

Otwarte Mistrzostwa Województwa Łódzkiego 2024
 Łódź, 9. - 10.5.2024

Konkurencja 17
 10.05.2024 - 8:05

Kobiet, 400m dowolny

Open
 Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.	Czas Pkt.	100m	200m	300m	400m
14 lat						
1.	STEFANIW Martyna 10	Sekcja Pływacka Meduza P.5:13.17 424	1:14.49	1:22.08	1:20.80	1:15.80
	50m: 34.86 34.86	150m: 1:54.99 40.50	40.52	350m: 4:36.78 39.41		
	100m: 1:14.49 39.63	200m: 2:36.57 41.58	40.28	400m: 5:13.17 36.39		
2.	WIELGUS Nela 10	Champion Tomaszów Maz. 5:13.69 422	1:12.61	1:20.58	1:22.63	1:17.87
	50m: 34.23 34.23	150m: 1:52.15 39.54	40.81	350m: 4:36.75 40.93		
	100m: 1:12.61 38.38	200m: 2:33.19 41.04	41.82	400m: 5:13.69 36.94		
3.	MYDŁOWSKA Roxana 10	UKS Nawa Skierniewice 5:14.37 419	1:13.24	1:21.87	1:23.16	1:16.10
	50m: 34.59 34.59	150m: 1:54.33 41.09	42.01	350m: 4:37.57 39.30		
	100m: 1:13.24 38.65	200m: 2:35.11 40.78	41.15	400m: 5:14.37 36.80		
4.	SUKIENNIK Anna 10	MUKS Wodnik Łask 5:25.50 378	1:14.33	1:22.52	1:24.53	1:24.12
	50m: 34.98 34.98	150m: 1:55.13 40.80	41.90	350m: 4:44.19 42.81		
	100m: 1:14.33 39.35	200m: 2:36.85 41.72	42.63	400m: 5:25.50 41.31		
5.	GRUDZI SKA Nadia 10	SKS 137 Delfin Łódź 5:31.04 359	1:17.08	1:25.21	1:26.31	1:22.44
	50m: 36.21 36.21	150m: 1:59.74 42.66	43.06	350m: 4:50.77 42.17		
	100m: 1:17.08 40.87	200m: 2:42.29 42.55	43.25	400m: 5:31.04 40.27		
6.	WESOŁOWSKA Wiktoria 10	MUKS Wodnik Łask 5:51.99 299	1:15.78	1:30.46	1:33.89	1:31.86
	50m: 34.29 34.29	150m: 2:00.15 44.37	46.71	350m: 5:06.87 46.74		
	100m: 1:15.78 41.49	200m: 2:46.24 46.09	47.18	400m: 5:51.99 45.12		
15 lat						
1.	ŁUCZAK Anika 09	UKS SP-149 Łódź 4:46.20 556	1:08.76	1:13.04	1:13.13	1:11.27
	50m: 32.74 32.74	150m: 1:45.31 36.55	36.50	350m: 4:10.91 35.98		
	100m: 1:08.76 36.02	200m: 2:21.80 36.49	36.63	400m: 4:46.20 35.29		
2.	WINOGA Zuzanna 09	Champion Tomaszów Maz. 5:32.00 356	1:13.76	1:25.62	1:27.03	1:25.59
	50m: 33.89 33.89	150m: 1:56.15 42.39	43.69	350m: 4:50.87 44.46		
	100m: 1:13.76 39.87	200m: 2:39.38 43.23	43.34	400m: 5:32.00 41.13		
16 lat						
1.	TRAFALSKA Antonina 08	UKS 190 Łódź 5:05.05 459	1:13.29	1:17.73	1:18.45	1:15.58
	50m: 34.92 34.92	150m: 1:52.12 38.83	38.45	350m: 4:27.76 38.29		
	100m: 1:13.29 38.37	200m: 2:31.02 38.90	40.00	400m: 5:05.05 37.29		
2.	NAWROCKA Natalia 08	MUKS Wodnik Łask 5:14.37 419	1:12.46	1:21.31	1:22.51	1:18.09
	50m: 33.81 33.81	150m: 1:52.37 39.91	41.18	350m: 4:36.17 39.89		
	100m: 1:12.46 38.65	200m: 2:33.77 41.40	41.33	400m: 5:14.37 38.20		
Open						
1.	ZAKRZEWSKA Oliwia 07	UKS Nawa Skierniewice 4:44.77 564	1:07.82	1:13.48	1:13.18	1:10.29
	50m: 32.30 32.30	150m: 1:44.73 36.91	37.03	350m: 4:10.61 36.13		
	100m: 1:07.82 35.52	200m: 2:21.30 36.57	36.15	400m: 4:44.77 34.16		
2.	ŁUCZAK Anika 09	UKS SP-149 Łódź 4:46.20 556	1:08.76	1:13.04	1:13.13	1:11.27
	50m: 32.74 32.74	150m: 1:45.31 36.55	36.50	350m: 4:10.91 35.98		
	100m: 1:08.76 36.02	200m: 2:21.80 36.49	36.63	400m: 4:46.20 35.29		
3.	DR KIEWICZ Pola 07	UKS Nawa Skierniewice 4:56.05 502	1:08.36	1:15.14	1:17.17	1:15.38
	50m: 32.41 32.41	150m: 1:45.78 37.42	38.70	350m: 4:19.48 38.81		
	100m: 1:08.36 35.95	200m: 2:23.50 37.72	38.47	400m: 4:56.05 36.57		
4.	TRAFALSKA Antonina 08	UKS 190 Łódź 5:05.05 459	1:13.29	1:17.73	1:18.45	1:15.58
	50m: 34.92 34.92	150m: 1:52.12 38.83	38.45	350m: 4:27.76 38.29		
	100m: 1:13.29 38.37	200m: 2:31.02 38.90	40.00	400m: 5:05.05 37.29		
5.	STEFANIW Martyna 10	Sekcja Pływacka Meduza P.5:13.17 424	1:14.49	1:22.08	1:20.80	1:15.80
	50m: 34.86 34.86	150m: 1:54.99 40.50	40.52	350m: 4:36.78 39.41		
	100m: 1:14.49 39.63	200m: 2:36.57 41.58	40.28	400m: 5:13.17 36.39		
6.	WIELGUS Nela 10	Champion Tomaszów Maz. 5:13.69 422	1:12.61	1:20.58	1:22.63	1:17.87
	50m: 34.23 34.23	150m: 1:52.15 39.54	40.81	350m: 4:36.75 40.93		
	100m: 1:12.61 38.38	200m: 2:33.19 41.04	41.82	400m: 5:13.69 36.94		

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Konkurencja 17, Kobiet, 400m dowolny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
7. NAWROCKA Natalia	08	5:14.37	419	1:12.46	1:21.31	1:22.51	1:18.09
50m:	33.81	33.81	150m:	1:52.37	39.91	250m:	3:14.95
100m:	1:12.46	38.65	200m:	2:33.77	41.40	300m:	3:56.28
150m:	3:56.28	41.33	350m:	4:36.17	39.89	400m:	5:14.37
200m:	5:14.37	38.20					
MYDŁOWSKA Roxana	10	5:14.37	419	1:13.24	1:21.87	1:23.16	1:16.10
50m:	34.59	34.59	150m:	1:54.33	41.09	250m:	3:17.12
100m:	1:13.24	38.65	200m:	2:35.11	40.78	300m:	3:58.27
150m:	3:58.27	41.15	350m:	4:37.57	39.30	400m:	5:14.37
200m:	5:14.37	36.80					
9. SUKIENNIK Anna	10	5:25.50	378	1:14.33	1:22.52	1:24.53	1:24.12
50m:	34.98	34.98	150m:	1:55.13	40.80	250m:	3:18.75
100m:	1:14.33	39.35	200m:	2:36.85	41.72	300m:	4:01.38
150m:	4:01.38	41.90	350m:	4:44.19	42.81	400m:	5:25.50
200m:	5:25.50	41.31					
10. GRUDZI SKA Nadia	10	5:31.04	359	1:17.08	1:25.21	1:26.31	1:22.44
50m:	36.21	36.21	150m:	1:59.74	42.66	250m:	3:25.35
100m:	1:17.08	40.87	200m:	2:42.29	42.55	300m:	4:08.60
150m:	4:08.60	43.06	350m:	4:50.77	42.17	400m:	5:31.04
200m:	5:31.04	40.27					
11. WINOGA Zuzanna	09	5:32.00	356	1:13.76	1:25.62	1:27.03	1:25.59
50m:	33.89	33.89	150m:	1:56.15	42.39	250m:	3:23.07
100m:	1:13.76	39.87	200m:	2:39.38	43.23	300m:	4:06.41
150m:	4:06.41	43.69	350m:	4:50.87	44.46	400m:	5:32.00
200m:	5:32.00	41.13					
12. WESOŁOWSKA Wiktoria	10	5:51.99	299	1:15.78	1:30.46	1:33.89	1:31.86
50m:	34.29	34.29	150m:	2:00.15	44.37	250m:	3:32.95
100m:	1:15.78	41.49	200m:	2:46.24	46.09	300m:	4:20.13
150m:	4:20.13	46.71	350m:	5:06.87	46.74	400m:	5:51.99
200m:	5:51.99	45.12					