



GRAND PRIX PUCHAR POLSKI
Opole, 16- - 17-4-2016

Konkurencja 12 2016-04-16 - 13:28	M czyzn, 400m dowolny				14 lat i starsi
	Sponsor K. Skrzypek Prezes Energopol Trade Opole				Wyniki
Rekord Polski Open	3:45.71	Stanczyk Przemyslaw	00116	Chiba (JPN)	2007-08-21
Rekord Polski 14	4:08.01	Bernatowicz Sebastian	00802	Oswiecim	2008-07-05
Rekord Polski 15	4:01.28	Wojdak Wojciech	03106	Oswiecim	2011-07-16
Rekord Polski 16	3:56.47	Kału y ski Antoni	03914	Hodmezovasarhely (HUN)	2015-12-12
Rekord Polski 17	3:51.80	Wojdak Wojciech	03106	Poznan	2013-07-10
Rekord Polski 18	3:49.21	Wojdak Wojciech		Dordrecht (NED)	2014-07-09

Punkty: FINA 2015

Pozycja	Rok ur.				Czas	Pkt.
14 lat						
1. Jackowski Tomasz	02	WKS	lask Wrocław	4:24.94	573	
50m: 30.24 30.24	150m: 1:38.10 34.07	250m: 2:45.62 33.13	350m: 3:53.11 33.69	400m: 4:24.94 31.83		
100m: 1:04.03 33.79	200m: 2:12.49 34.39	300m: 3:19.42 33.80				
2. Cielecki Kuba	02	WKS	lask Wrocław	4:26.65	562	
50m: 30.60 30.60	150m: 1:39.39 34.85	250m: 2:47.56 33.93	350m: 3:54.93 33.35	400m: 4:26.65 31.72		
100m: 1:04.54 33.94	200m: 2:13.63 34.24	300m: 3:21.58 34.02				
3. Doroba Michał	02	WKS	lask Wrocław	4:29.04	547	
50m: 30.63 30.63	150m: 1:37.74 33.69	250m: 2:46.41 34.27	350m: 3:55.61 34.54	400m: 4:29.04 33.43		
100m: 1:04.05 33.42	200m: 2:12.14 34.40	300m: 3:21.07 34.66				
4. Krzywania Oskar	02	UKS SP 149 Łód		4:30.57	538	
50m: 31.41 31.41	150m: 1:42.59 35.59	250m: 2:52.27 34.57	350m: 3:59.54 32.91	400m: 4:30.57 31.03		
100m: 1:07.00 35.59	200m: 2:17.70 35.11	300m: 3:26.63 34.36				
5. Kozieł Mikołaj So	02	UKP UNIA O wi cim		4:35.47	509	
50m: 32.15 32.15	150m: 1:43.39 35.56	250m: 2:53.62 34.48	350m: 4:02.11 33.59	400m: 4:35.47 33.36		
100m: 1:07.83 35.68	200m: 2:19.14 35.75	300m: 3:28.52 34.90				
6. Mencil Miłosz	02	UKS Aligator Gorzyce		4:38.99	490	
50m: 30.59 30.59	150m: 1:41.13 35.70	250m: 2:53.21 35.96	350m: 4:04.96 35.68	400m: 4:38.99 34.03		
100m: 1:05.43 34.84	200m: 2:17.25 36.12	300m: 3:29.28 36.07				
7. Bielas Jakub	02	UKS RUCH Grudzi dz		4:43.19	469	
50m: 31.00 31.00	150m: 1:42.06 36.07	250m: 2:55.31 36.92	350m: 4:08.06 36.44	400m: 4:43.19 35.13		
100m: 1:05.99 34.99	200m: 2:18.39 36.33	300m: 3:31.62 36.31				
8. Gałuszka Bruno So	02	UKP UNIA O wi cim		4:43.43	468	
50m: 32.51 32.51	150m: 1:45.27 36.34	250m: 2:57.28 35.78	350m: 4:08.93 35.10	400m: 4:43.43 34.50		
100m: 1:08.93 36.42	200m: 2:21.50 36.23	300m: 3:33.83 36.55				
9. Alencynowicz Maciej SO	02	UKP UNIA O wi cim		4:44.86	461	
50m: 31.24 31.24	150m: 1:43.44 36.62	250m: 2:57.34 37.03	350m: 4:10.45 36.24	400m: 4:44.86 34.41		
100m: 1:06.82 35.58	200m: 2:20.31 36.87	300m: 3:34.21 36.87				
10. Sieradzki Kamil	02	UKS Wodnik Siemianowice l.		4:45.12	459	
50m: 31.83 31.83	150m: 1:44.24 36.59	250m: 2:58.04 36.77	350m: 4:10.62 35.73	400m: 4:45.12 34.50		
100m: 1:07.65 35.82	200m: 2:21.27 37.03	300m: 3:34.89 36.85				
11. Zdziebło Piotr	02	UKS Salmo ory		4:45.87	456	
50m: 32.44 32.44	150m: 1:45.68 36.74	250m: 2:59.59 36.74	350m: 4:12.82 36.36	400m: 4:45.87 33.05		
100m: 1:08.94 36.50	200m: 2:22.85 37.17	300m: 3:36.46 36.87				
12. Lewandowski Jakub So	02	UKP UNIA O wi cim		4:47.09	450	
50m: 32.96 32.96	150m: 1:45.80 36.54	250m: 2:59.08 36.09	350m: 4:12.38 35.93	400m: 4:47.09 34.71		
100m: 1:09.26 36.30	200m: 2:22.99 37.19	300m: 3:36.45 37.37				





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Konkurencja 12, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
13.	Plątek Maciej So		02	UKP UNIA O wi cim				4:48.75	442
	50m: 33.58 33.58	150m: 1:47.06 36.91		250m: 3:00.62 36.70				350m: 4:13.72 36.72	
	100m: 1:10.15 36.57	200m: 2:23.92 36.86		300m: 3:37.00 36.38				400m: 4:48.75 35.03	
14.	Starczyk Jarema So		02	MMKS K dzierzyn-Ko le				4:52.86	424
	50m: 33.84 33.84	150m: 1:48.95 37.95		250m: 3:02.90 36.98				350m: 4:17.67 37.12	
	100m: 1:11.00 37.16	200m: 2:25.92 36.97		300m: 3:40.55 37.65				400m: 4:52.86 35.19	
15.	Majka Maksymilian		02	CSiR MOS D browa Górnicza				4:57.86	403
	50m: 32.65 32.65	150m: 1:47.69 37.93		250m: 3:04.82 38.64				350m: 4:21.65 38.21	
	100m: 1:09.76 37.11	200m: 2:26.18 38.49		300m: 3:43.44 38.62				400m: 4:57.86 36.21	
16.	Schreiber Patrick		02	UKS Aligator Gorzyce				4:59.51	396
	50m: 34.10 34.10	150m: 1:51.23 38.86		250m: 3:08.23 38.40				350m: 4:23.54 38.06	
	100m: 1:12.37 38.27	200m: 2:29.83 38.60		300m: 3:45.48 37.25				400m: 4:59.51 35.97	
17.	Kistowski Jakub		02	WKS lask Wrocław				4:59.60	396
	50m: 33.43 33.43	150m: 1:49.78 38.16		250m: 3:06.93 38.51				350m: 4:23.43 37.90	
	100m: 1:11.62 38.19	200m: 2:28.42 38.64		300m: 3:45.53 38.60				400m: 4:59.60 36.17	
18.	Koleczek Dominik		02	DOKiS SP Vega Dobrodzie				5:00.14	394
	50m: 33.44 33.44	150m: 1:50.64 38.83		250m: 3:08.83 39.14				350m: 4:24.41 37.57	
	100m: 1:11.81 38.37	200m: 2:29.69 39.05		300m: 3:46.84 38.01				400m: 5:00.14 35.73	
19.	ak Maciej		02	CSiR MOS D browa Górnicza				5:01.98	387
	50m: 34.05 34.05	150m: 1:51.83 38.44		250m: 3:08.94 38.26				350m: 4:25.85 38.48	
	100m: 1:13.39 39.34	200m: 2:30.68 38.85		300m: 3:47.37 38.43				400m: 5:01.98 36.13	
20.	W growski Krystian		02	WKS lask Wrocław				5:10.72	355
	50m: 35.17 35.17	150m: 1:56.52 41.09		250m: 3:16.33 39.80				350m: 4:35.42 39.42	
	100m: 1:15.43 40.26	200m: 2:36.53 40.01		300m: 3:56.00 39.67				400m: 5:10.72 35.30	
21.	Ryba Michał		02	UKS Aligator Gorzyce				5:11.00	354
	50m: 32.62 32.62	150m: 1:50.47 39.86		250m: 3:11.36 40.59				350m: 4:31.40 40.41	
	100m: 1:10.61 37.99	200m: 2:30.77 40.30		300m: 3:50.99 39.63				400m: 5:11.00 39.60	
22.	Jainta Adrian		02	DOKiS SP Vega Dobrodzie				5:17.78	332
	50m: 34.97 34.97	150m: 1:55.76 41.03		250m: 3:18.08 40.77				350m: 4:39.17 40.65	
	100m: 1:14.73 39.76	200m: 2:37.31 41.55		300m: 3:58.52 40.44				400m: 5:17.78 38.61	

15 lat

1.	Karolczak Jan		01	BUKS Warszawa				4:12.80	659
	50m: 28.67 28.67	150m: 1:33.14 32.43		250m: 2:37.74 32.08				350m: 3:42.25 32.09	
	100m: 1:00.71 32.04	200m: 2:05.66 32.52		300m: 3:10.16 32.42				400m: 4:12.80 30.55	
2.	Piotrowski Kacper		01	WKS lask Wrocław				4:14.19	648
	50m: 28.74 28.74	150m: 1:32.63 32.12		250m: 2:37.44 32.15				350m: 3:42.76 32.63	
	100m: 1:00.51 31.77	200m: 2:05.29 32.66		300m: 3:10.13 32.69				400m: 4:14.19 31.43	
3.	Wilejto Igor		01	Sambor Tczew				4:19.64	608
	50m: 30.64 30.64	150m: 1:37.22 33.56		250m: 2:44.42 33.88				350m: 3:49.61 32.15	
	100m: 1:03.66 33.02	200m: 2:10.54 33.32		300m: 3:17.46 33.04				400m: 4:19.64 30.03	
4.	Jaworski Szymon		01	UKS Salmo ory				4:21.37	596
	50m: 28.94 28.94	150m: 1:35.12 33.53		250m: 2:42.52 33.77				350m: 3:49.80 33.77	
	100m: 1:01.59 32.65	200m: 2:08.75 33.63		300m: 3:16.03 33.51				400m: 4:21.37 31.57	



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Pozycja	Rok ur.	Czas	Pkt.
5. Sacha Kamil	01 CSiR MOS D browa Górnicza	4:22.50	589
50m: 30.32 30.32	150m: 1:37.19 33.46	250m: 2:44.38 33.23	350m: 3:51.11 33.17
100m: 1:03.73 33.41	200m: 2:11.15 33.96	300m: 3:17.94 33.56	400m: 4:22.50 31.39
6. Goraj Marcin	01 Galicja Kraków	4:24.59	575
50m: 29.36 29.36	150m: 1:37.41 34.15	250m: 2:45.99 34.29	350m: 3:54.32 33.93
100m: 1:03.26 33.90	200m: 2:11.70 34.29	300m: 3:20.39 34.40	400m: 4:24.59 30.27
7. Twardowski Piotr	01 Galicja Kraków	4:27.60	556
50m: 30.28 30.28	150m: 1:37.44 33.96	250m: 2:46.02 34.35	350m: 3:54.20 33.79
100m: 1:03.48 33.20	200m: 2:11.67 34.23	300m: 3:20.41 34.39	400m: 4:27.60 33.40
8. Bobowiec Maksymilian	01 WKS lask Wrocław	4:29.05	547
50m: 29.28 29.28	150m: 1:36.45 34.64	250m: 2:46.39 35.76	350m: 3:56.41 35.29
100m: 1:01.81 32.53	200m: 2:10.63 34.18	300m: 3:21.12 34.73	400m: 4:29.05 32.64
9. Kowalczyk Michał	01 MUKS Gilus Gilowice	4:29.32	545
50m: 30.77 30.77	150m: 1:38.66 34.39	250m: 2:47.23 34.72	350m: 3:55.71 33.94
100m: 1:04.27 33.50	200m: 2:12.51 33.85	300m: 3:21.77 34.54	400m: 4:29.32 33.61
10. Szarpak Marcin	01 KS Pi tka Chorzów	4:29.88	542
50m: 30.76 30.76	150m: 1:38.39 34.15	250m: 2:47.27 34.38	350m: 3:56.29 33.92
100m: 1:04.24 33.48	200m: 2:12.89 34.50	300m: 3:22.37 35.10	400m: 4:29.88 33.59
11. Król Mateusz	01 MKS - Astoria Bydgoszcz	4:30.72	537
50m: 29.63 29.63	150m: 1:38.56 34.76	250m: 2:48.37 35.04	350m: 3:58.21 34.79
100m: 1:03.80 34.17	200m: 2:13.33 34.77	300m: 3:23.42 35.05	400m: 4:30.72 32.51
12. Nawrocki Filip	01 MKS Juvenia Wrocław	4:31.04	535
50m: 30.79 30.79	150m: 1:40.61 35.02	250m: 2:50.59 34.98	350m: 3:58.53 33.67
100m: 1:05.59 34.80	200m: 2:15.61 35.00	300m: 3:24.86 34.27	400m: 4:31.04 32.51
13. Girul Radosław	01 WKS lask Wrocław	4:31.88	530
50m: 31.07 31.07	150m: 1:38.36 33.91	250m: 2:47.92 34.99	350m: 3:57.93 35.10
100m: 1:04.45 33.38	200m: 2:12.93 34.57	300m: 3:22.83 34.91	400m: 4:31.88 33.95
14. Szczerek Szymon	01 KKS Włókniarz 1925 Kalisz	4:34.45	515
50m: 31.56 31.56	150m: 1:41.09 35.38	250m: 2:51.32 35.10	350m: 4:00.73 34.35
100m: 1:05.71 34.15	200m: 2:16.22 35.13	300m: 3:26.38 35.06	400m: 4:34.45 33.72
15. Milbrant Kacper	01 UKS Salmo ory	4:35.08	512
50m: 30.76 30.76	150m: 1:40.05 35.06	250m: 2:50.53 35.29	350m: 4:00.51 35.10
100m: 1:04.99 34.23	200m: 2:15.24 35.19	300m: 3:25.41 34.88	400m: 4:35.08 34.57
16. Respondek Remigiusz	01 KS Pi tka Chorzów	4:36.00	506
50m: 31.68 31.68	150m: 1:41.75 35.40	250m: 2:53.21 36.05	350m: 4:03.22 34.81
100m: 1:06.35 34.67	200m: 2:17.16 35.41	300m: 3:28.41 35.20	400m: 4:36.00 32.78
17. Jó ków Cezary	01 WKS lask Wrocław	4:36.35	505
50m: 30.91 30.91	150m: 1:39.98 34.85	250m: 2:50.24 35.21	350m: 4:01.68 35.73
100m: 1:05.13 34.22	200m: 2:15.03 35.05	300m: 3:25.95 35.71	400m: 4:36.35 34.67
18. Uryga Bartłomiej	01 UKS Salmo ory	4:36.40	504
50m: 31.16 31.16	150m: 1:41.53 35.81	250m: 2:52.47 35.68	350m: 4:03.54 35.55
100m: 1:05.72 34.56	200m: 2:16.79 35.26	300m: 3:27.99 35.52	400m: 4:36.40 32.86
19. Karpień Dominik	01 CSiR MOS D browa Górnicza	4:37.27	500
50m: 31.25 31.25	150m: 1:41.79 35.46	250m: 2:53.67 35.76	350m: 4:04.69 35.05
100m: 1:06.33 35.08	200m: 2:17.91 36.12	300m: 3:29.64 35.97	400m: 4:37.27 32.58



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Konkurencja 12, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
20.	Jochymek Oskar		01	WKS	lask Wrocław			4:37.42	499
	50m: 31.58	31.58	150m: 1:42.46	35.48	250m: 2:54.41	36.27	350m: 4:05.52	35.53	
	100m: 1:06.98	35.40	200m: 2:18.14	35.68	300m: 3:29.99	35.58	400m: 4:37.42	31.90	
21.	Czerwi ski Łukasz		01	JAGIELLONKA	Warszawa			4:37.44	499
	50m: 30.55	30.55	150m: 1:41.58	35.79	250m: 2:53.66	35.96	350m: 4:04.83	35.25	
	100m: 1:05.79	35.24	200m: 2:17.70	36.12	300m: 3:29.58	35.92	400m: 4:37.44	32.61	
22.	Greber Artur		01	WKS	lask Wrocław			4:38.79	491
	50m: 31.20	31.20	150m: 1:41.59	35.75	250m: 2:53.07	36.03	350m: 4:05.33	36.13	
	100m: 1:05.84	34.64	200m: 2:17.04	35.45	300m: 3:29.20	36.13	400m: 4:38.79	33.46	
23.	Janecki Mateusz		01	MKS	Pałac Młodzie y Katowice			4:38.90	491
	50m: 31.08	31.08	150m: 1:41.94	35.77	250m: 2:53.96	36.24	350m: 4:05.66	35.53	
	100m: 1:06.17	35.09	200m: 2:17.72	35.78	300m: 3:30.13	36.17	400m: 4:38.90	33.24	
24.	Krasowski Michał		01	Zryw	Opole			4:39.02	490
	50m: 30.89	30.89	150m: 1:41.90	35.70	250m: 2:52.87	35.27	350m: 4:04.82	36.42	
	100m: 1:06.20	35.31	200m: 2:17.60	35.70	300m: 3:28.40	35.53	400m: 4:39.02	34.20	
25.	Krysiak Michał		01	MKS	Trójka Łód			4:39.46	488
	50m: 31.52	31.52	150m: 1:42.56	35.81	250m: 2:54.22	35.87	350m: 4:05.02	35.28	
	100m: 1:06.75	35.23	200m: 2:18.35	35.79	300m: 3:29.74	35.52	400m: 4:39.46	34.44	
26.	Kramarczyk Jakub SO		01	UKP	UNIA O wi cim			4:39.80	486
	50m: 31.86	31.86	150m: 1:43.13	36.29	250m: 2:55.01	35.91	350m: 4:06.77	35.11	
	100m: 1:06.84	34.98	200m: 2:19.10	35.97	300m: 3:31.66	36.65	400m: 4:39.80	33.03	
27.	Sznajder Filip		01	WKS	lask Wrocław			4:39.98	485
	50m: 30.21	30.21	150m: 1:41.36	36.01	250m: 2:54.62	36.62	350m: 4:05.72	34.72	
	100m: 1:05.35	35.14	200m: 2:18.00	36.64	300m: 3:31.00	36.38	400m: 4:39.98	34.26	
28.	Janik Jakub SO		01	UKP	UNIA O wi cim			4:40.76	481
	50m: 30.48	30.48	150m: 1:42.29	36.25	250m: 2:54.62	35.71	350m: 4:06.72	35.42	
	100m: 1:06.04	35.56	200m: 2:18.91	36.62	300m: 3:31.30	36.68	400m: 4:40.76	34.04	
29.	Wiraszka Mateusz		01	MKS	Juvenia Wrocław			4:41.54	477
	50m: 31.59	31.59	150m: 1:43.79	36.65	250m: 2:56.32	36.09	350m: 4:07.76	35.06	
	100m: 1:07.14	35.55	200m: 2:20.23	36.44	300m: 3:32.70	36.38	400m: 4:41.54	33.78	
30.	Zuehlke Kajetan		01	MZOS	Płock			4:42.32	473
	50m: 30.82	30.82	150m: 1:42.51	36.20	250m: 2:55.92	36.58	350m: 4:08.01	35.21	
	100m: 1:06.31	35.49	200m: 2:19.34	36.83	300m: 3:32.80	36.88	400m: 4:42.32	34.31	
31.	Nowak Aleksander		01	UKS	NAWA Skierniewice			4:42.69	471
	50m: 31.64	31.64	150m: 1:42.60	36.07	250m: 2:57.01	36.77	350m: 4:09.20	36.01	
	100m: 1:06.53	34.89	200m: 2:20.24	37.64	300m: 3:33.19	36.18	400m: 4:42.69	33.49	
32.	Rytter Igor		01	WKS	lask Wrocław			4:42.91	470
	50m: 31.90	31.90	150m: 1:40.89	35.05	250m: 2:52.78	36.23	350m: 4:06.49	36.52	
	100m: 1:05.84	33.94	200m: 2:16.55	35.66	300m: 3:29.97	37.19	400m: 4:42.91	36.42	
33.	Zalewski Ronald		01	WKS	lask Wrocław			4:43.22	469
	50m: 31.29	31.29	150m: 1:42.39	35.95	250m: 2:55.94	36.83	350m: 4:08.80	36.36	
	100m: 1:06.44	35.15	200m: 2:19.11	36.72	300m: 3:32.44	36.50	400m: 4:43.22	34.42	
34.	Wi niewski Paweł		01	UKS	Wodnik 29 Katowice			4:43.74	466
	50m: 32.15	32.15	150m: 1:44.05	36.27	250m: 2:56.56	35.61	350m: 4:09.15	36.43	
	100m: 1:07.78	35.63	200m: 2:20.95	36.90	300m: 3:32.72	36.16	400m: 4:43.74	34.59	



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Konkurencja 12, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
35.	Sadło Marcel		01	UKS Salmo ory				4:43.99	465
	50m:	30.02 30.02	150m:	1:40.08 35.72	250m:	2:53.56 36.77	350m:	4:08.02 37.53	
	100m:	1:04.36 34.34	200m:	2:16.79 36.71	300m:	3:30.49 36.93	400m:	4:43.99 35.97	
36.	Marciów Jakub		01	WKS lask Wrocław				4:45.70	457
	50m:	30.32 30.32	150m:	1:42.93 36.73	250m:	2:56.84 37.02	350m:	4:10.84 36.75	
	100m:	1:06.20 35.88	200m:	2:19.82 36.89	300m:	3:34.09 37.25	400m:	4:45.70 34.86	
37.	Major Daniel SO		01	UKP UNIA O wi cim				4:47.82	447
	50m:	31.98 31.98	150m:	1:47.22 38.01	250m:	3:01.39 36.78	350m:	4:13.67 35.37	
	100m:	1:09.21 37.23	200m:	2:24.61 37.39	300m:	3:38.30 36.91	400m:	4:47.82 34.15	
38.	Perzankowski Maciej		01	UKS NAWA Skierniewice				4:48.08	445
	50m:	32.53 32.53	150m:	1:45.83 36.67	250m:	2:59.70 37.06	350m:	4:13.49 36.27	
	100m:	1:09.16 36.63	200m:	2:22.64 36.81	300m:	3:37.22 37.52	400m:	4:48.08 34.59	
39.	Lewandowski Mateusz		01	MKS Trójka Łód				4:48.61	443
	50m:	32.82 32.82	150m:	1:46.34 36.99	250m:	3:00.17 36.47	350m:	4:13.95 36.60	
	100m:	1:09.35 36.53	200m:	2:23.70 37.36	300m:	3:37.35 37.18	400m:	4:48.61 34.66	
40.	Moczulski Mateusz		01	KKS Włókniarz 1925 Kalisz				4:48.71	442
	50m:	30.36 30.36	150m:	1:42.10 36.63	250m:	2:56.81 37.66	350m:	4:12.38 37.98	
	100m:	1:05.47 35.11	200m:	2:19.15 37.05	300m:	3:34.40 37.59	400m:	4:48.71 36.33	
41.	Ptak Filip		01	UKS Manta Kochłowice				4:49.90	437
	50m:	32.18 32.18	150m:	1:44.60 36.64	250m:	2:58.88 37.01	350m:	4:12.99 36.86	
	100m:	1:07.96 35.78	200m:	2:21.87 37.27	300m:	3:36.13 37.25	400m:	4:49.90 36.91	
42.	Staniszewski Olaf		01	KKS Włókniarz 1925 Kalisz				4:50.45	434
	50m:	31.10 31.10	150m:	1:42.29 35.97	250m:	2:55.98 37.16	350m:	4:12.97 39.03	
	100m:	1:06.32 35.22	200m:	2:18.82 36.53	300m:	3:33.94 37.96	400m:	4:50.45 37.48	
43.	Paj czkowski Olaf		01	UKS Salmo ory				4:53.69	420
	50m:	32.80 32.80	150m:	1:48.24 38.14	250m:	3:04.76 38.18	350m:	4:18.67 36.27	
	100m:	1:10.10 37.30	200m:	2:26.58 38.34	300m:	3:42.40 37.64	400m:	4:53.69 35.02	
44.	Angowski Szymon		01	UKS 5 plus 1 Opole				5:01.34	389
	50m:	32.13 32.13	150m:	1:48.03 38.64	250m:	3:06.20 38.88	350m:	4:23.95 38.97	
	100m:	1:09.39 37.26	200m:	2:27.32 39.29	300m:	3:44.98 38.78	400m:	5:01.34 37.39	
45.	Palowski Zbigniew		01	UKS Wodnik 29 Katowice				5:02.40	385
	50m:	31.62 31.62	150m:	1:45.46 38.27	250m:	3:06.16 40.28	350m:	4:27.84 41.55	
	100m:	1:07.19 35.57	200m:	2:25.88 40.42	300m:	3:46.29 40.13	400m:	5:02.40 34.56	
46.	Ku Artur		01	UKS Wodnik 29 Katowice				5:07.48	366
	50m:	31.72 31.72	150m:	1:49.21 39.37	250m:	3:08.54 39.73	350m:	4:28.55 40.00	
	100m:	1:09.84 38.12	200m:	2:28.81 39.60	300m:	3:48.55 40.01	400m:	5:07.48 38.93	

16 lat

1.	Dutkowiak Wojciech		00	WKS lask Wrocław				4:09.12	689
	50m:	28.86 28.86	150m:	1:32.11 31.40	250m:	2:35.34 31.15	350m:	3:38.76 31.21	
	100m:	1:00.71 31.85	200m:	2:04.19 32.08	300m:	3:07.55 32.21	400m:	4:09.12 30.36	
2.	Kiełczewski Amadeusz		00	WKS lask Wrocław				4:10.78	675
	50m:	28.46 28.46	150m:	1:32.21 32.05	250m:	2:36.29 32.16	350m:	3:40.44 31.84	
	100m:	1:00.16 31.70	200m:	2:04.13 31.92	300m:	3:08.60 32.31	400m:	4:10.78 30.34	



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Pozycja	Rok ur.	Czas	Pkt.
3. Kraska Jakub	00	4:12.93	658
50m: 29.30 29.30	150m: 1:34.29 33.20	250m: 2:39.08 30.63	350m: 3:42.35 31.06
100m: 1:01.09 31.79	200m: 2:08.45 34.16	300m: 3:11.29 32.21	400m: 4:12.93 30.58
4. Pawlaczek Patryk	00	4:15.68	637
50m: 28.94 28.94	150m: 1:33.39 32.67	250m: 2:39.06 32.96	350m: 3:45.89 33.57
100m: 1:00.72 31.78	200m: 2:06.10 32.71	300m: 3:12.32 33.26	400m: 4:15.68 29.79
5. Kiszczak Jakub	00	4:15.83	636
50m: 29.33 29.33	150m: 1:35.25 32.95	250m: 2:41.38 32.86	350m: 3:46.38 31.87
100m: 1:02.30 32.97	200m: 2:08.52 33.27	300m: 3:14.51 33.13	400m: 4:15.83 29.45
6. Oller Krzysztof	00	4:17.01	627
50m: 30.09 30.09	150m: 1:34.98 32.52	250m: 2:40.47 32.54	350m: 3:46.11 32.52
100m: 1:02.46 32.37	200m: 2:07.93 32.95	300m: 3:13.59 33.12	400m: 4:17.01 30.90
7. D browski Patryk	00	4:17.16	626
50m: 29.26 29.26	150m: 1:35.14 33.11	250m: 2:40.49 32.79	350m: 3:45.80 32.81
100m: 1:02.03 32.77	200m: 2:07.70 32.56	300m: 3:12.99 32.50	400m: 4:17.16 31.36
8. Dominiak Kacper	00	4:17.24	626
50m: 30.12 30.12	150m: 1:36.62 33.08	250m: 2:41.99 32.11	350m: 3:46.58 31.79
100m: 1:03.54 33.42	200m: 2:09.88 33.26	300m: 3:14.79 32.80	400m: 4:17.24 30.66
9. Butkiewicz Władysław SO	00	4:17.57	623
50m: 28.83 28.83	150m: 1:34.50 33.20	250m: 2:40.65 32.15	350m: 3:46.42 32.48
100m: 1:01.30 32.47	200m: 2:08.50 34.00	300m: 3:13.94 33.29	400m: 4:17.57 31.15
10. Fiks Krzysztof	00	4:20.51	602
50m: 30.34 30.34	150m: 1:36.16 32.81	250m: 2:43.06 33.48	350m: 3:49.56 32.78
100m: 1:03.35 33.01	200m: 2:09.58 33.42	300m: 3:16.78 33.72	400m: 4:20.51 30.95
11. Hano Grzegorz	00	4:20.90	600
50m: 29.90 29.90	150m: 1:35.96 33.28	250m: 2:42.84 33.70	350m: 3:49.01 32.58
100m: 1:02.68 32.78	200m: 2:09.14 33.18	300m: 3:16.43 33.59	400m: 4:20.90 31.89
12. Ła Wiktor	00	4:22.29	590
50m: 29.62 29.62	150m: 1:35.79 33.25	250m: 2:42.90 33.59	350m: 3:50.15 33.22
100m: 1:02.54 32.92	200m: 2:09.31 33.52	300m: 3:16.93 34.03	400m: 4:22.29 32.14
13. Mayerberg Kacper SO	00	4:24.72	574
50m: 30.42 30.42	150m: 1:37.85 34.42	250m: 2:46.00 34.45	350m: 3:53.63 33.51
100m: 1:03.43 33.01	200m: 2:11.55 33.70	300m: 3:20.12 34.12	400m: 4:24.72 31.09
14. Topolski Dawid	00	4:25.16	571
50m: 30.51 30.51	150m: 1:38.29 33.82	250m: 2:46.00 33.75	350m: 3:53.38 33.70
100m: 1:04.47 33.96	200m: 2:12.25 33.96	300m: 3:19.68 33.68	400m: 4:25.16 31.78
15. Twardzik Bartosz	00	4:26.94	560
50m: 30.42 30.42	150m: 1:38.86 34.38	250m: 2:47.74 34.54	350m: 3:55.04 33.19
100m: 1:04.48 34.06	200m: 2:13.20 34.34	300m: 3:21.85 34.11	400m: 4:26.94 31.90
16. Sznalski Szymon	00	4:30.38	539
50m: 30.23 30.23	150m: 1:38.37 34.31	250m: 2:48.44 35.05	350m: 3:57.52 34.02
100m: 1:04.06 33.83	200m: 2:13.39 35.02	300m: 3:23.50 35.06	400m: 4:30.38 32.86
17. Wolny Krzysztof	00	4:37.97	496
50m: 30.37 30.37	150m: 1:41.03 35.71	250m: 2:52.52 35.74	350m: 4:04.90 35.29
100m: 1:05.32 34.95	200m: 2:16.78 35.75	300m: 3:29.61 37.09	400m: 4:37.97 33.07



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Pozycja	Rok ur.	Czas	Pkt.
18. Fidurski Jakub	00	4:43.45	468
50m: 31.75 31.75	150m: 1:44.00 36.50	250m: 2:58.43 37.01	350m: 4:10.00 35.48
100m: 1:07.50 35.75	200m: 2:21.42 37.42	300m: 3:34.52 36.09	400m: 4:43.45 33.45
19. Chmielewski Jakub	00	4:49.31	440
50m: 32.06 32.06	150m: 1:44.25 36.94	250m: 2:59.04 37.80	350m: 4:14.71 38.15
100m: 1:07.31 35.25	200m: 2:21.24 36.99	300m: 3:36.56 37.52	400m: 4:49.31 34.60
20. Brodowski Bartosz	00	4:50.77	433
50m: 32.65 32.65	150m: 1:46.69 37.62	250m: 3:01.26 37.51	350m: 4:15.74 37.18
100m: 1:09.07 36.42	200m: 2:23.75 37.06	300m: 3:38.56 37.30	400m: 4:50.77 35.03

17 - 18 lat

1. Kału y ski Antoni	99	3:58.95	781
50m: 27.56 27.56	150m: 1:27.98 30.19	250m: 2:29.86 30.41	350m: 3:30.45 30.31
100m: 57.79 30.23	200m: 1:59.45 31.47	300m: 3:00.14 30.28	400m: 3:58.95 28.50
2. Stokowski Kacper	99	4:00.76	763
50m: 26.18 26.18	150m: 1:27.36 31.08	250m: 2:30.11 30.86	350m: 3:32.77 31.24
100m: 56.28 30.10	200m: 1:59.25 31.89	300m: 3:01.53 31.42	400m: 4:00.76 27.99
3. Arndt Mateusz	98	4:01.50	756
50m: 28.58 28.58	150m: 1:30.18 30.90	250m: 2:31.61 30.64	350m: 3:32.67 30.33
100m: 59.28 30.70	200m: 2:00.97 30.79	300m: 3:02.34 30.73	400m: 4:01.50 28.83
4. Zbutowicz Karol SOL	98	4:08.13	697
50m: 28.92 28.92	150m: 1:32.19 31.57	250m: 2:34.98 31.22	350m: 3:38.05 31.47
100m: 1:00.62 31.70	200m: 2:03.76 31.57	300m: 3:06.58 31.60	400m: 4:08.13 30.08
5. Chmielewski Jakub	99	4:08.43	695
50m: 29.55 29.55	150m: 1:33.09 32.13	250m: 2:36.65 31.79	350m: 3:39.51 30.79
100m: 1:00.96 31.41	200m: 2:04.86 31.77	300m: 3:08.72 32.07	400m: 4:08.43 28.92
6. Parzynowski Wojciech	99	4:10.36	679
50m: 28.77 28.77	150m: 1:32.93 32.10	250m: 2:36.91 31.56	350m: 3:40.28 31.38
100m: 1:00.83 32.06	200m: 2:05.35 32.42	300m: 3:08.90 31.99	400m: 4:10.36 30.08
7. Rój KONRAD SSz	98	4:10.64	676
50m: 28.93 28.93	150m: 1:32.21 31.78	250m: 2:36.30 32.21	350m: 3:40.14 31.88
100m: 1:00.43 31.50	200m: 2:04.09 31.88	300m: 3:08.26 31.96	400m: 4:10.64 30.50
8. Skierka Jakub	98	4:11.37	671
50m: 27.98 27.98	150m: 1:31.92 32.16	250m: 2:37.26 32.46	350m: 3:41.44 31.69
100m: 59.76 31.78	200m: 2:04.80 32.88	300m: 3:09.75 32.49	400m: 4:11.37 29.93
9. Choda Alan SOL	98	4:11.69	668
50m: 29.49 29.49	150m: 1:33.60 32.22	250m: 2:37.60 31.53	350m: 3:40.43 30.56
100m: 1:01.38 31.89	200m: 2:06.07 32.47	300m: 3:09.87 32.27	400m: 4:11.69 31.26
10. Macner Michał SOL	99	4:12.94	658
50m: 29.37 29.37	150m: 1:33.26 32.11	250m: 2:37.74 32.42	350m: 3:42.50 32.49
100m: 1:01.15 31.78	200m: 2:05.32 32.06	300m: 3:10.01 32.27	400m: 4:12.94 30.44
11. Stanek Adam SO	99	4:15.07	642
50m: 29.77 29.77	150m: 1:34.95 32.41	250m: 2:39.25 31.88	350m: 3:43.01 31.83
100m: 1:02.54 32.77	200m: 2:07.37 32.42	300m: 3:11.18 31.93	400m: 4:15.07 32.06



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Pozycja	Rok ur.	Czas	Pkt.
12. Szczepa ski Kacper	99	4:15.12	641
50m: 29.69 29.69	150m: 1:34.61 32.87	250m: 2:40.14 32.57	350m: 3:44.72 31.82
100m: 1:01.74 32.05	200m: 2:07.57 32.96	300m: 3:12.90 32.76	400m: 4:15.12 30.40
13. Bru dziak Maciej SOL	98	4:17.22	626
50m: 28.64 28.64	150m: 1:33.06 32.72	250m: 2:39.28 33.36	350m: 3:45.57 33.29
100m: 1:00.34 31.70	200m: 2:05.92 32.86	300m: 3:12.28 33.00	400m: 4:17.22 31.65
14. Hojda Bartłomiej SO	98	4:17.28	625
50m: 29.27 29.27	150m: 1:34.14 32.93	250m: 2:39.60 32.73	350m: 3:45.20 32.67
100m: 1:01.21 31.94	200m: 2:06.87 32.73	300m: 3:12.53 32.93	400m: 4:17.28 32.08
15. Gawron Oskar	99	4:17.47	624
50m: 29.74 29.74	150m: 1:35.70 33.30	250m: 2:40.77 32.27	350m: 3:45.40 32.38
100m: 1:02.40 32.66	200m: 2:08.50 32.80	300m: 3:13.02 32.25	400m: 4:17.47 32.07
16. Bryła Kamil SL	99	4:17.70	622
50m: 29.12 29.12	150m: 1:34.46 32.77	250m: 2:40.79 33.21	350m: 3:46.45 32.72
100m: 1:01.69 32.57	200m: 2:07.58 33.12	300m: 3:13.73 32.94	400m: 4:17.70 31.25
17. Rybak Konrad SOL	98	4:18.61	616
50m: 29.05 29.05	150m: 1:34.56 33.24	250m: 2:40.22 32.88	350m: 3:46.58 33.28
100m: 1:01.32 32.27	200m: 2:07.34 32.78	300m: 3:13.30 33.08	400m: 4:18.61 32.03
18. Pawełek Paweł SWwa	99	4:18.68	615
50m: 29.01 29.01	150m: 1:34.20 32.86	250m: 2:39.28 32.45	350m: 3:46.05 33.35
100m: 1:01.34 32.33	200m: 2:06.83 32.63	300m: 3:12.70 33.42	400m: 4:18.68 32.63
19. Stoszek Szymon	99	4:18.94	613
50m: 30.27 30.27	150m: 1:37.42 33.97	250m: 2:43.92 33.17	350m: 3:48.34 32.18
100m: 1:03.45 33.18	200m: 2:10.75 33.33	300m: 3:16.16 32.24	400m: 4:18.94 30.60
20. Krulikowski Maciej SO	99	4:19.22	611
50m: 30.51 30.51	150m: 1:37.49 33.74	250m: 2:43.14 32.34	350m: 3:48.72 32.17
100m: 1:03.75 33.24	200m: 2:10.80 33.31	300m: 3:16.55 33.41	400m: 4:19.22 30.50
21. Jarmuła Miłosz SK	98	4:20.51	602
50m: 28.98 28.98	150m: 1:34.06 32.84	250m: 2:41.41 33.87	350m: 3:48.24 33.33
100m: 1:01.22 32.24	200m: 2:07.54 33.48	300m: 3:14.91 33.50	400m: 4:20.51 32.27
22. Jarosz Dawid SWwa	99	4:20.61	602
50m: 29.01 29.01	150m: 1:34.58 33.24	250m: 2:41.65 33.48	350m: 3:48.81 33.14
100m: 1:01.34 32.33	200m: 2:08.17 33.59	300m: 3:15.67 34.02	400m: 4:20.61 31.80
23. Wasiuk Jakub SO	99	4:21.50	596
50m: 30.67 30.67	150m: 1:37.42 33.65	250m: 2:44.23 33.44	350m: 3:50.06 32.74
100m: 1:03.77 33.10	200m: 2:10.79 33.37	300m: 3:17.32 33.09	400m: 4:21.50 31.44
24. Stec Kacper	99	4:21.71	594
50m: 29.63 29.63	150m: 1:35.75 33.39	250m: 2:43.11 33.49	350m: 3:49.88 33.13
100m: 1:02.36 32.73	200m: 2:09.62 33.87	300m: 3:16.75 33.64	400m: 4:21.71 31.83
25. D bski Dominik SSz	98	4:22.38	590
50m: 29.70 29.70	150m: 1:35.18 33.31	250m: 2:42.14 33.54	350m: 3:49.44 33.69
100m: 1:01.87 32.17	200m: 2:08.60 33.42	300m: 3:15.75 33.61	400m: 4:22.38 32.94
26. Cecere Marco	99	4:27.33	557
50m: 29.51 29.51	150m: 1:35.67 33.42	250m: 2:43.85 34.31	350m: 3:53.33 34.60
100m: 1:02.25 32.74	200m: 2:09.54 33.87	300m: 3:18.73 34.88	400m: 4:27.33 34.00



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Pozycja	Rok ur.	Czas	Pkt.
27. Mazur Dominik SO	99 UKP UNIA O wi cim	4:27.92	554
50m: 29.87 29.87	150m: 1:37.43 34.42	250m: 2:46.74 34.53	350m: 3:55.59 34.43
100m: 1:03.01 33.14	200m: 2:12.21 34.78	300m: 3:21.16 34.42	400m: 4:27.92 32.33
28. Matura Klaudiusz SR	98 MKS-SMS Victoria Racibórz	4:28.18	552
50m: 29.77 29.77	150m: 1:36.98 34.46	250m: 2:46.03 34.09	350m: 3:55.30 34.49
100m: 1:02.52 32.75	200m: 2:11.94 34.96	300m: 3:20.81 34.78	400m: 4:28.18 32.88
29. G sior Sebastian SL	99 AZS UMCS Lublin	4:30.57	538
50m: 30.74 30.74	150m: 1:39.00 34.48	250m: 2:47.97 34.56	350m: 3:57.46 34.64
100m: 1:04.52 33.78	200m: 2:13.41 34.41	300m: 3:22.82 34.85	400m: 4:30.57 33.11
30. Pawliniak Mariusz	99 UKS Wodnik 29 Katowice	4:30.83	536
50m: 29.71 29.71	150m: 1:35.71 33.44	250m: 2:44.35 34.49	350m: 3:55.35 35.70
100m: 1:02.27 32.56	200m: 2:09.86 34.15	300m: 3:19.65 35.30	400m: 4:30.83 35.48
31. Mikołajczyk Michał	99 KKS Włókniarz 1925 Kalisz	4:31.75	531
50m: 30.04 30.04	150m: 1:37.33 34.26	250m: 2:47.33 35.35	350m: 3:58.03 35.43
100m: 1:03.07 33.03	200m: 2:11.98 34.65	300m: 3:22.60 35.27	400m: 4:31.75 33.72
32. Grzeszczyk Kacper SI	99 UKS Swim 10 Puławy	4:35.19	511
50m: 29.81 29.81	150m: 1:38.50 34.95	250m: 2:49.89 36.07	350m: 4:00.86 35.26
100m: 1:03.55 33.74	200m: 2:13.82 35.32	300m: 3:25.60 35.71	400m: 4:35.19 34.33
33. Skuba Marcin	98 Orka Zamo	4:37.18	500
50m: 31.51 31.51	150m: 1:40.01 34.66	250m: 2:50.38 35.33	350m: 4:02.66 36.64
100m: 1:05.35 33.84	200m: 2:15.05 35.04	300m: 3:26.02 35.64	400m: 4:37.18 34.52
34. Puk Grzegorz	98 UKS Huragan Sosnowiec	4:38.43	493
50m: 29.06 29.06	150m: 1:37.11 34.88	250m: 2:48.09 35.40	350m: 4:03.29 43.17
100m: 1:02.23 33.17	200m: 2:12.69 35.58	300m: 3:20.12 32.03	400m: 4:38.43 35.14
35. Kami ski Piotr	99 Iskra Konin	4:39.67	487
50m: 30.41 30.41	150m: 1:38.35 34.90	250m: 2:50.23 36.51	350m: 4:04.14 36.86
100m: 1:03.45 33.04	200m: 2:13.72 35.37	300m: 3:27.28 37.05	400m: 4:39.67 35.53
36. Turkiewicz Maciej	98 UKS Orka Luba	4:55.74	412
50m: 34.02 34.02	150m: 1:48.79 37.83	250m: 3:05.66 37.99	350m: 4:20.76 36.63
100m: 1:10.96 36.94	200m: 2:27.67 38.88	300m: 3:44.13 38.47	400m: 4:55.74 34.98

14 lat i starsi

1. Wojdak Wojciech	96 UKP UNIA O wi cim	3:53.35	838
50m: 27.38 27.38	150m: 1:26.58 29.52	250m: 2:25.39 29.45	350m: 3:24.56 29.59
100m: 57.06 29.68	200m: 1:55.94 29.36	300m: 2:54.97 29.58	400m: 3:53.35 28.79
2. Zaborowski Filip	94 MKP Szczecin	3:53.87	833
50m: 27.75 27.75	150m: 1:27.01 29.75	250m: 2:26.10 29.48	350m: 3:25.24 29.60
100m: 57.26 29.51	200m: 1:56.62 29.61	300m: 2:55.64 29.54	400m: 3:53.87 28.63
3. Zaczy ski Karol	91 WKS lask Wrocław	3:58.73	783
50m: 28.62 28.62	150m: 1:29.49 30.50	250m: 2:29.45 30.02	350m: 3:29.69 30.09
100m: 58.99 30.37	200m: 1:59.43 29.94	300m: 2:59.60 30.15	400m: 3:58.73 29.04
4. Kału y ski Antoni	99 MUKP Warszawianka Wodny Park	3:58.95	781
50m: 27.56 27.56	150m: 1:27.98 30.19	250m: 2:29.86 30.41	350m: 3:30.45 30.31
100m: 57.79 30.23	200m: 1:59.45 31.47	300m: 3:00.14 30.28	400m: 3:58.95 28.50



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Pozycja			Rok ur.					Czas	Pkt.
5.	Stokowski Kacper		99	UKS G-8 Bielany Warszawa				4:00.76	763
	50m: 26.18	26.18	150m: 1:27.36	31.08	250m: 2:30.11	30.86	350m: 3:32.77	31.24	
	100m: 56.28	30.10	200m: 1:59.25	31.89	300m: 3:01.53	31.42	400m: 4:00.76	27.99	
6.	Majchrzak Kacper		92	KS Warta Pozna				4:01.00	761
	50m: 26.85	26.85	150m: 1:29.89	31.91	250m: 2:31.18	29.67	350m: 3:31.69	30.32	
	100m: 57.98	31.13	200m: 2:01.51	31.62	300m: 3:01.37	30.19	400m: 4:01.00	29.31	
7.	Arndt Mateusz		98	KS Delfin Gdynia				4:01.50	756
	50m: 28.58	28.58	150m: 1:30.18	30.90	250m: 2:31.61	30.64	350m: 3:32.67	30.33	
	100m: 59.28	30.70	200m: 2:00.97	30.79	300m: 3:02.34	30.73	400m: 4:01.50	28.83	
8.	Jaszczak Wiktor		97	WKS lask Wrocław				4:03.39	739
	50m: 28.53	28.53	150m: 1:29.86	30.64	250m: 2:31.43	30.79	350m: 3:33.19	30.69	
	100m: 59.22	30.69	200m: 2:00.64	30.78	300m: 3:02.50	31.07	400m: 4:03.39	30.20	
9.	Kubkowski Bartłomiej		95	MTP KORMORAN Olsztyn				4:04.12	732
	50m: 28.47	28.47	150m: 1:30.12	31.03	250m: 2:31.77	30.54	350m: 3:34.01	31.41	
	100m: 59.09	30.62	200m: 2:01.23	31.11	300m: 3:02.60	30.83	400m: 4:04.12	30.11	
10.	Stepie Konrad		96	AZS AWF Warszawa				4:04.41	730
	50m: 27.21	27.21	150m: 1:28.72	30.96	250m: 2:31.72	31.36	350m: 3:34.88	31.69	
	100m: 57.76	30.55	200m: 2:00.36	31.64	300m: 3:03.19	31.47	400m: 4:04.41	29.53	
11.	Głyk Wojciech		92	AZS AWF Katowice				4:06.99	707
	50m: 28.60	28.60	150m: 1:30.08	30.81	250m: 2:32.03	31.04	350m: 3:35.53	31.90	
	100m: 59.27	30.67	200m: 2:00.99	30.91	300m: 3:03.63	31.60	400m: 4:06.99	31.46	
12.	Smeja Sławomir		94	AZS AWF Katowice				4:07.10	706
	50m: 28.40	28.40	150m: 1:29.96	30.96	250m: 2:32.82	31.49	350m: 3:36.12	31.68	
	100m: 59.00	30.60	200m: 2:01.33	31.37	300m: 3:04.44	31.62	400m: 4:07.10	30.98	
13.	Zbutowicz Karol SOL		98	MTP KORMORAN Olsztyn				4:08.13	697
	50m: 28.92	28.92	150m: 1:32.19	31.57	250m: 2:34.98	31.22	350m: 3:38.05	31.47	
	100m: 1:00.62	31.70	200m: 2:03.76	31.57	300m: 3:06.58	31.60	400m: 4:08.13	30.08	
14.	Chmielewski Jakub		99	WKS lask Wrocław				4:08.43	695
	50m: 29.55	29.55	150m: 1:33.09	32.13	250m: 2:36.65	31.79	350m: 3:39.51	30.79	
	100m: 1:00.96	31.41	200m: 2:04.86	31.77	300m: 3:08.72	32.07	400m: 4:08.43	28.92	
15.	Jura Maciej		96	WKS lask Wrocław				4:08.68	693
	50m: 28.29	28.29	150m: 1:28.58	30.29	250m: 2:31.05	31.53	350m: 3:35.91	33.08	
	100m: 58.29	30.00	200m: 1:59.52	30.94	300m: 3:02.83	31.78	400m: 4:08.68	32.77	
16.	Dutkowiak Wojciech		00	WKS lask Wrocław				4:09.12	689
	50m: 28.86	28.86	150m: 1:32.11	31.40	250m: 2:35.34	31.15	350m: 3:38.76	31.21	
	100m: 1:00.71	31.85	200m: 2:04.19	32.08	300m: 3:07.55	32.21	400m: 4:09.12	30.36	
17.	Parzynowski Wojciech		99	Olimpijczyk Aleksandrów Łódzki				4:10.36	679
	50m: 28.77	28.77	150m: 1:32.93	32.10	250m: 2:36.91	31.56	350m: 3:40.28	31.38	
	100m: 1:00.83	32.06	200m: 2:05.35	32.42	300m: 3:08.90	31.99	400m: 4:10.36	30.08	
18.	Rój KONRAD SSz		98	MKP Szczecin				4:10.64	676
	50m: 28.93	28.93	150m: 1:32.21	31.78	250m: 2:36.30	32.21	350m: 3:40.14	31.88	
	100m: 1:00.43	31.50	200m: 2:04.09	31.88	300m: 3:08.26	31.96	400m: 4:10.64	30.50	
19.	Kiełczewski Amadeusz		00	WKS lask Wrocław				4:10.78	675
	50m: 28.46	28.46	150m: 1:32.21	32.05	250m: 2:36.29	32.16	350m: 3:40.44	31.84	
	100m: 1:00.16	31.70	200m: 2:04.13	31.92	300m: 3:08.60	32.31	400m: 4:10.78	30.34	



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Pozycja	Rok ur.	Czas	Pkt.
20. Kaczmarek Marcin	94 AZS AWF Warszawa	4:11.10	673
50m: 28.23 28.23	150m: 1:30.58 31.48	250m: 2:34.79 32.01	350m: 3:39.68 32.26
100m: 59.10 30.87	200m: 2:02.78 32.20	300m: 3:07.42 32.63	400m: 4:11.10 31.42
21. Skierka Jakub	98 Trops Kartuzy	4:11.37	671
50m: 27.98 27.98	150m: 1:31.92 32.16	250m: 2:37.26 32.46	350m: 3:41.44 31.69
100m: 59.76 31.78	200m: 2:04.80 32.88	300m: 3:09.75 32.49	400m: 4:11.37 29.93
22. Choda Alan SOL	98 MTP KORMORAN Olsztyn	4:11.69	668
50m: 29.49 29.49	150m: 1:33.60 32.22	250m: 2:37.60 31.53	350m: 3:40.43 30.56
100m: 1:01.38 31.89	200m: 2:06.07 32.47	300m: 3:09.87 32.27	400m: 4:11.69 31.26
23. Karolczak Jan	01 BUKS Warszawa	4:12.80	659
50m: 28.67 28.67	150m: 1:33.14 32.43	250m: 2:37.74 32.08	350m: 3:42.25 32.09
100m: 1:00.71 32.04	200m: 2:05.66 32.52	300m: 3:10.16 32.42	400m: 4:12.80 30.55
24. Kraska Jakub	00 UKS Piłka Konstantynów Łódzki	4:12.93	658
50m: 29.30 29.30	150m: 1:34.29 33.20	250m: 2:39.08 30.63	350m: 3:42.35 31.06
100m: 1:01.09 31.79	200m: 2:08.45 34.16	300m: 3:11.29 32.21	400m: 4:12.93 30.58
25. Macner Michał SOL	99 MTP KORMORAN Olsztyn	4:12.94	658
50m: 29.37 29.37	150m: 1:33.26 32.11	250m: 2:37.74 32.42	350m: 3:42.50 32.49
100m: 1:01.15 31.78	200m: 2:05.32 32.06	300m: 3:10.01 32.27	400m: 4:12.94 30.44
26. Piotrowski Kacper	01 WKS lask Wrocław	4:14.19	648
50m: 28.74 28.74	150m: 1:32.63 32.12	250m: 2:37.44 32.15	350m: 3:42.76 32.63
100m: 1:00.51 31.77	200m: 2:05.29 32.66	300m: 3:10.13 32.69	400m: 4:14.19 31.43
27. Stanek Adam SO	99 UKP UNIA Owi cim	4:15.07	642
50m: 29.77 29.77	150m: 1:34.95 32.41	250m: 2:39.25 31.88	350m: 3:43.01 31.83
100m: 1:02.54 32.77	200m: 2:07.37 32.42	300m: 3:11.18 31.93	400m: 4:15.07 32.06
28. Zwolinski Marcin	97 CSiR MOS D browa Górnicza	4:15.11	641
50m: 29.53 29.53	150m: 1:33.42 32.26	250m: 2:38.65 32.45	350m: 3:43.66 32.87
100m: 1:01.16 31.63	200m: 2:06.20 32.78	300m: 3:10.79 32.14	400m: 4:15.11 31.45
29. Szczepanski Kacper	99 MKS - Astoria Bydgoszcz	4:15.12	641
50m: 29.69 29.69	150m: 1:34.61 32.87	250m: 2:40.14 32.57	350m: 3:44.72 31.82
100m: 1:01.74 32.05	200m: 2:07.57 32.96	300m: 3:12.90 32.76	400m: 4:15.12 30.40
30. Pawlaczyk Patryk	00 UKS 190 Łódź	4:15.68	637
50m: 28.94 28.94	150m: 1:33.39 32.67	250m: 2:39.06 32.96	350m: 3:45.89 33.57
100m: 1:00.72 31.78	200m: 2:06.10 32.71	300m: 3:12.32 33.26	400m: 4:15.68 29.79
31. Kiszczak Jakub	00 MKS Juvenia Wrocław	4:15.83	636
50m: 29.33 29.33	150m: 1:35.25 32.95	250m: 2:41.38 32.86	350m: 3:46.38 31.87
100m: 1:02.30 32.97	200m: 2:08.52 33.27	300m: 3:14.51 33.13	400m: 4:15.83 29.45
32. Pióro Artur	91 MKS Pałac Młodzie y Katowice	4:16.73	629
50m: 29.27 29.27	150m: 1:34.00 32.31	250m: 2:39.91 33.02	350m: 3:44.46 31.16
100m: 1:01.69 32.42	200m: 2:06.89 32.89	300m: 3:13.30 33.39	400m: 4:16.73 32.27
33. Oller Krzysztof	00 MTP KORMORAN Olsztyn	4:17.01	627
50m: 30.09 30.09	150m: 1:34.98 32.52	250m: 2:40.47 32.54	350m: 3:46.11 32.52
100m: 1:02.46 32.37	200m: 2:07.93 32.95	300m: 3:13.59 33.12	400m: 4:17.01 30.90
34. D browski Patryk	00 WKS lask Wrocław	4:17.16	626
50m: 29.26 29.26	150m: 1:35.14 33.11	250m: 2:40.49 32.79	350m: 3:45.80 32.81
100m: 1:02.03 32.77	200m: 2:07.70 32.56	300m: 3:12.99 32.50	400m: 4:17.16 31.36



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Pozycja		Rok ur.						Czas	Pkt.
35.	Bru dziak Maciej SOL	98	MTP KORMORAN Olsztyn					4:17.22	626
	50m: 28.64 28.64	150m: 1:33.06	32.72	250m: 2:39.28	33.36	350m: 3:45.57	33.29		
	100m: 1:00.34 31.70	200m: 2:05.92	32.86	300m: 3:12.28	33.00	400m: 4:17.22	31.65		
36.	Dominiak Kacper	00	WKS lask Wrocław					4:17.24	626
	50m: 30.12 30.12	150m: 1:36.62	33.08	250m: 2:41.99	32.11	350m: 3:46.58	31.79		
	100m: 1:03.54 33.42	200m: 2:09.88	33.26	300m: 3:14.79	32.80	400m: 4:17.24	30.66		
37.	Hojda Bartłomiej SO	98	UKP UNIA O wi cim					4:17.28	625
	50m: 29.27 29.27	150m: 1:34.14	32.93	250m: 2:39.60	32.73	350m: 3:45.20	32.67		
	100m: 1:01.21 31.94	200m: 2:06.87	32.73	300m: 3:12.53	32.93	400m: 4:17.28	32.08		
38.	Gawron Oskar	99	WKS lask Wrocław					4:17.47	624
	50m: 29.74 29.74	150m: 1:35.70	33.30	250m: 2:40.77	32.27	350m: 3:45.40	32.38		
	100m: 1:02.40 32.66	200m: 2:08.50	32.80	300m: 3:13.02	32.25	400m: 4:17.47	32.07		
39.	Butkiewicz Władysław SO	00	MKS Juvenia Białystok					4:17.57	623
	50m: 28.83 28.83	150m: 1:34.50	33.20	250m: 2:40.65	32.15	350m: 3:46.42	32.48		
	100m: 1:01.30 32.47	200m: 2:08.50	34.00	300m: 3:13.94	33.29	400m: 4:17.57	31.15		
40.	Bryła Kamil SL	99	AZS UMCS Lublin					4:17.70	622
	50m: 29.12 29.12	150m: 1:34.46	32.77	250m: 2:40.79	33.21	350m: 3:46.45	32.72		
	100m: 1:01.69 32.57	200m: 2:07.58	33.12	300m: 3:13.73	32.94	400m: 4:17.70	31.25		
41.	Dro Patryk	97	CSiR MOS D browa Górnicza					4:18.53	616
	50m: 29.58 29.58	150m: 1:36.36	33.40	250m: 2:42.55	32.77	350m: 3:47.44	32.10		
	100m: 1:02.96 33.38	200m: 2:09.78	33.42	300m: 3:15.34	32.79	400m: 4:18.53	31.09		
42.	Rybak Konrad SOL	98	UKS Pirania Targówek					4:18.61	616
	50m: 29.05 29.05	150m: 1:34.56	33.24	250m: 2:40.22	32.88	350m: 3:46.58	33.28		
	100m: 1:01.32 32.27	200m: 2:07.34	32.78	300m: 3:13.30	33.08	400m: 4:18.61	32.03		
43.	Sobczyk Maciej	95	AZS-AGH Kraków					4:18.65	615
	50m: 29.58 29.58	150m: 1:34.93	32.93	250m: 2:41.00	32.89	350m: 3:46.92	32.94		
	100m: 1:02.00 32.42	200m: 2:08.11	33.18	300m: 3:13.98	32.98	400m: 4:18.65	31.73		
44.	Pawełek Paweł SWwa	99	MKS Polonia Warszawa					4:18.68	615
	50m: 29.01 29.01	150m: 1:34.20	32.86	250m: 2:39.28	32.45	350m: 3:46.05	33.35		
	100m: 1:01.34 32.33	200m: 2:06.83	32.63	300m: 3:12.70	33.42	400m: 4:18.68	32.63		
45.	Stoszek Szymon	99	UKS Aligator Gorzyce					4:18.94	613
	50m: 30.27 30.27	150m: 1:37.42	33.97	250m: 2:43.92	33.17	350m: 3:48.34	32.18		
	100m: 1:03.45 33.18	200m: 2:10.75	33.33	300m: 3:16.16	32.24	400m: 4:18.94	30.60		
46.	Krulikowski Maciej SO	99	UKP UNIA O wi cim					4:19.22	611
	50m: 30.51 30.51	150m: 1:37.49	33.74	250m: 2:43.14	32.34	350m: 3:48.72	32.17		
	100m: 1:03.75 33.24	200m: 2:10.80	33.31	300m: 3:16.55	33.41	400m: 4:19.22	30.50		
47.	Wilejto Igor	01	Sambor Tczew					4:19.64	608
	50m: 30.64 30.64	150m: 1:37.22	33.56	250m: 2:44.42	33.88	350m: 3:49.61	32.15		
	100m: 1:03.66 33.02	200m: 2:10.54	33.32	300m: 3:17.46	33.04	400m: 4:19.64	30.03		
48.	Powro nik Konrad	97	CSiR MOS D browa Górnicza					4:20.28	604
	50m: 29.95 29.95	150m: 1:35.37	32.82	250m: 2:41.75	33.46	350m: 3:47.40	32.78		
	100m: 1:02.55 32.60	200m: 2:08.29	32.92	300m: 3:14.62	32.87	400m: 4:20.28	32.88		
49.	Jarmuła Miłosz SK	98	MKS Jordan Kraków					4:20.51	602
	50m: 28.98 28.98	150m: 1:34.06	32.84	250m: 2:41.41	33.87	350m: 3:48.24	33.33		
	100m: 1:01.22 32.24	200m: 2:07.54	33.48	300m: 3:14.91	33.50	400m: 4:20.51	32.27		



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Pozycja	Rok ur.	Czas	Pkt.
49. Fiks Krzysztof	00 UKS 190 Łód	4:20.51	602
50m: 30.34 30.34	150m: 1:36.16 32.81	250m: 2:43.06 33.48	350m: 3:49.56 32.78
100m: 1:03.35 33.01	200m: 2:09.58 33.42	300m: 3:16.78 33.72	400m: 4:20.51 30.95
51. Jarosz Dawid SWwa	99 UKS Wodnik Ko skie	4:20.61	602
50m: 29.01 29.01	150m: 1:34.58 33.24	250m: 2:41.65 33.48	350m: 3:48.81 33.14
100m: 1:01.34 32.33	200m: 2:08.17 33.59	300m: 3:15.67 34.02	400m: 4:20.61 31.80
52. Lechowicz Filip SO	97 Korona	4:20.83	600
50m: 28.84 28.84	150m: 1:35.10 32.99	250m: 2:42.14 33.49	350m: 3:48.49 33.66
100m: 1:02.11 33.27	200m: 2:08.65 33.55	300m: 3:14.83 32.69	400m: 4:20.83 32.34
53. Hano Grzegorz	00 WKS lask Wrocław	4:20.90	600
50m: 29.90 29.90	150m: 1:35.96 33.28	250m: 2:42.84 33.70	350m: 3:49.01 32.58
100m: 1:02.68 32.78	200m: 2:09.14 33.18	300m: 3:16.43 33.59	400m: 4:20.90 31.89
54. Jaworski Szymon	01 UKS Salmo ory	4:21.37	596
50m: 28.94 28.94	150m: 1:35.12 33.53	250m: 2:42.52 33.77	350m: 3:49.80 33.77
100m: 1:01.59 32.65	200m: 2:08.75 33.63	300m: 3:16.03 33.51	400m: 4:21.37 31.57
55. Wasiuk Jakub SO	99 MMKS K dzierzyn-Ko le	4:21.50	596
50m: 30.67 30.67	150m: 1:37.42 33.65	250m: 2:44.23 33.44	350m: 3:50.06 32.74
100m: 1:03.77 33.10	200m: 2:10.79 33.37	300m: 3:17.32 33.09	400m: 4:21.50 31.44
56. Stec Kacper	99 UKP Kmita Zabierzów	4:21.71	594
50m: 29.63 29.63	150m: 1:35.75 33.39	250m: 2:43.11 33.49	350m: 3:49.88 33.13
100m: 1:02.36 32.73	200m: 2:09.62 33.87	300m: 3:16.75 33.64	400m: 4:21.71 31.83
57. Ła Wiktor	00 WKS lask Wrocław	4:22.29	590
50m: 29.62 29.62	150m: 1:35.79 33.25	250m: 2:42.90 33.59	350m: 3:50.15 33.22
100m: 1:02.54 32.92	200m: 2:09.31 33.52	300m: 3:16.93 34.03	400m: 4:22.29 32.14
58. D bski Dominik SSz	98 MKP Szczecin	4:22.38	590
50m: 29.70 29.70	150m: 1:35.18 33.31	250m: 2:42.14 33.54	350m: 3:49.44 33.69
100m: 1:01.87 32.17	200m: 2:08.60 33.42	300m: 3:15.75 33.61	400m: 4:22.38 32.94
59. Sacha Kamil	01 CSiR MOS D browa Górnicza	4:22.50	589
50m: 30.32 30.32	150m: 1:37.19 33.46	250m: 2:44.38 33.23	350m: 3:51.11 33.17
100m: 1:03.73 33.41	200m: 2:11.15 33.96	300m: 3:17.94 33.56	400m: 4:22.50 31.39
60. Goraj Marcin	01 Galicja Kraków	4:24.59	575
50m: 29.36 29.36	150m: 1:37.41 34.15	250m: 2:45.99 34.29	350m: 3:54.32 33.93
100m: 1:03.26 33.90	200m: 2:11.70 34.29	300m: 3:20.39 34.40	400m: 4:24.59 30.27
61. Mayerberg Kacper SO	00 UKP UNIA O wi cim	4:24.72	574
50m: 30.42 30.42	150m: 1:37.85 34.42	250m: 2:46.00 34.45	350m: 3:53.63 33.51
100m: 1:03.43 33.01	200m: 2:11.55 33.70	300m: 3:20.12 34.12	400m: 4:24.72 31.09
62. Jackowski Tomasz	02 WKS lask Wrocław	4:24.94	573
50m: 30.24 30.24	150m: 1:38.10 34.07	250m: 2:45.62 33.13	350m: 3:53.11 33.69
100m: 1:04.03 33.79	200m: 2:12.49 34.39	300m: 3:19.42 33.80	400m: 4:24.94 31.83
63. Topolski Dawid	00 MKS Trójka Łód	4:25.16	571
50m: 30.51 30.51	150m: 1:38.29 33.82	250m: 2:46.00 33.75	350m: 3:53.38 33.70
100m: 1:04.47 33.96	200m: 2:12.25 33.96	300m: 3:19.68 33.68	400m: 4:25.16 31.78
64. Cielecki Kuba	02 WKS lask Wrocław	4:26.65	562
50m: 30.60 30.60	150m: 1:39.39 34.85	250m: 2:47.56 33.93	350m: 3:54.93 33.35
100m: 1:04.54 33.94	200m: 2:13.63 34.24	300m: 3:21.58 34.02	400m: 4:26.65 31.72



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Pozycja					Rok ur.					Czas	Pkt.	
65.	Twardzik Bartosz				00	SiKReT Gliwice				4:26.94	560	
	50m:	30.42	30.42	150m:	1:38.86	34.38	250m:	2:47.74	34.54	350m:	3:55.04	33.19
	100m:	1:04.48	34.06	200m:	2:13.20	34.34	300m:	3:21.85	34.11	400m:	4:26.94	31.90
66.	Cecere Marco				99	KKS Włókniarz 1925 Kalisz				4:27.33	557	
	50m:	29.51	29.51	150m:	1:35.67	33.42	250m:	2:43.85	34.31	350m:	3:53.33	34.60
	100m:	1:02.25	32.74	200m:	2:09.54	33.87	300m:	3:18.73	34.88	400m:	4:27.33	34.00
67.	Twardowski Piotr				01	Galicja Kraków				4:27.60	556	
	50m:	30.28	30.28	150m:	1:37.44	33.96	250m:	2:46.02	34.35	350m:	3:54.20	33.79
	100m:	1:03.48	33.20	200m:	2:11.67	34.23	300m:	3:20.41	34.39	400m:	4:27.60	33.40
68.	Mazur Dominik SO				99	UKP UNIA O wi cim				4:27.92	554	
	50m:	29.87	29.87	150m:	1:37.43	34.42	250m:	2:46.74	34.53	350m:	3:55.59	34.43
	100m:	1:03.01	33.14	200m:	2:12.21	34.78	300m:	3:21.16	34.42	400m:	4:27.92	32.33
69.	Matura Klaudiusz SR				98	MKS-SMS Victoria Racibórz				4:28.18	552	
	50m:	29.77	29.77	150m:	1:36.98	34.46	250m:	2:46.03	34.09	350m:	3:55.30	34.49
	100m:	1:02.52	32.75	200m:	2:11.94	34.96	300m:	3:20.81	34.78	400m:	4:28.18	32.88
70.	Doroba Michał				02	WKS lask Wrocław				4:29.04	547	
	50m:	30.63	30.63	150m:	1:37.74	33.69	250m:	2:46.41	34.27	350m:	3:55.61	34.54
	100m:	1:04.05	33.42	200m:	2:12.14	34.40	300m:	3:21.07	34.66	400m:	4:29.04	33.43
71.	Bobowiec Maksymilian				01	WKS lask Wrocław				4:29.05	547	
	50m:	29.28	29.28	150m:	1:36.45	34.64	250m:	2:46.39	35.76	350m:	3:56.41	35.29
	100m:	1:01.81	32.53	200m:	2:10.63	34.18	300m:	3:21.12	34.73	400m:	4:29.05	32.64
72.	Kowalczyk Michał				01	MUKS Gilus Gilowice				4:29.32	545	
	50m:	30.77	30.77	150m:	1:38.66	34.39	250m:	2:47.23	34.72	350m:	3:55.71	33.94
	100m:	1:04.27	33.50	200m:	2:12.51	33.85	300m:	3:21.77	34.54	400m:	4:29.32	33.61
73.	Szarpak Marcin				01	KS Pi tka Chorzów				4:29.88	542	
	50m:	30.76	30.76	150m:	1:38.39	34.15	250m:	2:47.27	34.38	350m:	3:56.29	33.92
	100m:	1:04.24	33.48	200m:	2:12.89	34.50	300m:	3:22.37	35.10	400m:	4:29.88	33.59
74.	Szynalski Szymon				00	UPKS Wodnik Rawicz				4:30.38	539	
	50m:	30.23	30.23	150m:	1:38.37	34.31	250m:	2:48.44	35.05	350m:	3:57.52	34.02
	100m:	1:04.06	33.83	200m:	2:13.39	35.02	300m:	3:23.50	35.06	400m:	4:30.38	32.86
75.	Krzywania Oskar				02	UKS SP 149 Łód				4:30.57	538	
	50m:	31.41	31.41	150m:	1:42.59	35.59	250m:	2:52.27	34.57	350m:	3:59.54	32.91
	100m:	1:07.00	35.59	200m:	2:17.70	35.11	300m:	3:26.63	34.36	400m:	4:30.57	31.03
	G sior Sebastian SL				99	AZS UMCS Lublin				4:30.57	538	
	50m:	30.74	30.74	150m:	1:39.00	34.48	250m:	2:47.97	34.56	350m:	3:57.46	34.64
	100m:	1:04.52	33.78	200m:	2:13.41	34.41	300m:	3:22.82	34.85	400m:	4:30.57	33.11
77.	Król Mateusz				01	MKS - Astoria Bydgoszcz				4:30.72	537	
	50m:	29.63	29.63	150m:	1:38.56	34.76	250m:	2:48.37	35.04	350m:	3:58.21	34.79
	100m:	1:03.80	34.17	200m:	2:13.33	34.77	300m:	3:23.42	35.05	400m:	4:30.72	32.51
78.	Pawliniak Mariusz				99	UKS Wodnik 29 Katowice				4:30.83	536	
	50m:	29.71	29.71	150m:	1:35.71	33.44	250m:	2:44.35	34.49	350m:	3:55.35	35.70
	100m:	1:02.27	32.56	200m:	2:09.86	34.15	300m:	3:19.65	35.30	400m:	4:30.83	35.48
79.	Nawrocki Filip				01	MKS Juvenia Wrocław				4:31.04	535	
	50m:	30.79	30.79	150m:	1:40.61	35.02	250m:	2:50.59	34.98	350m:	3:58.53	33.67
	100m:	1:05.59	34.80	200m:	2:15.61	35.00	300m:	3:24.86	34.27	400m:	4:31.04	32.51



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80.	Kudła Łukasz				95	AZS AWF Katowice				4:31.51	532	
	50m:	28.61	28.61	150m:	1:35.52	34.83	250m:	2:46.48	35.59	350m:	3:57.34	35.05
	100m:	1:00.69	32.08	200m:	2:10.89	35.37	300m:	3:22.29	35.81	400m:	4:31.51	34.17
81.	Mikołajczyk Michał				99	KKS Włókniarz 1925 Kalisz				4:31.75	531	
	50m:	30.04	30.04	150m:	1:37.33	34.26	250m:	2:47.33	35.35	350m:	3:58.03	35.43
	100m:	1:03.07	33.03	200m:	2:11.98	34.65	300m:	3:22.60	35.27	400m:	4:31.75	33.72
82.	Girul Radosław				01	WKS lask Wrocław				4:31.88	530	
	50m:	31.07	31.07	150m:	1:38.36	33.91	250m:	2:47.92	34.99	350m:	3:57.93	35.10
	100m:	1:04.45	33.38	200m:	2:12.93	34.57	300m:	3:22.83	34.91	400m:	4:31.88	33.95
83.	Szczerek Szymon				01	KKS Włókniarz 1925 Kalisz				4:34.45	515	
	50m:	31.56	31.56	150m:	1:41.09	35.38	250m:	2:51.32	35.10	350m:	4:00.73	34.35
	100m:	1:05.71	34.15	200m:	2:16.22	35.13	300m:	3:26.38	35.06	400m:	4:34.45	33.72
84.	Milbrant Kacper				01	UKS Salmo ory				4:35.08	512	
	50m:	30.76	30.76	150m:	1:40.05	35.06	250m:	2:50.53	35.29	350m:	4:00.51	35.10
	100m:	1:04.99	34.23	200m:	2:15.24	35.19	300m:	3:25.41	34.88	400m:	4:35.08	34.57
85.	Grzeszczyk Kacper Si				99	UKS Swim 10 Puławy				4:35.19	511	
	50m:	29.81	29.81	150m:	1:38.50	34.95	250m:	2:49.89	36.07	350m:	4:00.86	35.26
	100m:	1:03.55	33.74	200m:	2:13.82	35.32	300m:	3:25.60	35.71	400m:	4:35.19	34.33
86.	Koział Mikołaj So				02	UKP UNIA O wi cim				4:35.47	509	
	50m:	32.15	32.15	150m:	1:43.39	35.56	250m:	2:53.62	34.48	350m:	4:02.11	33.59
	100m:	1:07.83	35.68	200m:	2:19.14	35.75	300m:	3:28.52	34.90	400m:	4:35.47	33.36
87.	Respondek Remigiusz				01	KS Pi tka Chorzów				4:36.00	506	
	50m:	31.68	31.68	150m:	1:41.75	35.40	250m:	2:53.21	36.05	350m:	4:03.22	34.81
	100m:	1:06.35	34.67	200m:	2:17.16	35.41	300m:	3:28.41	35.20	400m:	4:36.00	32.78
88.	Łabuz Rafał				95	AZS-AGH Kraków				4:36.28	505	
	50m:	28.66	28.66	150m:	1:35.56	34.29	250m:	2:46.79	36.35	350m:	4:00.75	37.26
	100m:	1:01.27	32.61	200m:	2:10.44	34.88	300m:	3:23.49	36.70	400m:	4:36.28	35.53
89.	Jó ków Cezary				01	WKS lask Wrocław				4:36.35	505	
	50m:	30.91	30.91	150m:	1:39.98	34.85	250m:	2:50.24	35.21	350m:	4:01.68	35.73
	100m:	1:05.13	34.22	200m:	2:15.03	35.05	300m:	3:25.95	35.71	400m:	4:36.35	34.67
90.	Uryga Bartłomiej				01	UKS Salmo ory				4:36.40	504	
	50m:	31.16	31.16	150m:	1:41.53	35.81	250m:	2:52.47	35.68	350m:	4:03.54	35.55
	100m:	1:05.72	34.56	200m:	2:16.79	35.26	300m:	3:27.99	35.52	400m:	4:36.40	32.86
91.	Skuba Marcin				98	Orka Zamo				4:37.18	500	
	50m:	31.51	31.51	150m:	1:40.01	34.66	250m:	2:50.38	35.33	350m:	4:02.66	36.64
	100m:	1:05.35	33.84	200m:	2:15.05	35.04	300m:	3:26.02	35.64	400m:	4:37.18	34.52
92.	Karpień Dominik				01	CSiR MOS D browa Górnica				4:37.27	500	
	50m:	31.25	31.25	150m:	1:41.79	35.46	250m:	2:53.67	35.76	350m:	4:04.69	35.05
	100m:	1:06.33	35.08	200m:	2:17.91	36.12	300m:	3:29.64	35.97	400m:	4:37.27	32.58
93.	Jochymek Oskar				01	WKS lask Wrocław				4:37.42	499	
	50m:	31.58	31.58	150m:	1:42.46	35.48	250m:	2:54.41	36.27	350m:	4:05.52	35.53
	100m:	1:06.98	35.40	200m:	2:18.14	35.68	300m:	3:29.99	35.58	400m:	4:37.42	31.90
94.	Czerwi ski Łukasz				01	JAGIELLONKA Warszawa				4:37.44	499	
	50m:	30.55	30.55	150m:	1:41.58	35.79	250m:	2:53.66	35.96	350m:	4:04.83	35.25
	100m:	1:05.79	35.24	200m:	2:17.70	36.12	300m:	3:29.58	35.92	400m:	4:37.44	32.61



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Pozycja	Rok ur.	Czas	Pkt.
95. Wolny Krzysztof	00 UKS Wodnik Siemianowice I.	4:37.97	496
50m: 30.37 30.37	150m: 1:41.03 35.71	250m: 2:52.52 35.74	350m: 4:04.90 35.29
100m: 1:05.32 34.95	200m: 2:16.78 35.75	300m: 3:29.61 37.09	400m: 4:37.97 33.07
96. Puk Grzegorz	98 UKS Huragan Sosnowiec	4:38.43	493
50m: 29.06 29.06	150m: 1:37.11 34.88	250m: 2:48.09 35.40	350m: 4:03.29 43.17
100m: 1:02.23 33.17	200m: 2:12.69 35.58	300m: 3:20.12 32.03	400m: 4:38.43 35.14
97. Greber Artur	01 WKS lask Wrocław	4:38.79	491
50m: 31.20 31.20	150m: 1:41.59 35.75	250m: 2:53.07 36.03	350m: 4:05.33 36.13
100m: 1:05.84 34.64	200m: 2:17.04 35.45	300m: 3:29.20 36.13	400m: 4:38.79 33.46
98. Janecki Mateusz	01 MKS Pałac Młodzie y Katowice	4:38.90	491
50m: 31.08 31.08	150m: 1:41.94 35.77	250m: 2:53.96 36.24	350m: 4:05.66 35.53
100m: 1:06.17 35.09	200m: 2:17.72 35.78	300m: 3:30.13 36.17	400m: 4:38.90 33.24
99. Mencil Miłosz	02 UKS Aligator Gorzyce	4:38.99	490
50m: 30.59 30.59	150m: 1:41.13 35.70	250m: 2:53.21 35.96	350m: 4:04.96 35.68
100m: 1:05.43 34.84	200m: 2:17.25 36.12	300m: 3:29.28 36.07	400m: 4:38.99 34.03
100. Krasowski Michał	01 Zryw Opole	4:39.02	490
50m: 30.89 30.89	150m: 1:41.90 35.70	250m: 2:52.87 35.27	350m: 4:04.82 36.42
100m: 1:06.20 35.31	200m: 2:17.60 35.70	300m: 3:28.40 35.53	400m: 4:39.02 34.20
101. Perka Michał	97 Zryw Opole	4:39.41	488
50m: 31.72 31.72	150m: 1:44.15 36.17	250m: 2:55.38 35.21	350m: 4:05.87 34.99
100m: 1:07.98 36.26	200m: 2:20.17 36.02	300m: 3:30.88 35.50	400m: 4:39.41 33.54
102. Krysiak Michał	01 MKS Trójka Łód	4:39.46	488
50m: 31.52 31.52	150m: 1:42.56 35.81	250m: 2:54.22 35.87	350m: 4:05.02 35.28
100m: 1:06.75 35.23	200m: 2:18.35 35.79	300m: 3:29.74 35.52	400m: 4:39.46 34.44
103. Kami ski Piotr	99 Iskra Konin	4:39.67	487
50m: 30.41 30.41	150m: 1:38.35 34.90	250m: 2:50.23 36.51	350m: 4:04.14 36.86
100m: 1:03.45 33.04	200m: 2:13.72 35.37	300m: 3:27.28 37.05	400m: 4:39.67 35.53
104. Kramarczyk Jakub SO	01 UKP UNIA O wi cim	4:39.80	486
50m: 31.86 31.86	150m: 1:43.13 36.29	250m: 2:55.01 35.91	350m: 4:06.77 35.11
100m: 1:06.84 34.98	200m: 2:19.10 35.97	300m: 3:31.66 36.65	400m: 4:39.80 33.03
105. Sznajder Filip	01 WKS lask Wrocław	4:39.98	485
50m: 30.21 30.21	150m: 1:41.36 36.01	250m: 2:54.62 36.62	350m: 4:05.72 34.72
100m: 1:05.35 35.14	200m: 2:18.00 36.64	300m: 3:31.00 36.38	400m: 4:39.98 34.26
106. Janik Jakub SO	01 UKP UNIA O wi cim	4:40.76	481
50m: 30.48 30.48	150m: 1:42.29 36.25	250m: 2:54.62 35.71	350m: 4:06.72 35.42
100m: 1:06.04 35.56	200m: 2:18.91 36.62	300m: 3:31.30 36.68	400m: 4:40.76 34.04
107. Wiraszka Mateusz	01 MKS Juvenia Wrocław	4:41.54	477
50m: 31.59 31.59	150m: 1:43.79 36.65	250m: 2:56.32 36.09	350m: 4:07.76 35.06
100m: 1:07.14 35.55	200m: 2:20.23 36.44	300m: 3:32.70 36.38	400m: 4:41.54 33.78
108. Zuehlke Kajetan	01 MZOS Płock	4:42.32	473
50m: 30.82 30.82	150m: 1:42.51 36.20	250m: 2:55.92 36.58	350m: 4:08.01 35.21
100m: 1:06.31 35.49	200m: 2:19.34 36.83	300m: 3:32.80 36.88	400m: 4:42.32 34.31
109. Nowak Aleksander	01 UKS NAWA Skierniewice	4:42.69	471
50m: 31.64 31.64	150m: 1:42.60 36.07	250m: 2:57.01 36.77	350m: 4:09.20 36.01
100m: 1:06.53 34.89	200m: 2:20.24 37.64	300m: 3:33.19 36.18	400m: 4:42.69 33.49



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110.	Rytter Igor			01	WKS	lask Wrocław			4:42.91	470		
	50m:	31.90	31.90	150m:	1:40.89	35.05	250m:	2:52.78	36.23	350m:	4:06.49	36.52
	100m:	1:05.84	33.94	200m:	2:16.55	35.66	300m:	3:29.97	37.19	400m:	4:42.91	36.42
111.	Bielas Jakub			02	UKS	RUCH Grudzi dz			4:43.19	469		
	50m:	31.00	31.00	150m:	1:42.06	36.07	250m:	2:55.31	36.92	350m:	4:08.06	36.44
	100m:	1:05.99	34.99	200m:	2:18.39	36.33	300m:	3:31.62	36.31	400m:	4:43.19	35.13
112.	Zalewski Ronald			01	WKS	lask Wrocław			4:43.22	469		
	50m:	31.29	31.29	150m:	1:42.39	35.95	250m:	2:55.94	36.83	350m:	4:08.80	36.36
	100m:	1:06.44	35.15	200m:	2:19.11	36.72	300m:	3:32.44	36.50	400m:	4:43.22	34.42
113.	Karwat Krzysztof			96	UKS	NAWA Skierniewice			4:43.32	468		
	50m:	31.44	31.44	150m:	1:42.80	36.40	250m:	2:55.92	36.42	350m:	4:09.29	36.38
	100m:	1:06.40	34.96	200m:	2:19.50	36.70	300m:	3:32.91	36.99	400m:	4:43.32	34.03
114.	Gałaszka Bruno So			02	UKP	UNIA O wi cim			4:43.43	468		
	50m:	32.51	32.51	150m:	1:45.27	36.34	250m:	2:57.28	35.78	350m:	4:08.93	35.10
	100m:	1:08.93	36.42	200m:	2:21.50	36.23	300m:	3:33.83	36.55	400m:	4:43.43	34.50
115.	Fidurski Jakub			00	UKS	Wodnik Siemianowice I.			4:43.45	468		
	50m:	31.75	31.75	150m:	1:44.00	36.50	250m:	2:58.43	37.01	350m:	4:10.00	35.48
	100m:	1:07.50	35.75	200m:	2:21.42	37.42	300m:	3:34.52	36.09	400m:	4:43.45	33.45
116.	Wi niewski Paweł			01	UKS	Wodnik 29 Katowice			4:43.74	466		
	50m:	32.15	32.15	150m:	1:44.05	36.27	250m:	2:56.56	35.61	350m:	4:09.15	36.43
	100m:	1:07.78	35.63	200m:	2:20.95	36.90	300m:	3:32.72	36.16	400m:	4:43.74	34.59
117.	Sadło Marcel			01	UKS	Salmo ory			4:43.99	465		
	50m:	30.02	30.02	150m:	1:40.08	35.72	250m:	2:53.56	36.77	350m:	4:08.02	37.53
	100m:	1:04.36	34.34	200m:	2:16.79	36.71	300m:	3:30.49	36.93	400m:	4:43.99	35.97
118.	Alencynowicz Maciej SO			02	UKP	UNIA O wi cim			4:44.86	461		
	50m:	31.24	31.24	150m:	1:43.44	36.62	250m:	2:57.34	37.03	350m:	4:10.45	36.24
	100m:	1:06.82	35.58	200m:	2:20.31	36.87	300m:	3:34.21	36.87	400m:	4:44.86	34.41
119.	Sieradzki Kamil			02	UKS	Wodnik Siemianowice I.			4:45.12	459		
	50m:	31.83	31.83	150m:	1:44.24	36.59	250m:	2:58.04	36.77	350m:	4:10.62	35.73
	100m:	1:07.65	35.82	200m:	2:21.27	37.03	300m:	3:34.89	36.85	400m:	4:45.12	34.50
120.	Marciów Jakub			01	WKS	lask Wrocław			4:45.70	457		
	50m:	30.32	30.32	150m:	1:42.93	36.73	250m:	2:56.84	37.02	350m:	4:10.84	36.75
	100m:	1:06.20	35.88	200m:	2:19.82	36.89	300m:	3:34.09	37.25	400m:	4:45.70	34.86
121.	Zdziebło Piotr			02	UKS	Salmo ory			4:45.87	456		
	50m:	32.44	32.44	150m:	1:45.68	36.74	250m:	2:59.59	36.74	350m:	4:12.82	36.36
	100m:	1:08.94	36.50	200m:	2:22.85	37.17	300m:	3:36.46	36.87	400m:	4:45.87	33.05
122.	Lewandowski Jakub So			02	UKP	UNIA O wi cim			4:47.09	450		
	50m:	32.96	32.96	150m:	1:45.80	36.54	250m:	2:59.08	36.09	350m:	4:12.38	35.93
	100m:	1:09.26	36.30	200m:	2:22.99	37.19	300m:	3:36.45	37.37	400m:	4:47.09	34.71
123.	Major Daniel SO			01	UKP	UNIA O wi cim			4:47.82	447		
	50m:	31.98	31.98	150m:	1:47.22	38.01	250m:	3:01.39	36.78	350m:	4:13.67	35.37
	100m:	1:09.21	37.23	200m:	2:24.61	37.39	300m:	3:38.30	36.91	400m:	4:47.82	34.15
124.	Perzankowski Maciej			01	UKS	NAWA Skierniewice			4:48.08	445		
	50m:	32.53	32.53	150m:	1:45.83	36.67	250m:	2:59.70	37.06	350m:	4:13.49	36.27
	100m:	1:09.16	36.63	200m:	2:22.64	36.81	300m:	3:37.22	37.52	400m:	4:48.08	34.59



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Pozycja	Rok ur.	Czas	Pkt.
125. Lewandowski Mateusz	01 MKS Trójka Łód	4:48.61	443
50m: 32.82 32.82	150m: 1:46.34 36.99	250m: 3:00.17 36.47	350m: 4:13.95 36.60
100m: 1:09.35 36.53	200m: 2:23.70 37.36	300m: 3:37.35 37.18	400m: 4:48.61 34.66
126. Moczulski Mateusz	01 KKS Włókniarz 1925 Kalisz	4:48.71	442
50m: 30.36 30.36	150m: 1:42.10 36.63	250m: 2:56.81 37.66	350m: 4:12.38 37.98
100m: 1:05.47 35.11	200m: 2:19.15 37.05	300m: 3:34.40 37.59	400m: 4:48.71 36.33
127. Płatek Maciej So	02 UKP UNIA O wi cim	4:48.75	442
50m: 33.58 33.58	150m: 1:47.06 36.91	250m: 3:00.62 36.70	350m: 4:13.72 36.72
100m: 1:10.15 36.57	200m: 2:23.92 36.86	300m: 3:37.00 36.38	400m: 4:48.75 35.03
128. Chmielewski Jakub	00 UKS RUCH Grudzi dz	4:49.31	440
50m: 32.06 32.06	150m: 1:44.25 36.94	250m: 2:59.04 37.80	350m: 4:14.71 38.15
100m: 1:07.31 35.25	200m: 2:21.24 36.99	300m: 3:36.56 37.52	400m: 4:49.31 34.60
129. Ptak Filip	01 UKS Manta Kochłowice	4:49.90	437
50m: 32.18 32.18	150m: 1:44.60 36.64	250m: 2:58.88 37.01	350m: 4:12.99 36.86
100m: 1:07.96 35.78	200m: 2:21.87 37.27	300m: 3:36.13 37.25	400m: 4:49.90 36.91
130. Staniszewski Olaf	01 KKS Włókniarz 1925 Kalisz	4:50.45	434
50m: 31.10 31.10	150m: 1:42.29 35.97	250m: 2:55.98 37.16	350m: 4:12.97 39.03
100m: 1:06.32 35.22	200m: 2:18.82 36.53	300m: 3:33.94 37.96	400m: 4:50.45 37.48
131. Brodowski Bartosz	00 UKS NAWA Skierniewice	4:50.77	433
50m: 32.65 32.65	150m: 1:46.69 37.62	250m: 3:01.26 37.51	350m: 4:15.74 37.18
100m: 1:09.07 36.42	200m: 2:23.75 37.06	300m: 3:38.56 37.30	400m: 4:50.77 35.03
132. Sta czyk Jarema So	02 MMKS K dzierzyn-Ko le	4:52.86	424
50m: 33.84 33.84	150m: 1:48.95 37.95	250m: 3:02.90 36.98	350m: 4:17.67 37.12
100m: 1:11.00 37.16	200m: 2:25.92 36.97	300m: 3:40.55 37.65	400m: 4:52.86 35.19
133. Paj czkowski Olaf	01 UKS Salmo ory	4:53.69	420
50m: 32.80 32.80	150m: 1:48.24 38.14	250m: 3:04.76 38.18	350m: 4:18.67 36.27
100m: 1:10.10 37.30	200m: 2:26.58 38.34	300m: 3:42.40 37.64	400m: 4:53.69 35.02
134. Turkiewicz Maciej	98 UKS Orka Luba	4:55.74	412
50m: 34.02 34.02	150m: 1:48.79 37.83	250m: 3:05.66 37.99	350m: 4:20.76 36.63
100m: 1:10.96 36.94	200m: 2:27.67 38.88	300m: 3:44.13 38.47	400m: 4:55.74 34.98
135. Majka Maksymilian	02 CSiR MOS D browa Górnicza	4:57.86	403
50m: 32.65 32.65	150m: 1:47.69 37.93	250m: 3:04.82 38.64	350m: 4:21.65 38.21
100m: 1:09.76 37.11	200m: 2:26.18 38.49	300m: 3:43.44 38.62	400m: 4:57.86 36.21
136. Schreiber Patrick	02 UKS Aligator Gorzyce	4:59.51	396
50m: 34.10 34.10	150m: 1:51.23 38.86	250m: 3:08.23 38.40	350m: 4:23.54 38.06
100m: 1:12.37 38.27	200m: 2:29.83 38.60	300m: 3:45.48 37.25	400m: 4:59.51 35.97
137. Kistowski Jakub	02 WKS lask Wrocław	4:59.60	396
50m: 33.43 33.43	150m: 1:49.78 38.16	250m: 3:06.93 38.51	350m: 4:23.43 37.90
100m: 1:11.62 38.19	200m: 2:28.42 38.64	300m: 3:45.53 38.60	400m: 4:59.60 36.17
138. Kolecek Dominik	02 DOKiS SP Vega Dobrodzie	5:00.14	394
50m: 33.44 33.44	150m: 1:50.64 38.83	250m: 3:08.83 39.14	350m: 4:24.41 37.57
100m: 1:11.81 38.37	200m: 2:29.69 39.05	300m: 3:46.84 38.01	400m: 5:00.14 35.73
139. Angowski Szymon	01 UKS 5 plus 1 Opole	5:01.34	389
50m: 32.13 32.13	150m: 1:48.03 38.64	250m: 3:06.20 38.88	350m: 4:23.95 38.97
100m: 1:09.39 37.26	200m: 2:27.32 39.29	300m: 3:44.98 38.78	400m: 5:01.34 37.39



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Pozycja				Rok ur.					Czas	Pkt.		
140.	ak Maciej			02	CSiR MOS D	browa Górnicza			5:01.98	387		
	50m:	34.05	34.05	150m:	1:51.83	38.44	250m:	3:08.94	38.26	350m:	4:25.85	38.48
	100m:	1:13.39	39.34	200m:	2:30.68	38.85	300m:	3:47.37	38.43	400m:	5:01.98	36.13
141.	Palowski Zbigniew			01	UKS Wodnik 29	Katowice			5:02.40	385		
	50m:	31.62	31.62	150m:	1:45.46	38.27	250m:	3:06.16	40.28	350m:	4:27.84	41.55
	100m:	1:07.19	35.57	200m:	2:25.88	40.42	300m:	3:46.29	40.13	400m:	5:02.40	34.56
142.	Ku Artur			01	UKS Wodnik 29	Katowice			5:07.48	366		
	50m:	31.72	31.72	150m:	1:49.21	39.37	250m:	3:08.54	39.73	350m:	4:28.55	40.00
	100m:	1:09.84	38.12	200m:	2:28.81	39.60	300m:	3:48.55	40.01	400m:	5:07.48	38.93
143.	W growski Krystian			02	WKS lask	Wrocław			5:10.72	355		
	50m:	35.17	35.17	150m:	1:56.52	41.09	250m:	3:16.33	39.80	350m:	4:35.42	39.42
	100m:	1:15.43	40.26	200m:	2:36.53	40.01	300m:	3:56.00	39.67	400m:	5:10.72	35.30
144.	Ryba Michał			02	UKS Aligator	Gorzyce			5:11.00	354		
	50m:	32.62	32.62	150m:	1:50.47	39.86	250m:	3:11.36	40.59	350m:	4:31.40	40.41
	100m:	1:10.61	37.99	200m:	2:30.77	40.30	300m:	3:50.99	39.63	400m:	5:11.00	39.60
145.	Jainta Adrian			02	DOKiS SP Vega	Dobrodzie			5:17.78	332		
	50m:	34.97	34.97	150m:	1:55.76	41.03	250m:	3:18.08	40.77	350m:	4:39.17	40.65
	100m:	1:14.73	39.76	200m:	2:37.31	41.55	300m:	3:58.52	40.44	400m:	5:17.78	38.61