

Koziołki Pływackie 2012
K dzierzyn-Ko le, 18- - 19-5-2012

Konkurencja 15
2012-05-19 - 11:30

Dziewcz t, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
10 - 11 lat									
1.	Beata Sowa		01	VEGA Dobrodzie				6:09.86	256
	50m:	40.14 40.14	150m:	2:12.06 46.71	250m:	3:47.25 48.46	350m:	5:23.71 47.88	
	100m:	1:25.35 45.21	200m:	2:58.79 46.73	300m:	4:35.83 48.58	400m:	6:09.86 46.15	
2.	Agnieszka Pietras		01	MMKS K dzierzyn-Ko le				6:19.61	236
	50m:	44.11 44.11	150m:	2:21.95 49.15	250m:	3:58.13 48.55	350m:	5:34.39 48.53	
	100m:	1:32.80 48.69	200m:	3:09.58 47.63	300m:	4:45.86 47.73	400m:	6:19.61 45.22	
12 lat									
1.	Laura Benková		00	Nereus Žilina				4:57.72	491
	50m:	34.37 34.37	150m:	1:50.30 38.44	250m:	3:07.00 38.11	350m:	4:22.87 38.03	
	100m:	1:11.86 37.49	200m:	2:28.89 38.59	300m:	3:44.84 37.84	400m:	4:57.72 34.85	
2.	Martyna Pieczka		00	Uks Aligator Gorzyce				5:26.01	374
	50m:	35.80 35.80	150m:	1:58.88 42.63	250m:	3:23.83 42.64	350m:	4:47.23 41.45	
	100m:	1:16.25 40.45	200m:	2:41.19 42.31	300m:	4:05.78 41.95	400m:	5:26.01 38.78	
3.	Paulina Gluzi ska		00	Ukp Ruda l ska				5:29.32	362
	50m:	36.11 36.11	150m:	1:59.95 42.03	250m:	3:24.42 42.07	350m:	4:49.49 42.51	
	100m:	1:17.92 41.81	200m:	2:42.35 42.40	300m:	4:06.98 42.56	400m:	5:29.32 39.83	
4.	Agnieszka Kacperczyk		00	MMKS K dzierzyn-Ko le				5:36.97	338
	50m:	36.46 36.46	150m:	2:00.30 42.47	250m:	3:27.99 43.91	350m:	4:55.47 42.99	
	100m:	1:17.83 41.37	200m:	2:44.08 43.78	300m:	4:12.48 44.49	400m:	5:36.97 41.50	
5.	Zuzanna Gajtkowska		00	Uks Aligator Gorzyce				5:37.33	337
	50m:	36.90 36.90	150m:	2:01.69 43.09	250m:	3:28.28 43.59	350m:	4:55.43 43.87	
	100m:	1:18.60 41.70	200m:	2:44.69 43.00	300m:	4:11.56 43.28	400m:	5:37.33 41.90	
6.	NICOLA GWÓ D		00	Junior Kluczbork				5:40.34	328
	50m:	37.31 37.31	150m:	2:03.25 43.79	250m:	3:32.62 44.58	350m:	5:00.60 43.20	
	100m:	1:19.46 42.15	200m:	2:48.04 44.79	300m:	4:17.40 44.78	400m:	5:40.34 39.74	
7.	Justyna Pisarek		00	UKS Aquatica Pawłowice				5:40.50	328
	50m:	38.78 38.78	150m:	2:04.26 43.82	250m:	3:31.38 44.48	350m:	5:00.03 43.35	
	100m:	1:20.44 41.66	200m:	2:46.90 42.64	300m:	4:16.68 45.30	400m:	5:40.50 40.47	
8.	Anna Respondek		00	VEGA Dobrodzie				5:48.89	305
	50m:	36.77 36.77	150m:	2:02.65 43.97	250m:	3:34.01 46.38	350m:	5:06.28 45.61	
	100m:	1:18.68 41.91	200m:	2:47.63 44.98	300m:	4:20.67 46.66	400m:	5:48.89 42.61	
9.	ZUZANNA MARCINIAK		00	Olimpijczyk				5:51.03	299
	50m:	37.22 37.22	150m:	2:05.21 44.49	250m:	3:36.37 45.37	350m:	5:08.00 45.68	
	100m:	1:20.72 43.50	200m:	2:51.00 45.79	300m:	4:22.32 45.95	400m:	5:51.03 43.03	
13 lat									
1.	Eliza KUKOWKA		99	VEGA Dobrodzie				4:56.48	497
	50m:	32.36 32.36	150m:	1:45.53 37.08	250m:	3:01.90 38.34	350m:	4:18.85 38.17	
	100m:	1:08.45 36.09	200m:	2:23.56 38.03	300m:	3:40.68 38.78	400m:	4:56.48 37.63	
2.	Julia Niemczycka		99	l sk Wrocław				5:09.03	439
	50m:	34.34 34.34	150m:	1:53.54 40.51	250m:	3:12.57 38.70	350m:	4:30.95 39.21	
	100m:	1:13.03 38.69	200m:	2:33.87 40.33	300m:	3:51.74 39.17	400m:	5:09.03 38.08	
3.	NATALIA NOWAKOWSKA		99	UKS 190 Łód				5:09.34	437
	50m:	34.04 34.04	150m:	1:52.40 39.46	250m:	3:10.64 39.06	350m:	4:30.35 40.01	
	100m:	1:12.94 38.90	200m:	2:31.58 39.18	300m:	3:50.34 39.70	400m:	5:09.34 38.99	
4.	Wiktoria Boche ska		99	SiKReT				5:11.21	430
	50m:	33.94 33.94	150m:	1:53.60 40.31	250m:	3:13.59 40.35	350m:	4:33.06 39.31	
	100m:	1:13.29 39.35	200m:	2:33.24 39.64	300m:	3:53.75 40.16	400m:	5:11.21 38.15	

Koziołki Pływackie 2012
K dzierzyn-Ko le, 18- - 19-5-2012

Konkurencja 15, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
5.	Maja Obr bska		99	MMKS K dzierzyn-Ko le				5:29.68	361
	50m:	37.25 37.25	150m:	2:01.10 42.72	250m:	3:25.04 41.84	350m:	4:49.15 41.85	
	100m:	1:18.38 41.13	200m:	2:43.20 42.10	300m:	4:07.30 42.26	400m:	5:29.68 40.53	
6.	Julia Kacperczyk		99	MMKS K dzierzyn-Ko le				6:16.17	243
	50m:	41.41 41.41	150m:	2:17.37 48.99	250m:	3:54.95 48.50	350m:	5:31.79 47.92	
	100m:	1:28.38 46.97	200m:	3:06.45 49.08	300m:	4:43.87 48.92	400m:	6:16.17 44.38	
7.	Katarzyna CHROBAK		99	MKS ZRYW Opole				6:29.47	219
	50m:	41.47 41.47	150m:	2:19.72 50.70	250m:	4:00.15 50.91	350m:	5:41.02 50.52	
	100m:	1:29.02 47.55	200m:	3:09.24 49.52	300m:	4:50.50 50.35	400m:	6:29.47 48.45	
DYSKW.	Katarzyna Wysmoli ska		99	H2O Jastrz bie-Zdrój				5:12.71	O-4
	50m:	33.20 33.20	150m:	1:49.09 39.01	250m:	3:09.17 40.40	350m:	4:31.22 40.94	
	100m:	1:10.08 36.88	200m:	2:28.77 39.68	300m:	3:50.28 41.11	400m:	5:12.71 41.49	

14 lat

1.	Martyna SO Sofi ska		98	MMKS K dzierzyn-Ko le				4:56.07	499
	50m:	32.70 32.70	150m:	1:47.68 37.80	250m:	3:04.09 38.27	350m:	4:16.52 35.61	
	100m:	1:09.88 37.18	200m:	2:25.82 38.14	300m:	3:40.91 36.82	400m:	4:56.07 39.55	
2.	Julia Korol		98	H2O Jastrz bie-Zdrój				4:59.32	483
	50m:	33.63 33.63	150m:	1:49.81 38.41	250m:	3:07.16 38.69	350m:	4:23.14 37.66	
	100m:	1:11.40 37.77	200m:	2:28.47 38.66	300m:	3:45.48 38.32	400m:	4:59.32 36.18	
3.	DOMINIKA DYKIJ		98	I sk Wrocław				5:03.53	463
	50m:	33.65 33.65	150m:	1:48.15 37.87	250m:	3:04.23 37.94	350m:	4:19.98 37.85	
	100m:	1:10.28 36.63	200m:	2:26.29 38.14	300m:	3:42.13 37.90	400m:	5:03.53 43.55	
4.	Dorota Haspert		98	UKS Aquatica Pawłowice				5:17.46	405
	50m:	32.75 32.75	150m:	1:50.00 39.85	250m:	3:13.19 41.35	350m:	4:36.95 41.66	
	100m:	1:10.15 37.40	200m:	2:31.84 41.84	300m:	3:55.29 42.10	400m:	5:17.46 40.51	