

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików
Łód , 31.3.2023

Konkurencja 7
31.03.2023 - 10:05

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	KRAKUS Liliana		11	UKS SP-149 Łód				5:25.50	374
	50m:	36.69	36.69	150m:	2:00.09	42.47	250m:	3:25.31	42.09
	100m:	1:17.62	40.93	200m:	2:43.22	43.13	300m:	4:06.27	40.96
							350m:	4:47.34	41.07
							400m:	5:25.50	38.16
2.	CYNAR Milena		11	MKS Trójka Łód				5:26.65	370
	50m:	35.50	35.50	150m:	1:57.82	41.91	250m:	3:23.50	43.02
	100m:	1:15.91	40.41	200m:	2:40.48	42.66	300m:	4:07.00	43.50
							350m:	4:48.00	41.00
							400m:	5:26.65	38.65
3.	FIRLIT Lena		11	UKS SP-149 Łód				5:46.32	310
	50m:	38.30	38.30	150m:	2:04.30	44.19	250m:	3:34.57	44.81
	100m:	1:20.11	41.81	200m:	2:49.76	45.46	300m:	4:20.09	45.52
							350m:	5:04.28	44.19
							400m:	5:46.32	42.04
4.	MARCINIAK Julia		11	UKS SP-149 Łód				5:50.86	298
	50m:	38.75	38.75	150m:	2:08.28	45.07	250m:	3:38.79	45.74
	100m:	1:23.21	44.46	200m:	2:53.05	44.77	300m:	4:23.64	44.85
							350m:	5:07.35	43.71
							400m:	5:50.86	43.51
5.	MAZUR Maria		11	Sekcja Pływacka Meduza Paj czno				5:55.17	287
	50m:	39.35	39.35	150m:	2:10.74	46.41	250m:	3:44.70	47.71
	100m:	1:24.33	44.98	200m:	2:56.99	46.25	300m:	4:30.94	46.24
							350m:	5:16.09	45.15
							400m:	5:55.17	39.08
6.	WIDER Lena		11	MKS Jedyńka Łód				5:59.92	276
	50m:	39.53	39.53	150m:	2:10.07	45.89	250m:	3:43.76	46.47
	100m:	1:24.18	44.65	200m:	2:57.29	47.22	300m:	4:30.08	46.32
							350m:	5:16.64	46.56
							400m:	5:59.92	43.28
7.	KOWALCZYK Helena		11	MKS Trójka Łód				6:02.78	270
	50m:	40.77	40.77	150m:	2:18.89	47.69	250m:	3:52.16	46.90
	100m:	1:31.20	50.43	200m:	3:05.26	46.37	300m:	4:38.39	46.23
							350m:	5:23.46	45.07
							400m:	6:02.78	39.32
8.	JUSZCZAK Lena		11	MKS Trójka Łód				6:05.31	264
	50m:	39.32	39.32	150m:	2:17.16	48.82	250m:	3:51.30	47.36
	100m:	1:28.34	49.02	200m:	3:03.94	46.78	300m:	4:38.20	46.90
							350m:	5:23.50	45.30
							400m:	6:05.31	41.81
9.	OŁ DEK Julia		11	MKS Jedyńka Łód				6:25.32	225
	50m:	41.49	41.49	150m:	2:21.94	51.16	250m:	4:03.16	50.03
	100m:	1:30.78	49.29	200m:	3:13.13	51.19	300m:	4:51.23	48.07
							350m:	5:40.09	48.86
							400m:	6:25.32	45.23
10.	PATYRA Zofia		11	UKS SP-149 Łód				6:27.91	220
	50m:	41.68	41.68	150m:	2:21.64	50.58	250m:	4:02.72	49.93
	100m:	1:31.06	49.38	200m:	3:12.79	51.15	300m:	4:52.87	50.15
							350m:		
							400m:	6:27.91	
11.	KRZYSZTOFIK Zuzanna		11	MKS Trójka Łód				6:29.11	218
	50m:	40.89	40.89	150m:	2:17.81	49.40	250m:	3:58.32	50.30
	100m:	1:28.41	47.52	200m:	3:08.02	50.21	300m:	4:49.22	50.90
							350m:	5:39.94	50.72
							400m:	6:29.11	49.17
12.	GRELEWSKA Hanna		11	MKS Trójka Łód				6:29.90	217
	50m:	46.75	46.75	150m:	2:37.51	55.86	250m:	4:30.02	55.83
	100m:	1:41.65	54.90	200m:	3:34.19	56.68	300m:		
							350m:		
							400m:	6:29.90	
13.	MACHAŁOWSKA Natalia		11	UKS Pi tka Konstantinów Łódzki				6:30.48	216
	50m:	44.17	44.17	150m:	2:23.69	50.34	250m:	4:06.18	51.47
	100m:	1:33.35	49.18	200m:	3:14.71	51.02	300m:	4:57.00	50.82
							350m:	5:45.84	48.84
							400m:	6:30.48	44.64
14.	BERNAT Paulina		11	UKS Pi tka Konstantinów Łódzki				6:34.37	210
	50m:	45.44	45.44	150m:	2:32.23	54.46	250m:	4:21.44	54.49
	100m:	1:37.77	52.33	200m:	3:26.95	54.72	300m:	5:16.07	54.63
							350m:	6:10.92	54.85
							400m:	6:34.37	23.45
15.	LESIAK Magdalena		11	UKS SP-149 Łód				6:41.34	199
	50m:	40.74	40.74	150m:	2:22.05	50.08	250m:	4:06.87	51.56
	100m:	1:31.97	51.23	200m:	3:15.31	53.26	300m:	5:00.43	53.56
							350m:	5:54.14	53.71
							400m:	6:41.34	47.20
16.	KRÓLAK Karolina		11	MKS Jedyńka Łód				6:48.54	189
	50m:			150m:			250m:		350m:
	100m:			200m:			300m:	5:08.03	400m:
								5:58.98	50.95
								6:48.54	49.56
17.	HETKA Jagoda		11	MKS Jedyńka Łód				6:51.13	185
	50m:	43.82	43.82	150m:	2:29.43	54.31	250m:	4:17.47	53.79
	100m:	1:35.12	51.30	200m:	3:23.68	54.25	300m:	5:11.83	54.36
							350m:	6:05.12	53.29
							400m:	6:51.13	46.01

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików
Łód , 31.3.2023

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	NOWAK Laura		10	MKS Trójka Łód	4:57.89	487
	50m: 33.83	33.83	150m: 1:49.94	38.63	250m: 3:08.18	39.10
	100m: 1:11.31	37.48	200m: 2:29.08	39.14	300m: 3:46.75	38.57
					350m: 4:23.62	36.87
					400m: 4:57.89	34.27
2.	WIELGUS Nela		10	Champion Tomaszów Maz.	5:11.22	427
	50m: 33.20	33.20	150m: 1:52.70	39.75	250m: 3:13.21	39.75
	100m: 1:12.95	39.75	200m: 2:33.46	40.76	300m: 3:53.73	40.52
					350m: 4:33.74	40.01
					400m: 5:11.22	37.48
3.	STEFANIW Martyna		10	Sekcja Pływacka Meduza Paj czno	5:16.55	406
	50m: 35.04	35.04	150m: 1:54.32	40.63	250m: 3:16.47	41.42
	100m: 1:13.69	38.65	200m: 2:35.05	40.73	300m: 3:57.61	41.14
					350m: 4:38.58	40.97
					400m: 5:16.55	37.97
4.	MYDŁOWSKA Roxana		10	KP Raw-Swim	5:17.19	404
	50m: 34.00	34.00	150m: 1:54.54	41.24	250m: 3:16.82	41.05
	100m: 1:13.30	39.30	200m: 2:35.77	41.23	300m: 3:58.35	41.53
					350m: 4:38.33	39.98
					400m: 5:17.19	38.86
5.	SUKIENNIK Anna		10	MUKS Wodnik Łask	5:17.67	402
	50m: 35.87	35.87	150m: 1:55.64	40.68	250m: 3:17.57	40.92
	100m: 1:14.96	39.09	200m: 2:36.65	41.01	300m: 3:58.45	40.88
					350m: 4:39.27	40.82
					400m: 5:17.67	38.40
6.	URBANEK Maria		10	UKS Nawa Skierniewice	5:18.24	400
	50m: 34.42	34.42	150m: 1:53.96	40.69	250m: 3:16.46	41.70
	100m: 1:13.27	38.85	200m: 2:34.76	40.80	300m: 3:59.46	43.00
					350m: 4:41.02	41.56
					400m: 5:18.24	37.22
7.	KOŁODZIEJ Lena		10	SKS 137 Delfin Łód	5:23.43	381
	50m: 34.32	34.32	150m: 1:53.99	41.21	250m: 3:17.55	41.79
	100m: 1:12.78	38.46	200m: 2:35.76	41.77	300m: 4:00.11	42.56
					350m: 4:43.03	42.92
					400m: 5:23.43	40.40
8.	BARTNIKOWSKA Julia		10	UKS SP-149 Łód	5:23.89	379
	50m: 36.76	36.76	150m: 1:58.95	41.63	250m: 3:21.66	41.67
	100m: 1:17.32	40.56	200m: 2:39.99	41.04	300m: 4:02.92	41.26
					350m: 4:44.02	41.10
					400m: 5:23.89	39.87
9.	SAŁUDA Kamila		10	UKS Nawa Skierniewice	5:29.05	362
	50m: 36.43	36.43	150m: 1:58.96	41.92	250m: 3:23.30	41.25
	100m: 1:17.04	40.61	200m: 2:42.05	43.09	300m: 4:06.17	42.87
					350m: 4:48.92	42.75
					400m: 5:29.05	40.13
10.	GRUDZI SKA Nadia		10	SKS 137 Delfin Łód	5:29.21	361
	50m: 35.48	35.48	150m: 1:59.05	43.03	250m: 3:23.74	41.56
	100m: 1:16.02	40.54	200m: 2:42.18	43.13	300m: 4:05.24	41.50
					350m: 4:46.97	41.73
					400m: 5:29.21	42.24
11.	SAVCHUK Polina		10	Sekcja Pływacka Meduza Paj czno	5:33.28	348
	50m: 37.11	37.11	150m: 2:02.77	43.64	250m: 3:30.60	43.82
	100m: 1:19.13	42.02	200m: 2:46.78	44.01	300m: 4:13.63	43.03
					350m: 4:53.89	40.26
					400m: 5:33.28	39.39
12.	VYDYSH Vlada		10	Champion Tomaszów Maz.	5:34.10	345
	50m: 35.68	35.68	150m: 2:02.23	43.47	250m: 3:28.95	43.16
	100m: 1:18.76	43.08	200m: 2:45.79	43.56	300m: 4:11.24	42.29
					350m: 4:55.07	43.83
					400m: 5:34.10	39.03
13.	PEIKO Maria		10	UKS Pi tka Konstancynów Łódzki	5:37.73	334
	50m: 34.04	34.04	150m: 1:56.51	42.98	250m: 3:26.57	45.74
	100m: 1:13.53	39.49	200m: 2:40.83	44.32	300m: 4:11.27	44.70
					350m: 4:56.90	45.63
					400m: 5:37.73	40.83
14.	GŁOGOWSKA Maja		10	UKS Pi tka Konstancynów Łódzki	5:40.31	327
	50m: 38.51	38.51	150m: 2:04.19	43.54	250m: 3:33.78	45.38
	100m: 1:20.65	42.14	200m: 2:48.40	44.21	300m: 4:18.09	44.31
					350m: 5:00.40	42.31
					400m: 5:40.31	39.91
15.	UMI SKA Klara		10	SKS 137 Delfin Łód	5:41.01	325
	50m: 36.53	36.53	150m: 2:01.41	43.29	250m: 3:30.49	44.76
	100m: 1:18.12	41.59	200m: 2:45.73	44.32	300m: 4:14.84	44.35
					350m: 4:58.13	43.29
					400m: 5:41.01	42.88
16.	CIE LAK Magdalena		10	UKS SP-149 Łód	5:41.26	324
	50m: 34.77	34.77	150m: 1:59.10	43.77	250m: 3:27.76	44.05
	100m: 1:15.33	40.56	200m: 2:43.71	44.61	300m: 4:13.41	45.65
					350m: 4:58.78	45.37
					400m: 5:41.26	42.48
17.	WOJTASIK Maja		10	SKS 137 Delfin Łód	5:57.17	283
	50m: 40.58	40.58	150m: 2:11.66	45.76	250m: 3:41.98	45.01
	100m: 1:25.90	45.32	200m: 2:56.97	45.31	300m: 4:27.12	45.14
					350m: 5:11.95	44.83
					400m: 5:57.17	45.22
18.	RECZULSKA Lena		10	UKS 190 Łód	6:02.88	269
	50m: 41.26	41.26	150m:		250m: 3:48.33	46.75
	100m: 1:27.51	46.25	200m: 3:01.58		300m: 4:34.42	46.09
					350m: 5:21.11	46.69
					400m: 6:02.88	41.77

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików
Łódź, 31.3.2023

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
19.	GENS Blanka		10	UKS „Delfinek” w Kutnie				6:24.33	227			
	50m:	39.63	39.63	150m:	2:13.92	48.46	250m:	3:53.77	51.06	350m:	5:36.03	50.84
	100m:	1:25.46	45.83	200m:	3:02.71	48.79	300m:	4:45.19	51.42	400m:	6:24.33	48.30
20.	KLIMCZAK Natalia		10	Seksja Pływacka Meduza Pajaczo				6:24.53	226			
	50m:	41.48	41.48	150m:	2:19.01	49.73	250m:	4:00.30	50.78	350m:	5:39.01	48.24
	100m:	1:29.28	47.80	200m:	3:09.52	50.51	300m:	4:50.77	50.47	400m:	6:24.53	45.52
21.	KOWALIK Iga		10	UKS „Delfinek” w Kutnie				6:32.21	213			
	50m:	38.74	38.74	150m:	2:14.88	49.71	250m:	4:01.50	53.62	350m:	5:44.46	50.62
	100m:	1:25.17	46.43	200m:	3:07.88	53.00	300m:	4:53.84	52.34	400m:	6:32.21	47.75
DYSKW.	NOWAK Julia		10	UKS 190 Łódź								
	<i>O2 - Pływak nie ukończył całego dystansu.</i>											
	50m:	44.22	44.22	150m:	2:27.21	52.59	250m:	4:15.27	53.71	350m:	5:59.26	55.71
	100m:	1:34.62	50.40	200m:	3:21.56	54.35	300m:	5:03.55	48.28	400m:		
DYSKW.	GRABOWSKA Maja		10	UKS Piłka Konstantynów Łódzki								
	<i>O2 - Pływak nie ukończył całego dystansu.</i>											
	50m:	43.26	43.26	150m:	2:23.40	50.55	250m:	4:06.83	51.79	350m:	5:48.65	50.67
	100m:	1:32.85	49.59	200m:	3:15.04	51.64	300m:	4:57.98	51.15	400m:		