

## **CMAS FINSWIMMING JUNIOR EUROPEAN CUP**

**07 – 08 November 2015**

**OPOLE, POLAND**

### **PARTICULAR REGULATION**

#### **1. Denomination:**

**T**he Polish Underwater Federation PZPn – authorized by CMAS – invite all interested Federations and Clubs to participate on the CMAS Junior European Cup 2015.

The Round to be organized in the period from 07<sup>th</sup> to 08<sup>th</sup> of November 2015 in OPOLE.

There will be the general classification for CLUBS and additional classification for COUNTRIES.

#### **2. Participation rules and races :**

**T**he competition is governed by the Finswimming International Rules of CMAS, by the Finswimming European Cup - Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

##### **Junior (Cat. "C" – 2000 - 2001) B/G**

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf., **Relay: 2 x 2 x 100 bf**

##### **Junior (Cat. "D" – 2002 ) B/G**

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf., **Relay: 2 x 2 x 100 bf**

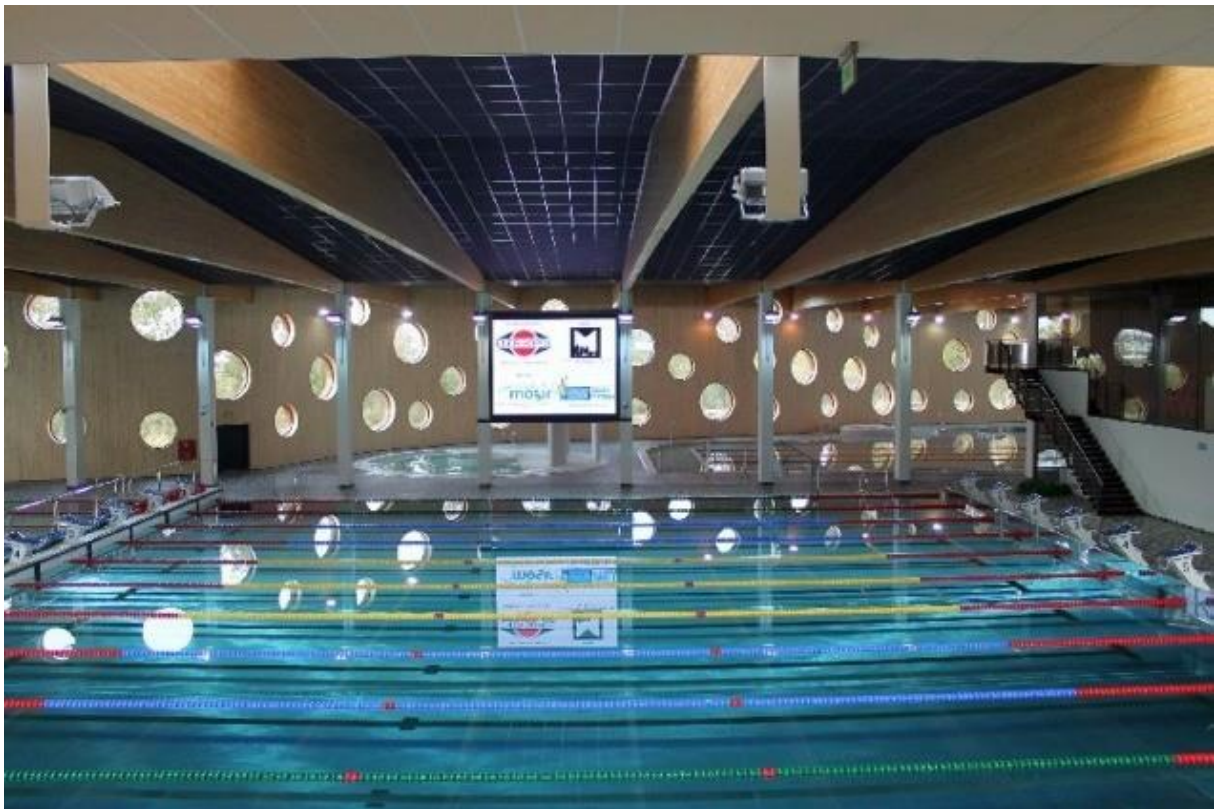
[ relay 2x2x100 bf = two (2) boys + two (2) girls ]

**IMPORTANT:**

1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
2. All athletes have to have their respective CMAS licenses.
3. Each competitor can take part in a maximum of three (3) individual races and one (1) relay.
4. Each team can enroll a maximum of two (2) swimmers for each individual race.
5. Only clubs can participate in the CMAS Finswimming European Cup Meeting.
6. Each competitor can participate only on behalf of one (1) club during the year.

**3. Competition place :**

The competition will take place in the “WODNA NUTA” Swimming Pool in Opole  
The swimming pool has a length of 50m, a width of eight lanes and a depth of 2m. The temperature of the water is 26 C ( ± 1 C).



#### **4. Final enrolment :**

The only valid and acceptable application form is supplied as attachment with this set of rules and must be filled duly. Final enrolment has to be completed on the attached entry form and must be received before **the 01st November 2015** at the following e-mail address: BIURO@PZP-N.PL

#### **5. Inscription fee :**

**The inscription fee: € 20 for each club; € 7 each distance ; € 14 each relay**

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

**Name of the Bank :** BANK ZACHODNI WBK SA  
I ODDZIAL GDYNIA  
**Address:** UL. 10 LUTEGO 11  
81-366 GDYNIA  
**Beneficiary:** Polski Związek Pletwonurkowania,  
Ul. Marii Curie-Skłodowskiej 19/201  
81-231 Gdynia, Poland  
**Bank account no:** SWIFT (BIC CODE) : **WBKPPLPP**  
IBAN: PL9310901102000000115588285

**Enrolments will only be accepted when accompanied by bank transfer receipts.**

#### **6. Preliminary procedures :**

All sport documents of the swimmers will be checked on Friday, 06 th November 2015 from 12.00 to 19.00 at the swimming pool Wodna Nuta, Oriona street, OPOLE.

#### **7. Equipment and bottle refills :**

The control of the equipment and the bottles will take place at the swimming Wodna Nuta OPOLE on Friday, 06th November 2015 from 12.00 to 19.00

#### **8. Timer :**

Electronic. Omega system.

## **9. Classifications :**

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized. In case of the same number of points in general classification will decide best result in "Table 1000" system.

There will be the general classification for CLUBS and NATIONALS

## **10. Prizes :**

**Individual prizes:** medals will be given to the first three classified athletes in every individual race and every relay.

**Teams prizes:** all clubs will be given cups.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

## **11. Responsibility :**

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

## **12. Special Notes :**

The program of the European Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club.

Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.



## CMAS FINSWIMMING WORLD CUP junior

07 – 08 November 2015

OPOLE , POLAND

### PROGRAM

#### Friday 06<sup>th</sup> Novemberber 2015

12.00	Arriving of teams, checking of documents, payment of participant fee and accommodation fee Check of equipment (fins, snorkels, bottles)
17.00 – 21.00	Training time
19.30	Technical meeting with trainers at the swimming pool Wodna Nuta

#### Saturday morning 07<sup>th</sup> November 2015

09.00 – 09.55	Warming up
10.00	50 m ap B/G "C" cat. 800 m sf B/G "C" cat. 800 m sf B/G "D" cat. <b>Prize Giving</b>

#### Saturday afternoon 07<sup>th</sup> November 2015

16.00 – 17.00	Warming up
17.00	<b>Opening Ceremony</b>
17.30	50 m bf B/G "C" cat. 50 m bf B/G "D" cat. 200 m sf B/G "C" cat. 200 m sf B/G "D" cat. 100 m im B/G "C" cat. <b>Prize Giving</b>

## **Sunday morning 07<sup>th</sup> November 2015**

8.00 – 8.55      Warming up  
9.00              100 m bf B/G "C" cat.  
                     100 m bf B/G "D" cat.  
                     100 m sf B/G "C" cat.  
                     100 m sf B/G "D" cat.  
                     400 m sf B/G "C" cat.  
                     400 m sf B/G "D" cat.

**Prize Giving**

## **Sunday afternoon 08<sup>th</sup> November 2015**

15.00 – 16.00    Warming up  
16.00              50 m sf B/G "C" cat.  
                     50 m sf B/G "D" cat.  
                     200 m bf B/G "C" cat.  
                     200 m bf B/G "D" cat.  
                     4 x 100 m relay B/G "C"  
                     4 x 100 m relay B/G "D"

**Prize Giving and Closing Ceremony**

## CMAS FINSWIMMING WORLD CUP JUNIOR

**07 - 08 NOVEMBER 2015**

**OPOLE, POLAND**

### ACCOMMODATION

**O**rganizers offer accommodation possibility during the competition with enrolment deadline **of 01<sup>th</sup> November 2015 ( Enclosure 2\_Booking Form):**

1. Full board accommodation is offered in the following categories:  
*(from Friday 06th November 2015 – dinner, until Sunday 08th November 2015 – lunch)*

Hotel \*\*\* 120 EURO / person (rooms with 1-2-3 beds)

Hotel \*\* 90 EURO / person (rooms with 1-2-3 beds)

2. Full board accommodation is offered in the following categories:  
*(from Friday 06th November 2015 – dinner, until Monday 09<sup>h</sup> November – breakfast)*

Hotel\*\*\* 170 EURO / person (rooms with 1-2-3 beds)

Hotel \*\* 130 EURO / person (rooms with 1-2-3 beds)

3. Single room extra price is 25 EURO / person/day.

**Those athletes who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 40€ / person as organizing fee.**

### TRANSPORTATION

**T**ransfer – The organizer offers transfer from/to two international airports:

- Wrocław (WRO)
- Katowice (KTW)

Both prox. 100km via highway A4. The costs of transfer:

Airport – Opole 60 € / person / in group up to 4 person

Airport – Opole 50 € / person / in group 5 to 15 person

Airport – Opole 40 € / person / in group 16+ person

(price include arrival and departure)



## BOOKING CONDITIONS AND PAYMENT

1. The booking deadline will be **on 01th November 2015**. After this period fee will be increased by 10%.
2. Payment should be made by direct bank transfer:

**Name of the Bank :** BANK ZACHODNI WBK SA  
I ODDZIAŁ GDYNIA

**Address:** UL. 10 LUTEGO 11  
81-366 GDYNIA

**Beneficiary:** Polski Związek Płetwonurkowania,  
Ul. Marii Curie-Skłodowskiej 19  
81-231 Gdynia, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**  
IBAN: PL93109011020000000115588285

## DEADLINES

<b>PRELIMINARY ENTRY</b>	<b>25<sup>TH</sup> October, 2015</b>
<b>FINAL ENTRY</b>	<b>01<sup>ST</sup> November, 2015</b>
<b>WITHDRAWAL</b>	<b>01<sup>ST</sup> November, 2015</b>

### CONTACT:

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