

Wojewódzka Liga Miast Opolszczyzny tura V  
Opole, 23-6-2014

Event 3  
2014-06-23 - 14:05

Women, 400m Freestyle

10 years and older  
Results

Points: FINA 2013

Rank			YB					Time	Pts
<b>10 - 11 years</b>									
1.	Izabella Jagieniak		03	UKS 5 plus 1 Opole				<b>6:21.99</b>	232
	50m:	42.64	42.64	150m:	2:20.35	49.53	250m:	4:00.35	50.56
	100m:	1:30.82	48.18	200m:	3:09.79	49.44	300m:	4:49.39	49.04
				350m:	5:38.01		400m:	6:21.99	43.98
2.	Oliwia Zahorodna		03	Uks Junior Kluczbork				<b>6:31.71</b>	215
	50m:	43.95	43.95	150m:	2:24.03	50.65	250m:	4:07.09	51.05
	100m:	1:33.38	49.43	200m:	3:16.04	52.01	300m:	4:56.49	49.40
				350m:	5:46.76		400m:	6:31.71	44.95
3.	Julia Drobina		03	MMKS Kedzierzyn-Kozle				<b>6:47.74</b>	191
	50m:	44.04	44.04	150m:	2:27.00	52.19	250m:	4:14.21	53.87
	100m:	1:34.81	50.77	200m:	3:20.34	53.34	300m:	5:05.35	51.14
				350m:	5:57.53		400m:	6:47.74	50.21
4.	Paulina Budzinska		03	MMKS Kedzierzyn-Kozle				<b>6:58.99</b>	176
	50m:	47.32	47.32	150m:	2:35.85	54.45	250m:	4:25.98	55.41
	100m:	1:41.40	54.08	200m:	3:30.57	54.72	300m:	5:20.07	54.09
				350m:	6:14.12		400m:	6:58.99	44.87
5.	Katarzyna Klimczyk		04	MKS ZRYW Opole				<b>6:59.31</b>	175
	50m:	45.52	45.52	150m:	2:33.85	54.56	250m:	4:21.42	53.20
	100m:	1:39.29	53.77	200m:	3:28.22	54.37	300m:	5:15.96	54.54
				350m:	6:08.59		400m:	6:59.31	50.72
6.	Iga Kosacka		03	MKS ZRYW Opole				<b>7:02.52</b>	171
	50m:	48.07	48.07	150m:	2:37.26	55.02	250m:	4:23.95	54.22
	100m:	1:42.24	54.17	200m:	3:29.73	52.47	300m:	5:17.70	53.75
				350m:	6:13.47		400m:	7:02.52	49.05
7.	Jesicca Pawlowska		03	Uks Junior Kluczbork				<b>7:08.79</b>	164
	50m:	46.55	46.55	150m:	2:35.33	54.65	250m:	4:25.97	55.25
	100m:	1:40.68	54.13	200m:	3:30.72	55.39	300m:	5:20.91	54.94
				350m:	6:15.54		400m:	7:08.79	53.25
8.	Marcelina Kosarzycka		03	MMKS Kedzierzyn-Kozle				<b>7:30.46</b>	141
	50m:	44.29	44.29	150m:	2:37.19	58.97	250m:	4:34.83	59.04
	100m:	1:38.22	53.93	200m:	3:35.79	58.60	300m:	5:34.61	59.78
				350m:	6:33.68		400m:	7:30.46	56.78
9.	Julia Mlynarczyk		03	MMKS Kedzierzyn-Kozle				<b>7:31.37</b>	140
	50m:	49.80	49.80	150m:	2:43.10	57.69	250m:	4:40.60	58.63
	100m:	1:45.41	55.61	200m:	3:41.97	58.87	300m:	5:41.30	1:00.70
				350m:	6:38.71		400m:	7:31.37	52.66
10.	Emilia Kuzma		03	MMKS Kedzierzyn-Kozle				<b>8:55.68</b>	84
	50m:	47.73	47.73	150m:	2:49.52	1:03.79	250m:	4:59.01	1:04.02
	100m:	1:45.73	58.00	200m:	3:54.99	1:05.47	300m:	6:01.01	1:02.00
				350m:	7:05.55		400m:	8:55.68	1:50.13
<b>12 years</b>									
1.	Matylda Roman		02	MKS ZRYW Opole				<b>5:09.47</b>	437
	50m:	34.82	34.82	150m:	1:53.52	40.20	250m:	3:12.69	39.58
	100m:	1:13.32	38.50	200m:	2:33.11	39.59	300m:	3:52.19	39.50
				350m:	4:31.44		400m:	5:09.47	38.03
2.	Agnieszka Wrzesniewska		02	UKS 5 plus 1 Opole				<b>5:28.19</b>	366
	50m:	37.28	37.28	150m:	2:00.47	42.19	250m:	3:24.70	42.03
	100m:	1:18.28	41.00	200m:	2:42.67	42.20	300m:	4:06.85	42.15
				350m:	4:48.51		400m:	5:28.19	39.68
3.	Oliwia Rygiel		02	Uks Junior Kluczbork				<b>5:32.21</b>	353
	50m:	36.67	36.67	150m:	1:59.66	42.23	250m:	3:24.66	42.43
	100m:	1:17.43	40.76	200m:	2:42.23	42.57	300m:	4:07.60	42.94
				350m:	4:50.46		400m:	5:32.21	41.75
4.	Weronika Blaszczyk		02	Uks Junior Kluczbork				<b>5:39.25</b>	331
	50m:	38.45	38.45	150m:	2:03.46	42.72	250m:	3:29.63	43.37
	100m:	1:20.74	42.29	200m:	2:46.26	42.80	300m:	4:12.53	42.90
				350m:	4:55.06		400m:	5:39.25	44.19
5.	Anna Kot		02	DOKIS SP VEGA Dobrodzien				<b>5:54.42</b>	290
	50m:	38.95	38.95	150m:	2:06.78	44.84	250m:	3:40.09	47.00
	100m:	1:21.94	42.99	200m:	2:53.09	46.31	300m:	4:26.23	46.14
				350m:	5:12.44		400m:	5:54.42	41.98
6.	Julia Przenioslo		02	MMKS Kedzierzyn-Kozle				<b>6:13.70</b>	248
	50m:	41.70	41.70	150m:	2:15.71	47.73	250m:	3:49.78	46.41
	100m:	1:27.98	46.28	200m:	3:03.37	47.66	300m:	4:37.66	47.88
				350m:	5:24.96		400m:	6:13.70	48.74

Wojewódzka Liga Miast Opolszczyzny tura V  
Opole, 23-6-2014

Event 3, Girls, 400m Freestyle, 12 years

Rank			YB					Time	Pts
7.	Alicja Zukowska		02	MMKS Kedzierzyn-Kozle				<b>6:14.53</b>	246
	50m:	43.98 43.98	150m:	2:19.08 48.26	250m:	3:55.68 48.13	350m:	5:30.56 46.59	
	100m:	1:30.82 46.84	200m:	3:07.55 48.47	300m:	4:43.97 48.29	400m:	6:14.53 43.97	
8.	Laura Jakubczynska		02	UKS 5 plus 1 Opole				<b>6:24.68</b>	227
	50m:	42.36 42.36	150m:	2:18.30 48.74	250m:	3:55.88 49.73	350m:	5:33.06 48.19	
	100m:	1:29.56 47.20	200m:	3:06.15 47.85	300m:	4:44.87 48.99	400m:	6:24.68 51.62	
9.	Agnieszka Wenderska		02	UKS 5 plus 1 Opole				<b>6:31.88</b>	215
	50m:	44.32 44.32	150m:	2:22.39 49.52	250m:	4:02.94 50.02	350m:	5:44.56 50.72	
	100m:	1:32.87 48.55	200m:	3:12.92 50.53	300m:	4:53.84 50.90	400m:	6:31.88 47.32	
10.	Julia Nowak		02	MMKS Kedzierzyn-Kozle				<b>6:46.76</b>	192
	50m:	44.67 44.67	150m:	2:28.35 52.64	250m:	4:16.71 54.86	350m:	5:58.50 48.95	
	100m:	1:35.71 51.04	200m:	3:21.85 53.50	300m:	5:09.55 52.84	400m:	6:46.76 48.26	
11.	Kinga Grzybowska		02	MMKS Kedzierzyn-Kozle				<b>6:49.01</b>	189
	50m:	45.16 45.16	150m:	2:25.17 50.94	250m:	4:11.24 52.78	350m:	5:57.55 52.62	
	100m:	1:34.23 49.07	200m:	3:18.46 53.29	300m:	5:04.93 53.69	400m:	6:49.01 51.46	
12.	Martyna Staniszevska		02	UKS 5 plus 1 Opole				<b>7:29.60</b>	142
	50m:	50.21 50.21	150m:	2:43.20 57.16	250m:	4:40.52 59.32	350m:	6:36.81 58.49	
	100m:	1:46.04 55.83	200m:	3:41.20 58.00	300m:	5:38.32 57.80	400m:	7:29.60 52.79	
13.	Magdalena Lis		02	Uks Junior Kluczbork				<b>8:14.70</b>	106
	50m:	52.21 52.21	150m:	2:58.33 1:04.36	250m:	5:09.86 1:06.48	350m:	7:18.23 1:02.98	
	100m:	1:53.97 1:01.76	200m:	4:03.38 1:05.05	300m:	6:15.25 1:05.39	400m:	8:14.70 56.47	
14.	Tatiana Bartoszek		02	MMKS Kedzierzyn-Kozle				<b>8:49.27</b>	87
	50m:	53.81 53.81	150m:	3:05.60 1:06.35	250m:	5:26.30 1:10.73	350m:	7:43.30 1:06.58	
	100m:	1:59.25 1:05.44	200m:	4:15.57 1:09.97	300m:	6:36.72 1:10.42	400m:	8:49.27 1:05.97	
DSQ	Patrycja Michalik		02	DOKiS SP VEGA Dobrodzien					O-4

13 years

1.	Hania Szebesczyk		01	Uks Junior Kluczbork				<b>5:10.92</b>	430
	50m:	34.90 34.90	150m:	1:53.80 40.03	250m:	3:14.48 40.52	350m:	4:33.68 39.38	
	100m:	1:13.77 38.87	200m:	2:33.96 40.16	300m:	3:54.30 39.82	400m:	5:10.92 37.24	
2.	Anna Kempa		01	MMKS Kedzierzyn-Kozle				<b>5:21.94</b>	388
	50m:	36.78 36.78	150m:	1:58.07 40.98	250m:	3:21.43 41.55	350m:	4:42.50 40.26	
	100m:	1:17.09 40.31	200m:	2:39.88 41.81	300m:	4:02.24 40.81	400m:	5:21.94 39.44	
3.	Wiktoria Smetek		01	MMKS Kedzierzyn-Kozle				<b>5:34.88</b>	344
	50m:	38.92 38.92	150m:	2:04.83 42.92	250m:	3:31.26 43.41	350m:	4:55.64 41.06	
	100m:	1:21.91 42.99	200m:	2:47.85 43.02	300m:	4:14.58 43.32	400m:	5:34.88 39.24	
4.	Aleksandra Leszczynska		01	MMKS Kedzierzyn-Kozle				<b>5:35.55</b>	342
	50m:	37.54 37.54	150m:	2:03.91 44.05	250m:	3:29.49 43.19	350m:	4:54.90 43.49	
	100m:	1:19.86 42.32	200m:	2:46.30 42.39	300m:	4:11.41 41.92	400m:	5:35.55 40.65	
5.	Katarzyna Jankowska		01	MMKS Kedzierzyn-Kozle				<b>5:38.98</b>	332
	50m:	38.07 38.07	150m:	2:03.07 42.77	250m:	3:29.95 43.41	350m:	4:57.35 43.41	
	100m:	1:20.30 42.23	200m:	2:46.54 43.47	300m:	4:13.94 43.99	400m:	5:38.98 41.63	
6.	Agnieszka Pietras		01	MMKS Kedzierzyn-Kozle				<b>5:56.12</b>	286
	50m:	40.22 40.22	150m:	2:10.40 45.01	250m:	3:41.66 45.77	350m:	5:13.20 45.43	
	100m:	1:25.39 45.17	200m:	2:55.89 45.49	300m:	4:27.77 46.11	400m:	5:56.12 42.92	
7.	Natalia Denisiewicz		01	UKS 5 plus 1 Opole				<b>6:01.36</b>	274
	50m:	40.71 40.71	150m:	2:12.79 46.40	250m:	3:45.76 46.24	350m:	5:18.68 46.34	
	100m:	1:26.39 45.68	200m:	2:59.52 46.73	300m:	4:32.34 46.58	400m:	6:01.36 42.68	
8.	Adrianna Kopania		01	MMKS Kedzierzyn-Kozle				<b>6:39.49</b>	203
	50m:	40.76 40.76	150m:	2:20.44 51.37	250m:	4:05.04 52.29	350m:	5:49.98 52.50	
	100m:	1:29.07 48.31	200m:	3:12.75 52.31	300m:	4:57.48 52.44	400m:	6:39.49 49.51	

Wojewódzka Liga Miast Opolszczyzny tura V  
Opole, 23-6-2014

Event 3, Women, 400m Freestyle

14 years and older

1.	Madgalena Sproska		97	MKS ZRYW Opole		<b>4:36.63</b>	611	
	50m: 31.63	31.63	150m: 1:41.46	35.43	250m: 2:51.66	34.67	350m: 4:01.96	35.40
	100m: 1:06.03	34.40	200m: 2:16.99	35.53	300m: 3:26.56	34.90	400m: 4:36.63	34.67
2.	Marta Greglak		97	MKS ZRYW Opole		<b>4:47.90</b>	542	
	50m: 32.85	32.85	150m: 1:46.00	36.87	250m: 2:59.65	36.85	350m: 4:12.38	36.24
	100m: 1:09.13	36.28	200m: 2:22.80	36.80	300m: 3:36.14	36.49	400m: 4:47.90	35.52
3.	Monika Skorupa		99	DOKiS SP VEGA Dobrodzien		<b>4:52.83</b>	515	
	50m: 32.38	32.38	150m: 1:45.43	37.10	250m: 2:59.81	37.11	350m: 4:16.19	38.51
	100m: 1:08.33	35.95	200m: 2:22.70	37.27	300m: 3:37.68	37.87	400m: 4:52.83	36.64
4.	Julia Walek		99	MKS ZRYW Opole		<b>4:57.64</b>	491	
	50m: 33.16	33.16	150m: 1:47.34	37.44	250m: 3:03.44	37.91	350m: 4:20.30	38.57
	100m: 1:09.90	36.74	200m: 2:25.53	38.19	300m: 3:41.73	38.29	400m: 4:57.64	37.34
5.	Aleksandra Lisowska		00	MMKS Kedzierzyn-Kozle		<b>5:13.77</b>	419	
	50m: 33.34	33.34	150m: 1:50.76	39.80	250m: 3:11.62	41.08	350m: 4:33.39	41.23
	100m: 1:10.96	37.62	200m: 2:30.54	39.78	300m: 3:52.16	40.54	400m: 5:13.77	40.38
6.	Gabriela Smolinska		00	MMKS Kedzierzyn-Kozle		<b>5:23.27</b>	383	
	50m: 36.60	36.60	150m: 1:57.64	40.58	250m: 3:20.60	41.42	350m: 4:43.02	40.70
	100m: 1:17.06	40.46	200m: 2:39.18	41.54	300m: 4:02.32	41.72	400m: 5:23.27	40.25
7.	Aleksandra Tkacz		00	MMKS Kedzierzyn-Kozle		<b>5:27.79</b>	367	
	50m: 34.57	34.57	150m: 1:55.02	41.27	250m: 3:19.69	42.54	350m: 4:46.19	44.15
	100m: 1:13.75	39.18	200m: 2:37.15	42.13	300m: 4:02.04	42.35	400m: 5:27.79	41.60
8.	Wiktoria Rybotycka		00	MMKS Kedzierzyn-Kozle		<b>5:37.69</b>	336	
	50m: 38.26	38.26	150m: 2:02.92	42.86	250m: 3:28.93	43.48	350m: 4:56.08	43.38
	100m: 1:20.06	41.80	200m: 2:45.45	42.53	300m: 4:12.70	43.77	400m: 5:37.69	41.61
9.	Anna Respondek		00	DOKiS SP VEGA Dobrodzien		<b>5:53.01</b>	294	
	50m: 37.32	37.32	150m: 2:03.15	43.69	250m: 3:34.22	46.29	350m: 5:08.00	46.66
	100m: 1:19.46	42.14	200m: 2:47.93	44.78	300m: 4:21.34	47.12	400m: 5:53.01	45.01
10.	Marta Zawisza		00	MKS ZRYW Opole		<b>6:35.67</b>	209	
	50m: 42.58	42.58	150m: 2:23.31	50.47	250m: 4:03.77	49.37	350m: 5:47.29	51.15
	100m: 1:32.84	50.26	200m: 3:14.40	51.09	300m: 4:56.14	52.37	400m: 6:35.67	48.38
11.	Julia Majka		00	UKS 5 plus 1 Opole		<b>6:51.01</b>	186	
	50m: 44.92	44.92	150m: 2:26.26	51.49	250m: 4:12.65	53.13	350m: 5:59.53	53.85
	100m: 1:34.77	49.85	200m: 3:19.52	53.26	300m: 5:05.68	53.03	400m: 6:51.01	51.48