

Polska Liga Pływacka  
Opole, 17- - 18-10-2014

Event 39  
2014-10-18 - 16:40

Men, 400m Medley

14 years and older  
Results

Points: FINA 2014

Rank			YB							Time	Pts	
1.	Szwedzki Dawid		94	Lodzki OZP						<b>4:23.80</b>	711	
	50m:	28.43	28.43	150m:	1:34.66	33.78	250m:	2:44.35	36.93	350m:	3:53.76	32.02
	100m:	1:00.88	32.45	200m:	2:07.42	32.76	300m:	3:21.74	37.39	400m:	4:23.80	30.04
2.	Suzin Marcin		93	Malopolski OZP						<b>4:25.70</b>	696	
	50m:	29.18	29.18	150m:	1:38.77	35.65	250m:	2:49.39	35.80	350m:	3:56.36	30.65
	100m:	1:03.12	33.94	200m:	2:13.59	34.82	300m:	3:25.71	36.32	400m:	4:25.70	29.34
3.	Kuswik Maciej		96	Dolnoslaski OZP						<b>4:27.19</b>	684	
	50m:	28.59	28.59	150m:	1:37.35	36.80	250m:	2:51.07	38.77	350m:	3:59.80	30.24
	100m:	1:00.55	31.96	200m:	2:12.30	34.95	300m:	3:29.56	38.49	400m:	4:27.19	27.39
4.	Wojdak Wojciech		96	Malopolski OZP						<b>4:27.30</b>	683	
	50m:	29.02	29.02	150m:	1:39.33	36.53	250m:	2:52.04	37.62	350m:	3:59.56	29.88
	100m:	1:02.80	33.78	200m:	2:14.42	35.09	300m:	3:29.68	37.64	400m:	4:27.30	27.74
5.	Balabuch Krystian		95	Malopolski OZP						<b>4:28.73</b>	673	
	50m:	28.31	28.31	150m:	1:36.01	34.98	250m:	2:47.31	37.11	350m:	3:57.39	31.94
	100m:	1:01.03	32.72	200m:	2:10.20	34.19	300m:	3:25.45	38.14	400m:	4:28.73	31.34
6.	Wagrowski Marcel		99	Lodzki OZP						<b>4:31.14</b>	655	
	50m:	28.56	28.56	150m:	1:36.05	34.57	250m:	2:49.67	39.56	350m:	4:01.00	31.31
	100m:	1:01.48	32.92	200m:	2:10.11	34.06	300m:	3:29.69	40.02	400m:	4:31.14	30.14
7.	Czarnota Mateusz		91	Malopolski OZP						<b>4:31.68</b>	651	
	50m:	29.72	29.72	150m:	1:38.90	35.92	250m:	2:51.57	38.12	350m:	4:01.12	31.18
	100m:	1:02.98	33.26	200m:	2:13.45	34.55	300m:	3:29.94	38.37	400m:	4:31.68	30.56
8.	Lassek Bartlomiej		94	Lodzki OZP						<b>4:39.51</b>	598	
	50m:	29.35	29.35	150m:	1:39.76	36.46	250m:	2:56.50	40.89	350m:	4:09.86	31.37
	100m:	1:03.30	33.95	200m:	2:15.61	35.85	300m:	3:38.49	41.99	400m:	4:39.51	29.65
9.	Sola Kornel		97	Lubelski OZP						<b>4:47.85</b>	547	
	50m:	31.18	31.18	150m:	1:44.23	37.84	250m:	3:02.21	40.82	350m:	4:17.30	33.56
	100m:	1:06.39	35.21	200m:	2:21.39	37.16	300m:	3:43.74	41.53	400m:	4:47.85	30.55
10.	Salik Borys		97	Dolnoslaski OZP						<b>4:48.07</b>	546	
	50m:	29.86	29.86	150m:	1:40.67	36.34	250m:	3:00.75	45.39	350m:	4:17.79	32.94
	100m:	1:04.33	34.47	200m:	2:15.36	34.69	300m:	3:44.85	44.10	400m:	4:48.07	30.28
11.	Bujak Kacper		98	Lubelski OZP						<b>4:48.30</b>	545	
	50m:	31.58	31.58	150m:	1:42.45	34.52	250m:	3:00.31	44.18	350m:	4:17.14	32.43
	100m:	1:07.93	36.35	200m:	2:16.13	33.68	300m:	3:44.71	44.40	400m:	4:48.30	31.16
12.	Grudziecki Remigiusz		97	Opolski OZP						<b>4:49.78</b>	536	
	50m:	30.20	30.20	150m:	1:44.55	39.32	250m:	3:04.21	41.40	350m:	4:20.59	33.83
	100m:	1:05.23	35.03	200m:	2:22.81	38.26	300m:	3:46.76	42.55	400m:	4:49.78	29.19
13.	Bryla Kamil		99	Lubelski OZP						<b>4:49.86</b>	536	
	50m:	29.84	29.84	150m:	1:44.42	38.99	250m:	3:03.55	42.07	350m:	4:19.43	33.07
	100m:	1:05.43	35.59	200m:	2:21.48	37.06	300m:	3:46.36	42.81	400m:	4:49.86	30.43
14.	Roman Mateusz		00	Opolski OZP						<b>4:54.52</b>	511	
	50m:	32.17	32.17	150m:	1:47.33	37.34	250m:	3:05.33	41.62	350m:	4:21.95	34.47
	100m:	1:09.99	37.82	200m:	2:23.71	36.38	300m:	3:47.48	42.15	400m:	4:54.52	32.57
EXH	Karwat Krzysztof		96	Lodzki OZP						<b>4:46.16</b>	557	
	50m:	29.85	29.85	150m:	1:39.95	35.74	250m:	2:57.48	42.66	350m:	4:14.61	33.60
	100m:	1:04.21	34.36	200m:	2:14.82	34.87	300m:	3:41.01	43.53	400m:	4:46.16	31.55
EXH	Parzynowski Wojciech		99	Lodzki OZP						<b>4:46.62</b>	554	
	50m:	29.85	29.85	150m:	1:40.66	36.46	250m:	2:58.93	41.79	350m:	4:14.60	32.58
	100m:	1:04.20	34.35	200m:	2:17.14	36.48	300m:	3:42.02	43.09	400m:	4:46.62	32.02
EXH	Turek Maksymilian		98	WKS Slask Wroclaw						<b>4:47.23</b>	551	
	50m:	29.63	29.63	150m:	1:42.45	38.84	250m:	2:59.47	38.30	350m:	4:14.01	34.79
	100m:	1:03.61	33.98	200m:	2:21.17	38.72	300m:	3:39.22	39.75	400m:	4:47.23	33.22

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Event 39, Men, 400m Medley

Rank				YB					Time	Pts		
EXH	Grzymiski Mateusz			98	WKS Slask Wroclaw				<b>4:54.83</b>	509		
	50m:	30.87	30.87	150m:	1:45.59	38.81	250m:	3:06.71	43.49	350m:	4:23.58	32.90
	100m:	1:06.78	35.91	200m:	2:23.22	37.63	300m:	3:50.68	43.97	400m:	4:54.83	31.25