

Miedzynarodowe Zawody Pływackie Puchar Regionów i Miast Partnerskich
Opole, 4- - 5-10-2014

Event 18
2014-10-04 - 17:00

Boys, 400m Freestyle

11 - 17 years
Results

Points: FINA 2014

Rank			YB					Time	Pts			
11 - 12 years												
1.	Mariengaben Ben		02	Potsdamer SV				5:04.42	338			
	50m:	34.51	34.51	150m:	1:51.63	39.14	250m:	3:09.27	38.48	350m:	4:27.62	39.28
	100m:	1:12.49	37.98	200m:	2:30.79	39.16	300m:	3:48.34	39.07	400m:	5:04.42	36.80
2.	Pincesi Martin		02	Hullam 91				5:05.00	337			
	50m:	33.25	33.25	150m:	1:51.62	39.40	250m:	3:10.00	39.02	350m:	4:29.11	39.59
	100m:	1:12.22	38.97	200m:	2:30.98	39.36	300m:	3:49.52	39.52	400m:	5:05.00	35.89
3.	Prokop Bartosz		02	LKS Jednosc 32 Przyszowice				5:12.34	313			
	50m:	34.23	34.23	150m:	1:52.08	39.34	250m:	3:12.20	40.06	350m:	4:33.37	40.93
	100m:	1:12.74	38.51	200m:	2:32.14	40.06	300m:	3:52.44	40.24	400m:	5:12.34	38.97
4.	Watroba Krystian		02	MKS Rokita Brzeg Dolny				5:21.84	286			
	50m:	35.34	35.34	150m:	1:56.14	41.39	250m:	3:19.16	41.47	350m:	4:42.11	41.38
	100m:	1:14.75	39.41	200m:	2:37.69	41.55	300m:	4:00.73	41.57	400m:	5:21.84	39.73
5.	Bottinger Jonas		03	Potsdamer SV				5:26.86	273			
	50m:	36.09	36.09	150m:	1:59.83	42.59	250m:	3:24.20	42.20	350m:	4:48.35	40.73
	100m:	1:17.24	41.15	200m:	2:42.00	42.17	300m:	4:07.62	43.42	400m:	5:26.86	38.51
6.	Podgorski Patryk		03	MKS ZRYW Opole				5:53.68	216			
	50m:	39.20	39.20	150m:	2:06.92	44.72	250m:	3:37.74	45.46	350m:	5:11.22	46.26
	100m:	1:22.20	43.00	200m:	2:52.28	45.36	300m:	4:24.96	47.22	400m:	5:53.68	42.46
7.	Stempin Pawel		03	UKS Junior Kluczbork				6:37.60	152			
	50m:	41.25	41.25	150m:	2:21.72	51.39	250m:	4:03.38	51.07	350m:	5:46.06	51.00
	100m:	1:30.33	49.08	200m:	3:12.31	50.59	300m:	4:55.06	51.68	400m:	6:37.60	51.54
13 - 14 years												
1.	Roman Mateusz		00	MKS ZRYW Opole				4:24.65	515			
	50m:	29.87	29.87	150m:	1:37.12	33.98	250m:	2:45.29	34.02	350m:	3:52.81	33.43
	100m:	1:03.14	33.27	200m:	2:11.27	34.15	300m:	3:19.38	34.09	400m:	4:24.65	31.84
2.	Szyndler Michal		00	MKS ZRYW Opole				4:26.07	507			
	50m:	30.35	30.35	150m:	1:37.76	34.03	250m:	2:45.97	34.04	350m:	3:53.48	33.47
	100m:	1:03.73	33.38	200m:	2:11.93	34.17	300m:	3:20.01	34.04	400m:	4:26.07	32.59
3.	Fiks Krzysztof		00	UKS190 Lodz				4:28.39	494			
	50m:	31.10	31.10	150m:	1:39.21	34.85	250m:	2:48.74	34.69	350m:	3:57.70	34.42
	100m:	1:04.36	33.26	200m:	2:14.05	34.84	300m:	3:23.28	34.54	400m:	4:28.39	30.69
4.	Senns Dominik		01	Potsdamer SV				4:32.63	471			
	50m:	30.91	30.91	150m:	1:39.46	34.73	250m:	2:49.68	35.01	350m:	3:59.35	34.72
	100m:	1:04.73	33.82	200m:	2:14.67	35.21	300m:	3:24.63	34.95	400m:	4:32.63	33.28
5.	Pawlaczyk Patryk		00	UKS190 Lodz				4:32.92	470			
	50m:	31.34	31.34	150m:	1:40.44	34.73	250m:	2:50.39	34.94	350m:	4:00.09	34.92
	100m:	1:05.71	34.37	200m:	2:15.45	35.01	300m:	3:25.17	34.78	400m:	4:32.92	32.83
6.	Dabrowski Daniel		00	UKP Ruda Slaska				4:35.99	454			
	50m:	30.62	30.62	150m:	1:39.50	34.91	250m:	2:50.06	35.33	350m:	4:01.12	35.56
	100m:	1:04.59	33.97	200m:	2:14.73	35.23	300m:	3:25.56	35.50	400m:	4:35.99	34.87
7.	Lewandowski Michal		00	MKS ZRYW Opole				4:38.44	442			
	50m:	31.33	31.33	150m:	1:43.70	36.73	250m:	2:55.29	35.27	350m:	4:05.57	34.51
	100m:	1:06.97	35.64	200m:	2:20.02	36.32	300m:	3:31.06	35.77	400m:	4:38.44	32.87
8.	Wieczorek Wojciech		00	MKS ZRYW Opole				4:38.98	440			
	50m:	32.15	32.15	150m:	1:43.99	36.51	250m:	2:55.43	35.49	350m:	4:06.29	35.05
	100m:	1:07.48	35.33	200m:	2:19.94	35.95	300m:	3:31.24	35.81	400m:	4:38.98	32.69
9.	Ciszewski Jakub		00	UKS190 Lodz				4:44.28	416			
	50m:	33.07	33.07	150m:	1:44.94	35.89	250m:	2:57.87	36.51	350m:	4:10.43	36.43
	100m:	1:09.05	35.98	200m:	2:21.36	36.42	300m:	3:34.00	36.13	400m:	4:44.28	33.85

Miedzynarodowe Zawody Pływackie Puchar Regionów i Miast Partnerskich
Opole, 4- - 5-10-2014

Event 18, Boys, 400m Freestyle, 13 - 14 years

Rank					YB					Time	Pts	
10.	Prochazka Roman				01	Slavoj Bruntal				4:44.59	414	
	50m:	31.50	31.50	150m:	1:43.23	36.44	250m:	2:55.60	36.17	350m:	4:08.72	36.78
	100m:	1:06.79	35.29	200m:	2:19.43	36.20	300m:	3:31.94	36.34	400m:	4:44.59	35.87
11.	Wolinski Artur				00	MKS Oceanik Ostrzeszow				4:49.34	394	
	50m:	31.99	31.99	150m:	1:46.86	37.36	250m:	3:01.74	37.58	350m:	4:15.36	36.16
	100m:	1:09.50	37.51	200m:	2:24.16	37.30	300m:	3:39.20	37.46	400m:	4:49.34	33.98
12.	Mistakiewicz Patryk				01	UKS190 Lodz				4:49.76	393	
	50m:	32.38	32.38	150m:	1:46.30	37.00	250m:	3:01.19	37.44	350m:	4:14.23	36.22
	100m:	1:09.30	36.92	200m:	2:23.75	37.45	300m:	3:38.01	36.82	400m:	4:49.76	35.53
13.	Piotrowski Kacper				01	Slask Wroclaw				4:52.18	383	
	50m:	32.24	32.24	150m:	1:46.80	37.69	250m:	3:03.14	37.81	350m:	4:18.23	37.12
	100m:	1:09.11	36.87	200m:	2:25.33	38.53	300m:	3:41.11	37.97	400m:	4:52.18	33.95
14.	Kwapisz Arkadiusz				01	UKP MANTA Jelcz-Laskowice				5:03.93	340	
	50m:	33.94	33.94	150m:	1:51.57	39.13	250m:	3:10.37	39.23	350m:	4:26.49	37.14
	100m:	1:12.44	38.50	200m:	2:31.14	39.57	300m:	3:49.35	38.98	400m:	5:03.93	37.44
15.	Zaremba Jakub				01	Slask Wroclaw				5:08.65	325	
	50m:	35.11	35.11	150m:	1:54.28	40.01	250m:	3:13.66	39.46	350m:	4:32.05	38.64
	100m:	1:14.27	39.16	200m:	2:34.20	39.92	300m:	3:53.41	39.75	400m:	5:08.65	36.60
16.	Jozkow Cezary				01	Slask Wroclaw				5:09.72	321	
	50m:	33.98	33.98	150m:	1:54.27	40.48	250m:	3:14.56	40.42	350m:	4:33.42	39.37
	100m:	1:13.79	39.81	200m:	2:34.14	39.87	300m:	3:54.05	39.49	400m:	5:09.72	36.30
17.	Jochymek Oskar				01	Slask Wroclaw				5:10.83	318	
	50m:	33.80	33.80	150m:	1:53.83	40.38	250m:	3:15.06	40.00	350m:	4:34.83	39.54
	100m:	1:13.45	39.65	200m:	2:35.06	41.23	300m:	3:55.29	40.23	400m:	5:10.83	36.00
18.	Cybinski Grzegorz				01	MKS ZRYW Opole				5:11.09	317	
	50m:	34.37	34.37	150m:	1:53.33	40.51	250m:	3:14.87	40.23	350m:	4:34.27	39.26
	100m:	1:12.82	38.45	200m:	2:34.64	41.31	300m:	3:55.01	40.14	400m:	5:11.09	36.82
19.	Greber Artur				01	Slask Wroclaw				5:11.24	317	
	50m:	33.63	33.63	150m:	1:53.93	40.60	250m:	3:14.55	39.95	350m:	4:34.35	39.70
	100m:	1:13.33	39.70	200m:	2:34.60	40.67	300m:	3:54.65	40.10	400m:	5:11.24	36.89
20.	Rytter Igor				01	Slask Wroclaw				5:11.63	315	
	50m:	35.96	35.96	150m:	1:55.12	39.80	250m:	3:14.73	39.97	350m:	4:34.85	39.76
	100m:	1:15.32	39.36	200m:	2:34.76	39.64	300m:	3:55.09	40.36	400m:	5:11.63	36.78
21.	Sznajder Filip				01	Slask Wroclaw				5:14.98	305	
	50m:	33.65	33.65	150m:	1:55.65	42.29	250m:	3:17.98	40.37	350m:	4:40.84	41.79
	100m:	1:13.36	39.71	200m:	2:37.61	41.96	300m:	3:59.05	41.07	400m:	5:14.98	34.14
22.	Marciow Jakub				01	Slask Wroclaw				5:15.18	305	
	50m:	34.35	34.35	150m:	1:55.83	41.25	250m:	3:17.51	40.06	350m:	4:39.49	41.12
	100m:	1:14.58	40.23	200m:	2:37.45	41.62	300m:	3:58.37	40.86	400m:	5:15.18	35.69
23.	Lepecki Jakub				01	Slask Wroclaw				5:19.72	292	
	50m:	35.83	35.83	150m:	1:57.30	41.11	250m:	3:19.61	41.26	350m:	4:41.42	39.89
	100m:	1:16.19	40.36	200m:	2:38.35	41.05	300m:	4:01.53	41.92	400m:	5:19.72	38.30
24.	Balawajder Kacper				01	Slask Wroclaw				5:20.78	289	
	50m:	35.34	35.34	150m:	1:56.19	40.71	250m:	3:19.14	41.65	350m:	4:40.83	40.03
	100m:	1:15.48	40.14	200m:	2:37.49	41.30	300m:	4:00.80	41.66	400m:	5:20.78	39.95
25.	Krasicki Kacper				00	MMKS Kedzierzyn-Kozle				5:53.42	216	
	50m:	37.50	37.50	150m:	2:04.60	44.60	250m:	3:36.13	46.17	350m:	5:07.86	46.07
	100m:	1:20.00	42.50	200m:	2:49.96	45.36	300m:	4:21.79	45.66	400m:	5:53.42	45.56

15 - 17 years

1.	Gorny Mikolaj				99	NowyKP Bielsko-Biala				5:06.11	333	
	50m:	32.75	32.75	150m:	1:49.45	39.13	250m:	3:09.04	39.87	350m:	4:29.26	39.97
	100m:	1:10.32	37.57	200m:	2:29.17	39.72	300m:	3:49.29	40.25	400m:	5:06.11	36.85