

Otwarte Mistrzostwa Województwa Łódzkiego 2023
 Łódź, 5. - 6.4.2023

Konkurencja 1
 05.04.2023 - 9:00

Kobiet, 400m zmienny

Open
 Wyniki

Punkty: FINA 2019

Pozycja	Rok ur.	Czas	Pkt.
14 lat			
1. ROZWADOWSKA, Karolina	09	5:40.77	
50m: 36.86 36.86	150m: 2:05.57 45.69	250m: 3:35.68 45.72	350m: 5:02.62 40.13
100m: 1:19.88 43.02	200m: 2:49.96 44.39	300m: 4:22.49 46.81	400m: 5:40.77 38.15
2. PATYRA, Joanna	09	6:08.00	
50m: 37.25 37.25	150m: 2:13.44 49.96	250m: 3:51.59 50.48	350m: 5:26.22 44.00
100m: 1:23.48 46.23	200m: 3:01.11 47.67	300m: 4:42.22 50.63	400m: 6:08.00 41.78
15 lat			
1. CIEPLUCHA, Bianka	08	5:34.68	
50m: 33.75 33.75	150m: 1:58.84 44.73	250m: 3:29.33 47.17	350m: 4:57.14 39.86
100m: 1:14.11 40.36	200m: 2:42.16 43.32	300m: 4:17.28 47.95	400m: 5:34.68 37.54
2. NAJI, Kamila	08	5:53.04	
50m: 35.86 35.86	150m: 2:06.62 49.76	250m: 3:41.15 47.19	350m: 5:13.37 43.42
100m: 1:16.86 41.00	200m: 2:53.96 47.34	300m: 4:29.95 48.80	400m: 5:53.04 39.67
3. GŁOGOWSKA, Natalia	08	6:04.20	
50m: 35.39 35.39	150m: 2:05.85 47.76	250m: 3:45.38 52.86	350m: 5:23.06 42.21
100m: 1:18.09 42.70	200m: 2:52.52 46.67	300m: 4:40.85 55.47	400m: 6:04.20 41.14
16 lat			
1. DENISIEWICZ, Zuzanna	07	5:33.57	
50m: 35.58 35.58	150m: 1:59.27 41.64	250m: 3:27.74 47.57	350m: 4:54.99 39.67
100m: 1:17.63 42.05	200m: 2:40.17 40.90	300m: 4:15.32 47.58	400m: 5:33.57 38.58
Open			
1. KNOP, Aleksandra	03	4:53.47	
50m: 31.13 31.13	150m: 1:44.16 37.96	250m: 3:04.95 43.84	350m: 4:21.61 32.20
100m: 1:06.20 35.07	200m: 2:21.11 36.95	300m: 3:49.41 44.46	400m: 4:53.47 31.86
2. POZNA SKA, Justyna	05	5:01.57	
50m: 32.78 32.78	150m: 1:48.87 39.12	250m: 3:10.43 44.09	350m: 4:27.88 33.67
100m: 1:09.75 36.97	200m: 2:26.34 37.47	300m: 3:54.21 43.78	400m: 5:01.57 33.69
3. PIEKARSKA, Natalia	06	5:04.43	
50m: 31.82 31.82	150m: 1:47.11 39.59	250m: 3:10.59 44.84	350m: 4:30.11 34.35
100m: 1:07.52 35.70	200m: 2:25.75 38.64	300m: 3:55.76 45.17	400m: 5:04.43 34.32
4. LUBI SKA, Alicja	05	5:11.40	
50m: 32.31 32.31	150m: 1:50.74 41.47	250m: 3:13.23 43.27	350m: 4:34.35 37.01
100m: 1:09.27 36.96	200m: 2:29.96 39.22	300m: 3:57.34 44.11	400m: 5:11.40 37.05
5. WRZESI SKA, Wiktoria	04	5:18.94	
50m: 33.94 33.94	150m: 1:56.55 44.52	250m: 3:22.93 44.26	350m: 4:44.03 36.82
100m: 1:12.03 38.09	200m: 2:38.67 42.12	300m: 4:07.21 44.28	400m: 5:18.94 34.91
6. RAKOWSKA, Marta	06	5:21.70	
50m: 33.94 33.94	150m: 1:57.41 42.60	250m: 3:24.28 46.24	350m: 4:46.79 36.60
100m: 1:14.81 40.87	200m: 2:38.04 40.63	300m: 4:10.19 45.91	400m: 5:21.70 34.91
7. GOMUŁKA, Weronika	06	5:21.91	
50m: 32.30 32.30	150m: 1:51.55 41.76	250m: 3:18.43 46.53	350m: 4:44.20 38.05
100m: 1:09.79 37.49	200m: 2:31.90 40.35	300m: 4:06.15 47.72	400m: 5:21.91 37.71
8. SULAK, Antonina	06	5:25.21	
50m: 33.91 33.91	150m: 1:57.22 43.63	250m: 3:25.65 46.84	350m: 4:49.03 36.96
100m: 1:13.59 39.68	200m: 2:38.81 41.59	300m: 4:12.07 46.42	400m: 5:25.21 36.18

Otwarte Mistrzostwa Województwa Łódzkiego 2023
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Konkurencja 1, Kobiet, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.			
9.	DENISIEWICZ, Zuzanna		07	UKS Nawa Skierniewice				5:33.57				
	50m:	35.58	35.58	150m:	1:59.27	41.64	250m:	3:27.74	47.57	350m:	4:54.99	39.67
	100m:	1:17.63	42.05	200m:	2:40.17	40.90	300m:	4:15.32	47.58	400m:	5:33.57	38.58
10.	CIEPLUCHA, Bianka		08	SKS 137 Delfin Łódź				5:34.68				
	50m:	33.75	33.75	150m:	1:58.84	44.73	250m:	3:29.33	47.17	350m:	4:57.14	39.86
	100m:	1:14.11	40.36	200m:	2:42.16	43.32	300m:	4:17.28	47.95	400m:	5:34.68	37.54
11.	ROZWADOWSKA, Karolina		09	SKS 137 Delfin Łódź				5:40.77				
	50m:	36.86	36.86	150m:	2:05.57	45.69	250m:	3:35.68	45.72	350m:	5:02.62	40.13
	100m:	1:19.88	43.02	200m:	2:49.96	44.39	300m:	4:22.49	46.81	400m:	5:40.77	38.15
12.	NAJI, Kamila		08	UKS Piłka Konstantynów Łódzki				5:53.04				
	50m:	35.86	35.86	150m:	2:06.62	49.76	250m:	3:41.15	47.19	350m:	5:13.37	43.42
	100m:	1:16.86	41.00	200m:	2:53.96	47.34	300m:	4:29.95	48.80	400m:	5:53.04	39.67
13.	GŁOGOWSKA, Natalia		08	UKS Piłka Konstantynów Łódzki				6:04.20				
	50m:	35.39	35.39	150m:	2:05.85	47.76	250m:	3:45.38	52.86	350m:	5:23.06	42.21
	100m:	1:18.09	42.70	200m:	2:52.52	46.67	300m:	4:40.85	55.47	400m:	6:04.20	41.14
14.	PATYRA, Joanna		09	UKS SP-149 Łódź				6:08.00				
	50m:	37.25	37.25	150m:	2:13.44	49.96	250m:	3:51.59	50.48	350m:	5:26.22	44.00
	100m:	1:23.48	46.23	200m:	3:01.11	47.67	300m:	4:42.22	50.63	400m:	6:08.00	41.78