

Mistrzostwa Okręgu Opolskiego w Pływaniu
Strzelce Opolskie, 12- - 13-12-2014

Konkurencja 11 Kobiet, 400m zmienny 12 lat i starsi
2014-12-12 - 15:55 Wyniki

Top Times "Opolski Okręgowy Związek P4:43.75" Zukowska Paula 00107 Wladyslawowo 2009-01-30

Punkty: FINA 2014

| Pozycja | | | | | Rok ur. | | | | | Czas | Pkt. |
|------------------------|---------------------|---------|-------|-------|---------|---------------------------|-------|---------|--|----------------|------|
| 12 lat i starsi | | | | | | | | | | | |
| 1. | Lisowska Aleksandra | | | | 00 | MMKS K dzierzyn-Ko le | | | | 5:35.76 | 468 |
| | 50m: | 34.36 | 34.36 | 150m: | 250m: | 350m: | 400m: | 5:35.76 | | | |
| | 100m: | 1:15.53 | 41.17 | 200m: | 300m: | 4:16.97 | | | | | |
| 2. | Machnik Monika | | | | 97 | DOKiS SP "Vega" Dobrodzie | | | | 5:37.34 | 462 |
| | 50m: | 37.15 | 37.15 | 150m: | 250m: | 350m: | 400m: | 5:37.34 | | | |
| | 100m: | 1:20.96 | 43.81 | 200m: | 300m: | 4:22.90 | | | | | |
| 3. | Kot Anna | | | | 02 | DOKiS SP "Vega" Dobrodzie | | | | 6:14.33 | 338 |
| | 50m: | 38.56 | 38.56 | 150m: | 250m: | 350m: | 400m: | 6:14.33 | | | |
| | 100m: | 1:24.52 | 45.96 | 200m: | 300m: | 4:47.69 | | | | | |
| 4. | Przeniosło Julia | | | | 02 | MMKS K dzierzyn-Ko le | | | | 6:28.19 | 303 |
| | 50m: | 42.76 | 42.76 | 150m: | 250m: | 350m: | 400m: | 6:28.19 | | | |
| | 100m: | 1:32.48 | 49.72 | 200m: | 300m: | 4:57.25 | | | | | |
| 12 - 13 lat | | | | | | | | | | | |
| 1. | Kot Anna | | | | 02 | DOKiS SP "Vega" Dobrodzie | | | | 6:14.33 | 338 |
| | 50m: | 38.56 | 38.56 | 150m: | 250m: | 350m: | 400m: | 6:14.33 | | | |
| | 100m: | 1:24.52 | 45.96 | 200m: | 300m: | 4:47.69 | | | | | |
| 2. | Przeniosło Julia | | | | 02 | MMKS K dzierzyn-Ko le | | | | 6:28.19 | 303 |
| | 50m: | 42.76 | 42.76 | 150m: | 250m: | 350m: | 400m: | 6:28.19 | | | |
| | 100m: | 1:32.48 | 49.72 | 200m: | 300m: | 4:57.25 | | | | | |
| 14 - 16 lat | | | | | | | | | | | |
| 1. | Lisowska Aleksandra | | | | 00 | MMKS K dzierzyn-Ko le | | | | 5:35.76 | 468 |
| | 50m: | 34.36 | 34.36 | 150m: | 250m: | 350m: | 400m: | 5:35.76 | | | |
| | 100m: | 1:15.53 | 41.17 | 200m: | 300m: | 4:16.97 | | | | | |
| 17 - 18 lat | | | | | | | | | | | |
| 1. | Machnik Monika | | | | 97 | DOKiS SP "Vega" Dobrodzie | | | | 5:37.34 | 462 |
| | 50m: | 37.15 | 37.15 | 150m: | 250m: | 350m: | 400m: | 5:37.34 | | | |
| | 100m: | 1:20.96 | 43.81 | 200m: | 300m: | 4:22.90 | | | | | |