

LIGA DZIECI I MŁODZIKÓW  
Kutno, 15-3-2019

Konkurencja 5  
2019-03-15 - 10:12

Dziewcz t, 400m dowolny

11 - 13 lat  
Wyniki

Punkty: FINA 2018

| Pozycja       |                          |         | Rok ur. |                                |         |       |       |         | Czas           | Pkt.  |         |       |
|---------------|--------------------------|---------|---------|--------------------------------|---------|-------|-------|---------|----------------|-------|---------|-------|
| <b>13 lat</b> |                          |         |         |                                |         |       |       |         |                |       |         |       |
| 1.            | Ostrowska, Nina          |         | 06      | UKS SP-149 Łód                 |         |       |       |         | <b>4:36.47</b> |       |         |       |
|               | 50m:                     | 32.02   | 32.02   | 150m:                          | 1:40.77 | 34.65 | 250m: | 2:51.31 | 35.27          | 350m: | 4:02.52 | 35.64 |
|               | 100m:                    | 1:06.12 | 34.10   | 200m:                          | 2:16.04 | 35.27 | 300m: | 3:26.88 | 35.57          | 400m: | 4:36.47 | 33.95 |
| 2.            | Gomułka, Weronika        |         | 06      | UKS 190 Łód                    |         |       |       |         | <b>4:42.14</b> |       |         |       |
|               | 50m:                     | 31.86   | 31.86   | 150m:                          | 1:40.96 | 35.05 | 250m: | 2:52.54 | 36.08          | 350m: | 4:05.90 | 36.89 |
|               | 100m:                    | 1:05.91 | 34.05   | 200m:                          | 2:16.46 | 35.50 | 300m: | 3:29.01 | 36.47          | 400m: | 4:42.14 | 36.24 |
| 3.            | Piekarska, Natalia       |         | 06      | SKS 137 Delfin Łód             |         |       |       |         | <b>4:55.70</b> |       |         |       |
|               | 50m:                     | 34.67   | 34.67   | 150m:                          | 1:50.34 | 38.30 | 250m: | 3:06.34 | 38.01          | 350m: | 4:20.31 | 36.29 |
|               | 100m:                    | 1:12.04 | 37.37   | 200m:                          | 2:28.33 | 37.99 | 300m: | 3:44.02 | 37.68          | 400m: | 4:55.70 | 35.39 |
| 4.            | Mikuła, Natalia          |         | 06      | TP Olimpijczyk Aleksandrów Łód |         |       |       |         | <b>4:59.49</b> |       |         |       |
|               | 50m:                     | 33.76   | 33.76   | 150m:                          | 1:48.42 | 37.67 | 250m: | 3:04.76 | 38.05          | 350m: | 4:21.34 | 38.22 |
|               | 100m:                    | 1:10.75 | 36.99   | 200m:                          | 2:26.71 | 38.29 | 300m: | 3:43.12 | 38.36          | 400m: | 4:59.49 | 38.15 |
| 5.            | Sulak, Antonina          |         | 06      | UKS Pi tka Konstantinów Łódzki |         |       |       |         | <b>4:59.76</b> |       |         |       |
|               | 50m:                     | 34.07   | 34.07   | 150m:                          | 1:49.84 | 38.65 | 250m: | 3:06.81 | 38.49          | 350m: | 4:23.23 | 37.96 |
|               | 100m:                    | 1:11.19 | 37.12   | 200m:                          | 2:28.32 | 38.48 | 300m: | 3:45.27 | 38.46          | 400m: | 4:59.76 | 36.53 |
| 6.            | Fornal, Hanna            |         | 06      | UKS SP-149 Łód                 |         |       |       |         | <b>5:02.51</b> |       |         |       |
|               | 50m:                     | 34.37   | 34.37   | 150m:                          | 1:49.93 | 38.26 | 250m: | 3:06.94 | 38.60          | 350m: | 4:24.89 | 39.08 |
|               | 100m:                    | 1:11.67 | 37.30   | 200m:                          | 2:28.34 | 38.41 | 300m: | 3:45.81 | 38.87          | 400m: | 5:02.51 | 37.62 |
| 7.            | Dukowska, Anna           |         | 06      | TP Olimpijczyk Aleksandrów Łód |         |       |       |         | <b>5:05.37</b> |       |         |       |
|               | 50m:                     | 35.18   | 35.18   | 150m:                          | 1:53.02 | 39.07 | 250m: | 3:10.84 | 38.28          | 350m: | 4:28.45 | 38.97 |
|               | 100m:                    | 1:13.95 | 38.77   | 200m:                          | 2:32.56 | 39.54 | 300m: | 3:49.48 | 38.64          | 400m: | 5:05.37 | 36.92 |
| 8.            | Sobiech, Marta           |         | 06      | UKS SP-149 Łód                 |         |       |       |         | <b>5:06.14</b> |       |         |       |
|               | 50m:                     | 35.41   | 35.41   | 150m:                          | 1:52.53 | 38.70 | 250m: | 3:10.21 | 38.78          | 350m: | 4:28.59 | 39.42 |
|               | 100m:                    | 1:13.83 | 38.42   | 200m:                          | 2:31.43 | 38.90 | 300m: | 3:49.17 | 38.96          | 400m: | 5:06.14 | 37.55 |
| 9.            | Sobiech, Anna            |         | 06      | UKS SP-149 Łód                 |         |       |       |         | <b>5:10.24</b> |       |         |       |
|               | 50m:                     | 35.59   | 35.59   | 150m:                          | 1:53.98 | 39.76 | 250m: | 3:12.75 | 39.23          | 350m: | 4:31.88 | 39.51 |
|               | 100m:                    | 1:14.22 | 38.63   | 200m:                          | 2:33.52 | 39.54 | 300m: | 3:52.37 | 39.62          | 400m: | 5:10.24 | 38.36 |
| 10.           | Lipowska, Nadia          |         | 06      | UKS Nawa Skierniewice          |         |       |       |         | <b>5:12.40</b> |       |         |       |
|               | 50m:                     | 34.35   | 34.35   | 150m:                          | 1:52.79 | 40.40 | 250m: | 3:14.68 | 40.92          | 350m: | 4:35.69 | 40.09 |
|               | 100m:                    | 1:12.39 | 38.04   | 200m:                          | 2:33.76 | 40.97 | 300m: | 3:55.60 | 40.92          | 400m: | 5:12.40 | 36.71 |
| 11.           | Olczak, Liwia            |         | 06      | UKS 190 Łód                    |         |       |       |         | <b>5:20.16</b> |       |         |       |
|               | 50m:                     | 35.93   | 35.93   | 150m:                          | 1:54.78 | 39.83 | 250m: | 3:16.88 | 41.11          | 350m: | 4:39.19 | 41.09 |
|               | 100m:                    | 1:14.95 | 39.02   | 200m:                          | 2:35.77 | 40.99 | 300m: | 3:58.10 | 41.22          | 400m: | 5:20.16 | 40.97 |
| 12.           | Furma ska, Julia         |         | 06      | UKS Nawa Skierniewice          |         |       |       |         | <b>5:33.57</b> |       |         |       |
|               | 50m:                     | 37.44   | 37.44   | 150m:                          | 2:02.32 | 43.24 | 250m: | 3:28.38 | 42.85          | 350m: | 4:53.71 | 42.33 |
|               | 100m:                    | 1:19.08 | 41.64   | 200m:                          | 2:45.53 | 43.21 | 300m: | 4:11.38 | 43.00          | 400m: | 5:33.57 | 39.86 |
| 13.           | Łobejko, Natalia         |         | 06      | SKS 137 Delfin Łód             |         |       |       |         | <b>5:33.98</b> |       |         |       |
|               | 50m:                     | 38.48   | 38.48   | 150m:                          | 2:03.41 | 43.14 | 250m: | 3:29.10 | 42.29          | 350m: | 4:53.84 | 42.56 |
|               | 100m:                    | 1:20.27 | 41.79   | 200m:                          | 2:46.81 | 43.40 | 300m: | 4:11.28 | 42.18          | 400m: | 5:33.98 | 40.14 |
| 14.           | Pawłowska, Wiktorina     |         | 06      | MUKS Wodnik Łask               |         |       |       |         | <b>5:36.78</b> |       |         |       |
|               | 50m:                     | 38.10   | 38.10   | 150m:                          | 2:03.20 | 43.38 | 250m: | 3:30.64 | 43.49          | 350m: | 4:55.92 | 42.09 |
|               | 100m:                    | 1:19.82 | 41.72   | 200m:                          | 2:47.15 | 43.95 | 300m: | 4:13.83 | 43.19          | 400m: | 5:36.78 | 40.86 |
| 15.           | Grocholi ska, Małgorzata |         | 06      | SKS 137 Delfin Łód             |         |       |       |         | <b>6:11.42</b> |       |         |       |
|               | 50m:                     | 40.25   | 40.25   | 150m:                          | 2:12.82 | 47.73 | 250m: | 3:49.72 | 48.62          | 350m: | 5:26.13 | 47.18 |
|               | 100m:                    | 1:25.09 | 44.84   | 200m:                          | 3:01.10 | 48.28 | 300m: | 4:38.95 | 49.23          | 400m: | 6:11.42 | 45.29 |
| 16.           | Pluci ska, Malwina       |         | 06      | UKS Nawa Skierniewice          |         |       |       |         | <b>6:37.97</b> |       |         |       |
|               | 50m:                     | 43.00   | 43.00   | 150m:                          | 2:22.38 | 51.49 | 250m: | 4:05.91 | 51.92          | 350m: | 5:48.36 | 50.65 |
|               | 100m:                    | 1:30.89 | 47.89   | 200m:                          | 3:13.99 | 51.61 | 300m: | 4:57.71 | 51.80          | 400m: | 6:37.97 | 49.61 |

LIGA DZIECI I MŁODZIKÓW  
Kutno, 15-3-2019

Konkurencja 5, Dziewcz t, 400m dowolny

12 lat

|     |                       |         |       |                                |                |       |       |         |       |       |         |       |  |  |
|-----|-----------------------|---------|-------|--------------------------------|----------------|-------|-------|---------|-------|-------|---------|-------|--|--|
| 1.  | Pietrzyk, Hanna       |         | 07    | TP Olimpijczyk Aleksandrów Łód | <b>5:00.08</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 34.29   | 34.29 | 150m:                          | 1:51.74        | 39.00 | 250m: | 3:08.63 | 38.67 | 350m: | 4:24.48 | 37.88 |  |  |
|     | 100m:                 | 1:12.74 | 38.45 | 200m:                          | 2:29.96        | 38.22 | 300m: | 3:46.60 | 37.97 | 400m: | 5:00.08 | 35.60 |  |  |
| 2.  | Raszewska, Jadwiga    |         | 07    | MKS Trójka Łód                 | <b>5:02.68</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 34.52   | 34.52 | 150m:                          | 1:51.38        | 38.75 | 250m: | 3:08.88 | 39.63 | 350m: | 4:25.99 | 38.65 |  |  |
|     | 100m:                 | 1:12.63 | 38.11 | 200m:                          | 2:29.25        | 37.87 | 300m: | 3:47.34 | 38.46 | 400m: | 5:02.68 | 36.69 |  |  |
| 3.  | Trafalska, Zuzanna    |         | 07    | TP Olimpijczyk Aleksandrów Łód | <b>5:11.09</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 35.99   | 35.99 | 150m:                          | 1:55.20        | 40.06 | 250m: | 3:15.19 | 39.70 | 350m: | 4:33.95 | 38.96 |  |  |
|     | 100m:                 | 1:15.14 | 39.15 | 200m:                          | 2:35.49        | 40.29 | 300m: | 3:54.99 | 39.80 | 400m: | 5:11.09 | 37.14 |  |  |
| 4.  | Ber, Julia            |         | 07    | UKS Pi tka Konstantinów Łódzki | <b>5:14.02</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 35.06   | 35.06 | 150m:                          | 1:53.60        | 39.67 | 250m: | 3:15.26 | 41.22 | 350m: | 4:36.53 | 40.64 |  |  |
|     | 100m:                 | 1:13.93 | 38.87 | 200m:                          | 2:34.04        | 40.44 | 300m: | 3:55.89 | 40.63 | 400m: | 5:14.02 | 37.49 |  |  |
| 5.  | W grzycka, Małgorzata |         | 07    | MKS Trójka Łód                 | <b>5:17.04</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 34.74   | 34.74 | 150m:                          | 1:53.46        | 40.11 | 250m: | 3:15.37 | 41.47 | 350m: | 4:37.39 | 41.16 |  |  |
|     | 100m:                 | 1:13.35 | 38.61 | 200m:                          | 2:33.90        | 40.44 | 300m: | 3:56.23 | 40.86 | 400m: | 5:17.04 | 39.65 |  |  |
| 6.  | Czernik, Zuzanna      |         | 07    | TP Olimpijczyk Aleksandrów Łód | <b>5:36.39</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 38.33   | 38.33 | 150m:                          | 2:01.98        | 42.21 | 250m: | 3:27.46 | 42.11 | 350m: | 4:53.46 | 42.73 |  |  |
|     | 100m:                 | 1:19.77 | 41.44 | 200m:                          | 2:45.35        | 43.37 | 300m: | 4:10.73 | 43.27 | 400m: | 5:36.39 | 42.93 |  |  |
| 7.  | Poli ska, Natalia     |         | 07    | UKS SP-149 Łód                 | <b>5:39.41</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 39.66   | 39.66 | 150m:                          | 2:05.62        | 43.66 | 250m: | 3:33.72 | 43.34 | 350m: | 4:59.62 | 42.18 |  |  |
|     | 100m:                 | 1:21.96 | 42.30 | 200m:                          | 2:50.38        | 44.76 | 300m: | 4:17.44 | 43.72 | 400m: | 5:39.41 | 39.79 |  |  |
| 8.  | Osypiuk, Milena       |         | 07    | UKS SP-149 Łód                 | <b>5:40.03</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 39.51   | 39.51 | 150m:                          | 2:05.20        | 43.23 | 250m: | 3:34.04 | 44.49 | 350m: | 4:59.17 | 43.15 |  |  |
|     | 100m:                 | 1:21.97 | 42.46 | 200m:                          | 2:49.55        | 44.35 | 300m: | 4:16.02 | 41.98 | 400m: | 5:40.03 | 40.86 |  |  |
| 9.  | Górny, Maja           |         | 07    | EKS Skra Bełchatów             | <b>5:47.22</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 37.50   | 37.50 | 150m:                          | 2:06.43        | 45.75 | 250m: | 3:34.37 | 43.40 | 350m: | 5:03.17 | 45.01 |  |  |
|     | 100m:                 | 1:20.68 | 43.18 | 200m:                          | 2:50.97        | 44.54 | 300m: | 4:18.16 | 43.79 | 400m: | 5:47.22 | 44.05 |  |  |
| 10. | Sokołowska, Patrycja  |         | 07    | EKS Skra Bełchatów             | <b>5:55.80</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 38.22   | 38.22 | 150m:                          | 2:09.58        | 46.44 | 250m: | 3:41.51 | 45.52 | 350m: | 5:13.33 | 45.79 |  |  |
|     | 100m:                 | 1:23.14 | 44.92 | 200m:                          | 2:55.99        | 46.41 | 300m: | 4:27.54 | 46.03 | 400m: | 5:55.80 | 42.47 |  |  |
| 11. | Gadzali ska, Maja     |         | 07    | Sekcja Pływacka Meduza Paj czn | <b>6:00.14</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 39.01   | 39.01 | 150m:                          | 2:08.49        | 46.27 | 250m: | 3:41.86 | 46.80 | 350m: | 5:15.85 | 45.93 |  |  |
|     | 100m:                 | 1:22.22 | 43.21 | 200m:                          | 2:55.06        | 46.57 | 300m: | 4:29.92 | 48.06 | 400m: | 6:00.14 | 44.29 |  |  |
| 12. | Skrok, Julia          |         | 07    | Sekcja Pływacka Meduza Paj czn | <b>6:04.31</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 41.34   | 41.34 | 150m:                          | 2:14.27        | 46.94 | 250m: | 3:48.09 | 47.22 | 350m: | 5:19.66 | 46.59 |  |  |
|     | 100m:                 | 1:27.33 | 45.99 | 200m:                          | 3:00.87        | 46.60 | 300m: | 4:33.07 | 44.98 | 400m: | 6:04.31 | 44.65 |  |  |
| 13. | Wawrzyniak, Julia     |         | 07    | Sekcja Pływacka Meduza Paj czn | <b>6:21.57</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 40.99   | 40.99 | 150m:                          | 2:16.55        | 48.70 | 250m: | 3:54.25 | 49.32 | 350m: | 5:35.28 | 50.55 |  |  |
|     | 100m:                 | 1:27.85 | 46.86 | 200m:                          | 3:04.93        | 48.38 | 300m: | 4:44.73 | 50.48 | 400m: | 6:21.57 | 46.29 |  |  |
| 14. | Zimi ska, Gabriela    |         | 07    | Uczniowski Klub Sportowy 55    | <b>6:22.86</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 37.61   | 37.61 | 150m:                          | 2:14.92        | 50.20 | 250m: | 3:54.83 | 49.48 | 350m: | 5:36.49 | 51.56 |  |  |
|     | 100m:                 | 1:24.72 | 47.11 | 200m:                          | 3:05.35        | 50.43 | 300m: | 4:44.93 | 50.10 | 400m: | 6:22.86 | 46.37 |  |  |
| 15. | Białęcka, Amelia      |         | 07    | UKS „Delfinek” w Kutnie        | <b>6:39.68</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  |         |       | 150m:                          |                |       | 250m: |         |       | 350m: | 5:49.69 |       |  |  |
|     | 100m:                 |         |       | 200m:                          |                |       | 300m: |         |       | 400m: | 6:39.68 | 49.99 |  |  |
| 16. | Wojciechowska, Olga   |         | 07    | UKS „Delfinek” w Kutnie        | <b>7:05.46</b> |       |       |         |       |       |         |       |  |  |
|     | 50m:                  | 43.67   | 43.67 | 150m:                          | 2:27.74        | 52.85 | 250m: | 4:18.11 | 56.02 | 350m: | 6:11.42 | 57.34 |  |  |
|     | 100m:                 | 1:34.89 | 51.22 | 200m:                          | 3:22.09        | 54.35 | 300m: | 5:14.08 | 55.97 | 400m: | 7:05.46 | 54.04 |  |  |

LIGA DZIECI I MŁODZIKÓW  
Kutno, 15-3-2019

Konkurencja 5, Dziewcz t, 400m dowolny

11 lat

|         |                       |                     |                                |                     |
|---------|-----------------------|---------------------|--------------------------------|---------------------|
| 1.      | Grabarczyk, Martyna   | 08                  | UKS SP-149 Łód                 | <b>5:33.04</b>      |
|         | 50m: 40.49 40.49      | 150m: 2:10.43 43.75 | 250m: 3:34.41 41.44            | 350m: 4:54.71 39.42 |
|         | 100m: 1:26.68 46.19   | 200m: 2:52.97 42.54 | 300m: 4:15.29 40.88            | 400m: 5:33.04 38.33 |
| 2.      | Janczewska, Zofia     | 08                  | TP Olimpijczyk Aleksandrów Łód | <b>5:46.88</b>      |
|         | 50m: 38.91 38.91      | 150m: 2:08.96 46.22 | 250m: 3:38.35 43.60            | 350m: 5:06.81 41.68 |
|         | 100m: 1:22.74 43.83   | 200m: 2:54.75 45.79 | 300m: 4:25.13 46.78            | 400m: 5:46.88 40.07 |
| 3.      | Skura, Barbara        | 08                  | UKS SP-149 Łód                 | <b>5:57.88</b>      |
|         | 50m: 43.16 43.16      | 150m: 2:16.69 47.11 | 250m: 3:47.39 45.30            | 350m: 5:15.77 43.91 |
|         | 100m: 1:29.58 46.42   | 200m: 3:02.09 45.40 | 300m: 4:31.86 44.47            | 400m: 5:57.88 42.11 |
| 4.      | Pawlak, Lena          | 08                  | TP Olimpijczyk Aleksandrów Łód | <b>5:58.12</b>      |
|         | 50m: 39.97 39.97      | 150m: 2:10.14 45.77 | 250m: 3:40.78 45.26            | 350m: 5:13.94 46.75 |
|         | 100m: 1:24.37 44.40   | 200m: 2:55.52 45.38 | 300m: 4:27.19 46.41            | 400m: 5:58.12 44.18 |
| 5.      | Trafalska, Antonina   | 08                  | TP Olimpijczyk Aleksandrów Łód | <b>6:00.50</b>      |
|         | 50m: 41.43 41.43      | 150m: 2:14.16 47.12 | 250m: 3:47.36 45.42            | 350m: 5:20.09 46.78 |
|         | 100m: 1:27.04 45.61   | 200m: 3:01.94 47.78 | 300m: 4:33.31 45.95            | 400m: 6:00.50 40.41 |
| 6.      | Naji, Kamila          | 08                  | UKS Pi tka Konstanyń Łódzki    | <b>6:08.76</b>      |
|         | 50m: 43.94 43.94      | 150m: 2:18.33 47.34 | 250m: 3:52.04 46.42            | 350m: 5:25.48 47.35 |
|         | 100m: 1:30.99 47.05   | 200m: 3:05.62 47.29 | 300m: 4:38.13 46.09            | 400m: 6:08.76 43.28 |
| 7.      | Ciszyk, Hanna         | 08                  | UKS Pi tka Konstanyń Łódzki    | <b>6:43.68</b>      |
|         | 50m: 42.68 42.68      | 150m: 2:24.39 52.23 | 250m: 4:10.26 53.24            | 350m: 5:54.18 51.54 |
|         | 100m: 1:32.16 49.48   | 200m: 3:17.02 52.63 | 300m: 5:02.64 52.38            | 400m: 6:43.68 49.50 |
| 8.      | St pka, Amelia        | 08                  | UKS 190 Łód                    | <b>6:47.62</b>      |
|         | 50m: 47.24 47.24      | 150m: 2:33.19 53.11 | 250m: 4:19.16 52.85            | 350m: 6:02.88 51.87 |
|         | 100m: 1:40.08 52.84   | 200m: 3:26.31 53.12 | 300m: 5:11.01 51.85            | 400m: 6:47.62 44.74 |
| 9.      | Borowska, Wiktoria    | 08                  | UKS Pi tka Konstanyń Łódzki    | <b>6:53.86</b>      |
|         | 50m: 41.67 41.67      | 150m: 2:23.46 52.24 | 250m: 4:13.89 54.37            | 350m: 6:05.49 56.45 |
|         | 100m: 1:31.22 49.55   | 200m: 3:19.52 56.06 | 300m: 5:09.04 55.15            | 400m: 6:53.86 48.37 |
| 10.     | Michalska, Aleksandra | 08                  | UKS „Delfinek” w Kutnie        | <b>7:13.62</b>      |
|         | 50m: 43.42 43.42      | 150m: 2:31.13 54.22 | 250m: 4:24.58 57.57            | 350m: 6:18.89 57.36 |
|         | 100m: 1:36.91 53.49   | 200m: 3:27.01 55.88 | 300m: 5:21.53 56.95            | 400m: 7:13.62 54.73 |
| 11.     | Gapi ska, Zofia       | 08                  | UKS SP-149 Łód                 | <b>7:15.78</b>      |
|         | 50m: 43.81 43.81      | 150m: 2:35.04 56.88 | 250m: 4:27.82 56.46            | 350m: 6:22.85 57.67 |
|         | 100m: 1:38.16 54.35   | 200m: 3:31.36 56.32 | 300m: 5:25.18 57.36            | 400m: 7:15.78 52.93 |
| NIE UK. | Rychter, Marta        | 08                  | TP Olimpijczyk Aleksandrów Łód |                     |