

Liga Dzieci i Młodzików Runda III
Skierniewice, 5-3-2020

Konkurencja 7
2020-03-05 - 11:22

Dziewcz t, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	Polek Alicja		09	EKS Skra Bełchatów				5:38.21	333
	50m:	37.90 37.90	150m:	2:02.57 42.77	250m:	3:29.43 43.18	350m:	4:55.70 42.91	
	100m:	1:19.80 41.90	200m:	2:46.25 43.68	300m:	4:12.79 43.36	400m:	5:38.21 42.51	
2.	Sobolak Gabriela		09	TP Olimpijczyk Aleksandrów Łódzki				5:50.11	300
	50m:	40.05 40.05	150m:	2:09.65 45.32	250m:	3:39.89 44.77	350m:	5:09.79 44.83	
	100m:	1:24.33 44.28	200m:	2:55.12 45.47	300m:	4:24.96 45.07	400m:	5:50.11 40.32	
3.	Kuchci ska Matylda		09	UKS Pi tka Konstantynów Łódzki				6:05.08	265
	50m:	43.50 43.50	150m:	2:16.99 46.94	250m:	3:51.44 47.25	350m:	5:24.23 46.23	
	100m:	1:30.05 46.55	200m:	3:04.19 47.20	300m:	4:38.00 46.56	400m:	6:05.08 40.85	
4.	Adamczyk Zofia		09	SKS 137 Delfin Łód				6:09.72	255
	50m:	41.98 41.98	150m:	2:18.09 48.80	250m:	3:53.76 46.77	350m:	5:26.23 45.08	
	100m:	1:29.29 47.31	200m:	3:06.99 48.90	300m:	4:41.15 47.39	400m:	6:09.72 43.49	
5.	Płuciennikowska Helena		09	SKS 137 Delfin Łód				6:11.59	251
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:11.59	
6.	Rutkowska Maja		09	UKS SP-149 Łód				6:11.64	251
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:11.64	
7.	Wawrzyniak Amelia		09	UKS Pi tka Konstantynów Łódzki				6:14.06	246
	50m:	41.65 41.65	150m:	2:15.91 47.84	250m:	3:54.07 48.65	350m:	5:30.18 48.47	
	100m:	1:28.07 46.42	200m:	3:05.42 49.51	300m:	4:41.71 47.64	400m:	6:14.06 43.88	
8.	Rozwadowska Karolina		09	SKS 137 Delfin Łód				6:27.07	222
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:27.07	
9.	Łuczak Anika		09	UKS SP-149 Łód				6:34.50	210
	50m:	45.33 45.33	150m:	2:26.79 51.05	250m:	4:09.44 51.27	350m:	5:49.23 49.25	
	100m:	1:35.74 50.41	200m:	3:18.17 51.38	300m:	4:59.98 50.54	400m:	6:34.50 45.27	
10.	Wojtczyk Alicja		09	TP Olimpijczyk Aleksandrów Łódzki				6:40.90	200
	50m:	42.19 42.19	150m:	2:21.40 50.75	250m:	4:05.81 51.87	350m:	5:50.79 52.53	
	100m:	1:30.65 48.46	200m:	3:13.94 52.54	300m:	4:58.26 52.45	400m:	6:40.90 50.11	
11.	Morawiec Alicja		09	EKS Skra Bełchatów				6:41.92	198
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:41.92	
12.	Rudnicka Zofia		09	UKS SP-149 Łód				6:43.26	196
	50m:	45.85 45.85	150m:	2:27.25 50.54	250m:	4:10.84 52.03	350m:	5:52.18 50.31	
	100m:	1:36.71 50.86	200m:	3:18.81 51.56	300m:	5:01.87 51.03	400m:	6:43.26 51.08	
13.	Górny Adrianna		09	EKS Skra Bełchatów				6:51.67	184
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:51.67	
14.	Lauda ska Maja		09	UKS Pi tka Konstantynów Łódzki				6:54.50	181
	50m:	43.44 43.44	150m:	2:30.12 54.83	250m:	4:15.73 52.44	350m:	6:04.01 53.69	
	100m:	1:35.29 51.85	200m:	3:23.29 53.17	300m:	5:10.32 54.59	400m:	6:54.50 50.49	
15.	Pawlak Jagoda		09	UKS 190 Łód				6:59.02	175
	50m:	45.58 45.58	150m:	2:32.65 54.40	250m:	4:19.55 53.81	350m:	6:07.65 53.80	
	100m:	1:38.25 52.67	200m:	3:25.74 53.09	300m:	5:13.85 54.30	400m:	6:59.02 51.37	
16.	Jabrzyk Sandra		09	EKS Skra Bełchatów				7:09.65	162
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	7:09.65	
17.	liwi ska Agata		09	SKS 137 Delfin Łód				7:17.22	154
	50m:	47.24 47.24	150m:	2:38.54 55.67	250m:	4:31.29 56.18	350m:	6:24.32 55.70	
	100m:	1:42.87 55.63	200m:	3:35.11 56.57	300m:	5:28.62 57.33	400m:	7:17.22 52.90	

Liga Dzieci i Młodzików Runda III
Skierniewice, 5-3-2020

Konkurencja 7, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	mieta ska Hanna		09	UKS SP-149 Łód				7:36.08	135
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	7:36.08	
19.	Idziak Anna		09	UKS 190 Łód				8:12.66	107
	50m:	49.65 49.65	150m:	2:54.39 1:01.96	250m:	5:01.03 1:03.39	350m:	7:05.78 1:00.41	
	100m:	1:52.43 1:02.78	200m:	3:57.64 1:03.25	300m:	6:05.37 1:04.34	400m:	8:12.66 1:06.88	
20.	Patyra Joanna		09	UKS SP-149 Łód				9:02.70	80
	50m:	54.52 54.52	150m:	3:14.60 1:11.84	250m:	5:32.75 1:08.99	350m:	7:55.23 1:12.89	
	100m:	2:02.76 1:08.24	200m:	4:23.76 1:09.16	300m:	6:42.34 1:09.59	400m:	9:02.70 1:07.47	
21.	Majcher Wiktoria		09	UKS SP-149 Łód				9:34.93	67
	50m:	1:01.72 1:01.72	150m:	3:28.67 1:12.46	250m:	5:59.61 1:16.12	350m:	8:23.84 1:09.08	
	100m:	2:16.21 1:14.49	200m:	4:43.49 1:14.82	300m:	7:14.76 1:15.15	400m:	9:34.93 1:11.09	
NIE UK.	Kuczy ska Maja		09	UKS 190 Łód					
12 lat									
1.	Pawlak Lena		08	TP Olimpijczyk Aleksandrów Łódzki				5:00.88	473
	50m:	32.42 32.42	150m:	1:47.14 37.51	250m:	3:04.90 39.01	350m:	4:24.25 39.40	
	100m:	1:09.63 37.21	200m:	2:25.89 38.75	300m:	3:44.85 39.95	400m:	5:00.88 36.63	
2.	Skura Barbara		08	UKS SP-149 Łód				5:15.67	410
	50m:	35.33 35.33	150m:	1:52.74 39.46	250m:	3:13.01 40.13	350m:	4:35.05 40.98	
	100m:	1:13.28 37.95	200m:	2:32.88 40.14	300m:	3:54.07 41.06	400m:	5:15.67 40.62	
3.	Trafalska Antonina		08	TP Olimpijczyk Aleksandrów Łódzki				5:16.87	405
	50m:	36.41 36.41	150m:	1:59.38 41.52	250m:	3:21.46 40.15	350m:	4:40.44 39.02	
	100m:	1:17.86 41.45	200m:	2:41.31 41.93	300m:	4:01.42 39.96	400m:	5:16.87 36.43	
4.	Grabarczyk Martyna		08	UKS SP-149 Łód				5:23.85	379
	50m:	36.27 36.27	150m:	1:56.84 40.96	250m:	3:19.53 41.63	350m:	4:42.50 41.22	
	100m:	1:15.88 39.61	200m:	2:37.90 41.06	300m:	4:01.28 41.75	400m:	5:23.85 41.35	
5.	Janczewska Zofia		08	TP Olimpijczyk Aleksandrów Łódzki				5:24.65	376
	50m:	37.21 37.21	150m:	2:00.00 41.47	250m:	3:23.53 41.27	350m:	4:44.90 39.71	
	100m:	1:18.53 41.32	200m:	2:42.26 42.26	300m:	4:05.19 41.66	400m:	5:24.65 39.75	
6.	Cieplucha Bianka		08	SKS 137 Delfin Łód				5:30.46	357
	50m:	37.53 37.53	150m:	2:01.04 42.19	250m:	3:25.91 42.06	350m:	4:50.49 42.22	
	100m:	1:18.85 41.32	200m:	2:43.85 42.81	300m:	4:08.27 42.36	400m:	5:30.46 39.97	
7.	Rychter Marta		08	TP Olimpijczyk Aleksandrów Łódzki				5:38.70	331
	50m:	38.37 38.37	150m:	2:04.71 43.69	250m:	3:31.19 43.30	350m:	4:58.74 43.14	
	100m:	1:21.02 42.65	200m:	2:47.89 43.18	300m:	4:15.60 44.41	400m:	5:38.70 39.96	
8.	Borowska Wiktoria		08	UKS Pi tka Konstantynów Łódzki				5:39.50	329
	50m:	37.61 37.61	150m:	2:01.81 42.88	250m:	3:30.14 44.90	350m:	4:58.19 43.75	
	100m:	1:18.93 41.32	200m:	2:45.24 43.43	300m:	4:14.44 44.30	400m:	5:39.50 41.31	
9.	Nowak Kaja		08	UKS Nawa Skierniewice				5:50.71	299
	50m:	40.87 40.87	150m:	2:12.30 45.51	250m:	3:41.49 43.26	350m:	5:08.26 43.33	
	100m:	1:26.79 45.92	200m:	2:58.23 45.93	300m:	4:24.93 43.44	400m:	5:50.71 42.45	
10.	Wawrzyniak Natalia		08	UKS Pi tka Konstantynów Łódzki				5:51.55	296
	50m:	37.93 37.93	150m:	2:08.38 45.27	250m:	3:40.56 46.32	350m:	5:11.32 45.07	
	100m:	1:23.11 45.18	200m:	2:54.24 45.86	300m:	4:26.25 45.69	400m:	5:51.55 40.23	
11.	W grzycka Agnieszka		08	MKS Trójka Łód				6:01.69	272
	50m:	38.01 38.01	150m:	2:06.65 45.08	250m:	3:41.40 47.78	350m:	5:16.47 47.98	
	100m:	1:21.57 43.56	200m:	2:53.62 46.97	300m:	4:28.49 47.09	400m:	6:01.69 45.22	
12.	Niewczas Julita		08	KP Raw-Swim				6:02.10	271
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:02.10	
13.	St pka Amelia		08	UKS 190 Łód				6:02.50	270
	50m:	39.59 39.59	150m:	2:10.80 46.27	250m:	3:45.56 47.59	350m:	5:20.08 46.88	
	100m:	1:24.53 44.94	200m:	2:57.97 47.17	300m:	4:33.20 47.64	400m:	6:02.50 42.42	

Liga Dzieci i Młodzików Runda III
Skierniewice, 5-3-2020

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
14.	Nawrocka Natalia		08	MUKS Wodnik Łask				6:06.91	261
	50m:	39.99 39.99	150m:	2:13.81 47.32	250m:	3:48.92 47.37	350m:	5:23.33 45.97	
	100m:	1:26.49 46.50	200m:	3:01.55 47.74	300m:	4:37.36 48.44	400m:	6:06.91 43.58	
15.	Baranowska Maria		08	TP Olimpijczyk Aleksandrów Łódzki				6:08.69	257
	50m:	40.16 40.16	150m:	2:11.73 46.62	250m:	3:47.19 48.36	350m:	5:22.01 47.49	
	100m:	1:25.11 44.95	200m:	2:58.83 47.10	300m:	4:34.52 47.33	400m:	6:08.69 46.68	
16.	Krystek Jagoda		08	SKS 137 Delfin Łód				6:11.01	252
	50m:	42.30 42.30	150m:	2:18.48 48.68	250m:	3:55.01 48.22	350m:	5:28.53 46.46	
	100m:	1:29.80 47.50	200m:	3:06.79 48.31	300m:	4:42.07 47.06	400m:	6:11.01 42.48	
17.	Kotulska Patrycja		08	SKS 137 Delfin Łód				6:14.47	245
	50m:	40.85 40.85	150m:	2:17.19 49.05	250m:	3:53.69 48.16	350m:	5:30.23 47.59	
	100m:	1:28.14 47.29	200m:	3:05.53 48.34	300m:	4:42.64 48.95	400m:	6:14.47 44.24	
18.	Piotrowska Natalia		08	KP Raw-Swim				6:15.51	243
	50m:	42.24 42.24	150m:	2:19.02 48.79	250m:	3:56.77 48.73	350m:	5:31.62 45.26	
	100m:	1:30.23 47.99	200m:	3:08.04 49.02	300m:	4:46.36 49.59	400m:	6:15.51 43.89	
19.	Kra kowska Zuzanna		08	MUKS Wodnik Łask				6:20.42	234
	50m:	39.37 39.37	150m:	2:17.73 50.39	250m:	3:58.20 49.95	350m:	5:33.82 47.99	
	100m:	1:27.34 47.97	200m:	3:08.25 50.52	300m:	4:45.83 47.63	400m:	6:20.42 46.60	
20.	Petrykowska Zuzanna		08	UKS Nawa Skierniewice				6:27.79	221
	50m:	42.53 42.53	150m:	2:20.91 49.66	250m:	4:00.84 49.42	350m:	5:39.94 49.84	
	100m:	1:31.25 48.72	200m:	3:11.42 50.51	300m:	4:50.10 49.26	400m:	6:27.79 47.85	
21.	Kucharska Hanna		08	MUKS Wodnik Łask				6:41.41	199
	50m:	40.87 40.87	150m:	2:21.60 51.59	250m:	4:04.70 51.75	350m:	5:50.80 52.53	
	100m:	1:30.01 49.14	200m:	3:12.95 51.35	300m:	4:58.27 53.57	400m:	6:41.41 50.61	

13 lat

1.	Trafalska Zuzanna		07	TP Olimpijczyk Aleksandrów Łódzki				4:46.95	545
	50m:	34.06 34.06	150m:	1:46.97 36.27	250m:	3:00.25 36.37	350m:	4:12.60 35.99	
	100m:	1:10.70 36.64	200m:	2:23.88 36.91	300m:	3:36.61 36.36	400m:	4:46.95 34.35	
2.	Pietrzyk Hanna		07	TP Olimpijczyk Aleksandrów Łódzki				4:47.59	542
	50m:	33.10 33.10	150m:	1:46.09 36.84	250m:	3:00.13 37.02	350m:	4:13.61 36.19	
	100m:	1:09.25 36.15	200m:	2:23.11 37.02	300m:	3:37.42 37.29	400m:	4:47.59 33.98	
3.	Ber Julia		07	UKS Pi tka Konstantinów Łódzki				4:51.48	520
	50m:	33.09 33.09	150m:	1:47.42 37.58	250m:	3:01.72 36.93	350m:	4:15.86 36.57	
	100m:	1:09.84 36.75	200m:	2:24.79 37.37	300m:	3:39.29 37.57	400m:	4:51.48 35.62	
4.	Rutkowska Aneta		07	UKS SP-149 Łód				5:00.69	474
	50m:	34.91 34.91	150m:	1:52.86 38.63	250m:	3:08.25 37.95	350m:	4:24.80 38.46	
	100m:	1:14.23 39.32	200m:	2:30.30 37.44	300m:	3:46.34 38.09	400m:	5:00.69 35.89	
5.	Kaczmarek Amelia		07	UKS Pi tka Konstantinów Łódzki				5:03.95	459
	50m:	32.95 32.95	150m:	1:47.85 37.79	250m:	3:04.01 38.13	350m:	4:25.30 41.21	
	100m:	1:10.06 37.11	200m:	2:25.88 38.03	300m:	3:44.09 40.08	400m:	5:03.95 38.65	
6.	Raszewska Jadwiga		07	MKS Trójka Łód				5:07.48	443
	50m:	34.80 34.80	150m:	1:52.42 39.21	250m:	3:12.48 40.05	350m:	4:31.27 38.52	
	100m:	1:13.21 38.41	200m:	2:32.43 40.01	300m:	3:52.75 40.27	400m:	5:07.48 36.21	
7.	W grzycka Małgorzata		07	MKS Trójka Łód				5:08.78	438
	50m:	34.97 34.97	150m:	1:53.18 39.96	250m:	3:12.71 39.70	350m:	4:31.39 38.72	
	100m:	1:13.22 38.25	200m:	2:33.01 39.83	300m:	3:52.67 39.96	400m:	5:08.78 37.39	
8.	Ma ka Lena		07	UKS 190 Łód				5:11.80	425
	50m:	35.16 35.16	150m:	1:54.09 40.48	250m:	3:13.35 40.26	350m:	4:33.84 40.37	
	100m:	1:13.61 38.45	200m:	2:33.09 39.00	300m:	3:53.47 40.12	400m:	5:11.80 37.96	
9.	Gadzali ska Maja		07	Sekcja Pływacka Meduza Paj czno				5:15.68	410
	50m:	35.99 35.99	150m:	1:56.18 40.91	250m:	3:18.22 41.12	350m:	4:38.96 39.49	
	100m:	1:15.27 39.28	200m:	2:37.10 40.92	300m:	3:59.47 41.25	400m:	5:15.68 36.72	

Liga Dzieci i Młodzików Runda III
Skierniewice, 5-3-2020

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
10.	Denisiewicz Zuzanna		07	UKS Nawa Skierniewice				5:16.97	405
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:16.97	
11.	Górny Maja		07	EKS Skra Bełchatów				5:17.99	401
	50m:	35.67 35.67	150m:	1:56.37 40.83	250m:	3:18.43 40.78	350m:	4:40.13 40.42	
	100m:	1:15.54 39.87	200m:	2:37.65 41.28	300m:	3:59.71 41.28	400m:	5:17.99 37.86	
12.	Skrok Julia		07	Sekcja Pływacka Meduza Paj czno				5:27.12	368
	50m:	37.16 37.16	150m:	1:59.55 41.94	250m:	3:24.46 42.54	350m:	4:48.04 41.52	
	100m:	1:17.61 40.45	200m:	2:41.92 42.37	300m:	4:06.52 42.06	400m:	5:27.12 39.08	
13.	M czkowska Barbara		07	SKS 137 Delfin Łód				5:33.75	346
	50m:	38.32 38.32	150m:	2:03.51 43.05	250m:	3:30.01 43.19	350m:	4:55.60 42.92	
	100m:	1:20.46 42.14	200m:	2:46.82 43.31	300m:	4:12.68 42.67	400m:	5:33.75 38.15	
14.	Poli ska Natalia		07	UKS SP-149 Łód				5:33.76	346
	50m:	38.26 38.26	150m:	2:02.31 43.03	250m:	3:26.92 42.38	350m:	4:53.87 43.37	
	100m:	1:19.28 41.02	200m:	2:44.54 42.23	300m:	4:10.50 43.58	400m:	5:33.76 39.89	
15.	Sokołowska Patrycja		07	EKS Skra Bełchatów				5:35.03	342
	50m:	35.27 35.27	150m:	2:01.53 44.67	250m:	3:28.03 43.03	350m:	4:55.55 44.06	
	100m:	1:16.86 41.59	200m:	2:45.00 43.47	300m:	4:11.49 43.46	400m:	5:35.03 39.48	
16.	Kukułka Zofia		07	Sekcja Pływacka Meduza Paj czno				5:35.44	341
	50m:	38.46 38.46	150m:	2:04.48 43.63	250m:	3:31.20 42.42	350m:	4:56.38 42.84	
	100m:	1:20.85 42.39	200m:	2:48.78 44.30	300m:	4:13.54 42.34	400m:	5:35.44 39.06	
17.	Wawrzyniak Julia		07	Sekcja Pływacka Meduza Paj czno				5:39.29	330
	50m:	36.59 36.59	150m:	2:01.35 42.84	250m:	3:29.06 43.71	350m:	4:57.51 43.42	
	100m:	1:18.51 41.92	200m:	2:45.35 44.00	300m:	4:14.09 45.03	400m:	5:39.29 41.78	
18.	Dregier Martyna		07	MUKS Wodnik Łask				6:09.86	254
	50m:	39.37 39.37	150m:	2:13.23 48.02	250m:	3:51.18 49.73	350m:	5:28.36 47.78	
	100m:	1:25.21 45.84	200m:	3:01.45 48.22	300m:	4:40.58 49.40	400m:	6:09.86 41.50	
19.	Sarna Inez		07	UKS Nawa Skierniewice				6:14.19	246
	50m:	38.75 38.75	150m:	2:11.76 48.12	250m:	3:51.80 50.33	350m:	5:28.47 47.59	
	100m:	1:23.64 44.89	200m:	3:01.47 49.71	300m:	4:40.88 49.08	400m:	6:14.19 45.72	
20.	Marcinkowska Nadia		07	MKS Jedyńka Łód				6:18.17	238
	50m:	43.82 43.82	150m:	2:20.52 48.95	250m:	3:57.73 48.91	350m:	5:34.35 48.17	
	100m:	1:31.57 47.75	200m:	3:08.82 48.30	300m:	4:46.18 48.45	400m:	6:18.17 43.82	
21.	Białecka Amelia		07	UKS „Delfinek” w Kutnie				6:19.55	235
	50m:	40.25 40.25	150m:	2:15.10 48.22	250m:	3:53.62 49.60	350m:	5:34.06 50.02	
	100m:	1:26.88 46.63	200m:	3:04.02 48.92	300m:	4:44.04 50.42	400m:	6:19.55 45.49	
22.	Hnatkiewicz Maja		07	UKS Nawa Skierniewice				6:37.88	204
	50m:	45.83 45.83	150m:	2:30.58 53.09	250m:	4:14.18 50.39	350m:	5:53.93 50.25	
	100m:	1:37.49 51.66	200m:	3:23.79 53.21	300m:	5:03.68 49.50	400m:	6:37.88 43.95	
23.	Adamczyk Natalia		07	UKS Nawa Skierniewice				6:39.12	202
	50m:	44.98 44.98	150m:	2:28.67 52.45	250m:	4:12.75 51.36	350m:	5:52.92 50.27	
	100m:	1:36.22 51.24	200m:	3:21.39 52.72	300m:	5:02.65 49.90	400m:	6:39.12 46.20	
24.	Grzeli ska Karolina		07	TP Olimpijczyk Aleksandrów Łódzki				6:39.75	201
	50m:	43.20 43.20	150m:	2:23.13 51.38	250m:	4:07.17 51.59	350m:	5:50.26 51.87	
	100m:	1:31.75 48.55	200m:	3:15.58 52.45	300m:	4:58.39 51.22	400m:	6:39.75 49.49	