

Otwarte Mistrzostwa Województwa Łódzkiego 2024  
 Łódź , 9. - 10.5.2024

Konkurencja 2  
 09.05.2024 - 8:12

Mężczyzn, 400m zmienny

Open  
 Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
<b>14 lat</b>									
1.	PORADA Antoni	10	UKS SP-149 Łódź	<b>5:10.39</b>	476	1:09.25	1:24.20	1:29.32	1:07.62
	50m: 32.25	32.25	150m: 1:51.90	42.65	250m: 3:17.94	44.49	350m: 4:37.53	34.76	
	100m: 1:09.25	37.00	200m: 2:33.45	41.55	300m: 4:02.77	44.83	400m: 5:10.39	32.86	
2.	KACZMAREK Dawid	10	MKS Trójka Łódź	<b>5:24.68</b>	416	1:12.10	1:30.13	1:29.13	1:13.32
	50m: 33.07	33.07	150m: 1:58.58	46.48	250m: 3:25.65	43.42	350m: 4:48.16	36.80	
	100m: 1:12.10	39.03	200m: 2:42.23	43.65	300m: 4:11.36	45.71	400m: 5:24.68	36.52	
<b>15 lat</b>									
1.	JANISZEWSKI Fabian	09	UKS 190 Łódź	<b>5:05.85</b>	498	1:08.89	1:21.23	1:31.30	1:04.43
	50m: 32.17	32.17	150m: 1:49.22	40.33	250m: 3:15.16	45.04	350m: 4:34.71	33.29	
	100m: 1:08.89	36.72	200m: 2:30.12	40.90	300m: 4:01.42	46.26	400m: 5:05.85	31.14	
2.	DRELICH Mateusz	09	UKS 190 Łódź	<b>5:16.56</b>	449	1:09.00	1:20.98	1:32.83	1:13.75
	50m: 31.68	31.68	150m: 1:51.00	42.00	250m: 3:15.91	45.93	350m: 4:40.24	37.43	
	100m: 1:09.00	37.32	200m: 2:29.98	38.98	300m: 4:02.81	46.90	400m: 5:16.56	36.32	
<b>16 lat</b>									
1.	PAWLAK Dawid	08	UKS 190 Łódź	<b>4:58.85</b>	534	1:06.81	1:19.37	1:25.22	1:07.45
	50m: 30.63	30.63	150m: 1:46.87	40.06	250m: 3:08.41	42.23	350m: 4:25.05	33.65	
	100m: 1:06.81	36.18	200m: 2:26.18	39.31	300m: 3:51.40	42.99	400m: 4:58.85	33.80	
2.	TRUDNOS Ignacy	08	UKS 190 Łódź	<b>5:07.46</b>	490				
	50m:		150m:		250m:	350m:			
	100m:		200m:		300m:	400m:	5:07.46		
3.	STANISŁAWSKI Błażej	08	Ks Assa	<b>5:13.18</b>	464	1:04.35	1:18.11	1:35.93	1:14.79
	50m: 29.43	29.43	150m: 1:43.54	39.19	250m: 3:09.57	47.11	350m: 4:35.92	37.53	
	100m: 1:04.35	34.92	200m: 2:22.46	38.92	300m: 3:58.39	48.82	400m: 5:13.18	37.26	
4.	PORADA Jan	08	UKS SP-149 Łódź	<b>5:47.73</b>	339	1:16.94	1:34.27	1:37.87	1:18.65
	50m: 35.56	35.56	150m: 2:05.84	48.90	250m: 3:39.69	48.48	350m: 5:08.83	39.75	
	100m: 1:16.94	41.38	200m: 2:51.21	45.37	300m: 4:29.08	49.39	400m: 5:47.73	38.90	
<b>Open</b>									
1.	TARCZYŃSKI Bartosz	07	UKS 190 Łódź	<b>4:44.13</b>	621	1:04.52	1:16.06	1:17.49	1:06.06
	50m: 29.67	29.67	150m: 1:42.96	38.44	250m: 2:58.80	38.22	350m: 4:12.26	34.19	
	100m: 1:04.52	34.85	200m: 2:20.58	37.62	300m: 3:38.07	39.27	400m: 4:44.13	31.87	
2.	BORUSZEWSKI Filip	07	UKS SP-149 Łódź	<b>4:55.53</b>	552	1:06.37	1:17.94	1:23.54	1:07.68
	50m: 30.16	30.16	150m: 1:45.96	39.59	250m: 3:05.21	40.90	350m: 4:22.51	34.66	
	100m: 1:06.37	36.21	200m: 2:24.31	38.35	300m: 3:47.85	42.64	400m: 4:55.53	33.02	
3.	GOŁACKI Sergiusz	04	UKS 190 Łódź	<b>4:56.49</b>	547	1:04.46			1:05.55
	50m: 29.53	29.53	150m: 1:45.26	40.80	250m: 3:07.46		350m: 4:24.24	33.30	
	100m: 1:04.46	34.93	200m:		300m: 3:50.94	43.48	400m: 4:56.49	32.25	
4.	PAWLAK Dawid	08	UKS 190 Łódź	<b>4:58.85</b>	534	1:06.81	1:19.37	1:25.22	1:07.45
	50m: 30.63	30.63	150m: 1:46.87	40.06	250m: 3:08.41	42.23	350m: 4:25.05	33.65	
	100m: 1:06.81	36.18	200m: 2:26.18	39.31	300m: 3:51.40	42.99	400m: 4:58.85	33.80	
5.	JANISZEWSKI Fabian	09	UKS 190 Łódź	<b>5:05.85</b>	498	1:08.89	1:21.23	1:31.30	1:04.43
	50m: 32.17	32.17	150m: 1:49.22	40.33	250m: 3:15.16	45.04	350m: 4:34.71	33.29	
	100m: 1:08.89	36.72	200m: 2:30.12	40.90	300m: 4:01.42	46.26	400m: 5:05.85	31.14	
6.	KOWALEWSKI Mateusz	06	MKS Jedynka Łódź	<b>5:06.08</b>	497	1:08.97	1:19.21	1:24.77	1:13.13
	50m: 31.77	31.77	150m: 3:10.23	2:01.26	250m: 4:29.43	2:01.25	350m:		
	100m: 1:08.97	37.20	200m: 2:28.18		300m: 3:52.95		400m: 5:06.08		
7.	TRUDNOS Ignacy	08	UKS 190 Łódź	<b>5:07.46</b>	490				
	50m:		150m:		250m:	350m:			
	100m:		200m:		300m:	400m:	5:07.46		
8.	PORADA Antoni	10	UKS SP-149 Łódź	<b>5:10.39</b>	476	1:09.25	1:24.20	1:29.32	1:07.62
	50m: 32.25	32.25	150m: 1:51.90	42.65	250m: 3:17.94	44.49	350m: 4:37.53	34.76	
	100m: 1:09.25	37.00	200m: 2:33.45	41.55	300m: 4:02.77	44.83	400m: 5:10.39	32.86	

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Konkurencja 2, M czyzn, 400m zmienny, Open

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m				
9. STANISŁAWSKI Błażej	08 Ks Assa	<b>5:13.18</b>	464	1:04.35	1:18.11	1:35.93	1:14.79				
50m:	29.43	29.43	150m:	1:43.54	39.19	250m:	3:09.57	47.11	350m:	4:35.92	37.53
100m:	1:04.35	34.92	200m:	2:22.46	38.92	300m:	3:58.39	48.82	400m:	5:13.18	37.26
10. DRELICH Mateusz	09 UKS 190 Łódź	<b>5:16.56</b>	449	1:09.00	1:20.98	1:32.83	1:13.75				
50m:	31.68	31.68	150m:	1:51.00	42.00	250m:	3:15.91	45.93	350m:	4:40.24	37.43
100m:	1:09.00	37.32	200m:	2:29.98	38.98	300m:	4:02.81	46.90	400m:	5:16.56	36.32
11. KACZMAREK Dawid	10 MKS Trójka Łódź	<b>5:24.68</b>	416	1:12.10	1:30.13	1:29.13	1:13.32				
50m:	33.07	33.07	150m:	1:58.58	46.48	250m:	3:25.65	43.42	350m:	4:48.16	36.80
100m:	1:12.10	39.03	200m:	2:42.23	43.65	300m:	4:11.36	45.71	400m:	5:24.68	36.52
12. PORADA Jan	08 UKS SP-149 Łódź	<b>5:47.73</b>	339	1:16.94	1:34.27	1:37.87	1:18.65				
50m:	35.56	35.56	150m:	2:05.84	48.90	250m:	3:39.69	48.48	350m:	5:08.83	39.75
100m:	1:16.94	41.38	200m:	2:51.21	45.37	300m:	4:29.08	49.39	400m:	5:47.73	38.90
DYSKW. SZWAST Mateusz	09 MUKS „HURAGAN” Koło	<b>6:16.85</b>		1:31.33	1:35.74	1:46.38	1:23.40				
<i>K16 - Pływak dotknął cian nierównocześnie nie dwiema dłońmi przy nawrocie lub na zakończeniu wyścigu.</i>											
50m:	39.11	39.11	150m:	2:20.06	48.73	250m:	3:59.81	52.74	350m:	5:35.38	41.93
100m:	1:31.33	52.22	200m:	3:07.07	47.01	300m:	4:53.45	53.64	400m:	6:16.85	41.47