	12	<b>4:35.91</b>	608 + 18.99
50m: 30.88 30.88	150m:	250m:	350m: 4:02.28
100m:	200m:	300m:	400m: 4:35.91 33.63
3. PROCHOWICZ Hanna	11	<b>4:39.01</b>	588 + 22.09
50m: 30.13 30.13	150m: 1:40.00 35.39	250m: 2:52.55 36.26	350m: 4:05.54 35.97
100m: 1:04.61 34.48	200m: 2:16.29 36.29	300m: 3:29.57 37.02	400m: 4:39.01 33.47
4. CHOCIANOWICZ Joanna	12	<b>4:54.33</b>	501 + 37.41
50m: 32.75 32.75	150m: 1:47.02 37.73	250m: 3:02.90 38.30	350m: 4:19.37 38.33
100m: 1:09.29 36.54	200m: 2:24.60 37.58	300m: 3:41.04 38.14	400m: 4:54.33 34.96
5. BUKWA Blanka	12	<b>5:05.13</b>	449 + 48.21
50m: 33.39 33.39	150m: 1:51.29 39.22	250m: 3:09.91 39.20	350m: 4:28.94 39.19
100m: 1:12.07 38.68	200m: 2:30.71 39.42	300m: 3:49.75 39.84	400m: 5:05.13 36.19
6. UKOWICZ Estera	11	<b>5:05.96</b>	446 + 49.04
50m: 32.63 32.63	150m: 1:49.23 39.20	250m: 3:09.21 39.82	350m: 4:29.36 40.28
100m: 1:10.03 37.40	200m: 2:29.39 40.16	300m: 3:49.08 39.87	400m: 5:05.96 36.60
7. GADAMER Zuzanna	11	<b>5:09.64</b>	430 + 52.72
50m:	150m: 1:54.66	250m:	350m:
100m:	200m: 2:35.90 41.24	300m:	400m: 5:09.64

II Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 1- - 2-6-2024

Konkurencja 9, Dziewcz t, 400m Bifins, KAT. D

Pozycja			Rok ur.					Czas	Pkt.			
8.	DEPTUŁA	Julia	12	Piorun Gołdap				<b>5:11.39</b>	423 + 54.47			
	50m:	35.40	35.40	150m:	1:54.27	40.00	250m:	3:14.20	40.06	350m:	4:33.96	39.56
	100m:	1:14.27	38.87	200m:	2:34.14	39.87	300m:	3:54.40	40.20	400m:	5:11.39	37.43
9.	BOSZKE	aneta	12	Tri-Sea Mewa Władysławowo				<b>5:24.31</b>	37+ 1:07.39			
	50m:	37.71	37.71	150m:	2:00.27	41.68	250m:	4:07.93	1:25.16	350m:		
	100m:	1:18.59	40.88	200m:	2:42.77	42.50	300m:	4:48.67	40.74	400m:	5:24.31	
10.	OKROJ	Magdalena	11	UKS Manta Ko cierzyna				<b>5:33.89</b>	34+ 1:16.97			
	50m:	37.21	37.21	150m:	2:01.65	43.02	250m:	3:30.66	44.61	350m:	4:57.74	42.21
	100m:	1:18.63	41.42	200m:	2:46.05	44.40	300m:	4:15.53	44.87	400m:	5:33.89	36.15
11.	ALEKSANDRA P	cak	11	UKS Amfiprion Olecko				<b>5:39.70</b>	32+ 1:22.78			
	50m:	36.60	36.60	150m:	2:01.79	43.96	250m:	3:36.24	46.98	350m:	4:58.07	40.85
	100m:	1:17.83	41.23	200m:	2:49.26	47.47	300m:	4:17.22	40.98	400m:	5:39.70	41.63

KAT. C

1.	ŁADO	Natalia	10	UKS Rekin Wrocław				<b>4:17.85</b>	745			
	50m:	29.15	29.15	150m:	1:34.77	33.15	250m:	2:40.87	32.67	350m:	3:46.07	32.31
	100m:	1:01.62	32.47	200m:	2:08.20	33.43	300m:	3:13.76	32.89	400m:	4:17.85	31.78
2.	TRYTEK	Antonina	10	Tri-Sea Mewa Władysławowo				<b>4:32.72</b>	629 + 14.87			
	50m:	28.84	28.84	150m:	1:35.96	34.42	250m:	2:47.52	35.90	350m:	3:59.13	35.09
	100m:	1:01.54	32.70	200m:	2:11.62	35.66	300m:	3:24.04	36.52	400m:	4:32.72	33.59
3.	GRELA	Agata	10	Delfinek Chodzie				<b>4:40.44</b>	579 + 22.59			
	50m:	30.67	30.67	150m:	1:40.27	36.02	250m:	2:53.54	36.80	350m:	4:06.31	35.90
	100m:	1:04.25	33.58	200m:	2:16.74	36.47	300m:	3:30.41	36.87	400m:	4:40.44	34.13
4.	KAISER	Nadia	09	UKS Manta Ko cierzyna				<b>4:46.89</b>	541 + 29.04			
	50m:	34.39	34.39	150m:	1:48.49	37.49	250m:	3:03.71	37.07	350m:	4:14.75	33.98
	100m:	1:11.00	36.61	200m:	2:26.64	38.15	300m:	3:40.77	37.06	400m:	4:46.89	32.14
5.	YWICKA	Nadia	09	UKS Manta Ko cierzyna				<b>4:47.81</b>	535 + 29.96			
	50m:	31.79	31.79	150m:	1:44.38	37.20	250m:	2:58.88	37.38	350m:	4:13.30	36.87
	100m:	1:07.18	35.39	200m:	2:21.50	37.12	300m:	3:36.43	37.55	400m:	4:47.81	34.51
6.	SZYMA	SKA Amelia	09	UKS Manta Ko cierzyna				<b>4:49.81</b>	524 + 31.96			
	50m:	32.74	32.74	150m:	1:44.81	36.51	250m:	2:59.55	37.38	350m:	4:13.31	36.44
	100m:	1:08.30	35.56	200m:	2:22.17	37.36	300m:	3:36.87	37.32	400m:	4:49.81	36.50
7.	RANIEWICZ	Laura	09	Delfinek Chodzie				<b>5:05.36</b>	448 + 47.51			
	50m:	32.78	32.78	150m:	1:47.54	38.04	250m:	3:07.28	40.24	350m:	4:28.39	41.04
	100m:	1:09.50	36.72	200m:	2:27.04	39.50	300m:	3:47.35	40.07	400m:	5:05.36	36.97
8.	DAWIDOWICZ	Lena	10	UKS Manta Ko cierzyna				<b>5:07.27</b>	440 + 49.42			
	50m:	32.68	32.68	150m:	1:49.69	39.47	250m:	3:09.28	39.28	350m:	4:29.83	40.09
	100m:	1:10.22	37.54	200m:	2:30.00	40.31	300m:	3:49.74	40.46	400m:	5:07.27	37.44
9.	BAREŁKOWSKA	Blanka	09	UKS Manta Ko cierzyna				<b>5:11.70</b>	421 + 53.85			
	50m:	35.25	35.25	150m:	1:54.12	39.90	250m:	3:15.20	40.89	350m:	4:35.71	40.56
	100m:	1:14.22	38.97	200m:	2:34.31	40.19	300m:	3:55.15	39.95	400m:	5:11.70	35.99
10.	PIRCH	Malwina	09	UKS Manta Ko cierzyna				<b>5:13.65</b>	414 + 55.80			
	50m:	34.57	34.57	150m:	1:52.76	40.61	250m:	3:14.42	41.01	350m:	4:35.77	40.17
	100m:	1:12.15	37.58	200m:	2:33.41	40.65	300m:	3:55.60	41.18	400m:	5:13.65	37.88

II Runda Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 1- - 2-6-2024

Konkurencja 9, Kobiet, 400m Bifins

KAT. B

1.	PIETRAS Maria		07	Delfinek Chodzie		<b>4:08.97</b>	827	
	50m: 28.55	28.55	150m: 1:31.44	31.49	250m: 2:34.94	31.68	350m: 3:38.68	32.10
	100m: 59.95	31.40	200m: 2:03.26	31.82	300m: 3:06.58	31.64	400m: 4:08.97	30.29
2.	REDLIN Anna		08	Tri-Sea Mewa Władysławowo		<b>4:15.82</b>	763	+ 6.85
	50m: 28.70	28.70	150m: 1:32.53	32.40	250m: 2:39.22	33.36	350m: 3:45.55	32.60
	100m: 1:00.13	31.43	200m: 2:05.86	33.33	300m: 3:12.95	33.73	400m: 4:15.82	30.27
3.	BRESKA Helena		08	UKS Manta Ko cierzyna		<b>4:24.61</b>	689	+ 15.64
	50m: 27.97	27.97	150m: 1:32.25	33.70	250m: 2:42.35	35.54	350m: 3:51.96	34.89
	100m: 58.55	30.58	200m: 2:06.81	34.56	300m: 3:17.07	34.72	400m: 4:24.61	32.65
4.	NARKOWICZ Iga		08	Tri-Sea Mewa Władysławowo		<b>4:31.00</b>	641	+ 22.03
	50m: 29.56	29.56	150m: 1:37.05	34.42	250m: 2:47.09	35.02	350m: 3:58.05	35.33
	100m: 1:02.63	33.07	200m: 2:12.07	35.02	300m: 3:22.72	35.63	400m: 4:31.00	32.95
5.	ROZIEL Natasza		08	UKS Rekin Wrocław		<b>4:32.76</b>	629	+ 23.79
	50m: 29.24	29.24	150m: 1:35.44	33.87	250m: 2:44.84	35.00	350m: 3:56.75	35.89
	100m: 1:01.57	32.33	200m: 2:09.84	34.40	300m: 3:20.86	36.02	400m: 4:32.76	36.01
6.	REPI SKA Weronika		08	UKS Manta Ko cierzyna		<b>4:33.11</b>	627	+ 24.14
	50m: 31.82	31.82	150m: 1:40.15	34.83	250m: 2:50.68	35.28	350m: 4:01.44	34.72
	100m: 1:05.32	33.50	200m: 2:15.40	35.25	300m: 3:26.72	36.04	400m: 4:33.11	31.67

KAT. A

1.	TUSK Weronika		05	Tri-Sea Mewa Władysławowo		<b>4:08.31</b>	834	
	50m: 27.91	27.91	150m: 1:29.77	31.30	250m: 2:33.13	31.55	350m: 3:36.94	31.83
	100m: 58.47	30.56	200m: 2:01.58	31.81	300m: 3:05.11	31.98	400m: 4:08.31	31.37
2.	GRE Julia		04	UKS Manta Ko cierzyna		<b>4:14.49</b>	775	+ 6.18
	50m: 28.98	28.98	150m: 1:34.55	33.02	250m: 2:40.95	33.21	350m: 3:44.88	30.80
	100m: 1:01.53	32.55	200m: 2:07.74	33.19	300m: 3:14.08	33.13	400m: 4:14.49	29.61
3.	FREDA Daria		06	Aqua Sport Ko cierzyna		<b>4:42.19</b>	568	+ 33.88
	50m: 30.27	30.27	150m: 1:41.41	36.32	250m: 2:55.23	36.80	350m: 4:07.62	36.15
	100m: 1:05.09	34.82	200m: 2:18.43	37.02	300m: 3:31.47	36.24	400m: 4:42.19	34.57