



GRAND PRIX PUCHAR POLSKI
Opole, 16- - 17-4-2016

Event 12	Men, 400m Freestyle				14 years and older
2016-04-16 - 13:28	Sponsor K. Skrzypek Prezes Energopol Trade Opole				Results
Rekord Polski Open	3:45.71	Stanczyk Przemyslaw	00116	Chiba (JPN)	2007-08-21
Rekord Polski 14	4:08.01	Bernatowicz Sebastian	00802	Oswiecim	2008-07-05
Rekord Polski 15	4:01.28	Wojdak Wojciech	03106	Oswiecim	2011-07-16
Rekord Polski 16	3:56.47	Kału y ski Antoni	03914	Hodmezovasarhely (HUN)	2015-12-12
Rekord Polski 17	3:51.80	Wojdak Wojciech	03106	Poznan	2013-07-10
Rekord Polski 18	3:49.21	Wojdak Wojciech		Dordrecht (NED)	2014-07-09

Points: FINA 2015

Rank	YB				Time	Pts
14 years						
1.	Jackowski Tomasz	02	WKS Slask Wroclaw		4:24.94	573
	50m: 30.24 30.24	150m: 1:38.10 34.07	250m: 2:45.62 33.13	350m: 3:53.11 33.69		
	100m: 1:04.03 33.79	200m: 2:12.49 34.39	300m: 3:19.42 33.80	400m: 4:24.94 31.83		
2.	Cielecki Kuba	02	WKS Slask Wroclaw		4:26.65	562
	50m: 30.60 30.60	150m: 1:39.39 34.85	250m: 2:47.56 33.93	350m: 3:54.93 33.35		
	100m: 1:04.54 33.94	200m: 2:13.63 34.24	300m: 3:21.58 34.02	400m: 4:26.65 31.72		
3.	Doroba Michal	02	WKS Slask Wroclaw		4:29.04	547
	50m: 30.63 30.63	150m: 1:37.74 33.69	250m: 2:46.41 34.27	350m: 3:55.61 34.54		
	100m: 1:04.05 33.42	200m: 2:12.14 34.40	300m: 3:21.07 34.66	400m: 4:29.04 33.43		
4.	Krzywania Oskar	02	UKS SP 149 Lodz		4:30.57	538
	50m: 31.41 31.41	150m: 1:42.59 35.59	250m: 2:52.27 34.57	350m: 3:59.54 32.91		
	100m: 1:07.00 35.59	200m: 2:17.70 35.11	300m: 3:26.63 34.36	400m: 4:30.57 31.03		
5.	Koziel Mikolaj So	02	UKP UNIA Oswiecim		4:35.47	509
	50m: 32.15 32.15	150m: 1:43.39 35.56	250m: 2:53.62 34.48	350m: 4:02.11 33.59		
	100m: 1:07.83 35.68	200m: 2:19.14 35.75	300m: 3:28.52 34.90	400m: 4:35.47 33.36		
6.	Mencel Milosz	02	UKS Aligator Gorzyce		4:38.99	490
	50m: 30.59 30.59	150m: 1:41.13 35.70	250m: 2:53.21 35.96	350m: 4:04.96 35.68		
	100m: 1:05.43 34.84	200m: 2:17.25 36.12	300m: 3:29.28 36.07	400m: 4:38.99 34.03		
7.	Bielas Jakub	02	UKS RUCH Grudziadz		4:43.19	469
	50m: 31.00 31.00	150m: 1:42.06 36.07	250m: 2:55.31 36.92	350m: 4:08.06 36.44		
	100m: 1:05.99 34.99	200m: 2:18.39 36.33	300m: 3:31.62 36.31	400m: 4:43.19 35.13		
8.	Galuszka Bruno So	02	UKP UNIA Oswiecim		4:43.43	468
	50m: 32.51 32.51	150m: 1:45.27 36.34	250m: 2:57.28 35.78	350m: 4:08.93 35.10		
	100m: 1:08.93 36.42	200m: 2:21.50 36.23	300m: 3:33.83 36.55	400m: 4:43.43 34.50		
9.	Alencynowicz Maciej SO	02	UKP UNIA Oswiecim		4:44.86	461
	50m: 31.24 31.24	150m: 1:43.44 36.62	250m: 2:57.34 37.03	350m: 4:10.45 36.24		
	100m: 1:06.82 35.58	200m: 2:20.31 36.87	300m: 3:34.21 36.87	400m: 4:44.86 34.41		
10.	Sieradzki Kamil	02	UKS Wodnik Siemianowice Sl.		4:45.12	459
	50m: 31.83 31.83	150m: 1:44.24 36.59	250m: 2:58.04 36.77	350m: 4:10.62 35.73		
	100m: 1:07.65 35.82	200m: 2:21.27 37.03	300m: 3:34.89 36.85	400m: 4:45.12 34.50		
11.	Zdziebło Piotr	02	UKS Salmo Zory		4:45.87	456
	50m: 32.44 32.44	150m: 1:45.68 36.74	250m: 2:59.59 36.74	350m: 4:12.82 36.36		
	100m: 1:08.94 36.50	200m: 2:22.85 37.17	300m: 3:36.46 36.87	400m: 4:45.87 33.05		
12.	Lewandowski Jakub So	02	UKP UNIA Oswiecim		4:47.09	450
	50m: 32.96 32.96	150m: 1:45.80 36.54	250m: 2:59.08 36.09	350m: 4:12.38 35.93		
	100m: 1:09.26 36.30	200m: 2:22.99 37.19	300m: 3:36.45 37.37	400m: 4:47.09 34.71		



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Event 12, Boys, 400m Freestyle, 14 years

Rank			YB					Time	Pts
13.	Platek Maciej So		02	UKP UNIA Oswiecim				4:48.75	442
	50m:	33.58 33.58	150m:	1:47.06 36.91	250m:	3:00.62 36.70	350m:	4:13.72 36.72	
	100m:	1:10.15 36.57	200m:	2:23.92 36.86	300m:	3:37.00 36.38	400m:	4:48.75 35.03	
14.	Stanczyk Jarema So		02	MMKS Kedzierzyn-Kozle				4:52.86	424
	50m:	33.84 33.84	150m:	1:48.95 37.95	250m:	3:02.90 36.98	350m:	4:17.67 37.12	
	100m:	1:11.00 37.16	200m:	2:25.92 36.97	300m:	3:40.55 37.65	400m:	4:52.86 35.19	
15.	Majka Maksymilian		02	CSiR MOS Dabrowa Gornicza				4:57.86	403
	50m:	32.65 32.65	150m:	1:47.69 37.93	250m:	3:04.82 38.64	350m:	4:21.65 38.21	
	100m:	1:09.76 37.11	200m:	2:26.18 38.49	300m:	3:43.44 38.62	400m:	4:57.86 36.21	
16.	Schreiber Patrick		02	UKS Aligator Gorzyce				4:59.51	396
	50m:	34.10 34.10	150m:	1:51.23 38.86	250m:	3:08.23 38.40	350m:	4:23.54 38.06	
	100m:	1:12.37 38.27	200m:	2:29.83 38.60	300m:	3:45.48 37.25	400m:	4:59.51 35.97	
17.	Kistowski Jakub		02	WKS Slask Wroclaw				4:59.60	396
	50m:	33.43 33.43	150m:	1:49.78 38.16	250m:	3:06.93 38.51	350m:	4:23.43 37.90	
	100m:	1:11.62 38.19	200m:	2:28.42 38.64	300m:	3:45.53 38.60	400m:	4:59.60 36.17	
18.	Koleczek Dominik		02	DOKiS SP Vega Dobrodzien				5:00.14	394
	50m:	33.44 33.44	150m:	1:50.64 38.83	250m:	3:08.83 39.14	350m:	4:24.41 37.57	
	100m:	1:11.81 38.37	200m:	2:29.69 39.05	300m:	3:46.84 38.01	400m:	5:00.14 35.73	
19.	Zak Maciej		02	CSiR MOS Dabrowa Gornicza				5:01.98	387
	50m:	34.05 34.05	150m:	1:51.83 38.44	250m:	3:08.94 38.26	350m:	4:25.85 38.48	
	100m:	1:13.39 39.34	200m:	2:30.68 38.85	300m:	3:47.37 38.43	400m:	5:01.98 36.13	
20.	Wegrowski Krystian		02	WKS Slask Wroclaw				5:10.72	355
	50m:	35.17 35.17	150m:	1:56.52 41.09	250m:	3:16.33 39.80	350m:	4:35.42 39.42	
	100m:	1:15.43 40.26	200m:	2:36.53 40.01	300m:	3:56.00 39.67	400m:	5:10.72 35.30	
21.	Ryba Michal		02	UKS Aligator Gorzyce				5:11.00	354
	50m:	32.62 32.62	150m:	1:50.47 39.86	250m:	3:11.36 40.59	350m:	4:31.40 40.41	
	100m:	1:10.61 37.99	200m:	2:30.77 40.30	300m:	3:50.99 39.63	400m:	5:11.00 39.60	
22.	Jainta Adrian		02	DOKiS SP Vega Dobrodzien				5:17.78	332
	50m:	34.97 34.97	150m:	1:55.76 41.03	250m:	3:18.08 40.77	350m:	4:39.17 40.65	
	100m:	1:14.73 39.76	200m:	2:37.31 41.55	300m:	3:58.52 40.44	400m:	5:17.78 38.61	

15 years

1.	Karolczak Jan		01	BUKS Warszawa				4:12.80	659
	50m:	28.67 28.67	150m:	1:33.14 32.43	250m:	2:37.74 32.08	350m:	3:42.25 32.09	
	100m:	1:00.71 32.04	200m:	2:05.66 32.52	300m:	3:10.16 32.42	400m:	4:12.80 30.55	
2.	Piotrowski Kacper		01	WKS Slask Wroclaw				4:14.19	648
	50m:	28.74 28.74	150m:	1:32.63 32.12	250m:	2:37.44 32.15	350m:	3:42.76 32.63	
	100m:	1:00.51 31.77	200m:	2:05.29 32.66	300m:	3:10.13 32.69	400m:	4:14.19 31.43	
3.	Wilejto Igor		01	Sambor Tczew				4:19.64	608
	50m:	30.64 30.64	150m:	1:37.22 33.56	250m:	2:44.42 33.88	350m:	3:49.61 32.15	
	100m:	1:03.66 33.02	200m:	2:10.54 33.32	300m:	3:17.46 33.04	400m:	4:19.64 30.03	
4.	Jaworski Szymon		01	UKS Salmo Zory				4:21.37	596
	50m:	28.94 28.94	150m:	1:35.12 33.53	250m:	2:42.52 33.77	350m:	3:49.80 33.77	
	100m:	1:01.59 32.65	200m:	2:08.75 33.63	300m:	3:16.03 33.51	400m:	4:21.37 31.57	



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Event 12, Boys, 400m Freestyle, 15 years

Rank			YB					Time	Pts
5.	Sacha Kamil		01	CSiR MOS Dabrowa Gornicza				4:22.50	589
	50m: 30.32	30.32	150m: 1:37.19	33.46	250m: 2:44.38	33.23	350m: 3:51.11	33.17	
	100m: 1:03.73	33.41	200m: 2:11.15	33.96	300m: 3:17.94	33.56	400m: 4:22.50	31.39	
6.	Goraj Marcin		01	UKS SMS Galicja Krakow				4:24.59	575
	50m: 29.36	29.36	150m: 1:37.41	34.15	250m: 2:45.99	34.29	350m: 3:54.32	33.93	
	100m: 1:03.26	33.90	200m: 2:11.70	34.29	300m: 3:20.39	34.40	400m: 4:24.59	30.27	
7.	Twardowski Piotr		01	UKS SMS Galicja Krakow				4:27.60	556
	50m: 30.28	30.28	150m: 1:37.44	33.96	250m: 2:46.02	34.35	350m: 3:54.20	33.79	
	100m: 1:03.48	33.20	200m: 2:11.67	34.23	300m: 3:20.41	34.39	400m: 4:27.60	33.40	
8.	Bobowiec Maksymilian		01	WKS Slask Wroclaw				4:29.05	547
	50m: 29.28	29.28	150m: 1:36.45	34.64	250m: 2:46.39	35.76	350m: 3:56.41	35.29	
	100m: 1:01.81	32.53	200m: 2:10.63	34.18	300m: 3:21.12	34.73	400m: 4:29.05	32.64	
9.	Kowalczyk Michal		01	MUKS Gilus Gilowice				4:29.32	545
	50m: 30.77	30.77	150m: 1:38.66	34.39	250m: 2:47.23	34.72	350m: 3:55.71	33.94	
	100m: 1:04.27	33.50	200m: 2:12.51	33.85	300m: 3:21.77	34.54	400m: 4:29.32	33.61	
10.	Szarpak Marcin		01	KS Piatka Chorzow				4:29.88	542
	50m: 30.76	30.76	150m: 1:38.39	34.15	250m: 2:47.27	34.38	350m: 3:56.29	33.92	
	100m: 1:04.24	33.48	200m: 2:12.89	34.50	300m: 3:22.37	35.10	400m: 4:29.88	33.59	
11.	Krol Mateusz		01	MKS - Astoria Bydgoszcz				4:30.72	537
	50m: 29.63	29.63	150m: 1:38.56	34.76	250m: 2:48.37	35.04	350m: 3:58.21	34.79	
	100m: 1:03.80	34.17	200m: 2:13.33	34.77	300m: 3:23.42	35.05	400m: 4:30.72	32.51	
12.	Nawrocki Filip		01	MKS Juvenia Wroclaw				4:31.04	535
	50m: 30.79	30.79	150m: 1:40.61	35.02	250m: 2:50.59	34.98	350m: 3:58.53	33.67	
	100m: 1:05.59	34.80	200m: 2:15.61	35.00	300m: 3:24.86	34.27	400m: 4:31.04	32.51	
13.	Girul Radoslaw		01	WKS Slask Wroclaw				4:31.88	530
	50m: 31.07	31.07	150m: 1:38.36	33.91	250m: 2:47.92	34.99	350m: 3:57.93	35.10	
	100m: 1:04.45	33.38	200m: 2:12.93	34.57	300m: 3:22.83	34.91	400m: 4:31.88	33.95	
14.	Szczerek Szymon		01	KKS Wlokniarz 1925 Kalisz				4:34.45	515
	50m: 31.56	31.56	150m: 1:41.09	35.38	250m: 2:51.32	35.10	350m: 4:00.73	34.35	
	100m: 1:05.71	34.15	200m: 2:16.22	35.13	300m: 3:26.38	35.06	400m: 4:34.45	33.72	
15.	Milbrant Kacper		01	UKS Salmo Zory				4:35.08	512
	50m: 30.76	30.76	150m: 1:40.05	35.06	250m: 2:50.53	35.29	350m: 4:00.51	35.10	
	100m: 1:04.99	34.23	200m: 2:15.24	35.19	300m: 3:25.41	34.88	400m: 4:35.08	34.57	
16.	Respondek Remigiusz		01	KS Piatka Chorzow				4:36.00	506
	50m: 31.68	31.68	150m: 1:41.75	35.40	250m: 2:53.21	36.05	350m: 4:03.22	34.81	
	100m: 1:06.35	34.67	200m: 2:17.16	35.41	300m: 3:28.41	35.20	400m: 4:36.00	32.78	
17.	Jozkow Cezary		01	WKS Slask Wroclaw				4:36.35	505
	50m: 30.91	30.91	150m: 1:39.98	34.85	250m: 2:50.24	35.21	350m: 4:01.68	35.73	
	100m: 1:05.13	34.22	200m: 2:15.03	35.05	300m: 3:25.95	35.71	400m: 4:36.35	34.67	
18.	Uryga Bartlomiej		01	UKS Salmo Zory				4:36.40	504
	50m: 31.16	31.16	150m: 1:41.53	35.81	250m: 2:52.47	35.68	350m: 4:03.54	35.55	
	100m: 1:05.72	34.56	200m: 2:16.79	35.26	300m: 3:27.99	35.52	400m: 4:36.40	32.86	
19.	Karpiel Dominik		01	CSiR MOS Dabrowa Gornicza				4:37.27	500
	50m: 31.25	31.25	150m: 1:41.79	35.46	250m: 2:53.67	35.76	350m: 4:04.69	35.05	
	100m: 1:06.33	35.08	200m: 2:17.91	36.12	300m: 3:29.64	35.97	400m: 4:37.27	32.58	



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Event 12, Boys, 400m Freestyle, 15 years

Rank			YB					Time	Pts
20.	Jochymek Oskar		01	WKS Slask Wroclaw				4:37.42	499
	50m: 31.58	31.58	150m: 1:42.46	35.48	250m: 2:54.41	36.27	350m: 4:05.52	35.53	
	100m: 1:06.98	35.40	200m: 2:18.14	35.68	300m: 3:29.99	35.58	400m: 4:37.42	31.90	
21.	Czerwinski Lukasz		01	JAGIELLONKA Warszawa				4:37.44	499
	50m: 30.55	30.55	150m: 1:41.58	35.79	250m: 2:53.66	35.96	350m: 4:04.83	35.25	
	100m: 1:05.79	35.24	200m: 2:17.70	36.12	300m: 3:29.58	35.92	400m: 4:37.44	32.61	
22.	Greber Artur		01	WKS Slask Wroclaw				4:38.79	491
	50m: 31.20	31.20	150m: 1:41.59	35.75	250m: 2:53.07	36.03	350m: 4:05.33	36.13	
	100m: 1:05.84	34.64	200m: 2:17.04	35.45	300m: 3:29.20	36.13	400m: 4:38.79	33.46	
23.	Janecki Mateusz		01	MKS Palac Mlodziezy Katowice				4:38.90	491
	50m: 31.08	31.08	150m: 1:41.94	35.77	250m: 2:53.96	36.24	350m: 4:05.66	35.53	
	100m: 1:06.17	35.09	200m: 2:17.72	35.78	300m: 3:30.13	36.17	400m: 4:38.90	33.24	
24.	Krasowski Michal		01	Zryw Opole				4:39.02	490
	50m: 30.89	30.89	150m: 1:41.90	35.70	250m: 2:52.87	35.27	350m: 4:04.82	36.42	
	100m: 1:06.20	35.31	200m: 2:17.60	35.70	300m: 3:28.40	35.53	400m: 4:39.02	34.20	
25.	Krysiak Michal		01	MKS Trojka Lodz				4:39.46	488
	50m: 31.52	31.52	150m: 1:42.56	35.81	250m: 2:54.22	35.87	350m: 4:05.02	35.28	
	100m: 1:06.75	35.23	200m: 2:18.35	35.79	300m: 3:29.74	35.52	400m: 4:39.46	34.44	
26.	Kramarczyk Jakub SO		01	UKP UNIA Oswiecim				4:39.80	486
	50m: 31.86	31.86	150m: 1:43.13	36.29	250m: 2:55.01	35.91	350m: 4:06.77	35.11	
	100m: 1:06.84	34.98	200m: 2:19.10	35.97	300m: 3:31.66	36.65	400m: 4:39.80	33.03	
27.	Sznajder Filip		01	WKS Slask Wroclaw				4:39.98	485
	50m: 30.21	30.21	150m: 1:41.36	36.01	250m: 2:54.62	36.62	350m: 4:05.72	34.72	
	100m: 1:05.35	35.14	200m: 2:18.00	36.64	300m: 3:31.00	36.38	400m: 4:39.98	34.26	
28.	Janik Jakub SO		01	UKP UNIA Oswiecim				4:40.76	481
	50m: 30.48	30.48	150m: 1:42.29	36.25	250m: 2:54.62	35.71	350m: 4:06.72	35.42	
	100m: 1:06.04	35.56	200m: 2:18.91	36.62	300m: 3:31.30	36.68	400m: 4:40.76	34.04	
29.	Wiraszka Mateusz		01	MKS Juvenia Wroclaw				4:41.54	477
	50m: 31.59	31.59	150m: 1:43.79	36.65	250m: 2:56.32	36.09	350m: 4:07.76	35.06	
	100m: 1:07.14	35.55	200m: 2:20.23	36.44	300m: 3:32.70	36.38	400m: 4:41.54	33.78	
30.	Zuehlke Kajetan		01	MZOS Plock				4:42.32	473
	50m: 30.82	30.82	150m: 1:42.51	36.20	250m: 2:55.92	36.58	350m: 4:08.01	35.21	
	100m: 1:06.31	35.49	200m: 2:19.34	36.83	300m: 3:32.80	36.88	400m: 4:42.32	34.31	
31.	Nowak Aleksander		01	UKS NAWA Skierniewice				4:42.69	471
	50m: 31.64	31.64	150m: 1:42.60	36.07	250m: 2:57.01	36.77	350m: 4:09.20	36.01	
	100m: 1:06.53	34.89	200m: 2:20.24	37.64	300m: 3:33.19	36.18	400m: 4:42.69	33.49	
32.	Rytter Igor		01	WKS Slask Wroclaw				4:42.91	470
	50m: 31.90	31.90	150m: 1:40.89	35.05	250m: 2:52.78	36.23	350m: 4:06.49	36.52	
	100m: 1:05.84	33.94	200m: 2:16.55	35.66	300m: 3:29.97	37.19	400m: 4:42.91	36.42	
33.	Zalewski Ronald		01	WKS Slask Wroclaw				4:43.22	469
	50m: 31.29	31.29	150m: 1:42.39	35.95	250m: 2:55.94	36.83	350m: 4:08.80	36.36	
	100m: 1:06.44	35.15	200m: 2:19.11	36.72	300m: 3:32.44	36.50	400m: 4:43.22	34.42	
34.	Wisniewski Pawel		01	UKS Wodnik 29 Katowice				4:43.74	466
	50m: 32.15	32.15	150m: 1:44.05	36.27	250m: 2:56.56	35.61	350m: 4:09.15	36.43	
	100m: 1:07.78	35.63	200m: 2:20.95	36.90	300m: 3:32.72	36.16	400m: 4:43.74	34.59	



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Event 12, Boys, 400m Freestyle, 15 years

Rank			YB					Time	Pts
35.	Sadlo Marcel		01	UKS Salmo Zory				4:43.99	465
	50m: 30.02	30.02	150m: 1:40.08	35.72	250m: 2:53.56	36.77	350m: 4:08.02	37.53	
	100m: 1:04.36	34.34	200m: 2:16.79	36.71	300m: 3:30.49	36.93	400m: 4:43.99	35.97	
36.	Marciow Jakub		01	WKS Slask Wroclaw				4:45.70	457
	50m: 30.32	30.32	150m: 1:42.93	36.73	250m: 2:56.84	37.02	350m: 4:10.84	36.75	
	100m: 1:06.20	35.88	200m: 2:19.82	36.89	300m: 3:34.09	37.25	400m: 4:45.70	34.86	
37.	Major Daniel SO		01	UKP UNIA Oswiecim				4:47.82	447
	50m: 31.98	31.98	150m: 1:47.22	38.01	250m: 3:01.39	36.78	350m: 4:13.67	35.37	
	100m: 1:09.21	37.23	200m: 2:24.61	37.39	300m: 3:38.30	36.91	400m: 4:47.82	34.15	
38.	Perzankowski Maciej		01	UKS NAWA Skierniewice				4:48.08	445
	50m: 32.53	32.53	150m: 1:45.83	36.67	250m: 2:59.70	37.06	350m: 4:13.49	36.27	
	100m: 1:09.16	36.63	200m: 2:22.64	36.81	300m: 3:37.22	37.52	400m: 4:48.08	34.59	
39.	Lewandowski Mateusz		01	MKS Trojka Lodz				4:48.61	443
	50m: 32.82	32.82	150m: 1:46.34	36.99	250m: 3:00.17	36.47	350m: 4:13.95	36.60	
	100m: 1:09.35	36.53	200m: 2:23.70	37.36	300m: 3:37.35	37.18	400m: 4:48.61	34.66	
40.	Moczulski Mateusz		01	KKS Wlokniarz 1925 Kalisz				4:48.71	442
	50m: 30.36	30.36	150m: 1:42.10	36.63	250m: 2:56.81	37.66	350m: 4:12.38	37.98	
	100m: 1:05.47	35.11	200m: 2:19.15	37.05	300m: 3:34.40	37.59	400m: 4:48.71	36.33	
41.	Ptak Filip		01	UKS Manta Kochlowice				4:49.90	437
	50m: 32.18	32.18	150m: 1:44.60	36.64	250m: 2:58.88	37.01	350m: 4:12.99	36.86	
	100m: 1:07.96	35.78	200m: 2:21.87	37.27	300m: 3:36.13	37.25	400m: 4:49.90	36.91	
42.	Staniszewski Olaf		01	KKS Wlokniarz 1925 Kalisz				4:50.45	434
	50m: 31.10	31.10	150m: 1:42.29	35.97	250m: 2:55.98	37.16	350m: 4:12.97	39.03	
	100m: 1:06.32	35.22	200m: 2:18.82	36.53	300m: 3:33.94	37.96	400m: 4:50.45	37.48	
43.	Pajczkowski Olaf		01	UKS Salmo Zory				4:53.69	420
	50m: 32.80	32.80	150m: 1:48.24	38.14	250m: 3:04.76	38.18	350m: 4:18.67	36.27	
	100m: 1:10.10	37.30	200m: 2:26.58	38.34	300m: 3:42.40	37.64	400m: 4:53.69	35.02	
44.	Angowski Szymon		01	UKS 5 plus 1 Opole				5:01.34	389
	50m: 32.13	32.13	150m: 1:48.03	38.64	250m: 3:06.20	38.88	350m: 4:23.95	38.97	
	100m: 1:09.39	37.26	200m: 2:27.32	39.29	300m: 3:44.98	38.78	400m: 5:01.34	37.39	
45.	Palowski Zbigniew		01	UKS Wodnik 29 Katowice				5:02.40	385
	50m: 31.62	31.62	150m: 1:45.46	38.27	250m: 3:06.16	40.28	350m: 4:27.84	41.55	
	100m: 1:07.19	35.57	200m: 2:25.88	40.42	300m: 3:46.29	40.13	400m: 5:02.40	34.56	
46.	Kus Artur		01	UKS Wodnik 29 Katowice				5:07.48	366
	50m: 31.72	31.72	150m: 1:49.21	39.37	250m: 3:08.54	39.73	350m: 4:28.55	40.00	
	100m: 1:09.84	38.12	200m: 2:28.81	39.60	300m: 3:48.55	40.01	400m: 5:07.48	38.93	

16 years

1.	Dutkowiak Wojciech		00	WKS Slask Wroclaw				4:09.12	689
	50m: 28.86	28.86	150m: 1:32.11	31.40	250m: 2:35.34	31.15	350m: 3:38.76	31.21	
	100m: 1:00.71	31.85	200m: 2:04.19	32.08	300m: 3:07.55	32.21	400m: 4:09.12	30.36	
2.	Kielczewski Amadeusz		00	WKS Slask Wroclaw				4:10.78	675
	50m: 28.46	28.46	150m: 1:32.21	32.05	250m: 2:36.29	32.16	350m: 3:40.44	31.84	
	100m: 1:00.16	31.70	200m: 2:04.13	31.92	300m: 3:08.60	32.31	400m: 4:10.78	30.34	



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Event 12, Boys, 400m Freestyle, 16 years

Rank			YB					Time	Pts			
3.	Kraska Jakub		00	UKS Piatka Konstantynow Lodzki				4:12.93	658			
	50m:	29.30	29.30	150m:	1:34.29	33.20	250m:	2:39.08	30.63	350m:	3:42.35	31.06
	100m:	1:01.09	31.79	200m:	2:08.45	34.16	300m:	3:11.29	32.21	400m:	4:12.93	30.58
4.	Pawlaczyk Patryk		00	UKS 190 Lodz				4:15.68	637			
	50m:	28.94	28.94	150m:	1:33.39	32.67	250m:	2:39.06	32.96	350m:	3:45.89	33.57
	100m:	1:00.72	31.78	200m:	2:06.10	32.71	300m:	3:12.32	33.26	400m:	4:15.68	29.79
5.	Kiszczak Jakub		00	MKS Juvenia Wroclaw				4:15.83	636			
	50m:	29.33	29.33	150m:	1:35.25	32.95	250m:	2:41.38	32.86	350m:	3:46.38	31.87
	100m:	1:02.30	32.97	200m:	2:08.52	33.27	300m:	3:14.51	33.13	400m:	4:15.83	29.45
6.	Oller Krzysztof		00	MTP KORMORAN Olsztyn				4:17.01	627			
	50m:	30.09	30.09	150m:	1:34.98	32.52	250m:	2:40.47	32.54	350m:	3:46.11	32.52
	100m:	1:02.46	32.37	200m:	2:07.93	32.95	300m:	3:13.59	33.12	400m:	4:17.01	30.90
7.	Dabrowski Patryk		00	WKS Slask Wroclaw				4:17.16	626			
	50m:	29.26	29.26	150m:	1:35.14	33.11	250m:	2:40.49	32.79	350m:	3:45.80	32.81
	100m:	1:02.03	32.77	200m:	2:07.70	32.56	300m:	3:12.99	32.50	400m:	4:17.16	31.36
8.	Dominiak Kacper		00	WKS Slask Wroclaw				4:17.24	626			
	50m:	30.12	30.12	150m:	1:36.62	33.08	250m:	2:41.99	32.11	350m:	3:46.58	31.79
	100m:	1:03.54	33.42	200m:	2:09.88	33.26	300m:	3:14.79	32.80	400m:	4:17.24	30.66
9.	Butkiewicz Wladyslaw SO		00	MKS Juvenia Bialystok				4:17.57	623			
	50m:	28.83	28.83	150m:	1:34.50	33.20	250m:	2:40.65	32.15	350m:	3:46.42	32.48
	100m:	1:01.30	32.47	200m:	2:08.50	34.00	300m:	3:13.94	33.29	400m:	4:17.57	31.15
10.	Fiks Krzysztof		00	UKS 190 Lodz				4:20.51	602			
	50m:	30.34	30.34	150m:	1:36.16	32.81	250m:	2:43.06	33.48	350m:	3:49.56	32.78
	100m:	1:03.35	33.01	200m:	2:09.58	33.42	300m:	3:16.78	33.72	400m:	4:20.51	30.95
11.	Hano Grzegorz		00	WKS Slask Wroclaw				4:20.90	600			
	50m:	29.90	29.90	150m:	1:35.96	33.28	250m:	2:42.84	33.70	350m:	3:49.01	32.58
	100m:	1:02.68	32.78	200m:	2:09.14	33.18	300m:	3:16.43	33.59	400m:	4:20.90	31.89
12.	Las Wiktor		00	WKS Slask Wroclaw				4:22.29	590			
	50m:	29.62	29.62	150m:	1:35.79	33.25	250m:	2:42.90	33.59	350m:	3:50.15	33.22
	100m:	1:02.54	32.92	200m:	2:09.31	33.52	300m:	3:16.93	34.03	400m:	4:22.29	32.14
13.	Mayerberg Kacper SO		00	UKP UNIA Oswiecim				4:24.72	574			
	50m:	30.42	30.42	150m:	1:37.85	34.42	250m:	2:46.00	34.45	350m:	3:53.63	33.51
	100m:	1:03.43	33.01	200m:	2:11.55	33.70	300m:	3:20.12	34.12	400m:	4:24.72	31.09
14.	Topolski Dawid		00	MKS Trojka Lodz				4:25.16	571			
	50m:	30.51	30.51	150m:	1:38.29	33.82	250m:	2:46.00	33.75	350m:	3:53.38	33.70
	100m:	1:04.47	33.96	200m:	2:12.25	33.96	300m:	3:19.68	33.68	400m:	4:25.16	31.78
15.	Twardzik Bartosz		00	SiKReT Gliwice				4:26.94	560			
	50m:	30.42	30.42	150m:	1:38.86	34.38	250m:	2:47.74	34.54	350m:	3:55.04	33.19
	100m:	1:04.48	34.06	200m:	2:13.20	34.34	300m:	3:21.85	34.11	400m:	4:26.94	31.90
16.	Szynalski Szymon		00	UPKS Wodnik Rawicz				4:30.38	539			
	50m:	30.23	30.23	150m:	1:38.37	34.31	250m:	2:48.44	35.05	350m:	3:57.52	34.02
	100m:	1:04.06	33.83	200m:	2:13.39	35.02	300m:	3:23.50	35.06	400m:	4:30.38	32.86
17.	Wolny Krzysztof		00	UKS Wodnik Siemianowice Sl.				4:37.97	496			
	50m:	30.37	30.37	150m:	1:41.03	35.71	250m:	2:52.52	35.74	350m:	4:04.90	35.29
	100m:	1:05.32	34.95	200m:	2:16.78	35.75	300m:	3:29.61	37.09	400m:	4:37.97	33.07



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Event 12, Boys, 400m Freestyle, 16 years

Rank		YB			Time	Pts
18.	Fidurski Jakub	00	UKS Wodnik Siemianowice Sl.		4:43.45	468
	50m: 31.75 31.75	150m: 1:44.00 36.50	250m: 2:58.43 37.01	350m: 4:10.00 35.48		
	100m: 1:07.50 35.75	200m: 2:21.42 37.42	300m: 3:34.52 36.09	400m: 4:43.45 33.45		
19.	Chmielewski Jakub	00	UKS RUCH Grudziadz		4:49.31	440
	50m: 32.06 32.06	150m: 1:44.25 36.94	250m: 2:59.04 37.80	350m: 4:14.71 38.15		
	100m: 1:07.31 35.25	200m: 2:21.24 36.99	300m: 3:36.56 37.52	400m: 4:49.31 34.60		
20.	Brodowski Bartosz	00	UKS NAWA Skierniewice		4:50.77	433
	50m: 32.65 32.65	150m: 1:46.69 37.62	250m: 3:01.26 37.51	350m: 4:15.74 37.18		
	100m: 1:09.07 36.42	200m: 2:23.75 37.06	300m: 3:38.56 37.30	400m: 4:50.77 35.03		

17 - 18 years

1.	Kaluzynski Antoni	99	MUKP Warszawianka Wodny Park		3:58.95	781
	50m: 27.56 27.56	150m: 1:27.98 30.19	250m: 2:29.86 30.41	350m: 3:30.45 30.31		
	100m: 57.79 30.23	200m: 1:59.45 31.47	300m: 3:00.14 30.28	400m: 3:58.95 28.50		
2.	Stokowski Kacper	99	UKS G-8 Bielany Warszawa		4:00.76	763
	50m: 26.18 26.18	150m: 1:27.36 31.08	250m: 2:30.11 30.86	350m: 3:32.77 31.24		
	100m: 56.28 30.10	200m: 1:59.25 31.89	300m: 3:01.53 31.42	400m: 4:00.76 27.99		
3.	Arndt Mateusz	98	KS Delfin Gdynia		4:01.50	756
	50m: 28.58 28.58	150m: 1:30.18 30.90	250m: 2:31.61 30.64	350m: 3:32.67 30.33		
	100m: 59.28 30.70	200m: 2:00.97 30.79	300m: 3:02.34 30.73	400m: 4:01.50 28.83		
4.	Zbutowicz Karol SOL	98	MTP KORMORAN Olsztyn		4:08.13	697
	50m: 28.92 28.92	150m: 1:32.19 31.57	250m: 2:34.98 31.22	350m: 3:38.05 31.47		
	100m: 1:00.62 31.70	200m: 2:03.76 31.57	300m: 3:06.58 31.60	400m: 4:08.13 30.08		
5.	Chmielewski Jakub	99	WKS Slask Wroclaw		4:08.43	695
	50m: 29.55 29.55	150m: 1:33.09 32.13	250m: 2:36.65 31.79	350m: 3:39.51 30.79		
	100m: 1:00.96 31.41	200m: 2:04.86 31.77	300m: 3:08.72 32.07	400m: 4:08.43 28.92		
6.	Parzynowski Wojciech	99	Olimpijczyk Aleksandrow Lodzki		4:10.36	679
	50m: 28.77 28.77	150m: 1:32.93 32.10	250m: 2:36.91 31.56	350m: 3:40.28 31.38		
	100m: 1:00.83 32.06	200m: 2:05.35 32.42	300m: 3:08.90 31.99	400m: 4:10.36 30.08		
7.	Roj KONRAD SSz	98	MKP Szczecin		4:10.64	676
	50m: 28.93 28.93	150m: 1:32.21 31.78	250m: 2:36.30 32.21	350m: 3:40.14 31.88		
	100m: 1:00.43 31.50	200m: 2:04.09 31.88	300m: 3:08.26 31.96	400m: 4:10.64 30.50		
8.	Skierka Jakub	98	Trops Kartuzy		4:11.37	671
	50m: 27.98 27.98	150m: 1:31.92 32.16	250m: 2:37.26 32.46	350m: 3:41.44 31.69		
	100m: 59.76 31.78	200m: 2:04.80 32.88	300m: 3:09.75 32.49	400m: 4:11.37 29.93		
9.	Chodan Alan SOL	98	MTP KORMORAN Olsztyn		4:11.69	668
	50m: 29.49 29.49	150m: 1:33.60 32.22	250m: 2:37.60 31.53	350m: 3:40.43 30.56		
	100m: 1:01.38 31.89	200m: 2:06.07 32.47	300m: 3:09.87 32.27	400m: 4:11.69 31.26		
10.	Macner Michal SOL	99	MTP KORMORAN Olsztyn		4:12.94	658
	50m: 29.37 29.37	150m: 1:33.26 32.11	250m: 2:37.74 32.42	350m: 3:42.50 32.49		
	100m: 1:01.15 31.78	200m: 2:05.32 32.06	300m: 3:10.01 32.27	400m: 4:12.94 30.44		
11.	Stanek Adam SO	99	UKP UNIA Oswiecim		4:15.07	642
	50m: 29.77 29.77	150m: 1:34.95 32.41	250m: 2:39.25 31.88	350m: 3:43.01 31.83		
	100m: 1:02.54 32.77	200m: 2:07.37 32.42	300m: 3:11.18 31.93	400m: 4:15.07 32.06		



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Event 12, Boys, 400m Freestyle, 17 - 18 years

Rank			YB					Time	Pts
12.	Szczepanski Kacper		99	MKS - Astoria Bydgoszcz				4:15.12	641
	50m:	29.69 29.69	150m:	1:34.61 32.87	250m:	2:40.14 32.57	350m:	3:44.72 31.82	
	100m:	1:01.74 32.05	200m:	2:07.57 32.96	300m:	3:12.90 32.76	400m:	4:15.12 30.40	
13.	Bruzdziak Maciej SOL		98	MTP KORMORAN Olsztyn				4:17.22	626
	50m:	28.64 28.64	150m:	1:33.06 32.72	250m:	2:39.28 33.36	350m:	3:45.57 33.29	
	100m:	1:00.34 31.70	200m:	2:05.92 32.86	300m:	3:12.28 33.00	400m:	4:17.22 31.65	
14.	Hojda Bartłomiej SO		98	UKP UNIA Oswiecim				4:17.28	625
	50m:	29.27 29.27	150m:	1:34.14 32.93	250m:	2:39.60 32.73	350m:	3:45.20 32.67	
	100m:	1:01.21 31.94	200m:	2:06.87 32.73	300m:	3:12.53 32.93	400m:	4:17.28 32.08	
15.	Gawron Oskar		99	WKS Slask Wroclaw				4:17.47	624
	50m:	29.74 29.74	150m:	1:35.70 33.30	250m:	2:40.77 32.27	350m:	3:45.40 32.38	
	100m:	1:02.40 32.66	200m:	2:08.50 32.80	300m:	3:13.02 32.25	400m:	4:17.47 32.07	
16.	Bryla Kamil SL		99	AZS UMCS Lublin				4:17.70	622
	50m:	29.12 29.12	150m:	1:34.46 32.77	250m:	2:40.79 33.21	350m:	3:46.45 32.72	
	100m:	1:01.69 32.57	200m:	2:07.58 33.12	300m:	3:13.73 32.94	400m:	4:17.70 31.25	
17.	Rybak Konrad SOL		98	UKS Pirania Targowek				4:18.61	616
	50m:	29.05 29.05	150m:	1:34.56 33.24	250m:	2:40.22 32.88	350m:	3:46.58 33.28	
	100m:	1:01.32 32.27	200m:	2:07.34 32.78	300m:	3:13.30 33.08	400m:	4:18.61 32.03	
18.	Pawelek Pawel SWwa		99	MKS Polonia Warszawa				4:18.68	615
	50m:	29.01 29.01	150m:	1:34.20 32.86	250m:	2:39.28 32.45	350m:	3:46.05 33.35	
	100m:	1:01.34 32.33	200m:	2:06.83 32.63	300m:	3:12.70 33.42	400m:	4:18.68 32.63	
19.	Stoszek Szymon		99	UKS Aligator Gorzyce				4:18.94	613
	50m:	30.27 30.27	150m:	1:37.42 33.97	250m:	2:43.92 33.17	350m:	3:48.34 32.18	
	100m:	1:03.45 33.18	200m:	2:10.75 33.33	300m:	3:16.16 32.24	400m:	4:18.94 30.60	
20.	Krulikowski Maciej SO		99	UKP UNIA Oswiecim				4:19.22	611
	50m:	30.51 30.51	150m:	1:37.49 33.74	250m:	2:43.14 32.34	350m:	3:48.72 32.17	
	100m:	1:03.75 33.24	200m:	2:10.80 33.31	300m:	3:16.55 33.41	400m:	4:19.22 30.50	
21.	Jarmula Milosz		98	MKS Jordan Krakow				4:20.51	602
	50m:	28.98 28.98	150m:	1:34.06 32.84	250m:	2:41.41 33.87	350m:	3:48.24 33.33	
	100m:	1:01.22 32.24	200m:	2:07.54 33.48	300m:	3:14.91 33.50	400m:	4:20.51 32.27	
22.	Jarosz Dawid SWwa		99	UKS Wodnik Konskie				4:20.61	602
	50m:	29.01 29.01	150m:	1:34.58 33.24	250m:	2:41.65 33.48	350m:	3:48.81 33.14	
	100m:	1:01.34 32.33	200m:	2:08.17 33.59	300m:	3:15.67 34.02	400m:	4:20.61 31.80	
23.	Wasiuk Jakub SO		99	MMKS Kedzierzyn-Kozle				4:21.50	596
	50m:	30.67 30.67	150m:	1:37.42 33.65	250m:	2:44.23 33.44	350m:	3:50.06 32.74	
	100m:	1:03.77 33.10	200m:	2:10.79 33.37	300m:	3:17.32 33.09	400m:	4:21.50 31.44	
24.	Stec Kacper		99	UKP Kmita Zabierzow				4:21.71	594
	50m:	29.63 29.63	150m:	1:35.75 33.39	250m:	2:43.11 33.49	350m:	3:49.88 33.13	
	100m:	1:02.36 32.73	200m:	2:09.62 33.87	300m:	3:16.75 33.64	400m:	4:21.71 31.83	
25.	Debski Dominik SSz		98	MKP Szczecin				4:22.38	590
	50m:	29.70 29.70	150m:	1:35.18 33.31	250m:	2:42.14 33.54	350m:	3:49.44 33.69	
	100m:	1:01.87 32.17	200m:	2:08.60 33.42	300m:	3:15.75 33.61	400m:	4:22.38 32.94	
26.	Cecere Marco		99	KKS Wloknierz 1925 Kalisz				4:27.33	557
	50m:	29.51 29.51	150m:	1:35.67 33.42	250m:	2:43.85 34.31	350m:	3:53.33 34.60	
	100m:	1:02.25 32.74	200m:	2:09.54 33.87	300m:	3:18.73 34.88	400m:	4:27.33 34.00	



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Event 12, Boys, 400m Freestyle, 17 - 18 years

Rank			YB					Time	Pts
27.	Mazur Dominik SO		99	UKP UNIA Oswiecim				4:27.92	554
	50m:	29.87 29.87	150m:	1:37.43 34.42	250m:	2:46.74 34.53	350m:	3:55.59 34.43	
	100m:	1:03.01 33.14	200m:	2:12.21 34.78	300m:	3:21.16 34.42	400m:	4:27.92 32.33	
28.	Matura Klaudiusz SR		98	MKS-SMS Victoria Raciborz				4:28.18	552
	50m:	29.77 29.77	150m:	1:36.98 34.46	250m:	2:46.03 34.09	350m:	3:55.30 34.49	
	100m:	1:02.52 32.75	200m:	2:11.94 34.96	300m:	3:20.81 34.78	400m:	4:28.18 32.88	
29.	Gasior Sebastian SL		99	AZS UMCS Lublin				4:30.57	538
	50m:	30.74 30.74	150m:	1:39.00 34.48	250m:	2:47.97 34.56	350m:	3:57.46 34.64	
	100m:	1:04.52 33.78	200m:	2:13.41 34.41	300m:	3:22.82 34.85	400m:	4:30.57 33.11	
30.	Pawliniak Mariusz		99	UKS Wodnik 29 Katowice				4:30.83	536
	50m:	29.71 29.71	150m:	1:35.71 33.44	250m:	2:44.35 34.49	350m:	3:55.35 35.70	
	100m:	1:02.27 32.56	200m:	2:09.86 34.15	300m:	3:19.65 35.30	400m:	4:30.83 35.48	
31.	Mikolajczyk Michal		99	KKS Wlokniarz 1925 Kalisz				4:31.75	531
	50m:	30.04 30.04	150m:	1:37.33 34.26	250m:	2:47.33 35.35	350m:	3:58.03 35.43	
	100m:	1:03.07 33.03	200m:	2:11.98 34.65	300m:	3:22.60 35.27	400m:	4:31.75 33.72	
32.	Grzeszczyk Kacper SI		99	UKS Swim 10 Pulawy				4:35.19	511
	50m:	29.81 29.81	150m:	1:38.50 34.95	250m:	2:49.89 36.07	350m:	4:00.86 35.26	
	100m:	1:03.55 33.74	200m:	2:13.82 35.32	300m:	3:25.60 35.71	400m:	4:35.19 34.33	
33.	Skuba Marcin		98	Orka Zamosc				4:37.18	500
	50m:	31.51 31.51	150m:	1:40.01 34.66	250m:	2:50.38 35.33	350m:	4:02.66 36.64	
	100m:	1:05.35 33.84	200m:	2:15.05 35.04	300m:	3:26.02 35.64	400m:	4:37.18 34.52	
34.	Puk Grzegorz		98	UKS Huragan Sosnowiec				4:38.43	493
	50m:	29.06 29.06	150m:	1:37.11 34.88	250m:	2:48.09 35.40	350m:	4:03.29 43.17	
	100m:	1:02.23 33.17	200m:	2:12.69 35.58	300m:	3:20.12 32.03	400m:	4:38.43 35.14	
35.	Kaminski Piotr		99	Iskra Konin				4:39.67	487
	50m:	30.41 30.41	150m:	1:38.35 34.90	250m:	2:50.23 36.51	350m:	4:04.14 36.86	
	100m:	1:03.45 33.04	200m:	2:13.72 35.37	300m:	3:27.28 37.05	400m:	4:39.67 35.53	
36.	Turkiewicz Maciej		98	UKS Orka Luban				4:55.74	412
	50m:	34.02 34.02	150m:	1:48.79 37.83	250m:	3:05.66 37.99	350m:	4:20.76 36.63	
	100m:	1:10.96 36.94	200m:	2:27.67 38.88	300m:	3:44.13 38.47	400m:	4:55.74 34.98	

14 years and older

1.	Wojdak Wojciech		96	UKP UNIA Oswiecim				3:53.35	838
	50m:	27.38 27.38	150m:	1:26.58 29.52	250m:	2:25.39 29.45	350m:	3:24.56 29.59	
	100m:	57.06 29.68	200m:	1:55.94 29.36	300m:	2:54.97 29.58	400m:	3:53.35 28.79	
2.	Zaborowski Filip		94	MKP Szczecin				3:53.87	833
	50m:	27.75 27.75	150m:	1:27.01 29.75	250m:	2:26.10 29.48	350m:	3:25.24 29.60	
	100m:	57.26 29.51	200m:	1:56.62 29.61	300m:	2:55.64 29.54	400m:	3:53.87 28.63	
3.	Zaczynski Karol		91	WKS Slask Wroclaw				3:58.73	783
	50m:	28.62 28.62	150m:	1:29.49 30.50	250m:	2:29.45 30.02	350m:	3:29.69 30.09	
	100m:	58.99 30.37	200m:	1:59.43 29.94	300m:	2:59.60 30.15	400m:	3:58.73 29.04	
4.	Kaluzynski Antoni		99	MUKP Warszawianka Wodny Park				3:58.95	781
	50m:	27.56 27.56	150m:	1:27.98 30.19	250m:	2:29.86 30.41	350m:	3:30.45 30.31	
	100m:	57.79 30.23	200m:	1:59.45 31.47	300m:	3:00.14 30.28	400m:	3:58.95 28.50	



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Event 12, Men, 400m Freestyle, 14 years and older

Rank			YB					Time	Pts
5.	Stokowski Kacper		99	UKS G-8 Bielany Warszawa				4:00.76	763
	50m:	26.18 26.18	150m:	1:27.36	31.08	250m:	2:30.11 30.86	350m:	3:32.77 31.24
	100m:	56.28 30.10	200m:	1:59.25	31.89	300m:	3:01.53 31.42	400m:	4:00.76 27.99
6.	Majchrzak Kacper		92	KS Warta Poznan				4:01.00	761
	50m:	26.85 26.85	150m:	1:29.89	31.91	250m:	2:31.18 29.67	350m:	3:31.69 30.32
	100m:	57.98 31.13	200m:	2:01.51	31.62	300m:	3:01.37 30.19	400m:	4:01.00 29.31
7.	Arndt Mateusz		98	KS Delfin Gdynia				4:01.50	756
	50m:	28.58 28.58	150m:	1:30.18	30.90	250m:	2:31.61 30.64	350m:	3:32.67 30.33
	100m:	59.28 30.70	200m:	2:00.97	30.79	300m:	3:02.34 30.73	400m:	4:01.50 28.83
8.	Jaszczak Wiktor		97	WKS Slask Wroclaw				4:03.39	739
	50m:	28.53 28.53	150m:	1:29.86	30.64	250m:	2:31.43 30.79	350m:	3:33.19 30.69
	100m:	59.22 30.69	200m:	2:00.64	30.78	300m:	3:02.50 31.07	400m:	4:03.39 30.20
9.	Kubkowski Bartłomiej		95	MTP KORMORAN Olsztyn				4:04.12	732
	50m:	28.47 28.47	150m:	1:30.12	31.03	250m:	2:31.77 30.54	350m:	3:34.01 31.41
	100m:	59.09 30.62	200m:	2:01.23	31.11	300m:	3:02.60 30.83	400m:	4:04.12 30.11
10.	Stepien Konrad		96	AZS AWF Warszawa				4:04.41	730
	50m:	27.21 27.21	150m:	1:28.72	30.96	250m:	2:31.72 31.36	350m:	3:34.88 31.69
	100m:	57.76 30.55	200m:	2:00.36	31.64	300m:	3:03.19 31.47	400m:	4:04.41 29.53
11.	Glyk Wojciech		92	AZS AWF Katowice				4:06.99	707
	50m:	28.60 28.60	150m:	1:30.08	30.81	250m:	2:32.03 31.04	350m:	3:35.53 31.90
	100m:	59.27 30.67	200m:	2:00.99	30.91	300m:	3:03.63 31.60	400m:	4:06.99 31.46
12.	Smeja Sławomir		94	AZS AWF Katowice				4:07.10	706
	50m:	28.40 28.40	150m:	1:29.96	30.96	250m:	2:32.82 31.49	350m:	3:36.12 31.68
	100m:	59.00 30.60	200m:	2:01.33	31.37	300m:	3:04.44 31.62	400m:	4:07.10 30.98
13.	Zbutowicz Karol SOL		98	MTP KORMORAN Olsztyn				4:08.13	697
	50m:	28.92 28.92	150m:	1:32.19	31.57	250m:	2:34.98 31.22	350m:	3:38.05 31.47
	100m:	1:00.62 31.70	200m:	2:03.76	31.57	300m:	3:06.58 31.60	400m:	4:08.13 30.08
14.	Chmielewski Jakub		99	WKS Slask Wroclaw				4:08.43	695
	50m:	29.55 29.55	150m:	1:33.09	32.13	250m:	2:36.65 31.79	350m:	3:39.51 30.79
	100m:	1:00.96 31.41	200m:	2:04.86	31.77	300m:	3:08.72 32.07	400m:	4:08.43 28.92
15.	Jura Maciej		96	WKS Slask Wroclaw				4:08.68	693
	50m:	28.29 28.29	150m:	1:28.58	30.29	250m:	2:31.05 31.53	350m:	3:35.91 33.08
	100m:	58.29 30.00	200m:	1:59.52	30.94	300m:	3:02.83 31.78	400m:	4:08.68 32.77
16.	Dutkowiak Wojciech		00	WKS Slask Wroclaw				4:09.12	689
	50m:	28.86 28.86	150m:	1:32.11	31.40	250m:	2:35.34 31.15	350m:	3:38.76 31.21
	100m:	1:00.71 31.85	200m:	2:04.19	32.08	300m:	3:07.55 32.21	400m:	4:09.12 30.36
17.	Parzynowski Wojciech		99	Olimpijczyk Aleksandrow Lodzki				4:10.36	679
	50m:	28.77 28.77	150m:	1:32.93	32.10	250m:	2:36.91 31.56	350m:	3:40.28 31.38
	100m:	1:00.83 32.06	200m:	2:05.35	32.42	300m:	3:08.90 31.99	400m:	4:10.36 30.08
18.	Roj KONRAD SSz		98	MKP Szczecin				4:10.64	676
	50m:	28.93 28.93	150m:	1:32.21	31.78	250m:	2:36.30 32.21	350m:	3:40.14 31.88
	100m:	1:00.43 31.50	200m:	2:04.09	31.88	300m:	3:08.26 31.96	400m:	4:10.64 30.50
19.	Kielczewski Amadeusz		00	WKS Slask Wroclaw				4:10.78	675
	50m:	28.46 28.46	150m:	1:32.21	32.05	250m:	2:36.29 32.16	350m:	3:40.44 31.84
	100m:	1:00.16 31.70	200m:	2:04.13	31.92	300m:	3:08.60 32.31	400m:	4:10.78 30.34



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Event 12, Men, 400m Freestyle, 14 years and older

Rank			YB					Time	Pts
20.	Kaczmarek Marcin		94	AZS AWF Warszawa				4:11.10	673
	50m: 28.23	28.23	150m: 1:30.58	31.48	250m: 2:34.79	32.01	350m: 3:39.68	32.26	
	100m: 59.10	30.87	200m: 2:02.78	32.20	300m: 3:07.42	32.63	400m: 4:11.10	31.42	
21.	Skierka Jakub		98	Trops Kartuzy				4:11.37	671
	50m: 27.98	27.98	150m: 1:31.92	32.16	250m: 2:37.26	32.46	350m: 3:41.44	31.69	
	100m: 59.76	31.78	200m: 2:04.80	32.88	300m: 3:09.75	32.49	400m: 4:11.37	29.93	
22.	Chodan Alan SOL		98	MTP KORMORAN Olsztyn				4:11.69	668
	50m: 29.49	29.49	150m: 1:33.60	32.22	250m: 2:37.60	31.53	350m: 3:40.43	30.56	
	100m: 1:01.38	31.89	200m: 2:06.07	32.47	300m: 3:09.87	32.27	400m: 4:11.69	31.26	
23.	Karolczak Jan		01	BUKS Warszawa				4:12.80	659
	50m: 28.67	28.67	150m: 1:33.14	32.43	250m: 2:37.74	32.08	350m: 3:42.25	32.09	
	100m: 1:00.71	32.04	200m: 2:05.66	32.52	300m: 3:10.16	32.42	400m: 4:12.80	30.55	
24.	Kraska Jakub		00	UKS Piatka Konstantynow Lodzki				4:12.93	658
	50m: 29.30	29.30	150m: 1:34.29	33.20	250m: 2:39.08	30.63	350m: 3:42.35	31.06	
	100m: 1:01.09	31.79	200m: 2:08.45	34.16	300m: 3:11.29	32.21	400m: 4:12.93	30.58	
25.	Macner Michal SOL		99	MTP KORMORAN Olsztyn				4:12.94	658
	50m: 29.37	29.37	150m: 1:33.26	32.11	250m: 2:37.74	32.42	350m: 3:42.50	32.49	
	100m: 1:01.15	31.78	200m: 2:05.32	32.06	300m: 3:10.01	32.27	400m: 4:12.94	30.44	
26.	Piotrowski Kacper		01	WKS Slask Wroclaw				4:14.19	648
	50m: 28.74	28.74	150m: 1:32.63	32.12	250m: 2:37.44	32.15	350m: 3:42.76	32.63	
	100m: 1:00.51	31.77	200m: 2:05.29	32.66	300m: 3:10.13	32.69	400m: 4:14.19	31.43	
27.	Stanek Adam SO		99	UKP UNIA Oswiecim				4:15.07	642
	50m: 29.77	29.77	150m: 1:34.95	32.41	250m: 2:39.25	31.88	350m: 3:43.01	31.83	
	100m: 1:02.54	32.77	200m: 2:07.37	32.42	300m: 3:11.18	31.93	400m: 4:15.07	32.06	
28.	Zwolinski Marcin		97	CSiR MOS Dabrowa Gornicza				4:15.11	641
	50m: 29.53	29.53	150m: 1:33.42	32.26	250m: 2:38.65	32.45	350m: 3:43.66	32.87	
	100m: 1:01.16	31.63	200m: 2:06.20	32.78	300m: 3:10.79	32.14	400m: 4:15.11	31.45	
29.	Szczepanski Kacper		99	MKS - Astoria Bydgoszcz				4:15.12	641
	50m: 29.69	29.69	150m: 1:34.61	32.87	250m: 2:40.14	32.57	350m: 3:44.72	31.82	
	100m: 1:01.74	32.05	200m: 2:07.57	32.96	300m: 3:12.90	32.76	400m: 4:15.12	30.40	
30.	Pawlaczyk Patryk		00	UKS 190 Lodz				4:15.68	637
	50m: 28.94	28.94	150m: 1:33.39	32.67	250m: 2:39.06	32.96	350m: 3:45.89	33.57	
	100m: 1:00.72	31.78	200m: 2:06.10	32.71	300m: 3:12.32	33.26	400m: 4:15.68	29.79	
31.	Kiszczak Jakub		00	MKS Juvenia Wroclaw				4:15.83	636
	50m: 29.33	29.33	150m: 1:35.25	32.95	250m: 2:41.38	32.86	350m: 3:46.38	31.87	
	100m: 1:02.30	32.97	200m: 2:08.52	33.27	300m: 3:14.51	33.13	400m: 4:15.83	29.45	
32.	Pioro Artur		91	MKS Palac Mlodziezy Katowice				4:16.73	629
	50m: 29.27	29.27	150m: 1:34.00	32.31	250m: 2:39.91	33.02	350m: 3:44.46	31.16	
	100m: 1:01.69	32.42	200m: 2:06.89	32.89	300m: 3:13.30	33.39	400m: 4:16.73	32.27	
33.	Oller Krzysztof		00	MTP KORMORAN Olsztyn				4:17.01	627
	50m: 30.09	30.09	150m: 1:34.98	32.52	250m: 2:40.47	32.54	350m: 3:46.11	32.52	
	100m: 1:02.46	32.37	200m: 2:07.93	32.95	300m: 3:13.59	33.12	400m: 4:17.01	30.90	
34.	Dabrowski Patryk		00	WKS Slask Wroclaw				4:17.16	626
	50m: 29.26	29.26	150m: 1:35.14	33.11	250m: 2:40.49	32.79	350m: 3:45.80	32.81	
	100m: 1:02.03	32.77	200m: 2:07.70	32.56	300m: 3:12.99	32.50	400m: 4:17.16	31.36	



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Event 12, Men, 400m Freestyle, 14 years and older

Rank	Name				YB	Club				Time	Pts	
35.	Bruzdziak Maciej SOL				98	MTP KORMORAN Olsztyn				4:17.22	626	
	50m:	28.64	28.64	150m:	1:33.06	32.72	250m:	2:39.28	33.36	350m:	3:45.57	33.29
	100m:	1:00.34	31.70	200m:	2:05.92	32.86	300m:	3:12.28	33.00	400m:	4:17.22	31.65
36.	Dominiak Kacper				00	WKS Slask Wroclaw				4:17.24	626	
	50m:	30.12	30.12	150m:	1:36.62	33.08	250m:	2:41.99	32.11	350m:	3:46.58	31.79
	100m:	1:03.54	33.42	200m:	2:09.88	33.26	300m:	3:14.79	32.80	400m:	4:17.24	30.66
37.	Hojda Bartłomiej SO				98	UKP UNIA Oswiecim				4:17.28	625	
	50m:	29.27	29.27	150m:	1:34.14	32.93	250m:	2:39.60	32.73	350m:	3:45.20	32.67
	100m:	1:01.21	31.94	200m:	2:06.87	32.73	300m:	3:12.53	32.93	400m:	4:17.28	32.08
38.	Gawron Oskar				99	WKS Slask Wroclaw				4:17.47	624	
	50m:	29.74	29.74	150m:	1:35.70	33.30	250m:	2:40.77	32.27	350m:	3:45.40	32.38
	100m:	1:02.40	32.66	200m:	2:08.50	32.80	300m:	3:13.02	32.25	400m:	4:17.47	32.07
39.	Butkiewicz Wladyslaw SO				00	MKS Juwenia Bialystok				4:17.57	623	
	50m:	28.83	28.83	150m:	1:34.50	33.20	250m:	2:40.65	32.15	350m:	3:46.42	32.48
	100m:	1:01.30	32.47	200m:	2:08.50	34.00	300m:	3:13.94	33.29	400m:	4:17.57	31.15
40.	Bryla Kamil SL				99	AZS UMCS Lublin				4:17.70	622	
	50m:	29.12	29.12	150m:	1:34.46	32.77	250m:	2:40.79	33.21	350m:	3:46.45	32.72
	100m:	1:01.69	32.57	200m:	2:07.58	33.12	300m:	3:13.73	32.94	400m:	4:17.70	31.25
41.	Dros Patryk				97	CSiR MOS Dabrowa Gornicza				4:18.53	616	
	50m:	29.58	29.58	150m:	1:36.36	33.40	250m:	2:42.55	32.77	350m:	3:47.44	32.10
	100m:	1:02.96	33.38	200m:	2:09.78	33.42	300m:	3:15.34	32.79	400m:	4:18.53	31.09
42.	Rybak Konrad SOL				98	UKS Pirania Targowek				4:18.61	616	
	50m:	29.05	29.05	150m:	1:34.56	33.24	250m:	2:40.22	32.88	350m:	3:46.58	33.28
	100m:	1:01.32	32.27	200m:	2:07.34	32.78	300m:	3:13.30	33.08	400m:	4:18.61	32.03
43.	Sobczyk Maciej				95	AZS-AGH Krakow				4:18.65	615	
	50m:	29.58	29.58	150m:	1:34.93	32.93	250m:	2:41.00	32.89	350m:	3:46.92	32.94
	100m:	1:02.00	32.42	200m:	2:08.11	33.18	300m:	3:13.98	32.98	400m:	4:18.65	31.73
44.	Pawelek Pawel SWwa				99	MKS Polonia Warszawa				4:18.68	615	
	50m:	29.01	29.01	150m:	1:34.20	32.86	250m:	2:39.28	32.45	350m:	3:46.05	33.35
	100m:	1:01.34	32.33	200m:	2:06.83	32.63	300m:	3:12.70	33.42	400m:	4:18.68	32.63
45.	Stoszek Szymon				99	UKS Aligator Gorzyce				4:18.94	613	
	50m:	30.27	30.27	150m:	1:37.42	33.97	250m:	2:43.92	33.17	350m:	3:48.34	32.18
	100m:	1:03.45	33.18	200m:	2:10.75	33.33	300m:	3:16.16	32.24	400m:	4:18.94	30.60
46.	Krulikowski Maciej SO				99	UKP UNIA Oswiecim				4:19.22	611	
	50m:	30.51	30.51	150m:	1:37.49	33.74	250m:	2:43.14	32.34	350m:	3:48.72	32.17
	100m:	1:03.75	33.24	200m:	2:10.80	33.31	300m:	3:16.55	33.41	400m:	4:19.22	30.50
47.	Wilejto Igor				01	Sambor Tczew				4:19.64	608	
	50m:	30.64	30.64	150m:	1:37.22	33.56	250m:	2:44.42	33.88	350m:	3:49.61	32.15
	100m:	1:03.66	33.02	200m:	2:10.54	33.32	300m:	3:17.46	33.04	400m:	4:19.64	30.03
48.	Powroznik Konrad				97	CSiR MOS Dabrowa Gornicza				4:20.28	604	
	50m:	29.95	29.95	150m:	1:35.37	32.82	250m:	2:41.75	33.46	350m:	3:47.40	32.78
	100m:	1:02.55	32.60	200m:	2:08.29	32.92	300m:	3:14.62	32.87	400m:	4:20.28	32.88
49.	Jarmula Milosz				98	MKS Jordan Krakow				4:20.51	602	
	50m:	28.98	28.98	150m:	1:34.06	32.84	250m:	2:41.41	33.87	350m:	3:48.24	33.33
	100m:	1:01.22	32.24	200m:	2:07.54	33.48	300m:	3:14.91	33.50	400m:	4:20.51	32.27



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Rank		YB						Time	Pts
49.	Fiks Krzysztof	00	UKS 190 Lodz					4:20.51	602
	50m: 30.34	30.34	150m: 1:36.16	32.81	250m: 2:43.06	33.48	350m: 3:49.56	32.78	
	100m: 1:03.35	33.01	200m: 2:09.58	33.42	300m: 3:16.78	33.72	400m: 4:20.51	30.95	
51.	Jarosz Dawid SWwa	99	UKS Wodnik Konskie					4:20.61	602
	50m: 29.01	29.01	150m: 1:34.58	33.24	250m: 2:41.65	33.48	350m: 3:48.81	33.14	
	100m: 1:01.34	32.33	200m: 2:08.17	33.59	300m: 3:15.67	34.02	400m: 4:20.61	31.80	
52.	Lechowicz Filip SO	97	Korona					4:20.83	600
	50m: 28.84	28.84	150m: 1:35.10	32.99	250m: 2:42.14	33.49	350m: 3:48.49	33.66	
	100m: 1:02.11	33.27	200m: 2:08.65	33.55	300m: 3:14.83	32.69	400m: 4:20.83	32.34	
53.	Hano Grzegorz	00	WKS Slask Wroclaw					4:20.90	600
	50m: 29.90	29.90	150m: 1:35.96	33.28	250m: 2:42.84	33.70	350m: 3:49.01	32.58	
	100m: 1:02.68	32.78	200m: 2:09.14	33.18	300m: 3:16.43	33.59	400m: 4:20.90	31.89	
54.	Jaworski Szymon	01	UKS Salmo Zory					4:21.37	596
	50m: 28.94	28.94	150m: 1:35.12	33.53	250m: 2:42.52	33.77	350m: 3:49.80	33.77	
	100m: 1:01.59	32.65	200m: 2:08.75	33.63	300m: 3:16.03	33.51	400m: 4:21.37	31.57	
55.	Wasiuk Jakub SO	99	MMKS Kedzierzyn-Kozle					4:21.50	596
	50m: 30.67	30.67	150m: 1:37.42	33.65	250m: 2:44.23	33.44	350m: 3:50.06	32.74	
	100m: 1:03.77	33.10	200m: 2:10.79	33.37	300m: 3:17.32	33.09	400m: 4:21.50	31.44	
56.	Stec Kacper	99	UKP Kmita Zabierzow					4:21.71	594
	50m: 29.63	29.63	150m: 1:35.75	33.39	250m: 2:43.11	33.49	350m: 3:49.88	33.13	
	100m: 1:02.36	32.73	200m: 2:09.62	33.87	300m: 3:16.75	33.64	400m: 4:21.71	31.83	
57.	Las Wiktor	00	WKS Slask Wroclaw					4:22.29	590
	50m: 29.62	29.62	150m: 1:35.79	33.25	250m: 2:42.90	33.59	350m: 3:50.15	33.22	
	100m: 1:02.54	32.92	200m: 2:09.31	33.52	300m: 3:16.93	34.03	400m: 4:22.29	32.14	
58.	Debski Dominik SSz	98	MKP Szczecin					4:22.38	590
	50m: 29.70	29.70	150m: 1:35.18	33.31	250m: 2:42.14	33.54	350m: 3:49.44	33.69	
	100m: 1:01.87	32.17	200m: 2:08.60	33.42	300m: 3:15.75	33.61	400m: 4:22.38	32.94	
59.	Sacha Kamil	01	CSiR MOS Dabrowa Gornicza					4:22.50	589
	50m: 30.32	30.32	150m: 1:37.19	33.46	250m: 2:44.38	33.23	350m: 3:51.11	33.17	
	100m: 1:03.73	33.41	200m: 2:11.15	33.96	300m: 3:17.94	33.56	400m: 4:22.50	31.39	
60.	Goraj Marcin	01	UKS SMS Galicja Krakow					4:24.59	575
	50m: 29.36	29.36	150m: 1:37.41	34.15	250m: 2:45.99	34.29	350m: 3:54.32	33.93	
	100m: 1:03.26	33.90	200m: 2:11.70	34.29	300m: 3:20.39	34.40	400m: 4:24.59	30.27	
61.	Mayerberg Kacper SO	00	UKP UNIA Oswiecim					4:24.72	574
	50m: 30.42	30.42	150m: 1:37.85	34.42	250m: 2:46.00	34.45	350m: 3:53.63	33.51	
	100m: 1:03.43	33.01	200m: 2:11.55	33.70	300m: 3:20.12	34.12	400m: 4:24.72	31.09	
62.	Jackowski Tomasz	02	WKS Slask Wroclaw					4:24.94	573
	50m: 30.24	30.24	150m: 1:38.10	34.07	250m: 2:45.62	33.13	350m: 3:53.11	33.69	
	100m: 1:04.03	33.79	200m: 2:12.49	34.39	300m: 3:19.42	33.80	400m: 4:24.94	31.83	
63.	Topolski Dawid	00	MKS Trojka Lodz					4:25.16	571
	50m: 30.51	30.51	150m: 1:38.29	33.82	250m: 2:46.00	33.75	350m: 3:53.38	33.70	
	100m: 1:04.47	33.96	200m: 2:12.25	33.96	300m: 3:19.68	33.68	400m: 4:25.16	31.78	
64.	Cielecki Kuba	02	WKS Slask Wroclaw					4:26.65	562
	50m: 30.60	30.60	150m: 1:39.39	34.85	250m: 2:47.56	33.93	350m: 3:54.93	33.35	
	100m: 1:04.54	33.94	200m: 2:13.63	34.24	300m: 3:21.58	34.02	400m: 4:26.65	31.72	



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Rank					YB					Time	Pts	
65.	Twardzik Bartosz				00	SiKReT Gliwice				4:26.94	560	
	50m:	30.42	30.42	150m:	1:38.86	34.38	250m:	2:47.74	34.54	350m:	3:55.04	33.19
	100m:	1:04.48	34.06	200m:	2:13.20	34.34	300m:	3:21.85	34.11	400m:	4:26.94	31.90
66.	Cecere Marco				99	KKS Wlokniarz 1925 Kalisz				4:27.33	557	
	50m:	29.51	29.51	150m:	1:35.67	33.42	250m:	2:43.85	34.31	350m:	3:53.33	34.60
	100m:	1:02.25	32.74	200m:	2:09.54	33.87	300m:	3:18.73	34.88	400m:	4:27.33	34.00
67.	Twardowski Piotr				01	UKS SMS Galicja Krakow				4:27.60	556	
	50m:	30.28	30.28	150m:	1:37.44	33.96	250m:	2:46.02	34.35	350m:	3:54.20	33.79
	100m:	1:03.48	33.20	200m:	2:11.67	34.23	300m:	3:20.41	34.39	400m:	4:27.60	33.40
68.	Mazur Dominik SO				99	UKP UNIA Oswiecim				4:27.92	554	
	50m:	29.87	29.87	150m:	1:37.43	34.42	250m:	2:46.74	34.53	350m:	3:55.59	34.43
	100m:	1:03.01	33.14	200m:	2:12.21	34.78	300m:	3:21.16	34.42	400m:	4:27.92	32.33
69.	Matura Klaudiusz SR				98	MKS-SMS Victoria Raciborz				4:28.18	552	
	50m:	29.77	29.77	150m:	1:36.98	34.46	250m:	2:46.03	34.09	350m:	3:55.30	34.49
	100m:	1:02.52	32.75	200m:	2:11.94	34.96	300m:	3:20.81	34.78	400m:	4:28.18	32.88
70.	Doroba Michal				02	WKS Slask Wroclaw				4:29.04	547	
	50m:	30.63	30.63	150m:	1:37.74	33.69	250m:	2:46.41	34.27	350m:	3:55.61	34.54
	100m:	1:04.05	33.42	200m:	2:12.14	34.40	300m:	3:21.07	34.66	400m:	4:29.04	33.43
71.	Bobowiec Maksymilian				01	WKS Slask Wroclaw				4:29.05	547	
	50m:	29.28	29.28	150m:	1:36.45	34.64	250m:	2:46.39	35.76	350m:	3:56.41	35.29
	100m:	1:01.81	32.53	200m:	2:10.63	34.18	300m:	3:21.12	34.73	400m:	4:29.05	32.64
72.	Kowalczyk Michal				01	MUKS Gilus Gilowice				4:29.32	545	
	50m:	30.77	30.77	150m:	1:38.66	34.39	250m:	2:47.23	34.72	350m:	3:55.71	33.94
	100m:	1:04.27	33.50	200m:	2:12.51	33.85	300m:	3:21.77	34.54	400m:	4:29.32	33.61
73.	Szarpak Marcin				01	KS Piatka Chorzow				4:29.88	542	
	50m:	30.76	30.76	150m:	1:38.39	34.15	250m:	2:47.27	34.38	350m:	3:56.29	33.92
	100m:	1:04.24	33.48	200m:	2:12.89	34.50	300m:	3:22.37	35.10	400m:	4:29.88	33.59
74.	Szynalski Szymon				00	UPKS Wodnik Rawicz				4:30.38	539	
	50m:	30.23	30.23	150m:	1:38.37	34.31	250m:	2:48.44	35.05	350m:	3:57.52	34.02
	100m:	1:04.06	33.83	200m:	2:13.39	35.02	300m:	3:23.50	35.06	400m:	4:30.38	32.86
75.	Krzywania Oskar				02	UKS SP 149 Lodz				4:30.57	538	
	50m:	31.41	31.41	150m:	1:42.59	35.59	250m:	2:52.27	34.57	350m:	3:59.54	32.91
	100m:	1:07.00	35.59	200m:	2:17.70	35.11	300m:	3:26.63	34.36	400m:	4:30.57	31.03
	Gasior Sebastian SL				99	AZS UMCS Lublin				4:30.57	538	
	50m:	30.74	30.74	150m:	1:39.00	34.48	250m:	2:47.97	34.56	350m:	3:57.46	34.64
	100m:	1:04.52	33.78	200m:	2:13.41	34.41	300m:	3:22.82	34.85	400m:	4:30.57	33.11
77.	Krol Mateusz				01	MKS - Astoria Bydgoszcz				4:30.72	537	
	50m:	29.63	29.63	150m:	1:38.56	34.76	250m:	2:48.37	35.04	350m:	3:58.21	34.79
	100m:	1:03.80	34.17	200m:	2:13.33	34.77	300m:	3:23.42	35.05	400m:	4:30.72	32.51
78.	Pawliniak Mariusz				99	UKS Wodnik 29 Katowice				4:30.83	536	
	50m:	29.71	29.71	150m:	1:35.71	33.44	250m:	2:44.35	34.49	350m:	3:55.35	35.70
	100m:	1:02.27	32.56	200m:	2:09.86	34.15	300m:	3:19.65	35.30	400m:	4:30.83	35.48
79.	Nawrocki Filip				01	MKS Juvenia Wroclaw				4:31.04	535	
	50m:	30.79	30.79	150m:	1:40.61	35.02	250m:	2:50.59	34.98	350m:	3:58.53	33.67
	100m:	1:05.59	34.80	200m:	2:15.61	35.00	300m:	3:24.86	34.27	400m:	4:31.04	32.51



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Rank			YB					Time	Pts
80.	Kudła Lukasz		95	AZS AWF Katowice			4:31.51	532	
	50m: 28.61	28.61	150m: 1:35.52	34.83	250m: 2:46.48	35.59	350m: 3:57.34	35.05	
	100m: 1:00.69	32.08	200m: 2:10.89	35.37	300m: 3:22.29	35.81	400m: 4:31.51	34.17	
81.	Mikolajczyk Michal		99	KKS Wlokniarz 1925 Kalisz			4:31.75	531	
	50m: 30.04	30.04	150m: 1:37.33	34.26	250m: 2:47.33	35.35	350m: 3:58.03	35.43	
	100m: 1:03.07	33.03	200m: 2:11.98	34.65	300m: 3:22.60	35.27	400m: 4:31.75	33.72	
82.	Girul Radoslaw		01	WKS Slask Wroclaw			4:31.88	530	
	50m: 31.07	31.07	150m: 1:38.36	33.91	250m: 2:47.92	34.99	350m: 3:57.93	35.10	
	100m: 1:04.45	33.38	200m: 2:12.93	34.57	300m: 3:22.83	34.91	400m: 4:31.88	33.95	
83.	Szczerek Szymon		01	KKS Wlokniarz 1925 Kalisz			4:34.45	515	
	50m: 31.56	31.56	150m: 1:41.09	35.38	250m: 2:51.32	35.10	350m: 4:00.73	34.35	
	100m: 1:05.71	34.15	200m: 2:16.22	35.13	300m: 3:26.38	35.06	400m: 4:34.45	33.72	
84.	Milbrant Kacper		01	UKS Salmo Zory			4:35.08	512	
	50m: 30.76	30.76	150m: 1:40.05	35.06	250m: 2:50.53	35.29	350m: 4:00.51	35.10	
	100m: 1:04.99	34.23	200m: 2:15.24	35.19	300m: 3:25.41	34.88	400m: 4:35.08	34.57	
85.	Grzeszczyk Kacper Si		99	UKS Swim 10 Pulawy			4:35.19	511	
	50m: 29.81	29.81	150m: 1:38.50	34.95	250m: 2:49.89	36.07	350m: 4:00.86	35.26	
	100m: 1:03.55	33.74	200m: 2:13.82	35.32	300m: 3:25.60	35.71	400m: 4:35.19	34.33	
86.	Koziel Mikolaj So		02	UKP UNIA Oswiecim			4:35.47	509	
	50m: 32.15	32.15	150m: 1:43.39	35.56	250m: 2:53.62	34.48	350m: 4:02.11	33.59	
	100m: 1:07.83	35.68	200m: 2:19.14	35.75	300m: 3:28.52	34.90	400m: 4:35.47	33.36	
87.	Respondek Remigiusz		01	KS Piatka Chorzow			4:36.00	506	
	50m: 31.68	31.68	150m: 1:41.75	35.40	250m: 2:53.21	36.05	350m: 4:03.22	34.81	
	100m: 1:06.35	34.67	200m: 2:17.16	35.41	300m: 3:28.41	35.20	400m: 4:36.00	32.78	
88.	Labuz Rafal		95	AZS-AGH Krakow			4:36.28	505	
	50m: 28.66	28.66	150m: 1:35.56	34.29	250m: 2:46.79	36.35	350m: 4:00.75	37.26	
	100m: 1:01.27	32.61	200m: 2:10.44	34.88	300m: 3:23.49	36.70	400m: 4:36.28	35.53	
89.	Jozkow Cezary		01	WKS Slask Wroclaw			4:36.35	505	
	50m: 30.91	30.91	150m: 1:39.98	34.85	250m: 2:50.24	35.21	350m: 4:01.68	35.73	
	100m: 1:05.13	34.22	200m: 2:15.03	35.05	300m: 3:25.95	35.71	400m: 4:36.35	34.67	
90.	Uryga Bartlomiej		01	UKS Salmo Zory			4:36.40	504	
	50m: 31.16	31.16	150m: 1:41.53	35.81	250m: 2:52.47	35.68	350m: 4:03.54	35.55	
	100m: 1:05.72	34.56	200m: 2:16.79	35.26	300m: 3:27.99	35.52	400m: 4:36.40	32.86	
91.	Skuba Marcin		98	Orka Zamosc			4:37.18	500	
	50m: 31.51	31.51	150m: 1:40.01	34.66	250m: 2:50.38	35.33	350m: 4:02.66	36.64	
	100m: 1:05.35	33.84	200m: 2:15.05	35.04	300m: 3:26.02	35.64	400m: 4:37.18	34.52	
92.	Karpziel Dominik		01	CSiR MOS Dabrowa Gornicza			4:37.27	500	
	50m: 31.25	31.25	150m: 1:41.79	35.46	250m: 2:53.67	35.76	350m: 4:04.69	35.05	
	100m: 1:06.33	35.08	200m: 2:17.91	36.12	300m: 3:29.64	35.97	400m: 4:37.27	32.58	
93.	Jochymek Oskar		01	WKS Slask Wroclaw			4:37.42	499	
	50m: 31.58	31.58	150m: 1:42.46	35.48	250m: 2:54.41	36.27	350m: 4:05.52	35.53	
	100m: 1:06.98	35.40	200m: 2:18.14	35.68	300m: 3:29.99	35.58	400m: 4:37.42	31.90	
94.	Czerwinski Lukasz		01	JAGIELLONKA Warszawa			4:37.44	499	
	50m: 30.55	30.55	150m: 1:41.58	35.79	250m: 2:53.66	35.96	350m: 4:04.83	35.25	
	100m: 1:05.79	35.24	200m: 2:17.70	36.12	300m: 3:29.58	35.92	400m: 4:37.44	32.61	



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Rank	YB				Time	Pts
95.	Wolny Krzysztof	00	UKS Wodnik Siemianowice Sl.	4:37.97	496	
	50m: 30.37 30.37	150m: 1:41.03 35.71	250m: 2:52.52 35.74	350m: 4:04.90 35.29		
	100m: 1:05.32 34.95	200m: 2:16.78 35.75	300m: 3:29.61 37.09	400m: 4:37.97 33.07		
96.	Puk Grzegorz	98	UKS Huragan Sosnowiec	4:38.43	493	
	50m: 29.06 29.06	150m: 1:37.11 34.88	250m: 2:48.09 35.40	350m: 4:03.29 43.17		
	100m: 1:02.23 33.17	200m: 2:12.69 35.58	300m: 3:20.12 32.03	400m: 4:38.43 35.14		
97.	Greber Artur	01	WKS Slask Wroclaw	4:38.79	491	
	50m: 31.20 31.20	150m: 1:41.59 35.75	250m: 2:53.07 36.03	350m: 4:05.33 36.13		
	100m: 1:05.84 34.64	200m: 2:17.04 35.45	300m: 3:29.20 36.13	400m: 4:38.79 33.46		
98.	Janecki Mateusz	01	MKS Palac Mlodziezy Katowice	4:38.90	491	
	50m: 31.08 31.08	150m: 1:41.94 35.77	250m: 2:53.96 36.24	350m: 4:05.66 35.53		
	100m: 1:06.17 35.09	200m: 2:17.72 35.78	300m: 3:30.13 36.17	400m: 4:38.90 33.24		
99.	Mencel Milosz	02	UKS Aligator Gorzyce	4:38.99	490	
	50m: 30.59 30.59	150m: 1:41.13 35.70	250m: 2:53.21 35.96	350m: 4:04.96 35.68		
	100m: 1:05.43 34.84	200m: 2:17.25 36.12	300m: 3:29.28 36.07	400m: 4:38.99 34.03		
100.	Krasowski Michal	01	Zryw Opole	4:39.02	490	
	50m: 30.89 30.89	150m: 1:41.90 35.70	250m: 2:52.87 35.27	350m: 4:04.82 36.42		
	100m: 1:06.20 35.31	200m: 2:17.60 35.70	300m: 3:28.40 35.53	400m: 4:39.02 34.20		
101.	Perka Michal	97	Zryw Opole	4:39.41	488	
	50m: 31.72 31.72	150m: 1:44.15 36.17	250m: 2:55.38 35.21	350m: 4:05.87 34.99		
	100m: 1:07.98 36.26	200m: 2:20.17 36.02	300m: 3:30.88 35.50	400m: 4:39.41 33.54		
102.	Krysiak Michal	01	MKS Trojka Lodz	4:39.46	488	
	50m: 31.52 31.52	150m: 1:42.56 35.81	250m: 2:54.22 35.87	350m: 4:05.02 35.28		
	100m: 1:06.75 35.23	200m: 2:18.35 35.79	300m: 3:29.74 35.52	400m: 4:39.46 34.44		
103.	Kaminski Piotr	99	Iskra Konin	4:39.67	487	
	50m: 30.41 30.41	150m: 1:38.35 34.90	250m: 2:50.23 36.51	350m: 4:04.14 36.86		
	100m: 1:03.45 33.04	200m: 2:13.72 35.37	300m: 3:27.28 37.05	400m: 4:39.67 35.53		
104.	Kramarczyk Jakub SO	01	UKP UNIA Oswiecim	4:39.80	486	
	50m: 31.86 31.86	150m: 1:43.13 36.29	250m: 2:55.01 35.91	350m: 4:06.77 35.11		
	100m: 1:06.84 34.98	200m: 2:19.10 35.97	300m: 3:31.66 36.65	400m: 4:39.80 33.03		
105.	Sznajder Filip	01	WKS Slask Wroclaw	4:39.98	485	
	50m: 30.21 30.21	150m: 1:41.36 36.01	250m: 2:54.62 36.62	350m: 4:05.72 34.72		
	100m: 1:05.35 35.14	200m: 2:18.00 36.64	300m: 3:31.00 36.38	400m: 4:39.98 34.26		
106.	Janik Jakub SO	01	UKP UNIA Oswiecim	4:40.76	481	
	50m: 30.48 30.48	150m: 1:42.29 36.25	250m: 2:54.62 35.71	350m: 4:06.72 35.42		
	100m: 1:06.04 35.56	200m: 2:18.91 36.62	300m: 3:31.30 36.68	400m: 4:40.76 34.04		
107.	Wiraszka Mateusz	01	MKS Juvenia Wroclaw	4:41.54	477	
	50m: 31.59 31.59	150m: 1:43.79 36.65	250m: 2:56.32 36.09	350m: 4:07.76 35.06		
	100m: 1:07.14 35.55	200m: 2:20.23 36.44	300m: 3:32.70 36.38	400m: 4:41.54 33.78		
108.	Zuehlke Kajetan	01	MZOS Plock	4:42.32	473	
	50m: 30.82 30.82	150m: 1:42.51 36.20	250m: 2:55.92 36.58	350m: 4:08.01 35.21		
	100m: 1:06.31 35.49	200m: 2:19.34 36.83	300m: 3:32.80 36.88	400m: 4:42.32 34.31		
109.	Nowak Aleksander	01	UKS NAWA Skierniewice	4:42.69	471	
	50m: 31.64 31.64	150m: 1:42.60 36.07	250m: 2:57.01 36.77	350m: 4:09.20 36.01		
	100m: 1:06.53 34.89	200m: 2:20.24 37.64	300m: 3:33.19 36.18	400m: 4:42.69 33.49		



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Rank					YB					Time	Pts	
110.	Rytter Igor				01	WKS Slask Wroclaw				4:42.91	470	
	50m:	31.90	31.90	150m:	1:40.89	35.05	250m:	2:52.78	36.23	350m:	4:06.49	36.52
	100m:	1:05.84	33.94	200m:	2:16.55	35.66	300m:	3:29.97	37.19	400m:	4:42.91	36.42
111.	Bielas Jakub				02	UKS RUCH Grudziadz				4:43.19	469	
	50m:	31.00	31.00	150m:	1:42.06	36.07	250m:	2:55.31	36.92	350m:	4:08.06	36.44
	100m:	1:05.99	34.99	200m:	2:18.39	36.33	300m:	3:31.62	36.31	400m:	4:43.19	35.13
112.	Zalewski Ronald				01	WKS Slask Wroclaw				4:43.22	469	
	50m:	31.29	31.29	150m:	1:42.39	35.95	250m:	2:55.94	36.83	350m:	4:08.80	36.36
	100m:	1:06.44	35.15	200m:	2:19.11	36.72	300m:	3:32.44	36.50	400m:	4:43.22	34.42
113.	Karwat Krzysztof				96	UKS NAWA Skierniewice				4:43.32	468	
	50m:	31.44	31.44	150m:	1:42.80	36.40	250m:	2:55.92	36.42	350m:	4:09.29	36.38
	100m:	1:06.40	34.96	200m:	2:19.50	36.70	300m:	3:32.91	36.99	400m:	4:43.32	34.03
114.	Galuszka Bruno So				02	UKP UNIA Oswiecim				4:43.43	468	
	50m:	32.51	32.51	150m:	1:45.27	36.34	250m:	2:57.28	35.78	350m:	4:08.93	35.10
	100m:	1:08.93	36.42	200m:	2:21.50	36.23	300m:	3:33.83	36.55	400m:	4:43.43	34.50
115.	Fidurski Jakub				00	UKS Wodnik Siemianowice Sl.				4:43.45	468	
	50m:	31.75	31.75	150m:	1:44.00	36.50	250m:	2:58.43	37.01	350m:	4:10.00	35.48
	100m:	1:07.50	35.75	200m:	2:21.42	37.42	300m:	3:34.52	36.09	400m:	4:43.45	33.45
116.	Wisniewski Pawel				01	UKS Wodnik 29 Katowice				4:43.74	466	
	50m:	32.15	32.15	150m:	1:44.05	36.27	250m:	2:56.56	35.61	350m:	4:09.15	36.43
	100m:	1:07.78	35.63	200m:	2:20.95	36.90	300m:	3:32.72	36.16	400m:	4:43.74	34.59
117.	Sadlo Marcel				01	UKS Salmo Zory				4:43.99	465	
	50m:	30.02	30.02	150m:	1:40.08	35.72	250m:	2:53.56	36.77	350m:	4:08.02	37.53
	100m:	1:04.36	34.34	200m:	2:16.79	36.71	300m:	3:30.49	36.93	400m:	4:43.99	35.97
118.	Alencynowicz Maciej SO				02	UKP UNIA Oswiecim				4:44.86	461	
	50m:	31.24	31.24	150m:	1:43.44	36.62	250m:	2:57.34	37.03	350m:	4:10.45	36.24
	100m:	1:06.82	35.58	200m:	2:20.31	36.87	300m:	3:34.21	36.87	400m:	4:44.86	34.41
119.	Sieradzki Kamil				02	UKS Wodnik Siemianowice Sl.				4:45.12	459	
	50m:	31.83	31.83	150m:	1:44.24	36.59	250m:	2:58.04	36.77	350m:	4:10.62	35.73
	100m:	1:07.65	35.82	200m:	2:21.27	37.03	300m:	3:34.89	36.85	400m:	4:45.12	34.50
120.	Marciow Jakub				01	WKS Slask Wroclaw				4:45.70	457	
	50m:	30.32	30.32	150m:	1:42.93	36.73	250m:	2:56.84	37.02	350m:	4:10.84	36.75
	100m:	1:06.20	35.88	200m:	2:19.82	36.89	300m:	3:34.09	37.25	400m:	4:45.70	34.86
121.	Zdziebło Piotr				02	UKS Salmo Zory				4:45.87	456	
	50m:	32.44	32.44	150m:	1:45.68	36.74	250m:	2:59.59	36.74	350m:	4:12.82	36.36
	100m:	1:08.94	36.50	200m:	2:22.85	37.17	300m:	3:36.46	36.87	400m:	4:45.87	33.05
122.	Lewandowski Jakub So				02	UKP UNIA Oswiecim				4:47.09	450	
	50m:	32.96	32.96	150m:	1:45.80	36.54	250m:	2:59.08	36.09	350m:	4:12.38	35.93
	100m:	1:09.26	36.30	200m:	2:22.99	37.19	300m:	3:36.45	37.37	400m:	4:47.09	34.71
123.	Major Daniel SO				01	UKP UNIA Oswiecim				4:47.82	447	
	50m:	31.98	31.98	150m:	1:47.22	38.01	250m:	3:01.39	36.78	350m:	4:13.67	35.37
	100m:	1:09.21	37.23	200m:	2:24.61	37.39	300m:	3:38.30	36.91	400m:	4:47.82	34.15
124.	Perzankowski Maciej				01	UKS NAWA Skierniewice				4:48.08	445	
	50m:	32.53	32.53	150m:	1:45.83	36.67	250m:	2:59.70	37.06	350m:	4:13.49	36.27
	100m:	1:09.16	36.63	200m:	2:22.64	36.81	300m:	3:37.22	37.52	400m:	4:48.08	34.59



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Rank			YB					Time	Pts
125.	Lewandowski Mateusz		01	MKS Trojka Lodz				4:48.61	443
	50m:	32.82 32.82	150m:	1:46.34	36.99	250m:	3:00.17 36.47	350m:	4:13.95 36.60
	100m:	1:09.35 36.53	200m:	2:23.70	37.36	300m:	3:37.35 37.18	400m:	4:48.61 34.66
126.	Moczulski Mateusz		01	KKS Wlokniarz 1925 Kalisz				4:48.71	442
	50m:	30.36 30.36	150m:	1:42.10	36.63	250m:	2:56.81 37.66	350m:	4:12.38 37.98
	100m:	1:05.47 35.11	200m:	2:19.15	37.05	300m:	3:34.40 37.59	400m:	4:48.71 36.33
127.	Platek Maciej So		02	UKP UNIA Oswiecim				4:48.75	442
	50m:	33.58 33.58	150m:	1:47.06	36.91	250m:	3:00.62 36.70	350m:	4:13.72 36.72
	100m:	1:10.15 36.57	200m:	2:23.92	36.86	300m:	3:37.00 36.38	400m:	4:48.75 35.03
128.	Chmielewski Jakub		00	UKS RUCH Grudziadz				4:49.31	440
	50m:	32.06 32.06	150m:	1:44.25	36.94	250m:	2:59.04 37.80	350m:	4:14.71 38.15
	100m:	1:07.31 35.25	200m:	2:21.24	36.99	300m:	3:36.56 37.52	400m:	4:49.31 34.60
129.	Ptak Filip		01	UKS Manta Kochlowice				4:49.90	437
	50m:	32.18 32.18	150m:	1:44.60	36.64	250m:	2:58.88 37.01	350m:	4:12.99 36.86
	100m:	1:07.96 35.78	200m:	2:21.87	37.27	300m:	3:36.13 37.25	400m:	4:49.90 36.91
130.	Staniszewski Olaf		01	KKS Wlokniarz 1925 Kalisz				4:50.45	434
	50m:	31.10 31.10	150m:	1:42.29	35.97	250m:	2:55.98 37.16	350m:	4:12.97 39.03
	100m:	1:06.32 35.22	200m:	2:18.82	36.53	300m:	3:33.94 37.96	400m:	4:50.45 37.48
131.	Brodowski Bartosz		00	UKS NAWA Skierniewice				4:50.77	433
	50m:	32.65 32.65	150m:	1:46.69	37.62	250m:	3:01.26 37.51	350m:	4:15.74 37.18
	100m:	1:09.07 36.42	200m:	2:23.75	37.06	300m:	3:38.56 37.30	400m:	4:50.77 35.03
132.	Stanczyk Jarema So		02	MMKS Kedzierzyn-Kozle				4:52.86	424
	50m:	33.84 33.84	150m:	1:48.95	37.95	250m:	3:02.90 36.98	350m:	4:17.67 37.12
	100m:	1:11.00 37.16	200m:	2:25.92	36.97	300m:	3:40.55 37.65	400m:	4:52.86 35.19
133.	Pajczkowski Olaf		01	UKS Salmo Zory				4:53.69	420
	50m:	32.80 32.80	150m:	1:48.24	38.14	250m:	3:04.76 38.18	350m:	4:18.67 36.27
	100m:	1:10.10 37.30	200m:	2:26.58	38.34	300m:	3:42.40 37.64	400m:	4:53.69 35.02
134.	Turkiewicz Maciej		98	UKS Orka Luban				4:55.74	412
	50m:	34.02 34.02	150m:	1:48.79	37.83	250m:	3:05.66 37.99	350m:	4:20.76 36.63
	100m:	1:10.96 36.94	200m:	2:27.67	38.88	300m:	3:44.13 38.47	400m:	4:55.74 34.98
135.	Majka Maksymilian		02	CSiR MOS Dabrowa Gornicza				4:57.86	403
	50m:	32.65 32.65	150m:	1:47.69	37.93	250m:	3:04.82 38.64	350m:	4:21.65 38.21
	100m:	1:09.76 37.11	200m:	2:26.18	38.49	300m:	3:43.44 38.62	400m:	4:57.86 36.21
136.	Schreiber Patrick		02	UKS Aligator Gorzyce				4:59.51	396
	50m:	34.10 34.10	150m:	1:51.23	38.86	250m:	3:08.23 38.40	350m:	4:23.54 38.06
	100m:	1:12.37 38.27	200m:	2:29.83	38.60	300m:	3:45.48 37.25	400m:	4:59.51 35.97
137.	Kistowski Jakub		02	WKS Slask Wroclaw				4:59.60	396
	50m:	33.43 33.43	150m:	1:49.78	38.16	250m:	3:06.93 38.51	350m:	4:23.43 37.90
	100m:	1:11.62 38.19	200m:	2:28.42	38.64	300m:	3:45.53 38.60	400m:	4:59.60 36.17
138.	Koleczek Dominik		02	DOKiS SP Vega Dobrodzien				5:00.14	394
	50m:	33.44 33.44	150m:	1:50.64	38.83	250m:	3:08.83 39.14	350m:	4:24.41 37.57
	100m:	1:11.81 38.37	200m:	2:29.69	39.05	300m:	3:46.84 38.01	400m:	5:00.14 35.73
139.	Angowski Szymon		01	UKS 5 plus 1 Opole				5:01.34	389
	50m:	32.13 32.13	150m:	1:48.03	38.64	250m:	3:06.20 38.88	350m:	4:23.95 38.97
	100m:	1:09.39 37.26	200m:	2:27.32	39.29	300m:	3:44.98 38.78	400m:	5:01.34 37.39



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Rank			YB					Time	Pts			
140.	Zak Maciej		02	CSiR MOS Dabrowa Gornicza				5:01.98	387			
	50m:	34.05	34.05	150m:	1:51.83	38.44	250m:	3:08.94	38.26	350m:	4:25.85	38.48
	100m:	1:13.39	39.34	200m:	2:30.68	38.85	300m:	3:47.37	38.43	400m:	5:01.98	36.13
141.	Palowski Zbigniew		01	UKS Wodnik 29 Katowice				5:02.40	385			
	50m:	31.62	31.62	150m:	1:45.46	38.27	250m:	3:06.16	40.28	350m:	4:27.84	41.55
	100m:	1:07.19	35.57	200m:	2:25.88	40.42	300m:	3:46.29	40.13	400m:	5:02.40	34.56
142.	Kus Artur		01	UKS Wodnik 29 Katowice				5:07.48	366			
	50m:	31.72	31.72	150m:	1:49.21	39.37	250m:	3:08.54	39.73	350m:	4:28.55	40.00
	100m:	1:09.84	38.12	200m:	2:28.81	39.60	300m:	3:48.55	40.01	400m:	5:07.48	38.93
143.	Wegrowski Krystian		02	WKS Slask Wroclaw				5:10.72	355			
	50m:	35.17	35.17	150m:	1:56.52	41.09	250m:	3:16.33	39.80	350m:	4:35.42	39.42
	100m:	1:15.43	40.26	200m:	2:36.53	40.01	300m:	3:56.00	39.67	400m:	5:10.72	35.30
144.	Ryba Michal		02	UKS Aligator Gorzyce				5:11.00	354			
	50m:	32.62	32.62	150m:	1:50.47	39.86	250m:	3:11.36	40.59	350m:	4:31.40	40.41
	100m:	1:10.61	37.99	200m:	2:30.77	40.30	300m:	3:50.99	39.63	400m:	5:11.00	39.60
145.	Jainta Adrian		02	DOKiS SP Vega Dobrodzien				5:17.78	332			
	50m:	34.97	34.97	150m:	1:55.76	41.03	250m:	3:18.08	40.77	350m:	4:39.17	40.65
	100m:	1:14.73	39.76	200m:	2:37.31	41.55	300m:	3:58.52	40.44	400m:	5:17.78	38.61