

Polska Liga Pływacka
Opole, 17- - 18-10-2014

Konkurencja 12
2014-10-17 - 18:00

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.						Czas	Pkt.		
1.	Wojdak Wojciech		96		Małopolski OZP				3:48.20	804		
	50m:	26.76	26.76	150m:	1:25.02	28.95	250m:	2:22.45	28.63	350m:	3:19.80	28.64
	100m:	56.07	29.31	200m:	1:53.82	28.80	300m:	2:51.16	28.71	400m:	3:48.20	28.40
2.	Klich Kacper		94		Dolno I ski OZP				3:49.80	787		
	50m:	27.16	27.16	150m:	1:25.78	29.30	250m:	2:23.40	28.96	350m:	3:22.75	29.98
	100m:	56.48	29.32	200m:	1:54.44	28.66	300m:	2:52.77	29.37	400m:	3:49.80	27.05
3.	Kuwik Maciej		96		Dolno I ski OZP				3:51.93	766		
	50m:	28.02	28.02	150m:	1:26.30	29.29	250m:	2:24.86	29.28	350m:	3:23.65	29.33
	100m:	57.01	28.99	200m:	1:55.58	29.28	300m:	2:54.32	29.46	400m:	3:51.93	28.28
4.	Jaszczak Wiktor		97		Dolno I ski OZP				3:57.28	715		
	50m:	28.11	28.11	150m:	1:28.04	30.09	250m:	2:28.03	29.90	350m:	3:28.11	30.04
	100m:	57.95	29.84	200m:	1:58.13	30.09	300m:	2:58.07	30.04	400m:	3:57.28	29.17
5.	Lasek Bartłomiej		94		Łódzki OZP				3:57.71	711		
	50m:	27.03	27.03	150m:	1:25.84	29.24	250m:	2:25.69	29.78	350m:	3:27.75	30.93
	100m:	56.60	29.57	200m:	1:55.91	30.07	300m:	2:56.82	31.13	400m:	3:57.71	29.96
6.	Czarnota Mateusz		91		Małopolski OZP				4:02.97	666		
	50m:	28.98	28.98	150m:	1:31.38	30.82	250m:	2:32.69	30.28	350m:	3:33.29	29.59
	100m:	1:00.56	31.58	200m:	2:02.41	31.03	300m:	3:03.70	31.01	400m:	4:02.97	29.68
7.	Goleniec Łukasz		97		Małopolski OZP				4:07.00	634		
	50m:	27.87	27.87	150m:	1:28.95	30.83	250m:	2:31.36	31.31	350m:	3:35.83	32.44
	100m:	58.12	30.25	200m:	2:00.05	31.10	300m:	3:03.39	32.03	400m:	4:07.00	31.17
8.	Łowicki Marcin		95		Łódzki OZP				4:07.85	628		
	50m:	27.81	27.81	150m:	1:29.18	30.42	250m:	2:32.66	31.96	350m:	3:36.77	31.72
	100m:	58.76	30.95	200m:	2:00.70	31.52	300m:	3:05.05	32.39	400m:	4:07.85	31.08
9.	Bryła Kamil		99		Lubelski OZP				4:09.86	612		
	50m:	28.35	28.35	150m:	1:30.71	31.43	250m:	2:35.25	32.38	350m:	3:39.26	31.75
	100m:	59.28	30.93	200m:	2:02.87	32.16	300m:	3:07.51	32.26	400m:	4:09.86	30.60
10.	Parzynowski Wojciech		99		Łódzki OZP				4:09.99	612		
	50m:	28.84	28.84	150m:	1:31.20	31.28	250m:	2:34.56	31.77	350m:	3:38.58	32.24
	100m:	59.92	31.08	200m:	2:02.79	31.59	300m:	3:06.34	31.78	400m:	4:09.99	31.41
11.	Małycka Bartosz		99		Lubelski OZP				4:11.70	599		
	50m:	28.73	28.73	150m:	1:32.15	31.86	250m:	2:34.89	31.02	350m:	3:39.20	32.17
	100m:	1:00.29	31.56	200m:	2:03.87	31.72	300m:	3:07.03	32.14	400m:	4:11.70	32.50
12.	Sola Kornel		97		Lubelski OZP				4:18.83	551		
	50m:	28.95	28.95	150m:	1:32.56	32.20	250m:	2:37.63	32.46	350m:	3:45.04	33.94
	100m:	1:00.36	31.41	200m:	2:05.17	32.61	300m:	3:11.10	33.47	400m:	4:18.83	33.79
13.	Wasiuk Jakub		99		Opolski OZP				4:19.58	546		
	50m:	29.60	29.60	150m:	1:35.37	32.91	250m:	2:41.17	33.11	350m:	3:47.41	33.23
	100m:	1:02.46	32.86	200m:	2:08.06	32.69	300m:	3:14.18	33.01	400m:	4:19.58	32.17
14.	Roman Mateusz		00		Opolski OZP				4:20.10	543		
	50m:	30.03	30.03	150m:	1:36.62	33.50	250m:	2:43.39	33.36	350m:	3:49.32	32.88
	100m:	1:03.12	33.09	200m:	2:10.03	33.41	300m:	3:16.44	33.05	400m:	4:20.10	30.78
15.	Bujak Kacper		98		Lubelski OZP				4:36.78	450		
	50m:	30.18	30.18	150m:	1:38.81	36.45	250m:	2:51.09	36.36	350m:	4:03.39	36.39
	100m:	1:02.36	32.18	200m:	2:14.73	35.92	300m:	3:27.00	35.91	400m:	4:36.78	33.39

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Konkurencja 12, M czynn, 400m dowolny

PK	Jura Maciej		96	WKS I sk Wrocław		4:01.69	677					
	50m:	28.94	28.94	150m:	1:29.71	30.66	250m:	2:31.54	30.96	350m:	3:32.74	30.23
	100m:	59.05	30.11	200m:	2:00.58	30.87	300m:	3:02.51	30.97	400m:	4:01.69	28.95
PK	Perzankowski Kacper		96	Łódzki OZP		4:05.24	648					
	50m:	27.21	27.21	150m:	1:27.76	30.47	250m:	2:30.22	31.41	350m:	3:34.04	32.16
	100m:	57.29	30.08	200m:	1:58.81	31.05	300m:	3:01.88	31.66	400m:	4:05.24	31.20
PK	Topolski Arkadiusz		98	Małopolski OZP		4:05.33	647					
	50m:	27.60	27.60	150m:	1:30.52	31.67	250m:	2:34.19	31.61	350m:	3:35.87	30.32
	100m:	58.85	31.25	200m:	2:02.58	32.06	300m:	3:05.55	31.36	400m:	4:05.33	29.46
PK	Kuczma J drzej		98	WKS I sk Wrocław		4:12.32	595					
	50m:	29.14	29.14	150m:	1:33.31	32.24	250m:	2:37.25	31.86	350m:	3:41.70	32.06
	100m:	1:01.07	31.93	200m:	2:05.39	32.08	300m:	3:09.64	32.39	400m:	4:12.32	30.62
PK	Grzyski Mateusz		98	WKS I sk Wrocław		4:20.15	543					
	50m:	30.53	30.53	150m:	1:37.28	33.86	250m:	2:43.55	32.63	350m:	3:49.33	32.90
	100m:	1:03.42	32.89	200m:	2:10.92	33.64	300m:	3:16.43	32.88	400m:	4:20.15	30.82
PK	Potocki Daniel		98	WKS I sk Wrocław		4:25.08	513					
	50m:	29.37	29.37	150m:	1:36.94	34.31	250m:	2:44.31	33.93	350m:	3:52.04	33.45
	100m:	1:02.63	33.26	200m:	2:10.38	33.44	300m:	3:18.59	34.28	400m:	4:25.08	33.04
PK	Pinkosz Mateusz		98	UKS "Pi tka"Konstantynów		4:36.76	451					
	50m:	28.90	28.90	150m:	1:38.25	35.41	250m:	2:50.24	36.26	350m:	4:02.62	36.26
	100m:	1:02.84	33.94	200m:	2:13.98	35.73	300m:	3:26.36	36.12	400m:	4:36.76	34.14