

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 7
24.06.2021 - 11:17

Dziewcz t, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	Mydlowska Roxana		10	KP Raw-Swim				5:41.27	324
	50m:	37.93 37.93	150m:	2:04.97 43.94	250m:	3:33.05 43.76	350m:	5:01.07 44.36	
	100m:	1:21.03 43.10	200m:	2:49.29 44.32	300m:	4:16.71 43.66	400m:	5:41.27 40.20	
2.	Leszczynska Zofia		10	TP Olimpijczyk Aleksandrów Łódzki				6:03.04	269
	50m:	40.26 40.26	150m:	2:12.60 46.86	250m:	3:44.98 45.45	350m:	5:19.81 47.01	
	100m:	1:25.74 45.48	200m:	2:59.53 46.93	300m:	4:32.80 47.82	400m:	6:03.04 43.23	
3.	Dziobor Kalina		10	UKS 190 Łódź				6:03.07	269
	50m:	39.05 39.05	150m:	2:11.39 46.97	250m:	3:45.29 46.98	350m:	5:19.76 47.64	
	100m:	1:24.42 45.37	200m:	2:58.31 46.92	300m:	4:32.12 46.83	400m:	6:03.07 43.31	
4.	Sukiennik Anna		10	MUKS Wodnik Łask				6:05.33	264
	50m:	41.03 41.03	150m:	2:13.15 46.28	250m:	3:47.76 47.71	350m:		
	100m:	1:26.87 45.84	200m:	3:00.05 46.90	300m:	4:33.88 46.12	400m:	6:05.33	
5.	Wielgus Nela		10	Champion Tomaszów Maz.				6:06.10	262
	50m:	40.59 40.59	150m:	2:14.74 47.04	250m:	3:50.85 48.50	350m:	5:23.59 46.67	
	100m:	1:27.70 47.11	200m:	3:02.35 47.61	300m:	4:36.92 46.07	400m:	6:06.10 42.51	
6.	Urbanek Maria		10	UKS Nawa Skierniewice				6:09.71	255
	50m:	41.20 41.20	150m:	2:16.33 47.99	250m:	3:52.84 48.36	350m:	5:28.06 46.27	
	100m:	1:28.34 47.14	200m:	3:04.48 48.15	300m:	4:41.79 48.95	400m:	6:09.71 41.65	
7.	Kołodziej Lena		10	SKS 137 Delfin Łódź				6:17.53	239
	50m:	43.47 43.47	150m:	2:17.73 47.66	250m:	3:52.78 47.77	350m:	5:29.90 47.18	
	100m:	1:30.07 46.60	200m:	3:05.01 47.28	300m:	4:42.72 49.94	400m:	6:17.53 47.63	
8.	Nowak Laura		10	MKS Trójka Łódź				6:20.03	235
	50m:	43.69 43.69	150m:	2:21.20 48.89	250m:	4:00.51 49.79	350m:	5:38.35 49.11	
	100m:	1:32.31 48.62	200m:	3:10.72 49.52	300m:	4:49.24 48.73	400m:	6:20.03 41.68	
9.	Andrzejczak Adrianna		10	UKS SP-149 Łódź				6:26.44	223
	50m:	46.15 46.15	150m:		250m:	4:05.15 48.10	350m:	5:42.34 48.77	
	100m:	1:36.10 49.95	200m:	3:17.05	300m:	4:53.57 48.42	400m:	6:26.44 44.10	
10.	Tuderek Wiktoria		10	LKS „Opocznianka”				6:26.59	223
	50m:	42.82 42.82	150m:	2:21.34 50.09	250m:	4:00.89 49.03	350m:	5:40.76 49.09	
	100m:	1:31.25 48.43	200m:	3:11.86 50.52	300m:	4:51.67 50.78	400m:	6:26.59 45.83	
11.	Peiko Maria		10	UKS Piłka Konstancynów Łódzki				6:31.73	214
	50m:	46.70 46.70	150m:	2:28.69 52.28	250m:	4:07.13 49.83	350m:	5:47.31 49.68	
	100m:	1:36.41 49.71	200m:	3:17.30 48.61	300m:	4:57.63 50.50	400m:	6:31.73 44.42	
12.	Sałuda Kamila		10	UKS Nawa Skierniewice				6:32.50	213
	50m:	43.88 43.88	150m:	2:26.43 52.14	250m:	4:08.12 51.13	350m:	5:50.69 50.97	
	100m:	1:34.29 50.41	200m:	3:16.99 50.56	300m:	4:59.72 51.60	400m:	6:32.50 41.81	
13.	Sypniewska Anna		10	UKS Nawa Skierniewice				6:33.44	211
	50m:	44.11 44.11	150m:	2:25.28 51.01	250m:	4:09.09 51.62	350m:	5:49.48 50.56	
	100m:	1:34.27 50.16	200m:	3:17.47 52.19	300m:	4:58.92 49.83	400m:	6:33.44 43.96	
14.	Szulc Adelajda		10	UKS SP-149 Łódź				6:35.89	207
	50m:	43.88 43.88	150m:	2:25.03 51.73	250m:	4:08.97 51.89	350m:	5:51.68 52.26	
	100m:	1:33.30 49.42	200m:	3:17.08 52.05	300m:	4:59.42 50.45	400m:	6:35.89 44.21	
15.	Grudzińska Nadia		10	SKS 137 Delfin Łódź				6:37.30	205
	50m:	44.75 44.75	150m:	2:28.32 53.06	250m:	4:11.02 50.21	350m:	5:52.73 49.58	
	100m:	1:35.26 50.51	200m:	3:20.81 52.49	300m:	5:03.15 52.13	400m:	6:37.30 44.57	
16.	Bartnikowska Julia		10	UKS SP-149 Łódź				6:37.31	205
	50m:	43.92 43.92	150m:	2:25.34 50.98	250m:	4:08.78 51.54	350m:	5:50.80 50.25	
	100m:	1:34.36 50.44	200m:	3:17.24 51.90	300m:	5:00.55 51.77	400m:	6:37.31 46.51	
17.	Przyrowska Dagmara		10	UKS Piłka Konstancynów Łódzki				6:37.47	205
	50m:	44.80 44.80	150m:	2:25.25 50.76	250m:	4:08.77 51.62	350m:	5:52.07 51.30	
	100m:	1:34.49 49.69	200m:	3:17.15 51.90	300m:	5:00.77 52.00	400m:	6:37.47 45.40	

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 7, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.			
18.	Muszy ska	Patrycja	10	SKS 137 Delfin Łód				6:37.82	204			
	50m:	46.36	46.36	150m:	2:27.63	51.00	250m:	4:09.87	51.38	350m:	5:52.33	49.45
	100m:	1:36.63	50.27	200m:	3:18.49	50.86	300m:	5:02.88	53.01	400m:	6:37.82	45.49
19.	Gałka	Michalina	10	UKS Nawa Skierniewice				6:46.67	191			
	50m:	47.03	47.03	150m:	2:30.86	52.61	250m:	4:15.82	52.28	350m:	6:00.11	52.25
	100m:	1:38.25	51.22	200m:	3:23.54	52.68	300m:	5:07.86	52.04	400m:	6:46.67	46.56
20.	Grzebieluch	Aleksandra	10	SKS 137 Delfin Łód				6:49.57	187			
	50m:	48.12	48.12	150m:	2:37.25	55.36	250m:	4:22.06	50.23	350m:	6:02.83	48.84
	100m:	1:41.89	53.77	200m:	3:31.83	54.58	300m:	5:13.99	51.93	400m:	6:49.57	46.74
21.	Umi ska	Klara	10	SKS 137 Delfin Łód				6:51.65	184			
	50m:	42.64	42.64	150m:	2:24.35	51.74	250m:	4:10.03	53.31	350m:	6:01.03	55.20
	100m:	1:32.61	49.97	200m:	3:16.72	52.37	300m:	5:05.83	55.80	400m:	6:51.65	50.62
22.	Reczulska	Lena	10	UKS 190 Łód				6:52.22	184			
	50m:	45.13	45.13	150m:	2:29.98	51.99	250m:	4:19.51	54.31	350m:	6:04.09	50.84
	100m:	1:37.99	52.86	200m:	3:25.20	55.22	300m:	5:13.25	53.74	400m:	6:52.22	48.13
23.	Cie lak	Magdalena	10	UKS SP-149 Łód				6:55.28	180			
	50m:	42.13	42.13	150m:	2:25.20	53.01	250m:	4:13.62	54.28	350m:	6:03.48	54.96
	100m:	1:32.19	50.06	200m:	3:19.34	54.14	300m:	5:08.52	54.90	400m:	6:55.28	51.80
24.	Wi niewska	Zofia	10	UKS 190 Łód				6:56.18	178			
	50m:	45.48	45.48	150m:	2:30.52	51.90	250m:	4:17.38	53.54	350m:	6:01.70	51.38
	100m:	1:38.62	53.14	200m:	3:23.84	53.32	300m:	5:10.32	52.94	400m:	6:56.18	54.48
25.	Płaczek	Katarzyna	10	UKS Pi tka Konstantynów Łódzki				7:00.78	173			
	50m:	47.85	47.85	150m:	2:38.77	55.94	250m:	4:27.80	54.13	350m:	6:15.19	51.54
	100m:	1:42.83	54.98	200m:	3:33.67	54.90	300m:	5:23.65	55.85	400m:	7:00.78	45.59
26.	Głogowska	Maja	10	UKS Pi tka Konstantynów Łódzki				7:10.96	161			
	50m:	47.21	47.21	150m:	2:36.74	54.53	250m:	4:29.28	56.53	350m:	6:21.09	55.90
	100m:	1:42.21	55.00	200m:	3:32.75	56.01	300m:	5:25.19	55.91	400m:	7:10.96	49.87
27.	Krzywania	Justyna	10	MKS Trójka Łód				7:16.50	155			
	50m:	44.38	44.38	150m:	2:33.27	54.56	250m:	4:28.40	57.89	350m:	6:22.86	56.81
	100m:	1:38.71	54.33	200m:	3:30.51	57.24	300m:	5:26.05	57.65	400m:	7:16.50	53.64
28.	Grabowska	Maja	10	UKS Pi tka Konstantynów Łódzki				7:16.66	154			
	50m:	47.97	47.97	150m:	2:40.88	54.94	250m:	4:33.26	56.59	350m:	6:27.95	58.91
	100m:	1:45.94	57.97	200m:	3:36.67	55.79	300m:	5:29.04	55.78	400m:	7:16.66	48.71
29.	Zwierzchowska	Aleksandra	10	MKS Trójka Łód				7:23.91	147			
	50m:			150m:	2:41.53	58.63	250m:	4:39.19	59.23	350m:	6:34.60	57.38
	100m:	1:42.90		200m:	3:39.96	58.43	300m:	5:37.22	58.03	400m:	7:23.91	49.31
30.	Wojtasik	Maja	10	SKS 137 Delfin Łód				7:34.36	137			
	50m:	51.43	51.43	150m:	2:51.46	1:01.00	250m:	4:47.47	56.69	350m:	6:41.38	55.18
	100m:	1:50.46	59.03	200m:	3:50.78	59.32	300m:	5:46.20	58.73	400m:	7:34.36	52.98
31.	Koprowska	Maria	10	UKS Pi tka Konstantynów Łódzki				7:51.55	123			
	50m:	51.92	51.92	150m:	2:46.58	58.26	250m:	4:46.24	1:01.03	350m:	6:51.40	1:02.52
	100m:	1:48.32	56.40	200m:	3:45.21	58.63	300m:	5:48.88	1:02.64	400m:	7:51.55	1:00.15
32.	Wójcik	Lena	10	UKS 190 Łód				8:04.21	113			
	50m:	54.53	54.53	150m:	2:58.51	1:03.01	250m:	5:03.85	1:02.98	350m:	7:09.59	1:03.27
	100m:	1:55.50	1:00.97	200m:	4:00.87	1:02.36	300m:	6:06.32	1:02.47	400m:	8:04.21	54.62
33.	Nowak	Julia	10	UKS 190 Łód				8:15.91	105			
	50m:	51.16	51.16	150m:	2:53.62	1:02.22	250m:	5:02.80	1:05.34	350m:	7:16.43	1:07.63
	100m:	1:51.40	1:00.24	200m:	3:57.46	1:03.84	300m:	6:08.80	1:06.00	400m:	8:15.91	59.48

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 7, Dziewcz t, 400m dowolny

12 lat

1.	Rutkowska Maja		09	UKS SP-149 Łód		5:00.04	477	
	50m: 33.89	33.89	150m: 1:51.18	39.26	250m: 3:08.42	38.34	350m: 4:24.78	38.21
	100m: 1:11.92	38.03	200m: 2:30.08	38.90	300m: 3:46.57	38.15	400m: 5:00.04	35.26
2.	elaskowska Wiktoria		09	MKS Trójka Łód		5:06.90	446	
	50m: 34.01	34.01	150m: 1:52.50	39.89	250m: 3:11.59	39.54	350m: 4:31.57	39.65
	100m: 1:12.61	38.60	200m: 2:32.05	39.55	300m: 3:51.92	40.33	400m: 5:06.90	35.33
3.	Sobolak Gabriela		09	TP Olimpijczyk Aleksandrów Łódzki		5:09.46	435	
	50m: 34.71	34.71	150m: 1:52.98	39.37	250m: 3:13.02	40.03	350m: 4:32.33	39.40
	100m: 1:13.61	38.90	200m: 2:32.99	40.01	300m: 3:52.93	39.91	400m: 5:09.46	37.13
4.	Łuczak Anika		09	UKS SP-149 Łód		5:23.78	380	
	50m: 35.03	35.03	150m: 1:56.99	41.39	250m: 3:19.84	41.60	350m: 4:42.80	41.35
	100m: 1:15.60	40.57	200m: 2:38.24	41.25	300m: 4:01.45	41.61	400m: 5:23.78	40.98
5.	Wojtczyk Alicja		09	TP Olimpijczyk Aleksandrów Łódzki		5:25.27	374	
	50m: 38.80	38.80	150m: 2:03.48	42.96	250m: 3:26.60	41.23	350m: 4:48.25	39.78
	100m: 1:20.52	41.72	200m: 2:45.37	41.89	300m: 4:08.47	41.87	400m: 5:25.27	37.02
6.	Rozwadowska Karolina		09	SKS 137 Delfin Łód		5:25.31	374	
	50m: 37.94	37.94	150m: 2:01.22	41.97	250m: 3:23.74	40.59	350m: 4:46.24	41.55
	100m: 1:19.25	41.31	200m: 2:43.15	41.93	300m: 4:04.69	40.95	400m: 5:25.31	39.07
7.	Wawrzyniak Amelia		09	UKS Pi tka Konstantynów Łódzki		5:42.12	322	
	50m: 39.74	39.74	150m: 2:09.16	44.71	250m: 3:37.36	44.45	350m: 5:03.46	42.86
	100m: 1:24.45	44.71	200m: 2:52.91	43.75	300m: 4:20.60	43.24	400m: 5:42.12	38.66
8.	Janczak Karolina		09	SKS 137 Delfin Łód		5:51.91	295	
	50m: 40.46	40.46	150m: 2:11.65	46.32	250m: 3:41.74	44.46	350m: 5:11.39	44.78
	100m: 1:25.33	44.87	200m: 2:57.28	45.63	300m: 4:26.61	44.87	400m: 5:51.91	40.52
9.	Pawlak Jagoda		09	UKS 190 Łód		5:56.03	285	
	50m: 37.48	37.48	150m: 2:06.54	45.58	250m: 3:37.69	45.48	350m: 5:10.27	46.30
	100m: 1:20.96	43.48	200m: 2:52.21	45.67	300m: 4:23.97	46.28	400m: 5:56.03	45.76
10.	Melka Maria		09	LKS „Opocznianka”		6:01.91	272	
	50m: 38.73	38.73	150m: 2:05.66	44.04	250m: 3:36.47	46.10	350m: 5:13.97	49.36
	100m: 1:21.62	42.89	200m: 2:50.37	44.71	300m: 4:24.61	48.14	400m: 6:01.91	47.94
11.	J drzejak Julia		09	MKS Trójka Łód		6:08.04	258	
	50m: 41.44	41.44	150m: 2:15.99	47.99	250m: 3:50.98	47.55	350m: 5:25.06	46.56
	100m: 1:28.00	46.56	200m: 3:03.43	47.44	300m: 4:38.50	47.52	400m: 6:08.04	42.98
12.	Augustyniak Martyna		09	SKS 137 Delfin Łód		6:21.81	231	
	50m: 45.09	45.09	150m: 2:23.47	50.02	250m: 4:03.70	49.88	350m: 5:38.65	46.54
	100m: 1:33.45	48.36	200m: 3:13.82	50.35	300m: 4:52.11	48.41	400m: 6:21.81	43.16
13.	liwi ska Agata		09	SKS 137 Delfin Łód		6:24.41	227	
	50m: 44.27	44.27	150m: 2:22.25	48.84	250m: 4:02.00	50.18	350m: 5:39.38	45.73
	100m: 1:33.41	49.14	200m: 3:11.82	49.57	300m: 4:53.65	51.65	400m: 6:24.41	45.03
14.	Lauda ska Maja		09	UKS Pi tka Konstantynów Łódzki		6:44.63	194	
	50m: 44.16	44.16	150m: 2:28.35	52.56	250m: 4:12.37	52.36	350m: 5:55.40	51.33
	100m: 1:35.79	51.63	200m: 3:20.01	51.66	300m: 5:04.07	51.70	400m: 6:44.63	49.23
15.	Sta czyk Zuzanna		09	LKS „Opocznianka”		6:46.90	191	
	50m: 44.48	44.48	150m: 2:23.96	50.31	250m: 4:08.73	52.69	350m: 5:55.79	53.65
	100m: 1:33.65	49.17	200m: 3:16.04	52.08	300m: 5:02.14	53.41	400m: 6:46.90	51.11
16.	Zaj c Gabriela		09	SKS 137 Delfin Łód		6:56.57	178	
	50m: 46.59	46.59	150m: 2:31.39	52.74	250m: 4:16.66	53.09	350m: 6:04.49	54.15
	100m: 1:38.65	52.06	200m: 3:23.57	52.18	300m: 5:10.34	53.68	400m: 6:56.57	52.08
17.	Golis Barbara		09	UKS Nawa Skierniewice		7:34.89	137	
	50m: 48.69	48.69	150m: 2:42.98	57.71	250m: 4:42.09	1:00.35	350m: 6:40.78	58.77
	100m: 1:45.27	56.58	200m: 3:41.74	58.76	300m: 5:42.01	59.92	400m: 7:34.89	54.11
18.	Majczyk Daria		09	SKS 137 Delfin Łód		8:08.57	110	
	50m: 55.45	55.45	150m: 2:59.92	1:02.71	250m: 5:06.97	1:04.00	350m: 7:15.32	1:04.79
	100m: 1:57.21	1:01.76	200m: 4:02.97	1:03.05	300m: 6:10.53	1:03.56	400m: 8:08.57	53.25

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	Trafalska Antonina		08	TP Olimpijczyk Aleksandrów Łódzki	4:52.79	513
	50m: 33.80	33.80	150m: 1:48.98	37.75	250m: 3:02.49	37.02
	100m: 1:11.23	37.43	200m: 2:25.47	36.49	300m: 3:39.86	37.37
					400m: 4:52.79	
2.	Rychter Marta		08	TP Olimpijczyk Aleksandrów Łódzki	4:53.09	512
	50m: 34.43	34.43	150m: 1:49.39	37.92	250m: 3:04.10	37.30
	100m: 1:11.47	37.04	200m: 2:26.80	37.41	300m: 3:41.65	37.55
					400m: 4:53.09	34.30
3.	Pawlak Lena		08	TP Olimpijczyk Aleksandrów Łódzki	4:53.85	508
	50m: 33.21	33.21	150m: 1:48.97	38.52	250m: 3:03.30	36.91
	100m: 1:10.45	37.24	200m: 2:26.39	37.42	300m: 3:41.02	37.72
					400m: 4:53.85	35.36
4.	Cieplucha Bianka		08	SKS 137 Delfin Łód	4:55.91	497
	50m: 34.46	34.46	150m: 1:50.06	38.20	250m: 3:05.13	37.40
	100m: 1:11.86	37.40	200m: 2:27.73	37.67	300m: 3:43.14	38.01
					400m: 4:55.91	35.73
5.	Grabarczyk Martyna		08	UKS SP-149 Łód	5:07.48	443
	50m: 35.18	35.18	150m: 1:52.79	38.85	250m: 3:09.64	38.51
	100m: 1:13.94	38.76	200m: 2:31.13	38.34	300m: 3:48.69	39.05
					400m: 5:07.48	39.58
6.	Borowska Wiktoria		08	UKS Pi tka Konstantinów Łódzki	5:11.62	426
	50m: 33.81	33.81	150m: 1:52.15	39.48	250m: 3:10.65	38.70
	100m: 1:12.67	38.86	200m: 2:31.95	39.80	300m: 3:48.76	38.11
					400m: 5:11.62	45.72
7.	Krystek Jagoda		08	SKS 137 Delfin Łód	5:15.19	411
	50m: 34.84	34.84	150m: 1:53.54	39.72	250m: 3:14.33	40.75
	100m: 1:13.82	38.98	200m: 2:33.58	40.04	300m: 3:55.31	40.98
					400m: 5:15.19	38.80
8.	Wawrzyniak Natalia		08	UKS Pi tka Konstantinów Łódzki	5:17.98	401
	50m: 36.06	36.06	150m: 1:57.67	40.19	250m: 3:18.65	40.64
	100m: 1:17.48	41.42	200m: 2:38.01	40.34	300m: 3:59.67	41.02
					400m: 5:17.98	37.29
9.	Nowak Kaja		08	UKS Nawa Skierniewice	5:21.29	388
	50m: 36.77	36.77	150m: 1:57.94	40.35	250m: 3:18.78	40.55
	100m: 1:17.59	40.82	200m: 2:38.23	40.29	300m: 4:00.10	41.32
					400m: 5:21.29	40.32
10.	Bogatek Małgorzata		08	LKS „Opocznianka”	5:23.51	380
	50m: 38.09	38.09	150m: 2:00.97	42.33	250m: 3:25.07	41.63
	100m: 1:18.64	40.55	200m: 2:43.44	42.47	300m: 4:06.53	41.46
					400m: 5:23.51	37.60
11.	St pka Amelia		08	UKS 190 Łód	5:25.25	374
	50m: 35.90	35.90	150m: 1:57.78	41.24	250m: 3:20.95	41.35
	100m: 1:16.54	40.64	200m: 2:39.60	41.82	300m: 4:03.63	42.68
					400m: 5:25.25	38.90
12.	Nawrocka Natalia		08	MUKS Wodnik Łask	5:29.04	362
	50m: 35.86	35.86	150m: 1:58.56	41.72	250m: 3:23.82	43.07
	100m: 1:16.84	40.98	200m: 2:40.75	42.19	300m: 4:06.47	42.65
					400m: 5:29.04	39.07
13.	Ciszyk Hanna		08	UKS Pi tka Konstantinów Łódzki	5:37.68	334
	50m: 38.14	38.14	150m: 2:04.46	43.63	250m: 3:31.35	43.19
	100m: 1:20.83	42.69	200m: 2:48.16	43.70	300m: 4:14.85	43.50
					400m: 5:37.68	39.76
14.	Bogusławska Joanna		08	LKS „Opocznianka”	6:02.33	271
	50m: 39.09	39.09	150m: 2:05.94	44.15	250m: 3:37.12	46.17
	100m: 1:21.79	42.70	200m: 2:50.95	45.01	300m: 4:24.47	47.35
					400m: 6:02.33	47.99
15.	K ska Kalina		08	LKS „Opocznianka”	6:20.69	233
	50m: 40.67	40.67	150m: 2:18.06	50.06	250m: 3:59.61	51.29
	100m: 1:28.00	47.33	200m: 3:08.32	50.26	300m: 4:50.89	51.28
					400m: 6:20.69	42.27