

Zimowe Mistrzostwa Polski Juniorów 17-18 lat  
Opole, 14- - 16-3-2014

Konkurencja 11  
2014-03-14 - 10:50

Kobiet, 400m zmienny

17 - 18 lat  
Wyniki Eliminacje

Top Times "Poland" Open	4:31.89	Baranowska Katarzyna	00116	Debrecen (HUN)	2007-12-16
Top Times "Poland" 17	4:38.72	Szczepaniak Karolina		Gorzów Wlkp.	2010-10-09
Top Times "Poland" 18	4:33.70	Baranowska Katarzyna	POL	Trieste (ITA)	2005-12-11

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.	
1.	Szpucha Katarzyna		96	MKS Trójka Łódź				<b>4:50.91</b>	722	A
	50m:	31.57 31.57	150m:	1:43.96	37.42	250m:	3:00.45	39.71	350m:	4:16.45 35.94
	100m:	1:06.54 34.97	200m:	2:20.74	36.78	300m:	3:40.51	40.06	400m:	4:50.91 34.46
2.	Sieczyk Jowita SK		97	ak Biała Podlaska				<b>4:57.39</b>	676	A
	50m:	30.71 30.71	150m:	1:45.11	38.03	250m:	3:05.16	42.62	350m:	4:23.40 35.59
	100m:	1:07.08 36.37	200m:	2:22.54	37.43	300m:	3:47.81	42.65	400m:	4:57.39 33.99
3.	Okaj Oliwia SWR		96	WKS I sk Wrocław				<b>4:57.56</b>	675	A
	50m:	31.94 31.94	150m:	1:46.51	37.83	250m:	3:05.36	42.33	350m:	4:23.51 34.98
	100m:	1:08.68 36.74	200m:	2:23.03	36.52	300m:	3:48.53	43.17	400m:	4:57.56 34.05
4.	Zbrojewska Michalina SSZ		96	UKS Piłka Konstanyń Łódzki				<b>4:58.58</b>	668	A
	50m:	32.21 32.21	150m:	1:46.59	38.52	250m:	3:06.51	42.29	350m:	4:24.05 36.02
	100m:	1:08.07 35.86	200m:	2:24.22	37.63	300m:	3:48.03	41.52	400m:	4:58.58 34.53
5.	Nienalowska Natalia		96	Mks Polonia Warszawa				<b>5:00.21</b>	657	A
	50m:	31.96 31.96	150m:	1:45.25	37.70	250m:	3:07.24	43.75	350m:	4:26.00 34.67
	100m:	1:07.55 35.59	200m:	2:23.49	38.24	300m:	3:51.33	44.09	400m:	5:00.21 34.21
6.	Sproska Magdalena		97	MKS ZRYW Opole				<b>5:02.78</b>	640	A
	50m:	31.80 31.80	150m:	1:47.36	39.18	250m:	3:09.41	43.53	350m:	4:28.92 35.32
	100m:	1:08.18 36.38	200m:	2:25.88	38.52	300m:	3:53.60	44.19	400m:	5:02.78 33.86
7.	liwiska Marta		97	CSIR MOS Dłbrowa Górnica				<b>5:04.15</b>	632	A
	50m:	31.66 31.66	150m:	1:47.06	38.89	250m:	3:09.51	44.19	350m:	4:29.70 35.11
	100m:	1:08.17 36.51	200m:	2:25.32	38.26	300m:	3:54.59	45.08	400m:	5:04.15 34.45
8.	Mendowska Paulina SP		97	Warta Poznań				<b>5:05.06</b>	626	A
	50m:	31.97 31.97	150m:	1:48.23	39.40	250m:	3:10.55	43.35	350m:	4:29.28 35.46
	100m:	1:08.83 36.86	200m:	2:27.20	38.97	300m:	3:53.82	43.27	400m:	5:05.06 35.78
9.	Błocka Agnieszka		96	UKS JAGIELLONKA Warszawa				<b>5:06.06</b>	620	A
	50m:	32.08 32.08	150m:	1:49.49	39.49	250m:	3:12.05	43.11	350m:	4:31.91 36.02
	100m:	1:10.00 37.92	200m:	2:28.94	39.45	300m:	3:55.89	43.84	400m:	5:06.06 34.15
10.	Maciuch Karolina		96	DOKiS SP "Vega" Dobrodzie				<b>5:06.36</b>	618	A
	50m:	33.72 33.72	150m:	1:50.46	38.53	250m:	3:12.46	44.70	350m:	4:32.52 35.68
	100m:	1:11.93 38.21	200m:	2:27.76	37.30	300m:	3:56.84	44.38	400m:	5:06.36 33.84
11.	Wisniewska Natalia SP		97	Warta Poznań				<b>5:09.18</b>	601	R
	50m:	31.57 31.57	150m:	1:49.96	40.98	250m:	3:11.80	41.75	350m:	4:32.68 38.05
	100m:	1:08.98 37.41	200m:	2:30.05	40.09	300m:	3:54.63	42.83	400m:	5:09.18 36.50
12.	Kubacka Magda		97	AZS AWF Katowice				<b>5:11.42</b>	588	R
	50m:	32.29 32.29	150m:	1:49.21	39.25	250m:	3:12.72	43.94	350m:	4:35.21 37.09
	100m:	1:09.96 37.67	200m:	2:28.78	39.57	300m:	3:58.12	45.40	400m:	5:11.42 36.21
13.	Bodalska Magdalena		97	UKS JAGIELLONKA Warszawa				<b>5:16.63</b>	560	
	50m:	34.59 34.59	150m:	1:53.29	39.26	250m:	3:17.17	45.27	350m:	4:40.67 37.93
	100m:	1:14.03 39.44	200m:	2:31.90	38.61	300m:	4:02.74	45.57	400m:	5:16.63 35.96
14.	Nagórska Monika		97	MUKS Piłkarska Bydgoszcz				<b>5:17.10</b>	557	
	50m:	32.69 32.69	150m:	1:53.85	41.73	250m:	3:17.20	43.09	350m:	4:40.33 37.55
	100m:	1:12.12 39.43	200m:	2:34.11	40.26	300m:	4:02.78	45.58	400m:	5:17.10 36.77
15.	Bagińska Zofia		97	MOSiR Sopot				<b>5:25.79</b>	514	
	50m:	34.34 34.34	150m:	1:57.02	41.88	250m:	3:24.43	45.87	350m:	4:47.52 37.79
	100m:	1:15.14 40.80	200m:	2:38.56	41.54	300m:	4:09.73	45.30	400m:	5:25.79 38.27