Wojewódzka Liga Miast Opolszczyzny tura V
Opole, 23-6-2014

Konkurencja 3 | Kobiet, 400m dowolny | 10 lat i starsi
2014-06-23 - 14:05 | Wyniki

Punkty: FINA 2013

Pozycja		Rok ur.		Czas	Pkt.
10 - 11 lat					
1.	Izabella Jagieniak	03	UKS 5 plus 1 Opole	**6:21.99**	232
	50m: 42.64 42.64 150m: 2:20.35 49.53 250m: 4:00.35 50.56 350m: 5:38.01 48.62				
	100m: 1:30.82 48.18 200m: 3:09.79 49.44 300m: 4:49.39 49.04 400m: 6:21.99 43.98				
2.	Oliwia Zahorodna	03	Uks Junior Kluczbork	**6:31.71**	215
	50m: 43.95 43.95 150m: 2:24.03 50.65 250m: 4:07.09 51.05 350m: 5:46.76 50.27				
	100m: 1:33.38 49.43 200m: 3:16.04 52.01 300m: 4:56.49 49.40 400m: 6:31.71 44.95				
3.	Julia Drobina	03	MMKS Kędzierzyn-Koźle	**6:47.74**	191
	50m: 44.04 44.04 150m: 2:27.00 52.19 250m: 4:14.21 53.87 350m: 5:57.53 52.18				
	100m: 1:34.81 50.77 200m: 3:20.34 53.34 300m: 5:05.35 51.14 400m: 6:47.74 50.21				
4.	Paulina Budzińska	03	MMKS Kędzierzyn-Koźle	**6:58.99**	176
	50m: 47.32 47.32 150m: 2:35.85 54.45 250m: 4:25.98 55.41 350m: 6:14.12 54.05				
	100m: 1:41.40 54.08 200m: 3:30.57 54.72 300m: 5:20.07 54.09 400m: 6:58.99 44.87				
5.	Katarzyna Klimczyk	04	MKS ZRYW Opole	**6:59.31**	175
	50m: 45.52 45.52 150m: 2:33.85 54.56 250m: 4:21.42 53.20 350m: 6:08.59 52.63				
	100m: 1:39.29 53.77 200m: 3:28.22 54.37 300m: 5:15.96 54.54 400m: 6:59.31 50.72				
6.	Iga Kosacka	03	MKS ZRYW Opole	**7:02.52**	171
	50m: 48.07 48.07 150m: 2:37.26 55.02 250m: 4:23.95 54.22 350m: 6:13.47 55.77				
	100m: 1:42.24 54.17 200m: 3:29.73 52.47 300m: 5:17.70 53.75 400m: 7:02.52 49.05				
7.	Jesicca Pawłowska	03	Uks Junior Kluczbork	**7:08.79**	164
	50m: 46.55 46.55 150m: 2:35.33 54.65 250m: 4:25.97 55.25 350m: 6:15.54 54.63				
	100m: 1:40.68 54.13 200m: 3:30.72 55.39 300m: 5:20.91 54.94 400m: 7:08.79 53.25				
8.	Marcelina Kosarzycka	03	MMKS Kędzierzyn-Koźle	**7:30.46**	141
	50m: 44.29 44.29 150m: 2:37.19 58.97 250m: 4:34.83 59.04 350m: 6:33.68 59.07				
	100m: 1:38.22 53.93 200m: 3:35.79 58.60 300m: 5:34.61 59.78 400m: 7:30.46 56.78				
9.	Julia Młynarczyk	03	MMKS Kędzierzyn-Koźle	**7:31.37**	140
	50m: 49.80 49.80 150m: 2:43.10 57.69 250m: 4:40.60 58.63 350m: 6:38.71 57.41				
	100m: 1:45.41 55.61 200m: 3:41.97 58.87 300m: 5:41.30 1:00.70 400m: 7:31.37 52.66				
10.	Emilia Kuźma	03	MMKS Kędzierzyn-Koźle	**8:55.68**	84
	50m: 47.73 47.73 150m: 2:49.52 1:03.79 250m: 4:59.01 1:04.02 350m: 7:05.55 1:04.54				
	100m: 1:45.73 58.00 200m: 3:54.99 1:05.47 300m: 6:01.01 1:02.00 400m: 8:55.68 1:50.13				
12 lat					
1.	Matylda Roman	02	MKS ZRYW Opole	**5:09.47**	437
	50m: 34.82 34.82 150m: 1:53.52 40.20 250m: 3:12.69 39.58 350m: 4:31.44 39.25				
	100m: 1:13.32 38.50 200m: 2:33.11 39.59 300m: 3:52.19 39.50 400m: 5:09.47 38.03				
2.	Agnieszka Wrześniewska	02	UKS 5 plus 1 Opole	**5:28.19**	366
	50m: 37.28 37.28 150m: 2:00.47 42.19 250m: 3:24.70 42.03 350m: 4:48.51 41.66				
	100m: 1:18.28 41.00 200m: 2:42.67 42.20 300m: 4:06.85 42.15 400m: 5:28.19 39.68				
3.	Oliwia Rygiel	02	Uks Junior Kluczbork	**5:32.21**	353
	50m: 36.67 36.67 150m: 1:59.66 42.23 250m: 3:24.66 42.43 350m: 4:50.46 42.86				
	100m: 1:17.43 40.76 200m: 2:42.23 42.57 300m: 4:07.60 42.94 400m: 5:32.21 41.75				
4.	Weronika Błaszczyk	02	Uks Junior Kluczbork	**5:39.25**	331
	50m: 38.45 38.45 150m: 2:03.46 42.72 250m: 3:29.63 43.37 350m: 4:55.06 42.53				
	100m: 1:20.74 42.29 200m: 2:46.26 42.80 300m: 4:12.53 42.90 400m: 5:39.25 44.19				
5.	Anna Kot	02	DOKiS SP VEGA Dobrodzień	**5:54.42**	290
	50m: 38.95 38.95 150m: 2:06.78 44.84 250m: 3:40.09 47.00 350m: 5:12.44 46.21				
	100m: 1:21.94 42.99 200m: 2:53.09 46.31 300m: 4:26.23 46.14 400m: 5:54.42 41.98				
6.	Julia Przeniosło	02	MMKS Kędzierzyn-Koźle	**6:13.70**	248
	50m: 41.70 41.70 150m: 2:15.71 47.73 250m: 3:49.78 46.41 350m: 5:24.96 47.30				
	100m: 1:27.98 46.28 200m: 3:03.37 47.66 300m: 4:37.66 47.88 400m: 6:13.70 48.74				

Konkurencja 3, Dziewcząt, 400m dowolny, 12 lat

Pozycja		Rok ur.		Czas	Pkt.
7.	Alicja Żukowska	02	MMKS Kędzierzyn-Koźle	**6:14.53**	246
8.	Laura Jakubczyńska	02	UKS 5 plus 1 Opole	**6:24.68**	227
9.	Agnieszka Wenderska	02	UKS 5 plus 1 Opole	**6:31.88**	215
10.	Julia Nowak	02	MMKS Kędzierzyn-Koźle	**6:46.76**	192
11.	Kinga Grzybowska	02	MMKS Kędzierzyn-Koźle	**6:49.01**	189
12.	Martyna Staniszewska	02	UKS 5 plus 1 Opole	**7:29.60**	142
13.	Magdalena Lis	02	Uks Junior Kluczbork	**8:14.70**	106
14.	Tatiana Bartoszek	02	MMKS Kędzierzyn-Koźle	**8:49.27**	87
DYSKW.	Patrycja Michalik	02	DOKiS SP VEGA Dobrodzień		O-4

	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:
7.	43.98	1:30.82	2:19.08	3:07.55	3:55.68	4:43.97	5:30.56	6:14.53
	43.98	46.84	48.26	48.47	48.13	48.29	46.59	43.97
8.	42.36	1:29.56	2:18.30	3:06.15	3:55.88	4:44.87	5:33.06	6:24.68
	42.36	47.20	48.74	47.85	49.73	48.99	48.19	51.62
9.	44.32	1:32.87	2:22.39	3:12.92	4:02.94	4:53.84	5:44.56	6:31.88
	44.32	48.55	49.52	50.53	50.02	50.90	50.72	47.32
10.	44.67	1:35.71	2:28.35	3:21.85	4:16.71	5:09.55	5:58.50	6:46.76
	44.67	51.04	52.64	53.50	54.86	52.84	48.95	48.26
11.	45.16	1:34.23	2:25.17	3:18.46	4:11.24	5:04.93	5:57.55	6:49.01
	45.16	49.07	50.94	53.29	52.78	53.69	52.62	51.46
12.	50.21	1:46.04	2:43.20	3:41.20	4:40.52	5:38.32	6:36.81	7:29.60
	50.21	55.83	57.16	58.00	59.32	57.80	58.49	52.79
13.	52.21	1:53.97	2:58.33	4:03.38	5:09.86	6:15.25	7:18.23	8:14.70
	52.21	1:01.76	1:04.36	1:05.05	1:06.48	1:05.39	1:02.98	56.47
14.	53.81	1:59.25	3:05.60	4:15.57	5:26.30	6:36.72	7:43.30	8:49.27
	53.81	1:05.44	1:06.35	1:09.97	1:10.73	1:10.42	1:06.58	1:05.97

13 lat

Pozycja		Rok ur.		Czas	Pkt.
1.	Hania Szebesczyk	01	Uks Junior Kluczbork	**5:10.92**	430
2.	Anna Kempa	01	MMKS Kędzierzyn-Koźle	**5:21.94**	388
3.	Wiktoria Smętek	01	MMKS Kędzierzyn-Koźle	**5:34.88**	344
4.	Aleksandra Leszczyńska	01	MMKS Kędzierzyn-Koźle	**5:35.55**	342
5.	Katarzyna Jankowska	01	MMKS Kędzierzyn-Koźle	**5:38.98**	332
6.	Agnieszka Pietras	01	MMKS Kędzierzyn-Koźle	**5:56.12**	286
7.	Natalia Denisiewicz	01	UKS 5 plus 1 Opole	**6:01.36**	274
8.	Adrianna Kopania	01	MMKS Kędzierzyn-Koźle	**6:39.49**	203

	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:
1.	34.90	1:13.77	1:53.80	2:33.96	3:14.48	3:54.30	4:33.68	5:10.92
	34.90	38.87	40.03	40.16	40.52	39.82	39.38	37.24
2.	36.78	1:17.09	1:58.07	2:39.88	3:21.43	4:02.24	4:42.50	5:21.94
	36.78	40.31	40.98	41.81	41.55	40.81	40.26	39.44
3.	38.92	1:21.91	2:04.83	2:47.85	3:31.26	4:14.58	4:55.64	5:34.88
	38.92	42.99	42.92	43.02	43.41	43.32	41.06	39.24
4.	37.54	1:19.86	2:03.91	2:46.30	3:29.49	4:11.41	4:54.90	5:35.55
	37.54	42.32	44.05	42.39	43.19	41.92	43.49	40.65
5.	38.07	1:20.30	2:03.07	2:46.54	3:29.95	4:13.94	4:57.35	5:38.98
	38.07	42.23	42.77	43.47	43.41	43.99	43.41	41.63
6.	40.22	1:25.39	2:10.40	2:55.89	3:41.66	4:27.77	5:13.20	5:56.12
	40.22	45.17	45.01	45.49	45.77	46.11	45.43	42.92
7.	40.71	1:26.39	2:12.79	2:59.52	3:45.76	4:32.34	5:18.68	6:01.36
	40.71	45.68	46.40	46.73	46.24	46.58	46.34	42.68
8.	40.76	1:29.07	2:20.44	3:12.75	4:05.04	4:57.48	5:49.98	6:39.49
	40.76	48.31	51.37	52.31	52.29	52.44	52.50	49.51

Konkurencja 3, Kobiet, 400m dowolny

14 lat i starsi

1.	Madgalena Sproska				97	MKS ZRYW Opole						**4:36.63**	611
	50m:	31.63	31.63	150m:	1:41.46	35.43	250m:	2:51.66	34.67	350m:	4:01.96	35.40	
	100m:	1:06.03	34.40	200m:	2:16.99	35.53	300m:	3:26.56	34.90	400m:	4:36.63	34.67	
2.	Marta Greglak				97	MKS ZRYW Opole						**4:47.90**	542
	50m:	32.85	32.85	150m:	1:46.00	36.87	250m:	2:59.65	36.85	350m:	4:12.38	36.24	
	100m:	1:09.13	36.28	200m:	2:22.80	36.80	300m:	3:36.14	36.49	400m:	4:47.90	35.52	
3.	Monika Skorupa				99	DOKiS SP VEGA Dobrodzień						**4:52.83**	515
	50m:	32.38	32.38	150m:	1:45.43	37.10	250m:	2:59.81	37.11	350m:	4:16.19	38.51	
	100m:	1:08.33	35.95	200m:	2:22.70	37.27	300m:	3:37.68	37.87	400m:	4:52.83	36.64	
4.	Julia Wałek				99	MKS ZRYW Opole						**4:57.64**	491
	50m:	33.16	33.16	150m:	1:47.34	37.44	250m:	3:03.44	37.91	350m:	4:20.30	38.57	
	100m:	1:09.90	36.74	200m:	2:25.53	38.19	300m:	3:41.73	38.29	400m:	4:57.64	37.34	
5.	Aleksandra Lisowska				00	MMKS Kędzierzyn-Koźle						**5:13.77**	419
	50m:	33.34	33.34	150m:	1:50.76	39.80	250m:	3:11.62	41.08	350m:	4:33.39	41.23	
	100m:	1:10.96	37.62	200m:	2:30.54	39.78	300m:	3:52.16	40.54	400m:	5:13.77	40.38	
6.	Gabriela Smolińska				00	MMKS Kędzierzyn-Koźle						**5:23.27**	383
	50m:	36.60	36.60	150m:	1:57.64	40.58	250m:	3:20.60	41.42	350m:	4:43.02	40.70	
	100m:	1:17.06	40.46	200m:	2:39.18	41.54	300m:	4:02.32	41.72	400m:	5:23.27	40.25	
7.	Aleksandra Tkacz				00	MMKS Kędzierzyn-Koźle						**5:27.79**	367
	50m:	34.57	34.57	150m:	1:55.02	41.27	250m:	3:19.69	42.54	350m:	4:46.19	44.15	
	100m:	1:13.75	39.18	200m:	2:37.15	42.13	300m:	4:02.04	42.35	400m:	5:27.79	41.60	
8.	Wiktoria Rybotycka				00	MMKS Kędzierzyn-Koźle						**5:37.69**	336
	50m:	38.26	38.26	150m:	2:02.92	42.86	250m:	3:28.93	43.48	350m:	4:56.08	43.38	
	100m:	1:20.06	41.80	200m:	2:45.45	42.53	300m:	4:12.70	43.77	400m:	5:37.69	41.61	
9.	Anna Respondek				00	DOKiS SP VEGA Dobrodzień						**5:53.01**	294
	50m:	37.32	37.32	150m:	2:03.15	43.69	250m:	3:34.22	46.29	350m:	5:08.00	46.66	
	100m:	1:19.46	42.14	200m:	2:47.93	44.78	300m:	4:21.34	47.12	400m:	5:53.01	45.01	
10.	Marta Zawisza				00	MKS ZRYW Opole						**6:35.67**	209
	50m:	42.58	42.58	150m:	2:23.31	50.47	250m:	4:03.77	49.37	350m:	5:47.29	51.15	
	100m:	1:32.84	50.26	200m:	3:14.40	51.09	300m:	4:56.14	52.37	400m:	6:35.67	48.38	
11.	Julia Majka				00	UKS 5 plus 1 Opole						**6:51.01**	186
	50m:	44.92	44.92	150m:	2:26.26	51.49	250m:	4:12.65	53.13	350m:	5:59.53	53.85	
	100m:	1:34.77	49.85	200m:	3:19.52	53.26	300m:	5:05.68	53.03	400m:	6:51.01	51.48	