

Otwarte Mistrzostwa Okręgu Łódzkiego 2021  
 Łódź, 20. - 21.3.2021

Konkurencja 34  
 21.03.2021 - 15:41

Mężczyzn, 400m dowolny

Open  
 Wyniki

Punkty: FINA 2018

| Pozycja                        | Rok ur. | Czas Pkt.                | 100m               | 200m          | 300m    | 400m          |         |
|--------------------------------|---------|--------------------------|--------------------|---------------|---------|---------------|---------|
| <b>14 lat</b>                  |         |                          |                    |               |         |               |         |
| 1. Walkowski Bartosz           | 07      | UKS 190 Łódź             | <b>4:32.20</b> 528 | 1:05.51       | 1:09.88 | 1:09.96       | 1:06.85 |
| 50m: 31.20                     | 31.20   | 150m: 1:40.57            | 35.06              | 250m: 2:50.47 | 35.08   | 350m: 4:00.17 | 34.82   |
| 100m: 1:05.51                  | 34.31   | 200m: 2:15.39            | 34.82              | 300m: 3:25.35 | 34.88   | 400m: 4:32.20 | 32.03   |
| 2. Figiel Filip                | 07      | UKS Piłka Konstanyńów    | <b>4:36.70</b> 503 | 1:04.60       | 1:10.50 | 1:11.99       | 1:09.61 |
| 50m: 30.58                     | 30.58   | 150m: 1:39.42            | 34.82              | 250m: 2:50.93 | 35.83   | 350m: 4:02.49 | 35.40   |
| 100m: 1:04.60                  | 34.02   | 200m: 2:15.10            | 35.68              | 300m: 3:27.09 | 36.16   | 400m: 4:36.70 | 34.21   |
| 3. Selder Krystian             | 07      | MKS Trójka Łódź          | <b>4:43.68</b> 466 | 1:07.59       | 1:14.54 | 1:13.10       | 1:08.45 |
| 50m: 32.15                     | 32.15   | 150m: 1:44.88            | 37.29              | 250m: 2:58.35 | 36.22   | 350m: 4:11.01 | 35.78   |
| 100m: 1:07.59                  | 35.44   | 200m: 2:22.13            | 37.25              | 300m: 3:35.23 | 36.88   | 400m: 4:43.68 | 32.67   |
| 4. Mikołajczyk Adrian          | 07      | SKS 137 Delfin Łódź      | <b>4:46.93</b> 451 | 1:06.90       | 1:14.31 | 1:15.50       | 1:10.22 |
| 50m: 31.42                     | 31.42   | 150m: 1:43.63            | 36.73              | 250m: 2:59.33 | 38.12   | 350m: 4:12.71 | 36.00   |
| 100m: 1:06.90                  | 35.48   | 200m: 2:21.21            | 37.58              | 300m: 3:36.71 | 37.38   | 400m: 4:46.93 | 34.22   |
| 5. Walkowski Maciej            | 07      | UKS 190 Łódź             | <b>4:49.08</b> 441 | 1:10.53       | 1:14.73 | 1:13.36       | 1:10.46 |
| 50m: 33.33                     | 33.33   | 150m: 1:48.14            | 37.61              | 250m: 3:02.15 | 36.89   | 350m: 4:14.71 | 36.09   |
| 100m: 1:10.53                  | 37.20   | 200m: 2:25.26            | 37.12              | 300m: 3:38.62 | 36.47   | 400m: 4:49.08 | 34.37   |
| 6. Boruszewski Filip           | 07      | UKS SP-149 Łódź          | <b>4:51.86</b> 428 | 1:10.95       | 1:14.08 | 1:14.59       | 1:12.24 |
| 50m: 33.74                     | 33.74   | 150m: 1:47.70            | 36.75              | 250m: 3:02.03 | 37.00   | 350m: 4:16.20 | 36.58   |
| 100m: 1:10.95                  | 37.21   | 200m: 2:25.03            | 37.33              | 300m: 3:39.62 | 37.59   | 400m: 4:51.86 | 35.66   |
| 7. Kaszubski Jan               | 07      | MKS Trójka Łódź          | <b>4:57.47</b> 404 | 1:11.92       | 1:15.89 | 1:16.43       | 1:13.23 |
| 50m: 33.90                     | 33.90   | 150m: 3:06.44            | 1:54.52            | 250m: 4:21.17 | 1:53.36 | 350m:         |         |
| 100m: 1:11.92                  | 38.02   | 200m: 2:27.81            |                    | 300m: 3:44.24 |         | 400m: 4:57.47 |         |
| 8. Głowacki Sebastian          | 07      | UKS Nawa Skierniewice    | <b>4:57.65</b> 404 | 1:08.66       | 1:17.05 | 1:17.50       | 1:14.44 |
| 50m: 31.89                     | 31.89   | 150m: 1:46.74            | 38.08              | 250m: 3:04.65 | 38.94   | 350m: 4:21.51 | 38.30   |
| 100m: 1:08.66                  | 36.77   | 200m: 2:25.71            | 38.97              | 300m: 3:43.21 | 38.56   | 400m: 4:57.65 | 36.14   |
| 9. Skrobisz Michał             | 07      | UKS 190 Łódź             | <b>4:59.06</b> 398 | 1:12.15       | 1:16.68 | 1:15.99       | 1:14.24 |
| 50m: 34.56                     | 34.56   | 150m: 1:50.36            | 38.21              | 250m: 3:06.64 | 37.81   | 350m: 4:22.71 | 37.89   |
| 100m: 1:12.15                  | 37.59   | 200m: 2:28.83            | 38.47              | 300m: 3:44.82 | 38.18   | 400m: 4:59.06 | 36.35   |
| 10. Kleszczyński Kacper        | 07      | Sekcja Pływacka Meduza P | <b>4:59.69</b> 395 | 1:08.80       | 1:16.20 | 1:18.17       | 1:16.52 |
| 50m: 32.42                     | 32.42   | 150m: 1:46.50            | 37.70              | 250m: 3:03.98 | 38.98   | 350m: 4:22.26 | 39.09   |
| 100m: 1:08.80                  | 36.38   | 200m: 2:25.00            | 38.50              | 300m: 3:43.17 | 39.19   | 400m: 4:59.69 | 37.43   |
| 11. Kurzawa Aleksander         | 07      | MKS Jedyńka Łódź         | <b>5:32.94</b> 288 | 1:19.57       | 1:26.30 | 1:26.73       | 1:20.34 |
| 50m: 36.84                     | 36.84   | 150m: 2:02.74            | 43.17              | 250m: 3:29.12 | 43.25   | 350m: 4:56.33 | 43.73   |
| 100m: 1:19.57                  | 42.73   | 200m: 2:45.87            | 43.13              | 300m: 4:12.60 | 43.48   | 400m: 5:32.94 | 36.61   |
| <b>15 lat</b>                  |         |                          |                    |               |         |               |         |
| 1. Popiel Mikołaj              | 06      | Sekcja Pływacka Meduza P | <b>4:13.93</b> 650 | 1:01.03       | 1:05.08 | 1:05.35       | 1:02.47 |
| 50m: 28.97                     | 28.97   | 150m: 1:33.38            | 32.35              | 250m: 2:38.37 | 32.26   | 350m: 4:43.68 | 32.22   |
| 100m: 1:01.03                  | 32.06   | 200m: 2:06.11            | 32.73              | 300m: 3:11.46 | 33.09   | 400m: 4:13.93 | 30.25   |
| 2. Lewenhaupt Oskar            | 06      | MKS Trójka Łódź          | <b>4:31.60</b> 531 | 1:06.04       | 1:11.12 | 1:11.01       | 1:03.43 |
| 50m: 31.68                     | 31.68   | 150m: 1:41.28            | 35.24              | 250m: 2:53.05 | 35.89   | 350m: 4:00.93 | 32.76   |
| 100m: 1:06.04                  | 34.36   | 200m: 2:17.16            | 35.88              | 300m: 3:28.17 | 35.12   | 400m: 4:31.60 | 30.67   |
| 3. Nieckarz Paweł              | 06      | UKS 190 Łódź             | <b>4:43.92</b> 465 | 1:06.81       | 1:13.06 | 1:13.19       | 1:10.86 |
| 50m: 31.07                     | 31.07   | 150m: 1:42.87            | 36.06              | 250m: 2:56.05 | 36.18   | 350m: 4:09.18 | 36.12   |
| 100m: 1:06.81                  | 35.74   | 200m: 2:19.87            | 37.00              | 300m: 3:33.06 | 37.01   | 400m: 4:43.92 | 34.74   |
| 4. Jankiewicz Delgado Jarosław | 06      | UKS Nawa Skierniewice    | <b>4:49.67</b> 438 | 1:10.22       | 1:14.76 | 1:14.75       | 1:09.94 |
| 50m: 33.36                     | 33.36   | 150m: 1:47.50            | 37.28              | 250m: 3:02.49 | 37.51   | 350m: 4:16.02 | 36.29   |
| 100m: 1:10.22                  | 36.86   | 200m: 2:24.98            | 37.48              | 300m: 3:39.73 | 37.24   | 400m: 4:49.67 | 33.65   |
| 5. Kryszczuk Karol             | 06      | UKS Piłka Konstanyńów    | <b>5:34.44</b> 284 | 1:18.82       | 1:26.71 | 1:27.46       | 1:21.45 |
| 50m: 36.50                     | 36.50   | 150m: 2:02.51            | 43.69              | 250m: 3:29.40 | 43.87   | 350m: 4:56.09 | 43.10   |
| 100m: 1:18.82                  | 42.32   | 200m: 2:45.53            | 43.02              | 300m: 4:12.99 | 43.59   | 400m: 5:34.44 | 38.35   |
| <b>16 lat</b>                  |         |                          |                    |               |         |               |         |
| 1. Arent Artur                 | 05      | MKS Jedyńka Łódź         | <b>4:26.64</b> 562 | 1:01.78       | 1:07.12 | 1:08.49       | 1:09.25 |
| 50m: 29.36                     | 29.36   | 150m: 1:35.14            | 33.36              | 250m: 2:42.88 | 33.98   | 350m: 3:52.17 | 34.78   |
| 100m: 1:01.78                  | 32.42   | 200m: 2:08.90            | 33.76              | 300m: 3:17.39 | 34.51   | 400m: 4:26.64 | 34.47   |

## Otwarte Mistrzostwa Okręgu Łódzkiego 2021

Łódź, 20. - 21.3.2021

## Konkurencja 34, Chłopców, 400m dowolny, 16 lat

| Pozycja                  | Rok ur. | Czas           | Pkt.  | 100m    | 200m    | 300m    | 400m    |       |       |         |       |
|--------------------------|---------|----------------|-------|---------|---------|---------|---------|-------|-------|---------|-------|
| 2. Jarczewski Franciszek | 05      | <b>4:30.84</b> | 536   | 1:03.88 | 1:08.88 | 1:09.76 | 1:08.32 |       |       |         |       |
| 50m:                     | 30.28   | 30.28          | 150m: | 1:38.40 | 34.52   | 250m:   | 2:47.62 | 34.86 | 350m: | 3:57.39 | 34.87 |
| 100m:                    | 1:03.88 | 33.60          | 200m: | 2:12.76 | 34.36   | 300m:   | 3:22.52 | 34.90 | 400m: | 4:30.84 | 33.45 |
| 3. Stankiewicz Oskar     | 05      | <b>4:49.61</b> | 438   | 1:09.26 | 1:16.40 | 1:14.56 | 1:09.39 |       |       |         |       |
| 50m:                     | 32.48   | 32.48          | 150m: | 1:47.42 | 38.16   | 250m:   | 3:02.75 | 37.09 | 350m: | 4:16.21 | 35.99 |
| 100m:                    | 1:09.26 | 36.78          | 200m: | 2:25.66 | 38.24   | 300m:   | 3:40.22 | 37.47 | 400m: | 4:49.61 | 33.40 |
| 4. Godzik Kamil          | 05      | <b>5:11.15</b> | 353   | 1:11.83 | 1:20.34 | 1:20.20 | 1:18.78 |       |       |         |       |
| 50m:                     | 32.97   | 32.97          | 150m: | 1:51.85 | 40.02   | 250m:   | 3:12.50 | 40.33 | 350m: | 4:32.77 | 40.40 |
| 100m:                    | 1:11.83 | 38.86          | 200m: | 2:32.17 | 40.32   | 300m:   | 3:52.37 | 39.87 | 400m: | 5:11.15 | 38.38 |

## Open

|                           |         |                |       |         |         |         |         |       |       |         |       |
|---------------------------|---------|----------------|-------|---------|---------|---------|---------|-------|-------|---------|-------|
| 1. Chmielewski Krzysztof  | 04      | <b>4:05.89</b> | 716   | 1:00.21 | 1:04.09 | 1:02.98 | 58.61   |       |       |         |       |
| 50m:                      | 28.63   | 28.63          | 150m: | 1:32.41 | 32.20   | 250m:   | 2:35.96 | 31.66 | 350m: | 3:36.89 | 29.61 |
| 100m:                     | 1:00.21 | 31.58          | 200m: | 2:04.30 | 31.89   | 300m:   | 3:07.28 | 31.32 | 400m: | 4:05.89 | 29.00 |
| 2. Chmielewski Michał     | 04      | <b>4:08.80</b> | 692   | 1:01.77 | 1:04.66 | 1:01.68 | 1:00.69 |       |       |         |       |
| 50m:                      | 29.39   | 29.39          | 150m: | 1:34.01 | 32.24   | 250m:   | 2:37.16 | 30.73 | 350m: | 3:38.30 | 30.19 |
| 100m:                     | 1:01.77 | 32.38          | 200m: | 2:06.43 | 32.42   | 300m:   | 3:08.11 | 30.95 | 400m: | 4:08.80 | 30.50 |
| 3. Zieliński Konrad       | 03      | <b>4:09.97</b> | 682   | 1:00.41 | 1:04.12 | 1:02.89 | 1:02.55 |       |       |         |       |
| 50m:                      | 28.73   | 28.73          | 150m: | 1:32.57 | 32.16   | 250m:   | 2:36.38 | 31.85 | 350m: | 3:38.76 | 31.34 |
| 100m:                     | 1:00.41 | 31.68          | 200m: | 2:04.53 | 31.96   | 300m:   | 3:07.42 | 31.04 | 400m: | 4:09.97 | 31.21 |
| 4. Popiel Mikołaj         | 06      | <b>4:13.93</b> | 650   | 1:01.03 | 1:05.08 | 1:05.35 | 1:02.47 |       |       |         |       |
| 50m:                      | 28.97   | 28.97          | 150m: | 1:33.38 | 32.35   | 250m:   | 2:38.37 | 32.26 | 350m: | 3:43.68 | 32.22 |
| 100m:                     | 1:01.03 | 32.06          | 200m: | 2:06.11 | 32.73   | 300m:   | 3:11.46 | 33.09 | 400m: | 4:13.93 | 30.25 |
| 5. Lary Jerzy             | 06      | <b>4:13.99</b> | 650   | 1:01.93 | 1:05.22 | 1:03.99 | 1:02.85 |       |       |         |       |
| 50m:                      | 30.00   | 30.00          | 150m: | 1:34.40 | 32.47   | 250m:   | 2:38.95 | 31.80 | 350m: | 3:43.06 | 31.92 |
| 100m:                     | 1:01.93 | 31.93          | 200m: | 2:07.15 | 32.75   | 300m:   | 3:11.14 | 32.19 | 400m: | 4:13.99 | 30.93 |
| 6. Leśniak Maksymilian    | 04      | <b>4:19.00</b> | 613   | 1:00.86 | 1:06.62 | 1:06.59 | 1:04.93 |       |       |         |       |
| 50m:                      | 27.90   | 27.90          | 150m: | 1:33.96 | 33.10   | 250m:   | 2:40.60 | 33.12 | 350m: | 3:46.81 | 32.74 |
| 100m:                     | 1:00.86 | 32.96          | 200m: | 2:07.48 | 33.52   | 300m:   | 3:14.07 | 33.47 | 400m: | 4:19.00 | 32.19 |
| 7. Jodryka Nikodem        | 04      | <b>4:21.62</b> | 595   | 1:01.54 | 1:06.55 | 1:07.90 | 1:05.63 |       |       |         |       |
| 50m:                      | 29.11   | 29.11          | 150m: | 1:34.48 | 32.94   | 250m:   | 2:41.61 | 33.52 | 350m: | 3:49.54 | 33.55 |
| 100m:                     | 1:01.54 | 32.43          | 200m: | 2:08.09 | 33.61   | 300m:   | 3:15.99 | 34.38 | 400m: | 4:21.62 | 32.08 |
| 8. Małka Filip            | 00      | <b>4:22.93</b> | 586   | 1:02.64 | 1:08.40 | 1:08.77 | 1:03.12 |       |       |         |       |
| 50m:                      | 29.65   | 29.65          | 150m: | 1:36.52 | 33.88   | 250m:   | 2:45.03 | 33.99 | 350m: | 3:50.12 | 30.31 |
| 100m:                     | 1:02.64 | 32.99          | 200m: | 2:11.04 | 34.52   | 300m:   | 3:19.81 | 34.78 | 400m: | 4:22.93 | 32.81 |
| 9. Rodkiewicz Radosław    | 03      | <b>4:24.21</b> | 577   | 1:00.56 | 1:05.24 | 1:08.33 | 1:10.08 |       |       |         |       |
| 50m:                      | 28.88   | 28.88          | 150m: | 1:33.01 | 32.45   | 250m:   | 2:39.29 | 33.49 | 350m: | 3:49.37 | 35.24 |
| 100m:                     | 1:00.56 | 31.68          | 200m: | 2:05.80 | 32.79   | 300m:   | 3:14.13 | 34.84 | 400m: | 4:24.21 | 34.84 |
| 10. Arent Artur           | 05      | <b>4:26.64</b> | 562   | 1:01.78 | 1:07.12 | 1:08.49 | 1:09.25 |       |       |         |       |
| 50m:                      | 29.36   | 29.36          | 150m: | 1:35.14 | 33.36   | 250m:   | 2:42.88 | 33.98 | 350m: | 3:52.17 | 34.78 |
| 100m:                     | 1:01.78 | 32.42          | 200m: | 2:08.90 | 33.76   | 300m:   | 3:17.39 | 34.51 | 400m: | 4:26.64 | 34.47 |
| 11. Stefanowski Bartosz   | 03      | <b>4:29.02</b> | 547   | 1:02.89 | 1:08.11 | 1:09.86 | 1:08.16 |       |       |         |       |
| 50m:                      | 30.04   | 30.04          | 150m: | 1:36.87 | 33.98   | 250m:   | 2:45.84 | 34.84 | 350m: | 3:55.69 | 34.83 |
| 100m:                     | 1:02.89 | 32.85          | 200m: | 2:11.00 | 34.13   | 300m:   | 3:20.86 | 35.02 | 400m: | 4:29.02 | 33.33 |
| 12. Stanisławski Bartosz  | 04      | <b>4:30.35</b> | 539   | 1:02.40 | 1:08.32 | 1:10.76 | 1:08.87 |       |       |         |       |
| 50m:                      | 29.72   | 29.72          | 150m: | 1:36.38 | 33.98   | 250m:   | 2:45.90 | 35.18 | 350m: | 3:57.02 | 35.54 |
| 100m:                     | 1:02.40 | 32.68          | 200m: | 2:10.72 | 34.34   | 300m:   | 3:21.48 | 35.58 | 400m: | 4:30.35 | 33.33 |
| 13. Jarczewski Franciszek | 05      | <b>4:30.84</b> | 536   | 1:03.88 | 1:08.88 | 1:09.76 | 1:08.32 |       |       |         |       |
| 50m:                      | 30.28   | 30.28          | 150m: | 1:38.40 | 34.52   | 250m:   | 2:47.62 | 34.86 | 350m: | 3:57.39 | 34.87 |
| 100m:                     | 1:03.88 | 33.60          | 200m: | 2:12.76 | 34.36   | 300m:   | 3:22.52 | 34.90 | 400m: | 4:30.84 | 33.45 |
| 14. Lewenhaupt Oskar      | 06      | <b>4:31.60</b> | 531   | 1:06.04 | 1:11.12 | 1:11.01 | 1:03.43 |       |       |         |       |
| 50m:                      | 31.68   | 31.68          | 150m: | 1:41.28 | 35.24   | 250m:   | 2:53.05 | 35.89 | 350m: | 4:00.93 | 32.76 |
| 100m:                     | 1:06.04 | 34.36          | 200m: | 2:17.16 | 35.88   | 300m:   | 3:28.17 | 35.12 | 400m: | 4:31.60 | 30.67 |
| 15. Walkowski Bartosz     | 07      | <b>4:32.20</b> | 528   | 1:05.51 | 1:09.88 | 1:09.96 | 1:06.85 |       |       |         |       |
| 50m:                      | 31.20   | 31.20          | 150m: | 1:40.57 | 35.06   | 250m:   | 2:50.47 | 35.08 | 350m: | 4:00.17 | 34.82 |
| 100m:                     | 1:05.51 | 34.31          | 200m: | 2:15.39 | 34.82   | 300m:   | 3:25.35 | 34.88 | 400m: | 4:32.20 | 32.03 |
| 16. Krysiak Kacper        | 04      | <b>4:32.66</b> | 525   | 1:02.59 | 1:08.61 | 1:11.60 | 1:09.86 |       |       |         |       |
| 50m:                      | 29.58   | 29.58          | 150m: | 1:36.34 | 33.75   | 250m:   | 2:46.73 | 35.53 | 350m: | 3:58.51 | 35.71 |
| 100m:                     | 1:02.59 | 33.01          | 200m: | 2:11.20 | 34.86   | 300m:   | 3:22.80 | 36.07 | 400m: | 4:32.66 | 34.15 |

Otwarte Mistrzostwa Okręgu Łódzkiego 2021  
 Łódź, 20. - 21.3.2021

Konkurencja 34, Mężczyźni, 400m dowolny, Open

| Pozycja                         | Rok ur. | Czas                                    | Pkt.           | 100m          | 200m    | 300m          | 400m    |         |
|---------------------------------|---------|---|----------------|---------------|---------|---------------|---------|---------|
| 17. Figiel Filip                | 07      | <b>UKS Piłka Konstanyńów</b>            | <b>4:36.70</b> | 503           | 1:04.60 | 1:10.50       | 1:11.99 | 1:09.61 |
| 50m: 30.58                      | 30.58   | 150m: 1:39.42                           | 34.82          | 250m: 2:50.93 | 35.83   | 350m: 4:02.49 | 35.40   |         |
| 100m: 1:04.60                   | 34.02   | 200m: 2:15.10                           | 35.68          | 300m: 3:27.09 | 36.16   | 400m: 4:36.70 | 34.21   |         |
| 18. Milczarczyk Oliwier         | 04      | <b>MKS Trójka Łódź</b>                  | <b>4:42.49</b> | 472           | 1:06.03 | 1:13.20       | 1:13.47 | 1:09.79 |
| 50m: 31.15                      | 31.15   | 150m: 1:42.34                           | 36.31          | 250m: 2:55.75 | 36.52   | 350m: 4:08.25 | 35.55   |         |
| 100m: 1:06.03                   | 34.88   | 200m: 2:19.23                           | 36.89          | 300m: 3:32.70 | 36.95   | 400m: 4:42.49 | 34.24   |         |
| 19. Selder Krystian             | 07      | <b>MKS Trójka Łódź</b>                  | <b>4:43.68</b> | 466           | 1:07.59 | 1:14.54       | 1:13.10 | 1:08.45 |
| 50m: 32.15                      | 32.15   | 150m: 1:44.88                           | 37.29          | 250m: 2:58.35 | 36.22   | 350m: 4:11.01 | 35.78   |         |
| 100m: 1:07.59                   | 35.44   | 200m: 2:22.13                           | 37.25          | 300m: 3:35.23 | 36.88   | 400m: 4:43.68 | 32.67   |         |
| 20. Nieckarz Paweł              | 06      | <b>UKS 190 Łódź</b>                     | <b>4:43.92</b> | 465           | 1:06.81 | 1:13.06       | 1:13.19 | 1:10.86 |
| 50m: 31.07                      | 31.07   | 150m: 1:42.87                           | 36.06          | 250m: 2:56.05 | 36.18   | 350m: 4:09.18 | 36.12   |         |
| 100m: 1:06.81                   | 35.74   | 200m: 2:19.87                           | 37.00          | 300m: 3:33.06 | 37.01   | 400m: 4:43.92 | 34.74   |         |
| 21. Mikołajczyk Adrian          | 07      | <b>SKS 137 Delfin Łódź</b>              | <b>4:46.93</b> | 451           | 1:06.90 | 1:14.31       | 1:15.50 | 1:10.22 |
| 50m: 31.42                      | 31.42   | 150m: 1:43.63                           | 36.73          | 250m: 2:59.33 | 38.12   | 350m: 4:12.71 | 36.00   |         |
| 100m: 1:06.90                   | 35.48   | 200m: 2:21.21                           | 37.58          | 300m: 3:36.71 | 37.38   | 400m: 4:46.93 | 34.22   |         |
| 22. Walkowski Maciej            | 07      | <b>UKS 190 Łódź</b>                     | <b>4:49.08</b> | 441           | 1:10.53 | 1:14.73       | 1:13.36 | 1:10.46 |
| 50m: 33.33                      | 33.33   | 150m: 1:48.14                           | 37.61          | 250m: 3:02.15 | 36.89   | 350m: 4:14.71 | 36.09   |         |
| 100m: 1:10.53                   | 37.20   | 200m: 2:25.26                           | 37.12          | 300m: 3:38.62 | 36.47   | 400m: 4:49.08 | 34.37   |         |
| 23. Stankiewicz Oskar           | 05      | <b>UKS Piłka Konstanyńów</b>            | <b>4:49.61</b> | 438           | 1:09.26 | 1:16.40       | 1:14.56 | 1:09.39 |
| 50m: 32.48                      | 32.48   | 150m: 1:47.42                           | 38.16          | 250m: 3:02.75 | 37.09   | 350m: 4:16.21 | 35.99   |         |
| 100m: 1:09.26                   | 36.78   | 200m: 2:25.66                           | 38.24          | 300m: 3:40.22 | 37.47   | 400m: 4:49.61 | 33.40   |         |
| 24. Jankiewicz Delgado Jarosław | 06      | <b>UKS Nawa Skierniewice</b>            | <b>4:49.67</b> | 438           | 1:10.22 | 1:14.76       | 1:14.75 | 1:09.94 |
| 50m: 33.36                      | 33.36   | 150m: 1:47.50                           | 37.28          | 250m: 3:02.49 | 37.51   | 350m: 4:16.02 | 36.29   |         |
| 100m: 1:10.22                   | 36.86   | 200m: 2:24.98                           | 37.48          | 300m: 3:39.73 | 37.24   | 400m: 4:49.67 | 33.65   |         |
| 25. Kanczkowski Szymon          | 07      | <b>UKS Tri-Team Rumia</b>               | <b>4:51.14</b> | 431           | 1:10.30 | 1:14.50       | 1:14.54 | 1:11.80 |
| 50m: 32.96                      | 32.96   | 150m: 1:47.28                           | 36.98          | 250m: 3:01.94 | 37.14   | 350m: 4:16.22 | 36.88   |         |
| 100m: 1:10.30                   | 37.34   | 200m: 2:24.80                           | 37.52          | 300m: 3:39.34 | 37.40   | 400m: 4:51.14 | 34.92   |         |
| 26. Boruszewski Filip           | 07      | <b>UKS SP-149 Łódź</b>                  | <b>4:51.86</b> | 428           | 1:10.95 | 1:14.08       | 1:14.59 | 1:12.24 |
| 50m: 33.74                      | 33.74   | 150m: 1:47.70                           | 36.75          | 250m: 3:02.03 | 37.00   | 350m: 4:16.20 | 36.58   |         |
| 100m: 1:10.95                   | 37.21   | 200m: 2:25.03                           | 37.33          | 300m: 3:39.62 | 37.59   | 400m: 4:51.86 | 35.66   |         |
| 27. Kaszubski Jan               | 07      | <b>MKS Trójka Łódź</b>                  | <b>4:57.47</b> | 404           | 1:11.92 | 1:15.89       | 1:16.43 | 1:13.23 |
| 50m: 33.90                      | 33.90   | 150m: 3:06.44                           | 1:54.52        | 250m: 4:21.17 | 1:53.36 | 350m:         |         |         |
| 100m: 1:11.92                   | 38.02   | 200m: 2:27.81                           |                | 300m: 3:44.24 |         | 400m: 4:57.47 |         |         |
| 28. Głowacki Sebastian          | 07      | <b>UKS Nawa Skierniewice</b>            | <b>4:57.65</b> | 404           | 1:08.66 | 1:17.05       | 1:17.50 | 1:14.44 |
| 50m: 31.89                      | 31.89   | 150m: 1:46.74                           | 38.08          | 250m: 3:04.65 | 38.94   | 350m: 4:21.51 | 38.30   |         |
| 100m: 1:08.66                   | 36.77   | 200m: 2:25.71                           | 38.97          | 300m: 3:43.21 | 38.56   | 400m: 4:57.65 | 36.14   |         |
| 29. Skrobisz Michał             | 07      | <b>UKS 190 Łódź</b>                     | <b>4:59.06</b> | 398           | 1:12.15 | 1:16.68       | 1:15.99 | 1:14.24 |
| 50m: 34.56                      | 34.56   | 150m: 1:50.36                           | 38.21          | 250m: 3:06.64 | 37.81   | 350m: 4:22.71 | 37.89   |         |
| 100m: 1:12.15                   | 37.59   | 200m: 2:28.83                           | 38.47          | 300m: 3:44.82 | 38.18   | 400m: 4:59.06 | 36.35   |         |
| 30. Kleszczyński Kacper         | 07      | <b>Sekcja Pływacka Meduza Pabianice</b> | <b>4:59.69</b> | 395           | 1:08.80 | 1:16.20       | 1:18.17 | 1:16.52 |
| 50m: 32.42                      | 32.42   | 150m: 1:46.50                           | 37.70          | 250m: 3:03.98 | 38.98   | 350m: 4:22.26 | 39.09   |         |
| 100m: 1:08.80                   | 36.38   | 200m: 2:25.00                           | 38.50          | 300m: 3:43.17 | 39.19   | 400m: 4:59.69 | 37.43   |         |
| 31. Godzik Kamil                | 05      | <b>UKS Nawa Skierniewice</b>            | <b>5:11.15</b> | 353           | 1:11.83 | 1:20.34       | 1:20.20 | 1:18.78 |
| 50m: 32.97                      | 32.97   | 150m: 1:51.85                           | 40.02          | 250m: 3:12.50 | 40.33   | 350m: 4:32.77 | 40.40   |         |
| 100m: 1:11.83                   | 38.86   | 200m: 2:32.17                           | 40.32          | 300m: 3:52.37 | 39.87   | 400m: 5:11.15 | 38.38   |         |
| 32. Kurzawa Aleksander          | 07      | <b>MKS Jedynka Łódź</b>                 | <b>5:32.94</b> | 288           | 1:19.57 | 1:26.30       | 1:26.73 | 1:20.34 |
| 50m: 36.84                      | 36.84   | 150m: 2:02.74                           | 43.17          | 250m: 3:29.12 | 43.25   | 350m: 4:56.33 | 43.73   |         |
| 100m: 1:19.57                   | 42.73   | 200m: 2:45.87                           | 43.13          | 300m: 4:12.60 | 43.48   | 400m: 5:32.94 | 36.61   |         |
| 33. Kryszczuk Karol             | 06      | <b>UKS Piłka Konstanyńów</b>            | <b>5:34.44</b> | 284           | 1:18.82 | 1:26.71       | 1:27.46 | 1:21.45 |
| 50m: 36.50                      | 36.50   | 150m: 2:02.51                           | 43.69          | 250m: 3:29.40 | 43.87   | 350m: 4:56.09 | 43.10   |         |
| 100m: 1:18.82                   | 42.32   | 200m: 2:45.53                           | 43.02          | 300m: 4:12.99 | 43.59   | 400m: 5:34.44 | 38.35   |         |