

Mistrzostwa Okręgu Opolskiego w pływaniu
Opole, 4-5-12-2015

Konkurencja 19
2015-12-05 - 10:20

Kobiet, 400m dowolny

11 lat i starsi
Wyniki

Top Times "Opolski Okręgowy Związek P4:10.27" Zukowska Paula 00107 Szczecin 2010-12-03

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
1.	Hasny Marta		98	Zryw Opole				4:43.79	564
	50m:	31.93 31.93	150m:	1:43.59 36.18	250m:	2:55.96 35.90	350m:	4:08.63 36.42	
	100m:	1:07.41 35.48	200m:	2:20.06 36.47	300m:	3:32.21 36.25	400m:	4:43.79 35.16	
2.	Spik Vanessa		02	DOKiS SP "Vega" Dobrodzie				4:56.53	494
	50m:	32.77 32.77	150m:	1:47.74 37.76	250m:	3:03.95 38.37	350m:	4:20.00 37.91	
	100m:	1:09.98 37.21	200m:	2:25.58 37.84	300m:	3:42.09 38.14	400m:	4:56.53 36.53	
3.	Kaczor Natalia		01	Uks Junior Kluczbork				5:00.38	475
	50m:	32.94 32.94	150m:	1:48.53 38.78	250m:	3:07.13 39.00	350m:	4:24.56 38.40	
	100m:	1:09.75 36.81	200m:	2:28.13 39.60	300m:	3:46.16 39.03	400m:	5:00.38 35.82	
4.	Smoli ska Gabriela		00	MMKS K dzierzyn-Ko le				5:03.02	463
	50m:	32.95 32.95	150m:	1:46.95 37.48	250m:	3:04.71 39.28	350m:	4:24.57 40.12	
	100m:	1:09.47 36.52	200m:	2:25.43 38.48	300m:	3:44.45 39.74	400m:	5:03.02 38.45	
5.	Tkacz Aleksandra		00	MMKS K dzierzyn-Ko le				5:12.08	424
	50m:	33.17 33.17	150m:	1:49.34 39.22	250m:	3:09.19 39.83	350m:	4:30.90 41.15	
	100m:	1:10.12 36.95	200m:	2:29.36 40.02	300m:	3:49.75 40.56	400m:	5:12.08 41.18	
6.	Pawłowska Jessica		03	Uks Junior Kluczbork				5:26.53	370
	50m:	35.64 35.64	150m:	1:59.03 42.25	250m:	3:22.90 42.14	350m:	4:46.47 41.75	
	100m:	1:16.78 41.14	200m:	2:40.76 41.73	300m:	4:04.72 41.82	400m:	5:26.53 40.06	
7.	Oliwa Laura		03	DOKiS SP "Vega" Dobrodzie				5:33.41	348
	50m:	36.52 36.52	150m:	2:00.41 42.46	250m:	3:26.45 43.26	350m:	4:51.97 41.99	
	100m:	1:17.95 41.43	200m:	2:43.19 42.78	300m:	4:09.98 43.53	400m:	5:33.41 41.44	
8.	Reszczyńska Paulina		03	Uks Kusy Strzelce Opolskie				6:27.65	221
	50m:	40.06 40.06	150m:	3:12.78 1:44.80	250m:	4:54.61 51.54	350m:		
	100m:	1:27.98 47.92	200m:	4:03.07 50.29	300m:	5:42.66 48.05	400m:	6:27.65	
9.	Studzinska Martyna		04	Uks Kusy Strzelce Opolskie				6:37.83	204
	50m:	40.68 40.68	150m:	2:21.92 52.46	250m:	4:06.48 51.95	350m:	5:50.35 51.17	
	100m:	1:29.46 48.78	200m:	3:14.53 52.61	300m:	4:59.18 52.70	400m:	6:37.83 47.48	
10.	Misiec Julia		03	Uks Kusy Strzelce Opolskie				6:46.85	191
	50m:	41.73 41.73	150m:	2:24.37 53.30	250m:	4:08.72 52.63	350m:	5:54.85 53.29	
	100m:	1:31.07 49.34	200m:	3:16.09 51.72	300m:	5:01.56 52.84	400m:	6:46.85 52.00	