

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 8
24.06.2021 - 12:39

Chłopców, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	Jó wiak Marcel		10	MKS Jedyńka Łód				5:32.70	259
	50m:	35.67 35.67	150m:	1:57.78 41.74	250m:	3:24.48 42.85	350m:	4:49.61 42.91	
	100m:	1:16.04 40.37	200m:	2:41.63 43.85	300m:	4:06.70 42.22	400m:	5:32.70 43.09	
2.	Jagiełło Aleksander		10	MKS Trójka Łód				5:45.60	231
	50m:	39.71 39.71	150m:	2:09.08 45.38	250m:	3:39.68 45.05	350m:	5:05.78 42.31	
	100m:	1:23.70 43.99	200m:	2:54.63 45.55	300m:	4:23.47 43.79	400m:	5:45.60 39.82	
3.	Cichowicz Radosław		10	MKS Jedyńka Łód				5:53.05	217
	50m:	37.79 37.79	150m:	2:10.22 47.23	250m:	3:41.20 45.68	350m:	5:12.08 44.24	
	100m:	1:22.99 45.20	200m:	2:55.52 45.30	300m:	4:27.84 46.64	400m:	5:53.05 40.97	
4.	Gawlikowski Jakub		10	MUKS Wodnik Łask				6:01.80	201
	50m:	40.20 40.20	150m:	2:13.51 47.28	250m:	3:48.56 47.51	350m:	5:21.17 45.00	
	100m:	1:26.23 46.03	200m:	3:01.05 47.54	300m:	4:36.17 47.61	400m:	6:01.80 40.63	
5.	Ciesielski Konrad		10	TP Olimpijczyk Aleksandrów Łódzki				6:12.96	184
	50m:	39.84 39.84	150m:	2:15.16 48.78	250m:	3:53.96 49.47	350m:	5:30.34 48.26	
	100m:	1:26.38 46.54	200m:	3:04.49 49.33	300m:	4:42.08 48.12	400m:	6:12.96 42.62	
6.	Porada Antoni		10	UKS SP-149 Łód				6:16.10	179
	50m:	41.63 41.63	150m:	2:19.68 49.17	250m:	3:58.77 49.45	350m:	5:33.57 45.88	
	100m:	1:30.51 48.88	200m:	3:09.32 49.64	300m:	4:47.69 48.92	400m:	6:16.10 42.53	
7.	Sztudynger Franciszek		10	UKS Pi tka Konstancynów Łódzki				6:17.75	177
	50m:	42.39 42.39	150m:	2:20.10 49.54	250m:	3:58.24 49.20	350m:	5:34.89 47.18	
	100m:	1:30.56 48.17	200m:	3:09.04 48.94	300m:	4:47.71 49.47	400m:	6:17.75 42.86	
8.	Bednarczyk Tymoteusz		10	UKS Pi tka Konstancynów Łódzki				6:19.45	175
	50m:	40.54 40.54	150m:	2:16.55 49.04	250m:	3:55.96 49.78	350m:	5:32.36 48.03	
	100m:	1:27.51 46.97	200m:	3:06.18 49.63	300m:	4:44.33 48.37	400m:	6:19.45 47.09	
9.	Jaworski Szymon		10	UKS SP-149 Łód				6:27.83	163
	50m:	44.11 44.11	150m:	2:23.52 51.24	250m:	4:05.25 51.23	350m:	5:42.15 45.56	
	100m:	1:32.28 48.17	200m:	3:14.02 50.50	300m:	4:56.59 51.34	400m:	6:27.83 45.68	
10.	Michalak Piotr		10	UKS 190 Łód				6:30.19	160
	50m:	42.01 42.01	150m:	2:22.87 51.43	250m:	4:03.70 48.93	350m:	5:44.02 49.52	
	100m:	1:31.44 49.43	200m:	3:14.77 51.90	300m:	4:54.50 50.80	400m:	6:30.19 46.17	
11.	Kaczmarek Dawid		10	MKS Trójka Łód				6:33.30	157
	50m:	44.24 44.24	150m:	2:27.90 53.12	250m:	4:11.76 51.14	350m:	5:41.50 42.43	
	100m:	1:34.78 50.54	200m:	3:20.62 52.72	300m:	4:59.07 47.31	400m:	6:33.30 51.80	
12.	Salamon Jan		10	SKS 137 Delfin Łód				6:37.66	152
	50m:	43.97 43.97	150m:	2:30.05 51.86	250m:	4:13.85 52.18	350m:	5:52.18 48.19	
	100m:	1:38.19 54.22	200m:	3:21.67 51.62	300m:	5:03.99 50.14	400m:	6:37.66 45.48	
13.	Gałka Jan		10	UKS SP-149 Łód				6:42.56	146
	50m:		150m:	2:27.14 53.28	250m:	4:12.26 52.94	350m:	5:53.95 45.82	
	100m:	1:33.86	200m:	3:19.32 52.18	300m:	5:08.13 55.87	400m:	6:42.56 48.61	
14.	Szymioł Julian		10	MKS Trójka Łód				6:48.20	140
	50m:	45.03 45.03	150m:	2:30.30 53.81	250m:	4:15.95 53.60	350m:	5:59.28 51.17	
	100m:	1:36.49 51.46	200m:	3:22.35 52.05	300m:	5:08.11 52.16	400m:	6:48.20 48.92	
15.	Ziółkowski Mikołaj		10	UKS SP-149 Łód				6:54.95	133
	50m:	44.41 44.41	150m:	2:29.24 53.71	250m:	4:18.15 54.89	350m:	6:08.90 54.70	
	100m:	1:35.53 51.12	200m:	3:23.26 54.02	300m:	5:14.20 56.05	400m:	6:54.95 46.05	
16.	Chojnacki - Duraj Hubert		10	MKS Trójka Łód				7:04.04	125
	50m:	47.35 47.35	150m:	2:32.97 53.46	250m:	4:22.51 54.92	350m:	6:14.11 56.52	
	100m:	1:39.51 52.16	200m:	3:27.59 54.62	300m:	5:17.59 55.08	400m:	7:04.04 49.93	
17.	Fili ski Bartosz		10	UKS Pi tka Konstancynów Łódzki				7:05.80	123
	50m:	46.92 46.92	150m:	2:34.77 53.47	250m:	4:25.88 55.41	350m:	6:16.05 55.28	
	100m:	1:41.30 54.38	200m:	3:30.47 55.70	300m:	5:20.77 54.89	400m:	7:05.80 49.75	

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 8, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Lenart Maksym		10	SKS 137 Delfin Łód				7:09.13	120
	50m:	46.55 46.55	150m:	2:35.25 54.87	250m:	4:25.54 55.11	350m:	6:16.03 55.14	
	100m:	1:40.38 53.83	200m:	3:30.43 55.18	300m:	5:20.89 55.35	400m:	7:09.13 53.10	
19.	Marszałek Aleksander		10	LKS „Opocznianka”				7:11.32	119
	50m:	45.05 45.05	150m:	2:32.66 55.07	250m:	4:25.17 56.77	350m:	6:19.16 57.23	
	100m:	1:37.59 52.54	200m:	3:28.40 55.74	300m:	5:21.93 56.76	400m:	7:11.32 52.16	
20.	Sołtysiak Igor		10	UKS Pi tka Konstantynów Łódzki				7:25.65	108
	50m:	46.80 46.80	150m:	2:36.66 56.57	250m:	4:31.89 58.31	350m:	6:27.35 57.47	
	100m:	1:40.09 53.29	200m:	3:33.58 56.92	300m:	5:29.88 57.99	400m:	7:25.65 58.30	
21.	Gorzałczy ski Malachy		10	MKS Trójka Łód				7:57.42	87
	50m:	53.52 53.52	150m:	2:58.40 1:01.52	250m:	5:00.02 59.11	350m:	7:00.33 1:00.92	
	100m:	1:56.88 1:03.36	200m:	4:00.91 1:02.51	300m:	5:59.41 59.39	400m:	7:57.42 57.09	
22.	Sadowski Marcel		10	UKS SP-149 Łód				8:06.79	82
	50m:	51.99 51.99	150m:	2:53.39 1:00.95	250m:	5:00.17 1:03.31	350m:	7:05.13 1:02.49	
	100m:	1:52.44 1:00.45	200m:	3:56.86 1:03.47	300m:	6:02.64 1:02.47	400m:	8:06.79 1:01.66	
DYSKW.	Snowarski Mateusz		10	UKS 190 Łód				6:24.15	
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu</i>								
	50m:	41.66 41.66	150m:	2:20.40 50.13	250m:	4:01.47 50.38	350m:	5:41.24 49.40	
	100m:	1:30.27 48.61	200m:	3:11.09 50.69	300m:	4:51.84 50.37	400m:	6:24.15 42.91	

12 lat

1.	Sek ci ski Mateusz		09	MKS Trójka Łód				5:01.72	348
	50m:	34.62 34.62	150m:	1:52.15 39.20	250m:	3:10.27 39.24	350m:	4:26.45 37.72	
	100m:	1:12.95 38.33	200m:	2:31.03 38.88	300m:	3:48.73 38.46	400m:	5:01.72 35.27	
2.	Olszyca Igor		09	UKS 190 Łód				5:04.42	338
	50m:	34.03 34.03	150m:	1:50.67 38.60	250m:	3:09.23 39.32	350m:	4:27.38 38.87	
	100m:	1:12.07 38.04	200m:	2:29.91 39.24	300m:	3:48.51 39.28	400m:	5:04.42 37.04	
3.	Drelich Mateusz		09	UKS SP-149 Łód				5:13.45	310
	50m:	36.81 36.81	150m:	1:55.31 39.22	250m:	3:14.99 39.62	350m:	4:36.18 39.83	
	100m:	1:16.09 39.28	200m:	2:35.37 40.06	300m:	3:56.35 41.36	400m:	5:13.45 37.27	
4.	Lesiak Piotr		09	SKS 137 Delfin Łód				5:15.78	303
	50m:	33.37 33.37	150m:	1:53.67 41.35	250m:	3:16.81 41.37	350m:	4:37.59 40.08	
	100m:	1:12.32 38.95	200m:	2:35.44 41.77	300m:	3:57.51 40.70	400m:	5:15.78 38.19	
5.	Czy ak Leon		09	MKS Trójka Łód				5:40.88	241
	50m:	38.20 38.20	150m:	2:06.37 44.33	250m:	3:33.68 43.19	350m:	4:59.23 41.74	
	100m:	1:22.04 43.84	200m:	2:50.49 44.12	300m:	4:17.49 43.81	400m:	5:40.88 41.65	
6.	Krata Marcel		09	UKS Pi tka Konstantynów Łódzki				6:11.12	187
	50m:	38.45 38.45	150m:	2:10.14 47.07	250m:	3:48.78 49.54	350m:	5:26.17 48.52	
	100m:	1:23.07 44.62	200m:	2:59.24 49.10	300m:	4:37.65 48.87	400m:	6:11.12 44.95	
7.	Koniarski Jan		09	MKS Trójka Łód				6:35.06	155
	50m:	41.23 41.23	150m:	2:28.21 56.51	250m:	4:31.74 1:03.25	350m:	5:34.63 31.58	
	100m:	1:31.70 50.47	200m:	3:28.49 1:00.28	300m:	5:03.05 31.31	400m:	6:35.06 1:00.43	
8.	Ejsner Jakub		09	UKS SP-149 Łód				6:43.36	145
	50m:	45.18 45.18	150m:	2:30.60 53.40	250m:	4:13.89 53.23	350m:	5:56.79 53.82	
	100m:	1:37.20 52.02	200m:	3:20.66 50.06	300m:	5:02.97 49.08	400m:	6:43.36 46.57	
9.	Czajka Ignacy		09	UKS 190 Łód				7:07.43	122
	50m:	45.76 45.76	150m:	2:33.76 54.93	250m:	4:27.16 57.56	350m:	6:15.06 53.83	
	100m:	1:38.83 53.07	200m:	3:29.60 55.84	300m:	5:21.23 54.07	400m:	7:07.43 52.37	
10.	Cichacz Szymon		09	MKS Trójka Łód				7:38.83	98
	50m:	47.65 47.65	150m:	2:37.01 55.75	250m:	4:34.42 1:00.36	350m:	6:34.63 1:02.88	
	100m:	1:41.26 53.61	200m:	3:34.06 57.05	300m:	5:31.75 57.33	400m:	7:38.83 1:04.20	

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 8, Chłopców, 400m dowolny

13 lat

1.	Jó wiak Tymoteusz	08	MKS Jedyńka Łód	4:21.91	532
	50m: 29.03 29.03	150m: 1:34.30 32.41	250m: 2:40.90 33.07	350m: 3:48.12 33.19	
	100m: 1:01.89 32.86	200m: 2:07.83 33.53	300m: 3:14.93 34.03	400m: 4:21.91 33.79	
2.	widerski Miłosz	08	MKS Trójka Łód	4:31.08	480
	50m: 30.63 30.63	150m: 1:40.79 35.45	250m: 2:50.59 34.60	350m: 3:57.59 33.26	
	100m: 1:05.34 34.71	200m: 2:15.99 35.20	300m: 3:24.33 33.74	400m: 4:31.08 33.49	
3.	Rubin Feliks	08	MKS Trójka Łód	4:33.52	467
	50m: 29.11 29.11	150m: 1:39.19 36.31	250m: 2:49.38 29.92	350m: 3:59.13 34.69	
	100m: 1:02.88 33.77	200m: 2:19.46 40.27	300m: 3:24.44 35.06	400m: 4:33.52 34.39	
4.	Trudnos Ignacy	08	UKS 190 Łód	4:54.33	375
	50m: 34.64 34.64	150m: 1:50.33 38.10	250m: 3:05.93 37.82	350m: 4:20.19 36.74	
	100m: 1:12.23 37.59	200m: 2:28.11 37.78	300m: 3:43.45 37.52	400m: 4:54.33 34.14	
5.	Porada Jan	08	UKS SP-149 Łód	4:54.52	374
	50m: 35.84 35.84	150m: 1:50.93 37.81	250m: 3:06.01 37.21	350m: 4:20.10 36.55	
	100m: 1:13.12 37.28	200m: 2:28.80 37.87	300m: 3:43.55 37.54	400m: 4:54.52 34.42	
6.	Lamenta Hubert	08	SKS 137 Delfin Łód	5:01.48	348
	50m: 34.22 34.22	150m: 1:53.20 40.45	250m: 3:11.61 37.94	350m: 4:26.23 36.96	
	100m: 1:12.75 38.53	200m: 2:33.67 40.47	300m: 3:49.27 37.66	400m: 5:01.48 35.25	
7.	Rutkowski Łukasz	08	TP Olimpijczyk Aleksandrów Łódzki	5:03.05	343
	50m: 35.27 35.27	150m: 1:51.52 40.09	250m: 3:08.60 36.99	350m: 4:25.92 38.35	
	100m:	200m: 2:31.61 40.09	300m: 3:47.57 38.97	400m: 5:03.05 37.13	
8.	Stanisławski Błażej	08	TP Olimpijczyk Aleksandrów Łódzki	5:05.39	335
	50m: 34.29 34.29	150m: 1:51.65 38.89	250m: 3:09.60 38.71	350m: 4:27.33 38.73	
	100m: 1:12.76 38.47	200m: 2:30.89 39.24	300m: 3:48.60 39.00	400m: 5:05.39 38.06	
9.	Gawlik Wiktor	08	MUKS Wodnik Łask	5:15.48	304
	50m: 32.85 32.85	150m: 1:49.42 39.44	250m: 3:11.04 41.00	350m: 4:34.88 41.74	
	100m: 1:09.98 37.13	200m: 2:30.04 40.62	300m: 3:53.14 42.10	400m: 5:15.48 40.60	
10.	Pawlak Michał	08	TP Olimpijczyk Aleksandrów Łódzki	5:17.26	299
	50m: 34.59 34.59	150m: 1:55.98 41.30	250m: 3:18.09 41.09	350m: 4:39.02 40.27	
	100m: 1:14.68 40.09	200m: 2:37.00 41.02	300m: 3:58.75 40.66	400m: 5:17.26 38.24	
11.	Leszczyński Filip	08	TP Olimpijczyk Aleksandrów Łódzki	5:21.58	287
	50m: 34.66 34.66	150m: 1:54.68 40.40	250m: 3:18.49 42.00	350m: 4:41.94 41.01	
	100m: 1:14.28 39.62	200m: 2:36.49 41.81	300m: 4:00.93 42.44	400m: 5:21.58 39.64	
12.	Strzemecki Artur	08	SKS 137 Delfin Łód	5:21.72	287
	50m: 38.29 38.29	150m: 2:02.01 41.53	250m: 3:24.29 41.35	350m: 4:43.38 38.19	
	100m: 1:20.48 42.19	200m: 2:42.94 40.93	300m: 4:05.19 40.90	400m: 5:21.72 38.34	
13.	Pietrowski Julian	08	UKS Nawa Skierniewice	5:25.55	277
	50m: 36.96 36.96	150m: 2:01.87 42.92	250m: 3:26.14 42.23	350m: 4:46.56 39.62	
	100m: 1:18.95 41.99	200m: 2:43.91 42.04	300m: 4:06.94 40.80	400m: 5:25.55 38.99	
14.	Ferraretto Albert	08	UKS SP-149 Łód	5:26.64	274
	50m: 36.42 36.42	150m: 1:58.84 41.07	250m: 3:23.69 42.76	350m: 4:46.29	
	100m: 1:17.77 41.35	200m: 2:40.93 42.09	300m:	400m: 5:26.64 40.35	
15.	Jakóbczak Jakub	08	TP Olimpijczyk Aleksandrów Łódzki	5:28.12	270
	50m: 34.87 34.87	150m: 2:02.24 46.85	250m: 3:27.23 42.40	350m: 4:48.28 39.83	
	100m: 1:15.39 40.52	200m: 2:44.83 42.59	300m: 4:08.45 41.22	400m: 5:28.12 39.84	
16.	Mierczyński Krystian	08	SKS 137 Delfin Łód	5:29.65	266
	50m: 36.70 36.70	150m: 2:00.07 41.08	250m: 3:24.71 42.44	350m: 4:49.39 41.62	
	100m: 1:18.99 42.29	200m: 2:42.27 42.20	300m: 4:07.77 43.06	400m: 5:29.65 40.26	
17.	Małolepszy Krzysztof	08	TP Olimpijczyk Aleksandrów Łódzki	5:30.82	264
	50m: 33.21 33.21	150m: 1:55.78 41.23	250m: 3:22.15 43.74	350m: 4:48.31 42.93	
	100m: 1:14.55 41.34	200m: 2:38.41 42.63	300m: 4:05.38 43.23	400m: 5:30.82 42.51	
18.	Szor Eryk	08	MKS Trójka Łód	5:40.51	242
	50m: 36.99 36.99	150m: 2:01.49 42.72	250m: 3:29.30 44.25	350m: 4:58.35 45.08	
	100m: 1:18.77 41.78	200m: 2:45.05 43.56	300m: 4:13.27 43.97	400m: 5:40.51 42.16	

Liga Dzieci i Młodzików Runda III
Opoczno, 24.6.2021

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
19.	Jakubowski Wojciech			08	MKS Trójka Łód				5:41.66	239		
	50m:	37.75	37.75	150m:	2:05.15	44.24	250m:	3:33.42	44.45	350m:	5:01.35	44.27
	100m:	1:20.91	43.16	200m:	2:48.97	43.82	300m:	4:17.08	43.66	400m:	5:41.66	40.31
20.	Łuczak Filip			08	UKS 190 Łód				5:42.30	238		
	50m:	37.92	37.92	150m:	2:06.90	45.36	250m:	3:35.17	43.85	350m:	5:03.27	43.62
	100m:	1:21.54	43.62	200m:	2:51.32	44.42	300m:	4:19.65	44.48	400m:	5:42.30	39.03
21.	Jałkiewicz Adam			08	SKS 137 Delfin Łód				5:42.83	237		
	50m:	36.95	36.95	150m:	2:03.20	44.03	250m:	3:32.69	42.20	350m:	5:01.08	43.68
	100m:	1:19.17	42.22	200m:	2:50.49	47.29	300m:	4:17.40	44.71	400m:	5:42.83	41.75
22.	Pocentek Stanisław			08	KP Raw-Swim				5:51.58	220		
	50m:	39.09	39.09	150m:	2:07.06	44.15	250m:	3:38.80	46.31	350m:	5:09.95	45.58
	100m:	1:22.91	43.82	200m:	2:52.49	45.43	300m:	4:24.37	45.57	400m:	5:51.58	41.63
23.	Milczarczyk Filip			08	MKS Trójka Łód				6:05.83	195		
	50m:	40.79	40.79	150m:	2:16.51	47.95	250m:	3:50.93	46.57	350m:	5:22.83	43.74
	100m:	1:28.56	47.77	200m:	3:04.36	47.85	300m:	4:39.09	48.16	400m:	6:05.83	43.00
24.	Fory Sergiusz			08	SKS 137 Delfin Łód				6:47.07	141		
	50m:	42.44	42.44	150m:	2:22.59		250m:	4:08.05	52.80	350m:	5:57.11	54.68
	100m:			200m:	3:15.25	52.66	300m:	5:02.43	54.38	400m:	6:47.07	49.96