

Polska Liga Pływacka
Opole, 17- - 18-10-2014

Konkurencja 39
2014-10-18 - 16:40

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Szwedzki Dawid		94	Łódzki OZP				4:23.80	711
	50m:	28.43 28.43	150m:	1:34.66 33.78	250m:	2:44.35 36.93	350m:	3:53.76 32.02	
	100m:	1:00.88 32.45	200m:	2:07.42 32.76	300m:	3:21.74 37.39	400m:	4:23.80 30.04	
2.	Suzin Marcin		93	Małopolski OZP				4:25.70	696
	50m:	29.18 29.18	150m:	1:38.77 35.65	250m:	2:49.39 35.80	350m:	3:56.36 30.65	
	100m:	1:03.12 33.94	200m:	2:13.59 34.82	300m:	3:25.71 36.32	400m:	4:25.70 29.34	
3.	Ku wik Maciej		96	Dolno l ski OZP				4:27.19	684
	50m:	28.59 28.59	150m:	1:37.35 36.80	250m:	2:51.07 38.77	350m:	3:59.80 30.24	
	100m:	1:00.55 31.96	200m:	2:12.30 34.95	300m:	3:29.56 38.49	400m:	4:27.19 27.39	
4.	Wojdak Wojciech		96	Małopolski OZP				4:27.30	683
	50m:	29.02 29.02	150m:	1:39.33 36.53	250m:	2:52.04 37.62	350m:	3:59.56 29.88	
	100m:	1:02.80 33.78	200m:	2:14.42 35.09	300m:	3:29.68 37.64	400m:	4:27.30 27.74	
5.	Bałabuch Krystian		95	Małopolski OZP				4:28.73	673
	50m:	28.31 28.31	150m:	1:36.01 34.98	250m:	2:47.31 37.11	350m:	3:57.39 31.94	
	100m:	1:01.03 32.72	200m:	2:10.20 34.19	300m:	3:25.45 38.14	400m:	4:28.73 31.34	
6.	W growski Marcel		99	Łódzki OZP				4:31.14	655
	50m:	28.56 28.56	150m:	1:36.05 34.57	250m:	2:49.67 39.56	350m:	4:01.00 31.31	
	100m:	1:01.48 32.92	200m:	2:10.11 34.06	300m:	3:29.69 40.02	400m:	4:31.14 30.14	
7.	Czarnota Mateusz		91	Małopolski OZP				4:31.68	651
	50m:	29.72 29.72	150m:	1:38.90 35.92	250m:	2:51.57 38.12	350m:	4:01.12 31.18	
	100m:	1:02.98 33.26	200m:	2:13.45 34.55	300m:	3:29.94 38.37	400m:	4:31.68 30.56	
8.	Lassek Bartłomiej		94	Łódzki OZP				4:39.51	598
	50m:	29.35 29.35	150m:	1:39.76 36.46	250m:	2:56.50 40.89	350m:	4:09.86 31.37	
	100m:	1:03.30 33.95	200m:	2:15.61 35.85	300m:	3:38.49 41.99	400m:	4:39.51 29.65	
9.	Sola Kornel		97	Lubelski OZP				4:47.85	547
	50m:	31.18 31.18	150m:	1:44.23 37.84	250m:	3:02.21 40.82	350m:	4:17.30 33.56	
	100m:	1:06.39 35.21	200m:	2:21.39 37.16	300m:	3:43.74 41.53	400m:	4:47.85 30.55	
10.	Salik Borys		97	Dolno l ski OZP				4:48.07	546
	50m:	29.86 29.86	150m:	1:40.67 36.34	250m:	3:00.75 45.39	350m:	4:17.79 32.94	
	100m:	1:04.33 34.47	200m:	2:15.36 34.69	300m:	3:44.85 44.10	400m:	4:48.07 30.28	
11.	Bujak Kacper		98	Lubelski OZP				4:48.30	545
	50m:	31.58 31.58	150m:	1:42.45 34.52	250m:	3:00.31 44.18	350m:	4:17.14 32.43	
	100m:	1:07.93 36.35	200m:	2:16.13 33.68	300m:	3:44.71 44.40	400m:	4:48.30 31.16	
12.	Grudziecki Remigiusz		97	Opolski OZP				4:49.78	536
	50m:	30.20 30.20	150m:	1:44.55 39.32	250m:	3:04.21 41.40	350m:	4:20.59 33.83	
	100m:	1:05.23 35.03	200m:	2:22.81 38.26	300m:	3:46.76 42.55	400m:	4:49.78 29.19	
13.	Bryła Kamil		99	Lubelski OZP				4:49.86	536
	50m:	29.84 29.84	150m:	1:44.42 38.99	250m:	3:03.55 42.07	350m:	4:19.43 33.07	
	100m:	1:05.43 35.59	200m:	2:21.48 37.06	300m:	3:46.36 42.81	400m:	4:49.86 30.43	
14.	Roman Mateusz		00	Opolski OZP				4:54.52	511
	50m:	32.17 32.17	150m:	1:47.33 37.34	250m:	3:05.33 41.62	350m:	4:21.95 34.47	
	100m:	1:09.99 37.82	200m:	2:23.71 36.38	300m:	3:47.48 42.15	400m:	4:54.52 32.57	
PK	Karwat Krzysztof		96	Łódzki OZP				4:46.16	557
	50m:	29.85 29.85	150m:	1:39.95 35.74	250m:	2:57.48 42.66	350m:	4:14.61 33.60	
	100m:	1:04.21 34.36	200m:	2:14.82 34.87	300m:	3:41.01 43.53	400m:	4:46.16 31.55	
PK	Parzynowski Wojciech		99	Łódzki OZP				4:46.62	554
	50m:	29.85 29.85	150m:	1:40.66 36.46	250m:	2:58.93 41.79	350m:	4:14.60 32.58	
	100m:	1:04.20 34.35	200m:	2:17.14 36.48	300m:	3:42.02 43.09	400m:	4:46.62 32.02	
PK	Turek Maksymilian		98	WKS l sk Wrocław				4:47.23	551
	50m:	29.63 29.63	150m:	1:42.45 38.84	250m:	2:59.47 38.30	350m:	4:14.01 34.79	
	100m:	1:03.61 33.98	200m:	2:21.17 38.72	300m:	3:39.22 39.75	400m:	4:47.23 33.22	

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PK	Grzymski Mateusz			98	WKS	I sk Wrocław			4:54.83	509		
	50m:	30.87	30.87	150m:	1:45.59	38.81	250m:	3:06.71	43.49	350m:	4:23.58	32.90
	100m:	1:06.78	35.91	200m:	2:23.22	37.63	300m:	3:50.68	43.97	400m:	4:54.83	31.25