

Otwarte Mistrzostwa Województwa Łódzkiego 2023
 Łódź, 5. - 6.4.2023

Konkurencja 18
 06.04.2023 - 9:12

Mężczyzn, 400m dowolny

Open
 Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.				Czas	Pkt.	100m	200m	300m	400m		
14 lat												
1.	JANISZEWSKI Fabian	09	UKS 190 Łódź		4:44.46	463	1:09.02	1:13.27	1:13.20	1:08.97		
	50m:	32.97	32.97	150m:	1:45.48	36.46	250m:	2:58.56	36.27	350m:	4:10.96	35.47
	100m:	1:09.02	36.05	200m:	2:22.29	36.81	300m:	3:35.49	36.93	400m:	4:44.46	33.50
2.	OLSZYCA Igor	09	UKS 190 Łódź		5:07.99	364	1:11.38	1:19.46	1:19.75	1:17.40		
	50m:	33.29	33.29	150m:	1:50.94	39.56	250m:	3:10.79	39.95	350m:	4:31.10	40.51
	100m:	1:11.38	38.09	200m:	2:30.84	39.90	300m:	3:50.59	39.80	400m:	5:07.99	36.89
15 lat												
1.	PAWLAK Dawid	08	UKS 190 Łódź		4:32.08	529	1:04.54	1:10.04	1:10.18	1:07.32		
	50m:	30.56	30.56	150m:	1:39.42	34.88	250m:	2:49.62	35.04	350m:	3:58.66	33.90
	100m:	1:04.54	33.98	200m:	2:14.58	35.16	300m:	3:24.76	35.14	400m:	4:32.08	33.42
2.	ŁUCZAK Filip	08	UKS 190 Łódź		4:45.26	459	1:07.09	1:13.48	1:14.90	1:09.79		
	50m:	31.19	31.19	150m:	1:43.75	36.66	250m:	2:56.63	36.06	350m:	4:11.61	36.14
	100m:	1:07.09	35.90	200m:	2:20.57	36.82	300m:	3:35.47	38.84	400m:	4:45.26	33.65
3.	PRUS Adam	08	Sekcja Pływacka Meduza P		4:45.29	459	1:07.23	1:13.87	1:14.06	1:10.13		
	50m:	32.18	32.18	150m:	1:43.95	36.72	250m:	2:58.09	36.99	350m:	4:11.93	36.77
	100m:	1:07.23	35.05	200m:	2:21.10	37.15	300m:	3:35.16	37.07	400m:	4:45.29	33.36
4.	FERRARETTO Albert	08	UKS SP-149 Łódź		5:02.86	383	1:11.28	1:17.69	1:18.65	1:15.24		
	50m:	33.79	33.79	150m:	1:49.94	38.66	250m:	3:08.47	39.50	350m:	4:27.23	39.61
	100m:	1:11.28	37.49	200m:	2:28.97	39.03	300m:	3:47.62	39.15	400m:	5:02.86	35.63
16 lat												
1.	WALKOWSKI Bartosz	07	UKS 190 Łódź		4:22.47	589	1:02.15	1:06.19	1:08.16	1:05.97		
	50m:	29.98	29.98	150m:	1:35.00	32.85	250m:	2:42.09	33.75	350m:	3:50.28	33.78
	100m:	1:02.15	32.17	200m:	2:08.34	33.34	300m:	3:16.50	34.41	400m:	4:22.47	32.19
2.	SELDER Krystian	07	MKS Trójka Łódź		4:24.64	575	1:03.54	1:07.52	1:07.79	1:05.79		
	50m:	29.80	29.80	150m:	1:37.30	33.76	250m:	2:44.82	33.76	350m:	3:52.84	33.99
	100m:	1:03.54	33.74	200m:	2:11.06	33.76	300m:	3:18.85	34.03	400m:	4:24.64	31.80
3.	WENTLAND Miłosz	07	MKS Trójka Łódź		4:28.74	549	1:02.99	1:09.36	1:09.24	1:07.15		
	50m:	30.03	30.03	150m:	1:37.72	34.73	250m:	2:46.90	34.55	350m:	3:55.55	33.96
	100m:	1:02.99	32.96	200m:	2:12.35	34.63	300m:	3:21.59	34.69	400m:	4:28.74	33.19
4.	KRZYSZKOWSKI Oliwier	07	LKS „OMEGA” Kleszczów		5:30.51	295	1:12.66	1:26.14	1:30.13	1:21.58		
	50m:	33.58	33.58	150m:	1:54.84	42.18	250m:	3:23.68	44.88	350m:	4:52.89	43.96
	100m:	1:12.66	39.08	200m:	2:38.80	43.96	300m:	4:08.93	45.25	400m:	5:30.51	37.62
Open												
1.	PŁOSZKA Kacper	05	MKS Jedyńka Łódź		4:01.13	760	57.45	1:01.36	1:01.19	1:01.13		
	50m:	27.63	27.63	150m:	1:27.95	30.50	250m:	2:28.93	30.12	350m:	3:30.67	30.67
	100m:	57.45	29.82	200m:	1:58.81	30.86	300m:	3:00.00	31.07	400m:	4:01.13	30.46
2.	MALEC Mikołaj	01	MKS Trójka Łódź		4:04.80	726	57.66	1:02.08	1:03.27	1:01.79		
	50m:	27.42	27.42	150m:	1:28.09	30.43	250m:	2:31.24	31.50	350m:	3:34.74	31.73
	100m:	57.66	30.24	200m:	1:59.74	31.65	300m:	3:03.01	31.77	400m:	4:04.80	30.06
3.	MA KA Filip	00	UKS 190 Łódź		4:13.29	655	59.61	1:04.01	1:05.70	1:03.97		
	50m:	28.60	28.60	150m:	1:31.35	31.74	250m:	2:35.85	32.23	350m:	3:41.35	32.03
	100m:	59.61	31.01	200m:	2:03.62	32.27	300m:	3:09.32	33.47	400m:	4:13.29	31.94
4.	JARCZEWSKI Franciszek	05	UKS 190 Łódź		4:18.29	618	1:02.92	1:06.50	1:05.16	1:03.71		
	50m:	29.84	29.84	150m:	1:36.31	33.39	250m:	2:42.20	32.78	350m:	3:46.88	32.30
	100m:	1:02.92	33.08	200m:	2:09.42	33.11	300m:	3:14.58	32.38	400m:	4:18.29	31.41
5.	WALKOWSKI Bartosz	07	UKS 190 Łódź		4:22.47	589	1:02.15	1:06.19	1:08.16	1:05.97		
	50m:	29.98	29.98	150m:	1:35.00	32.85	250m:	2:42.09	33.75	350m:	3:50.28	33.78
	100m:	1:02.15	32.17	200m:	2:08.34	33.34	300m:	3:16.50	34.41	400m:	4:22.47	32.19
6.	KUREK Bartosz	06	UKS 190 Łódź		4:24.10	578	1:03.73	1:07.44	1:07.49	1:05.44		
	50m:	30.15	30.15	150m:	1:37.30	33.57	250m:	2:44.50	33.33	350m:	3:51.96	33.30
	100m:	1:03.73	33.58	200m:	2:11.17	33.87	300m:	3:18.66	34.16	400m:	4:24.10	32.14

Otwarte Mistrzostwa Województwa Łódzkiego 2023
 Łódź, 5. - 6.4.2023

Konkurencja 18, M czynn, 400m dowolny, Open

Pozycja	Rok ur.		Czas Pkt.		100m	200m	300m	400m
7. GOŁACKI Sergiusz	04	UKS 190 Łód	4:24.51	575	1:03.36	1:07.02	1:06.93	1:07.20
50m: 30.05	30.05	150m: 1:37.01	33.65	250m: 2:44.03	33.65	350m: 3:51.58	34.27	
100m: 1:03.36	33.31	200m: 2:10.38	33.37	300m: 3:17.31	33.28	400m: 4:24.51	32.93	
8. SELDER Krystian	07	MKS Trójka Łód	4:24.64	575	1:03.54	1:07.52	1:07.79	1:05.79
50m: 29.80	29.80	150m: 1:37.30	33.76	250m: 2:44.82	33.76	350m: 3:52.84	33.99	
100m: 1:03.54	33.74	200m: 2:11.06	33.76	300m: 3:18.85	34.03	400m: 4:24.64	31.80	
9. ARENT Artur	05	MKS Jedyńka Łód	4:28.57	550	1:02.31	1:07.78	1:09.42	1:09.06
50m: 29.37	29.37	150m: 1:35.98	33.67	250m: 2:44.59	34.50	350m: 3:54.55	35.04	
100m: 1:02.31	32.94	200m: 2:10.09	34.11	300m: 3:19.51	34.92	400m: 4:28.57	34.02	
10. WENTLAND Miłosz	07	MKS Trójka Łód	4:28.74	549	1:02.99	1:09.36	1:09.24	1:07.15
50m: 30.03	30.03	150m: 1:37.72	34.73	250m: 2:46.90	34.55	350m: 3:55.55	33.96	
100m: 1:02.99	32.96	200m: 2:12.35	34.63	300m: 3:21.59	34.69	400m: 4:28.74	33.19	
11. J DRYKA Nikodem	04	MKS Trójka Łód	4:30.98	535	1:03.71	1:08.63	1:10.13	1:08.51
50m: 30.11	30.11	150m: 1:37.72	34.01	250m: 2:47.20	34.86	350m: 3:57.08	34.61	
100m: 1:03.71	33.60	200m: 2:12.34	34.62	300m: 3:22.47	35.27	400m: 4:30.98	33.90	
12. PAWLAK Dawid	08	UKS 190 Łód	4:32.08	529	1:04.54	1:10.04	1:10.18	1:07.32
50m: 30.56	30.56	150m: 1:39.42	34.88	250m: 2:49.62	35.04	350m: 3:58.66	33.90	
100m: 1:04.54	33.98	200m: 2:14.58	35.16	300m: 3:24.76	35.14	400m: 4:32.08	33.42	
13. JANKIEWICZ DELGADO J.06		UKS Nawa Skierniewice	4:36.33	505	1:03.49	1:09.50	1:11.39	1:11.95
50m: 30.22	30.22	150m: 1:38.07	34.58	250m: 2:48.45	35.46	350m: 4:00.87	36.49	
100m: 1:03.49	33.27	200m: 2:12.99	34.92	300m: 3:24.38	35.93	400m: 4:36.33	35.46	
14. MASZEWSKI Mikołaj	06	UKS Nawa Skierniewice	4:39.36	488	1:04.66	1:10.86	1:12.80	1:11.04
50m: 30.72	30.72	150m: 1:40.02	35.36	250m: 2:51.94	36.42	350m: 4:04.04	35.72	
100m: 1:04.66	33.94	200m: 2:15.52	35.50	300m: 3:28.32	36.38	400m: 4:39.36	35.32	
15. JANISZEWSKI Fabian	09	UKS 190 Łód	4:44.46	463	1:09.02	1:13.27	1:13.20	1:08.97
50m: 32.97	32.97	150m: 1:45.48	36.46	250m: 2:58.56	36.27	350m: 4:10.96	35.47	
100m: 1:09.02	36.05	200m: 2:22.29	36.81	300m: 3:35.49	36.93	400m: 4:44.46	33.50	
16. ŁUCZAK Filip	08	UKS 190 Łód	4:45.26	459	1:07.09	1:13.48	1:14.90	1:09.79
50m: 31.19	31.19	150m: 1:43.75	36.66	250m: 2:56.63	36.06	350m: 4:11.61	36.14	
100m: 1:07.09	35.90	200m: 2:20.57	36.82	300m: 3:35.47	38.84	400m: 4:45.26	33.65	
17. PRUS Adam	08	Sekcja Pływacka Meduza P	4:45.29	459	1:07.23	1:13.87	1:14.06	1:10.13
50m: 32.18	32.18	150m: 1:43.95	36.72	250m: 2:58.09	36.99	350m: 4:11.93	36.77	
100m: 1:07.23	35.05	200m: 2:21.10	37.15	300m: 3:35.16	37.07	400m: 4:45.29	33.36	
18. LESI SKI Jakub	05	UKS Nawa Skierniewice	4:46.34	453	1:07.25	1:13.51	1:14.64	1:10.94
50m: 31.11	31.11	150m: 1:43.86	36.61	250m: 2:57.67	36.91	350m: 4:11.70	36.30	
100m: 1:07.25	36.14	200m: 2:20.76	36.90	300m: 3:35.40	37.73	400m: 4:46.34	34.64	
19. FERRARETTO Albert	08	UKS SP-149 Łód	5:02.86	383	1:11.28	1:17.69	1:18.65	1:15.24
50m: 33.79	33.79	150m: 1:49.94	38.66	250m: 3:08.47	39.50	350m: 4:27.23	39.61	
100m: 1:11.28	37.49	200m: 2:28.97	39.03	300m: 3:47.62	39.15	400m: 5:02.86	35.63	
20. OLSZYCA Igor	09	UKS 190 Łód	5:07.99	364	1:11.38	1:19.46	1:19.75	1:17.40
50m: 33.29	33.29	150m: 1:50.94	39.56	250m: 3:10.79	39.95	350m: 4:31.10	40.51	
100m: 1:11.38	38.09	200m: 2:30.84	39.90	300m: 3:50.59	39.80	400m: 5:07.99	36.89	
21. MARCINKOWSKI Aleksan09		Kaliski Klub Sportowy „Włó	5:19.88	325	1:16.54	1:22.93	1:22.25	1:18.16
50m: 35.73	35.73	150m: 1:57.59	41.05	250m: 3:20.42	40.95	350m: 4:41.35	39.63	
100m: 1:16.54	40.81	200m: 2:39.47	41.88	300m: 4:01.72	41.30	400m: 5:19.88	38.53	
22. JÓZEPIAK Ksawery	09	Kaliski Klub Sportowy „Włó	5:23.05	316	1:14.07	1:20.90		
50m:		150m: 1:54.41	40.34	250m: 3:17.97	43.00	350m:		
100m: 1:14.07		200m: 2:34.97	40.56	300m:		400m: 5:23.05		
23. PRUS Maksymilian	09	Kaliski Klub Sportowy „Włó	5:26.86	305	1:15.97	1:25.66	1:26.59	1:18.64
50m: 35.13	35.13	150m: 1:58.23	42.26	250m: 3:25.09	43.46	350m: 4:50.00	41.78	
100m: 1:15.97	40.84	200m: 2:41.63	43.40	300m: 4:08.22	43.13	400m: 5:26.86	36.86	
24. WAL CKI Oliwier	09	Kaliski Klub Sportowy „Włó	5:28.72	300	1:15.47	1:25.78	1:25.75	1:21.72
50m: 35.05	35.05	150m: 1:58.06	42.59	250m: 3:24.27	43.02	350m: 4:50.61	43.61	
100m: 1:15.47	40.42	200m: 2:41.25	43.19	300m: 4:07.00	42.73	400m: 5:28.72	38.11	
25. KRZYSZKOWSKI Oliwier	07	LKS „OMEGA" Kleszczów	5:30.51	295	1:12.66	1:26.14	1:30.13	1:21.58
50m: 33.58	33.58	150m: 1:54.84	42.18	250m: 3:23.68	44.88	350m: 4:52.89	43.96	
100m: 1:12.66	39.08	200m: 2:38.80	43.96	300m: 4:08.93	45.25	400m: 5:30.51	37.62	