

Polska Liga Pływacka  
Opole, 17- - 18-10-2014

Konkurencja 38  
2014-10-18 - 16:30

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Piechota Paulina		99	Łódzki OZP				<b>4:53.15</b>	704
	50m:	31.65 31.65	150m:	1:45.82 37.48	250m:	3:04.55 42.38	350m:	4:20.82 33.56	
	100m:	1:08.34 36.69	200m:	2:22.17 36.35	300m:	3:47.26 42.71	400m:	4:53.15 32.33	
2.	Okaj Oliwia		96	Dolno I ski OZP				<b>4:56.00</b>	684
	50m:	31.83 31.83	150m:	1:47.64 38.80	250m:	3:06.77 41.73	350m:	4:22.51 34.32	
	100m:	1:08.84 37.01	200m:	2:25.04 37.40	300m:	3:48.19 41.42	400m:	4:56.00 33.49	
3.	Kunka Kamila		96	Małopolski OZP				<b>5:00.71</b>	652
	50m:	32.69 32.69	150m:	1:48.91 38.16	250m:	3:09.44 43.57	350m:	4:28.33 34.53	
	100m:	1:10.75 38.06	200m:	2:25.87 36.96	300m:	3:53.80 44.36	400m:	5:00.71 32.38	
4.	Samuła Wiktoria		99	Lubelski OZP				<b>5:01.98</b>	644
	50m:	32.37 32.37	150m:	1:50.86 40.77	250m:	3:11.26 41.00	350m:	4:28.42 35.72	
	100m:	1:10.09 37.72	200m:	2:30.26 39.40	300m:	3:52.70 41.44	400m:	5:01.98 33.56	
5.	Radli ska Marcelina		93	Małopolski OZP				<b>5:03.57</b>	634
	50m:	32.13 32.13	150m:	1:48.23 38.22	250m:	3:09.97 42.07	350m:	4:28.45 35.09	
	100m:	1:10.01 37.88	200m:	2:27.90 39.67	300m:	3:53.36 43.39	400m:	5:03.57 35.12	
6.	Kilija ska Donata		95	Dolno I ski OZP				<b>5:04.36</b>	629
	50m:	32.56 32.56	150m:	1:49.44 39.41	250m:	3:10.67 43.37	350m:	4:32.47 36.94	
	100m:	1:10.03 37.47	200m:	2:27.30 37.86	300m:	3:55.53 44.86	400m:	5:04.36 31.89	
7.	Nieszporek Wiktoria		99	Łódzki OZP				<b>5:05.49</b>	622
	50m:	34.33 34.33	150m:	1:53.43 40.50	250m:	3:14.55 41.61	350m:	4:31.37 35.24	
	100m:	1:12.93 38.60	200m:	2:32.94 39.51	300m:	3:56.13 41.58	400m:	5:05.49 34.12	
8.	Tomala Aleksandra		97	Opolski OZP				<b>5:06.29</b>	617
	50m:	31.76 31.76	150m:	1:48.71 39.31	250m:	3:12.45 45.94	350m:	4:32.31 35.97	
	100m:	1:09.40 37.64	200m:	2:26.51 37.80	300m:	3:56.34 43.89	400m:	5:06.29 33.98	
9.	Dzwonnik Zuzanna		00	Łódzki OZP				<b>5:07.77</b>	608
	50m:	32.11 32.11	150m:	1:48.00 38.29	250m:	3:11.54 45.47	350m:	4:32.68 36.03	
	100m:	1:09.71 37.60	200m:	2:26.07 38.07	300m:	3:56.65 45.11	400m:	5:07.77 35.09	
10.	Ulatowska Alicja		96	Małopolski OZP				<b>5:08.02</b>	607
	50m:	33.65 33.65	150m:	1:50.66 39.33	250m:	3:13.52 43.94	350m:	4:34.34 36.01	
	100m:	1:11.33 37.68	200m:	2:29.58 38.92	300m:	3:58.33 44.81	400m:	5:08.02 33.68	
11.	Greglak Marta		97	Opolski OZP				<b>5:13.27</b>	577
	50m:	34.79 34.79	150m:	1:57.14 42.04	250m:	3:19.00 41.37	350m:	4:38.13 36.92	
	100m:	1:15.10 40.31	200m:	2:37.63 40.49	300m:	4:01.21 42.21	400m:	5:13.27 35.14	
12.	muda Weronika		00	Lubelski OZP				<b>5:16.66</b>	558
	50m:	33.96 33.96	150m:	1:54.15 41.39	250m:	3:19.88 44.72	350m:	4:41.47 36.55	
	100m:	1:12.76 38.80	200m:	2:35.16 41.01	300m:	4:04.92 45.04	400m:	5:16.66 35.19	
DYSKW.	Nowak Julia		97	Dolno I ski OZP					K-14
DYSKW.	Nowak Marta		99	Opolski OZP					G-6
PK	Karpisz Milena		97	Łódzki OZP				<b>5:08.58</b>	604
	50m:	34.13 34.13	150m:	1:54.05 41.01	250m:	3:17.58 43.39	350m:	4:35.56 34.51	
	100m:	1:13.04 38.91	200m:	2:34.19 40.14	300m:	4:01.05 43.47	400m:	5:08.58 33.02	